





- · Four Year, Public, Research
- 23,000 students
- 5 Undergraduates Colleges
- 88 Graduate Programs, 4 Professional Schools
- Two-thirds of our students are first generation, low income students, or both
- 60 miles east of Los Angeles
- Hispanic Serving Institution
- 10 week quarter system

Campus Overview

CSUSB

- Public four-year university and postbaccalaureate
- 20,000 students
- 81% first generation, 77% receive financial aid
- Hispanic Serving Institution
- 10 week quarter system







UCR

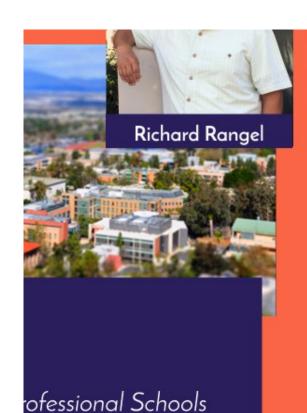
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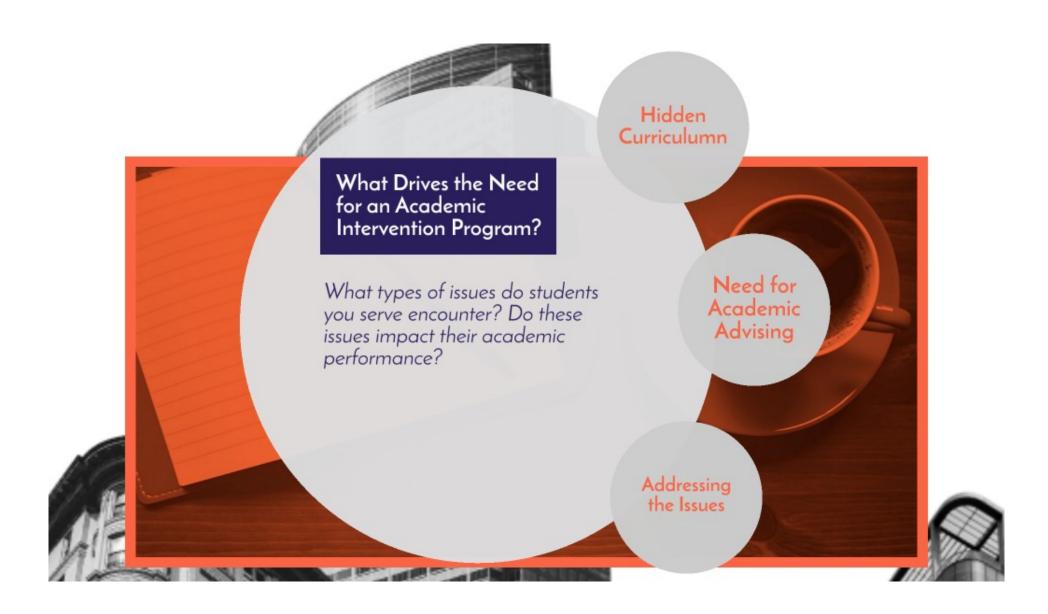
CSUSB

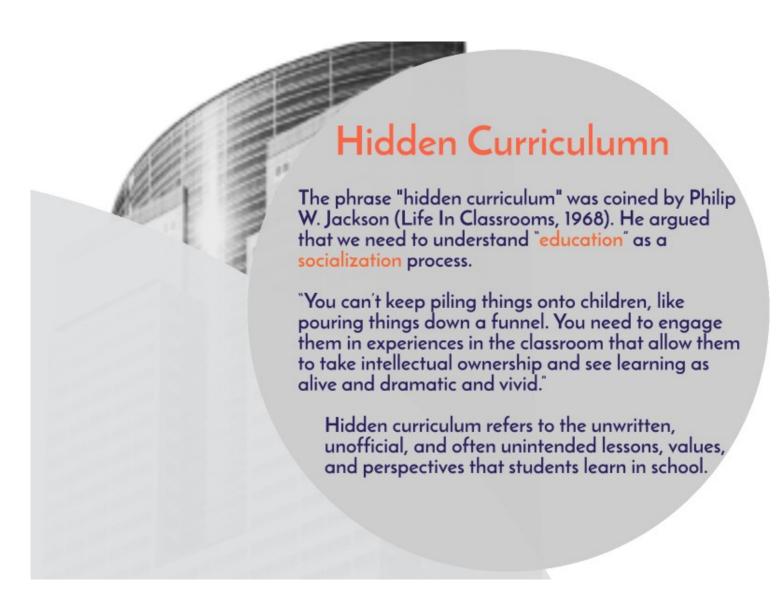
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Tinto (1987) indicates that the factors in students dropping or "stopping" out include academic difficulty, adjustment problems, lack of clear academic & career goals, uncertainty, lack of commitment, poor integration with the college community, incongruence, and isolation.

Addressing The Issue

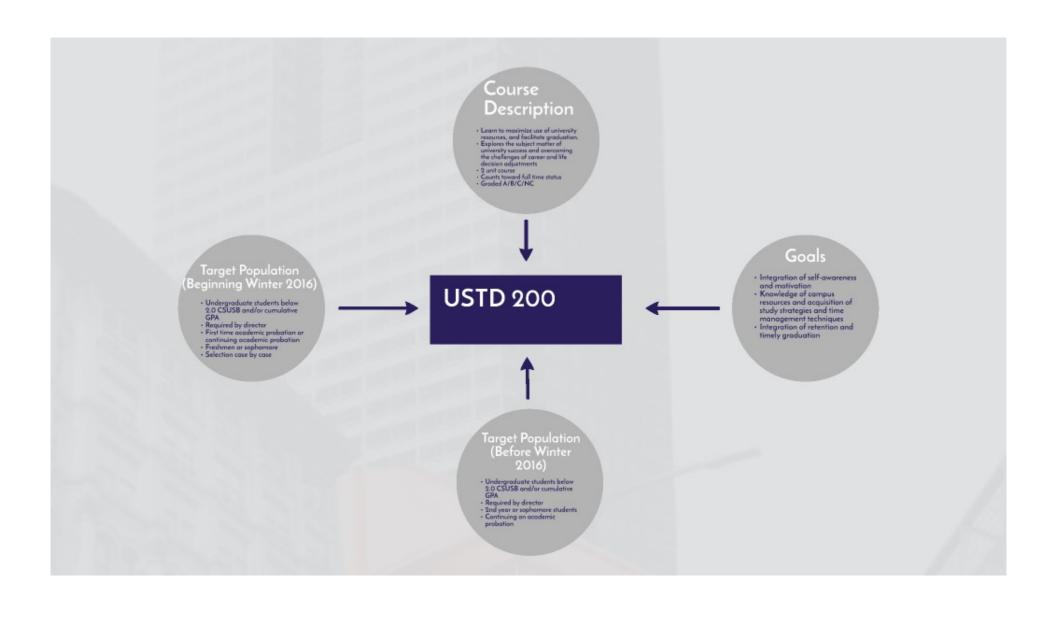
O1. CSUSB

ustb-200 is used as an intervention for either first-time students or continuing students on academic probation.

02. UCR

The Biochemsitry Program is used as an intervention for students who did not meet the minimum progress criteria during the previous quarter by earning a grade below "C-" in specific math/sciences courses or being placed on academic action (probation).





Course Description

- Learn to maximize use of university resources, and facilitate graduation.
 Explores the subject matter of university success and overcoming the challenges of career and life decision adjustments
- · 2 unit course
- · Counts toward full time status
- · Graded A/B/C/NC

Goals

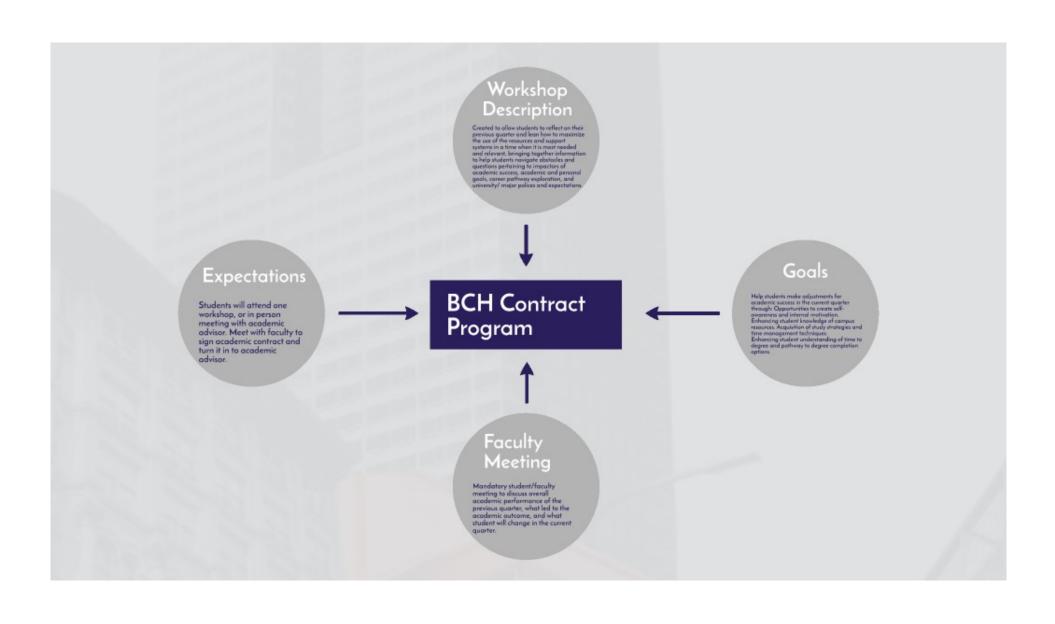
- Integration of self-awareness and motivation
- Knowledge of campus resources and acquisition of study strategies and time management techniques
- management techniques
 Integration of retention and timely graduation

Target Population (Before Winter 2016)

- Undergraduate students below 2.0 CSUSB and/or cumulative GPA
- Required by director
 2nd year or sophomore students
 Continuing on academic
- probation

Target Population (Beginning Winter 2016)

- Undergraduate students below 2.0 CSUSB and/or cumulative GPA
- · Required by director
- First time academic probation or continuing academic probation
- Freshmen or sophomore
- Selection case by case



Workshop Description

Created to allow students to reflect on their previous quarter and lean how to maximize the use of the resources and support systems in a time when it is most needed and relevant, bringing together information to help students navigate obstacles and questions pertaining to impactors of academic success, academic and personal goals, career pathway exploration, and university/ major polices and expectations.

Goals

Help students make adjustments for academic success in the current quarter through: Opportunities to create self-awareness and internal motivation. Enhancing student knowledge of campus resources. Acquisition of study strategies and time management techniques. Enhancing student understanding of time to degree and pathway to degree completion options.

Faculty Meeting

Mandatory student/faculty meeting to discuss overall academic performance of the previous quarter, what led to the academic outcome, and what student will change in the current quarter.

Expectations

Students will attend one workshop, or in person meeting with academic advisor. Meet with faculty to sign academic contract and turn it in to academic advisor.





USTD-200

Structure:

- 2 sections offered per term
- M/W or T/Th
- 12-12:50 p.m.
- 50 minute session

Topics Covered in Course

- · Understanding of self
- Motivation and Behavior
- Time Management
- · Procrastination & Social Media
- Accountability
- Study Skills
- Anxiety
- Campus Resources
- Academic Advising



RESULTS BEFORE FALL 2015

- · 536 students have been enrolled since Fall 2010
- 90% of students have passed USTD-200
- Average cum GPA before USTD-200 = 1.83
- Average cum GPA after USTD-200 = 2.40
- · 11% of students have graduated

Outcomes



USTD 200 (Since Fall 2015) Class (after):

- · Set syllabus
- · Taught by Advisor within office
- · Connecting advising, advisors and office to course
- More follow up between advisors and students
- Increased communication
- Advisors become active participants

RESULTS AFTER FALL 2015

- 186 students have been enrolled since Fall 2015
- · 94% of students have passed USTD-200
- Average cum GPA before USTD-200 = 1.77
- Average cum GPA after USTD-200 = 2.15*



RESULTS AFTER FALL 2015

- 69% of students active since taking USTD-200
- 6% have graduated since taking USTD-200
- · 3.47 GPA of graduated students
- 25% students discontinued since taking USTD-200



Structure

To

- Three 2 hour workshop, or one-on-one advising session (30 minutes)
- Meeting with Faculty Advisor
- Signed Biochemistry Contract
- Enrollment hold tied to completion of requirements.

Workshop

- Provides
- Overview Personal
- Academic
- Campus
- Academic
- Academic

Faculty Meet Creates C

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 Facul
- Ment

Structure **Topics Covered** 2 hour workshop, or Workshop Provides "Right On time Advising" -one advising session Overview of University, Major, and nutes) Personal Expectations g with Faculty Advisor Academic Policies and Procedures Campus Resources Biochemistry Contract Academic Impactors nent hold tied to · Academic, Personal, and Career Goals etion of requirements. Faculty Meeting Creates Opportunities for Meaningful Conversations with Faculty Mentoring Advising About Academic Expectations from the Faculty Perspective **OMES**



From the 2015 Fall quarter to the 2017 fall quarter, the contract program has had 385 participants.

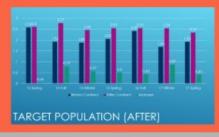
OUTCOMES

The academic advisor was sympathetic with the students.

The most memorable part of attending the workshop was realizing that failing a class wasn't the end of the world. I know there are resources on campus to help me out should I ever need it.

On average the GPA's of contract participants have risen from 1.998 to 2.54 with an average of 82% successfully completing the contract requirements and remaining in the Biochemistry major into the next quarter which includes receiving grades of "C-" or above in specific math/science courses and receiving a 2.0 or above GPA for the current quarter.





The positive environment and attitude despite having done terrible the past quarter. I didn't feel ashamed, judged, or stupid.

From 2013-2017 the College of Natural and Agricultural Sciences has been comprised of a student body that is about 52% first generation, 52% Pell recipients, 52% female, and 48% male.

