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## COMMUNITY RESOURCES GUIDE

#### Disclaimer

The San Bernardino County Sheriffs Department INROADS Program has provided this Community Resources Guide to San Bernardino County inmates to provide information regarding services available at a community level to aid their successful re-entry. This booklet is provided as an informational service only and does not constitute and should not be relied upon as an official record of the Sheriffs Department or the INROADS Program.

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# **Probation/District Attorney's**

INO

## San Bernardino County Probation Office Locations

Central Branch : Day Reporting and Re-entry Support Center 104 W. 4th St. San Bernardino, CA 92415

Ph: 909-382-7800

**Central Adult Services** 401 North Arrowhead Ave San Bernardino, CA 92415

Ph: 909-386-1810

West Valley Services 17830 Arrow Blvd Fontana, CA 92335

Ph: 909-356-3496

Joshua Tree Branch Office 63665 29 Palms Hwy Joshua Tree, CA 92252

Ph: 760-366-4130

Victorville Adult Branch Office 15480 Ramona Dr. Victorville, CA 92392

Ph: 760-243-8269

#### **Contacting your Public Defender**

#### **Collect Calls Accepted**

Joshua Tree: 760-366-5789

Needles: 760-326-9242

Rancho Cucamonga: 909-948-4669

San Bernardino Central: 909-387-8373

Victorville: 760-241-0413

Victorville Conflict Panel 14420 Civic Dr. Suite 8 Victorville, CA 92392 (No direct phone-send mail)

## San Bernardino County District Attorney

San Bernardino 316 N. Mt. View Ave. San Bernardino, CA 92415

Ph: 909-387-8309

Fax: 909-387-6313

Rancho Cucamonga 8303 N. Haven Ave., 4th Floor Rancho Cucamonga, CA 91730

Ph: 909-989-0056

Fontana Barton Plaza

10535 Foothill Blvd Suite 235 Rancho Cucamonga, CA 91730 Ph: 909-477-8333

#### Morongo District Attorney

6527 White Feather Rd. Joshua Tree, CA 92252 Ph: 760-366-4120

#### Victorville District Attorney

14555 Civic Dr. Victorville, CA 92392 Ph: 760-243-8600

#### Los Angeles County District Attorney - Hall of Justice

211West Temple St. Los Angeles, CA 90012

Ph: 213-974-3512

Fax 213-633-1956

Email: info@da.lacounty.gov

#### Riverside County District Attorney

3960 Orange St. # 500, Riverside, CA 92501 Ph: 951-955-5400

## **Parole & Drug Court Locations**

## **Parole Offices**

Fontana Rialto San Bernardino 1-2 San Bernardino GPS 1 303 West Fifth St. San Bernardino, CA 92401

Ph: 909 -06-3516 Fax: 909-384-7403 or 909-384-7413

#### Ontario 1 - 2 Pomona 1 - 2

971 Corporate Center Dr. Pomona, CA 91768 Ph: 909 802-1020 or 909 802-1030 Fax: 909 802-1050

#### Victorville 1 - 2 San Bernardino GPS 2

14040 Park Ave. Victorville, CA 92392 Ph: 760-241-3744 Fax: 760-241-0443

#### Riverside &3 Riverside GPS

1777 Atlanta Ave., Ste G-3 Riverside, CA 92507 Ph: 951-782-4479 or 951-248-0258 Fax: 951-782-4491 or 951-782-4929

#### Moreno Valley 1-3

14327 Frederick St.. Moreno Valley, CA 92553 Ph: 951- 571-4040 Fax: 951-653-3201



## San Bernardino County Drug Court Locations

#### Barstow

235 East Mountain View Ave. Barstow, CA 92311

Ph: 760-256-4860

#### Big Bear

477 Summit Blvd. P.O. Box 2806 Big Bear Lake, CA 92315

Ph: 760-866-0156

#### Central

351 North Arrowhead Ave. San Bernardino, CA 92415-0240

Ph: 909-387-3994

## Fontana

17780 Arrow Hwy. Fontana, CA 92335

Ph: 909-350-9322

**Joshua Tree** 6527 White Feather Rd. Joshua Tree, CA 92252

Ph: 760-366-4112

**Needles** 1111 Bailey St. Needles, CA 92363 Ph: 760-256-4860

#### Rancho Cucamonga

8303 North Haven Ave. Rancho Cucamonga, CA 92373 Ph: 909-945-4144

#### Redlands

216 Brookside Ave. Redlands, CA 92373 Ph: 909-387-4033

#### Victorville

14455 Civic Dr. Victorville, CA 92392 Ph: 760-243-8248 Civil Department Suite 100 Criminal/Traffic Department Suite 200

# **Criminal Charges/Custody Letter**

To obtain a copy of your criminal history or verification of incarceration you may obtain a copy from the Sheriff's Records Department at the address below or one of the local Sheriff substations in your area.

This document is necessary to prove the date (s) of incarceration to Child Support Services. The records department will charge \$10.00 for each FIVE bookings. Cash or Money order accepted only. Picture ID required.

## Sheriff's Headquarters Records Department 655 E. 3rd St. San Bernardino, CA 92415 909-888-5916

Records department is open to the public Monday-Thursday 8:00am to 5:00pm (Except Holidays)

You may obtain a certified copy of a birth, death and marriage certificates directly or by mail from the San Bernardino County Office of Vital Records only if the birth, death or marriage <u>occurred in San Bernardino County</u>.

## San Bernardino County Recorder County Clerks Office

222 West Hospitality Ln. San Bernardino, CA 92415 909-387-8306 or 855 732-2575 Fee for service www.sbcounty.gov/arc Archives 909-890-1713 Birth, Death and Marriage Certificates. Fee for service High Desert Government Center 760-995-8065 Other counties within California contact:

California Department of Health Services

Office of Vital Records-M.S. 5103

P.O. Box 997410Sacramento, CA 95899-7410

Call 916-445-2684

# Legal Aid Resources

#### Legal Aid Society of **Establishing Eligibility For Services** San Bernardino County Non Profit To establish your eligibility for services the Legal Aid Society of San Bernardino requires all individu-588 W. 6th St., San Bernardino CA 92410 als seeking legal assistance to M-T-TH 9am & 1st & 3rd Wed 10am complete an application prior to receiving 909-889-7328 or legal assistance. You must select the application 866-889-7328 - Toll Free that corresponds to where the legal assistance will be given. For instance, if you are going to the San Bernardino office you should www.legalaidofsb.org download and fill out the San Bernardino applica-This agency provides Free legal assistance tion. You can view and fill out the application on a to low income or low to moderate income based computer by opening the upon the annual HUD Poverty guidelines. Bring application in Adobe Reader. If you do not have all court documents and proof of legal residence. Adobe Reader, a free version can be found on (CLOSED all court holidays) their website. Once you have downloaded and in-Please bring all existing files and orders stalled Adobe Reader, you can download an application and fill it out. After you have completed SAN BERNARDINO the application, you must print the application out, since you will be unable to save the information 588W. 6th St. San Bernardino CA 92410 you entered into the application. If you prefer to Every Monday 9:00 am, Every 4th Tuesday 5:30 pm fill out the application by hand simply download the (For Family Law and Landlord Tenant) application, open it in Adobe Reader, and print the Every Wednesday 1:30 pm application.. Unlawful Detainer/Eviction Answers Monday-Friday at 9:00 am If you arrive AFTER the times listed you may NOT be seen that day! You must bring: ID/Proof of Residence (bill with name and address) Proof of Income FONTANA (3 most current paystubs, award letter or bank state-2nd Monday at 5:30 pm ment) ABSOLUTELY NO CHILDREN OR GUESTS ALLOWED INSIDE!!! NO PARKING IN THE BACK. Don Day Neighborhood Center 14501 Live Oak Ave., Fontana, CA 92337 Inland Empire Latino Lawyers Association 909-349-6997 Eligibility Screening & Appointments VICTORVILLE 951-369-3006 Ist & 3rd TUESDAY at 1:30 pm 2060 University Ave. #113 Victorville Seniors' Club Riverside, CA 92507 14874 S. Mojave Drive LOS ANGELES / RIVERSIDE COUNTIES Victorville, CA 92392 Legal Aid Association of Los Angeles 760-245-5018 www.lafla.org 800-399-4529 **JOSHUA TREE** The Public Service Law Corporation 2nd Thursday at 11:00 am 4129 Main Street Ste. #101 Joshua Tree Community Center Riverside, CA 92501 6171 Sunburst Ave., Joshua Tree, CA PSLC provides legal services only in civil cases 760-366-2471 (not criminal cases). Family law, landlord/tenant & Guardianship/Conservatorship cases. Free Legal Services for Qualifying Individuals

951-682-1015 Fax 951-682-0106

# **Victims Witness and Restitution**

## **Services for Victims**

- Referral to community agencies for counseling.
- Reassurance and support for victims and their families.
- Emergency assistance for short-term needs.
- Special services to victims of sexual assault and domestic violence.
- Crime prevention and information.

California Victims Compensation Program Ph: 800-777-9229 Fax: 800-902-8669 info@vcgcb.ca.gov

## Witness Assistance San Bernardino County: 909-387-6540

- Assistance in making court appearances.
- Orientation to the criminal justice system.
- Witness reception area.
- Notification about the status of a case before, during and after prosecution.
- Cooperation with employers in notification of court appearances.

Fontana	909-477-8333
Joshua Tree	760-366-5740
San Bernardino	909-387-8309
Rancho Cucamonga	909-945-4241
Victorville	760-552-6947

## Court Ordered Restitution What is Restitution?

Money for losses sustained as the result of being a victim of crime. The Victim's Bill of Right Act in the California Constitution states that, "all persons who suffer losses as a result of criminal activity shall have the right to seek and secure restitution from the persons convicted of the crimes causing the losses they suffer."

# Can the offender ask for a restitution hearing?

Yes. If the offender disagrees with the amount of restitution ordered by the judge, he/she can ask for a hearing.

## Is restitution a life-long debt?

Yes. Restitution does not go away until it is paid in full. Even if an offender moves out of state or files for bankruptcy, the restitution debt remains.

# What is the difference between a Restitution Order and a Fine?

A Restitution Order is what the offender must pay to the victim and a fine is what the judge can order the offender to pay society.

# What if the offender cannot pay at the time of sentencing?

Restitution fines and orders never expire.

Even if the offender cannot pay at the time of sentencing victims may collect at a later date.

## **Tattoo Removal**

#### **Tattoo Removal Options**

When your tattoo gets in the way of employment option it may be time to consider removal. Tattoos turn off some employers. If your begging to regret your tattoos for one reason or another... please don't resort to drastic measures to remove them.

Laser tattoo removal is considered the safest, quickest and most likely to leave your skin intact following treatment. Other treatment options are surgical excision, chemical peel and traditional dermabrasion. These various treatments options are invasive treatment methods and often result in scarring.

<b>Aesthetic Skin Laser</b> —Dr. Herrick, General Practice, Physician Assist. Jennifer Konir 415 Orange Street, Redlands, CA 92374,	909-792-0001	
15366 11th St., Suite K Victorville, CA Cost \$50 for the consultation. Website: <u>www.highdesertskincenter.com</u>	760-245-6565	
Agape Light—Dr. Popkow MD Family Practice Consultation is free. Low cost tattoo rel	moval.	
12027 Venice Blvd., Ste. B, Los Angeles, CA 90066	310-915-8060	
Clean Slate Tattoo Removal (Second Saturday each month clinic/sliding scale)		
http://www.Cleanslatela.org 12401 East Slawson Ave, Whittier, CA 90606		
Also managed by Dr. Popkow of Agape Light	562-945-9111	
Senza Medical Group- Dr. Leonardo Rasi		
(909) 810-2800 or (909) 793-3563, 226 Nordina St., Redlands, CA 92373 Free Consultation—Website: http://www.senzamedical.com/treatments-procedures/tattoo-removal/		
TatBeGone Medical Group, Inc. Dr. Douglas Mest MD		
2200 Harbor Blvd., Ste. B-240	949-642-6975	
Costa Mesa, CA 92627 Website: <a href="https://www.tat2begone.com/">www.tat2begone.com/</a> Consultation is free. Low cost \$75/25 square inches for verifiable probation/parole patie	ents	
<b>Dr. Tattoff—</b> Dr. Will Kirby, (2 locations)		
9197 Central Ave, Ste H, Montclair, CA 91763 and	909-267-7200	
1441 W MacArthur Blvd, Ste A., Santa Ana, CA 92704 Tattoo removal costs are based on the size of the tattoo and the number of treatments, visit minimum. Consultations are free. Website: http://drtattoff.com/	949-581-5334 with a \$98 per	
Erase-a-tat—Dr. Jiensup Kim, (3-locations)		
1207 E. Florida, Hemet CA 92324,		
900 E. Washington, St., Ste., Colton, CA 92313,		
160 E Artesia Ste. 360, Pomona, CA 92176.855Prices beginning at \$50/square inch, and reduce with additional treatments	5-ERASE-A-TAT 951-751-5455	
800-339-6993 is a referral info line, which includes tattoo removal programs in <u>LA County</u> .		

# **Department of Motor Vehicles**

## **Department of Motor Vehicles**

Drivers License and Identification Card Application can be obtained at your local DMV office. To apply for an original driver's license you will need the following:

- Complete an original application form
- Give a your thumb print
- Have your picture taken
- Provide your social security number
- Verify your date of birth and true full name
- Pay the application fee
- Pass a vision test
- Pass a traffic laws and sign test
- To schedule a <u>driving test</u> appointment call: 800-777-0133 8am-5pm

## DMV Online—What can I do?

•Make an Appointment

- •Vehicle Registration Renewal
- •Drivers License Renewal
- •Request your own Driving Record
- •Affidavit of Non-Use
- •Obtain Forms
- Register to Vote
- Pay Traffic Citation
- •Notice of Transfer (Vehicles)
- •Vehicle Record Request

Assembly Bill (AB) 60 requires the DMV to issue an original drivers license to an applicant who is unable to submit satisfactory proof of legal presence in the U.S. Schedule an appointment to visit a DMV office to obtain a California driver license under AB 60.

Make an appointment online or call 800-777-0133

# Where is my local DMV? I need to visit in person not online.

#### San Bernardino

1310 N. Waterman Ave. CA 92335 Fontana 8026 Hemlock Ave. CA 92336 Norco 3201 Horseless Carriage Dr. 92860 Rancho Cucamonga 8678 Archibald Ave. CA 91730 Redlands 1659 W. Lugonia Ave. CA 92374 Riverside 6280 Brockton Ave. CA 92506 Victorville 14855 Corta Dr. CA 92395

# Most DMV offices will be closed on the following days:

New Year's Day, Martin Luther King Day, Lincoln's Birthday, Washington's Birthday, Cesar Chavez Day, Memorial Day, Independence Day, Labor Day, Columbus Day, Veterans Day, Thanksgiving, Day after Thanksgiving, Christmas Day.

Holidays occurring on Sundays are generally observed the following Monday. When Veterans Day, November 11th, falls on a Saturday, the office will be closed on Friday November 10th. Martin Luther King Jr's Birthday.

\*\*Additionally some locations are closed alternate Fridays. Please call the site you will be visiting for specific information.

#### California Low Cost Automobile Insurance CLCA 800-777-0133

This program is administered by the California Automobile Assigned Risk Plan.

The primary goal is to provide affordable auto insurance option to low income good drivers.

# **Social Security Admin. Information**

## Social Security Card I-800-772-1213 Toll Free I-800-325-0778 TTY



By calling

I-800-

772-1213 you can use their automated telephone services to get information and conduct certain business any time of day. If you cannot handle business through the automated services, you can speak to a Social Security representative

between 7am and 7pm Monday - Friday.

If you are deaf or hard of hearing call the toll-free **TTY number I-800-325-0778** between 7am and 7pm Monday - Friday.

To obtain a new or replacement Social Security card you must proved proof of your identity. If born outside of the U.S., you will also need to prove your U.S. citizenship or current lawful, work-authorized immigration status. A limited supply of application forms for a Social Security Card may be available through Inmate Services Unit.

To apply for an original card, you will need to provide at least two documents to prove age, identity, and U.S. citizenship or current lawful, work-authorized immigration status.

If you are not a U.S. citizen or do not have current lawful, work-authorized immigration status, you MUST prove that you have a valid non-work reason for requesting a card.

## SSA Online—What can I do?

- Apply for benefits
- Appeal a decision
- Do you qualify for benefits
- Estimate your future benefits

# Where is my local Social Security Administration Office?

#### I need to visit in person not online.

605 N.Arrowhead Ave. Ste. 101 San Bernardino, CA 92401

> 10668 Sierra Ave. Fontana, CA 92337

1101 E. Holt Blvd. Ontario, CA 91761

l 3955 Park Ave. Victorville, CA 92392

Most offices are open Monday through Friday 9am to 4:30pm and closed on Federal Holidays

## Naturalization Cards

To apply for a Naturalization card you can obtain the N-400 application online at:

## www.uscis.gov/n-400



# Transitional Age Youth (TAY)



The "One Stop" Transitional Age Youth Centers for individuals **between the ages of I 6-25.** The TAY One Stop Center has been especially designed for youth...by youth. Our target population are youth with mental and/or emotional problems who may be emancipating from: foster care, group homes, justice systems an/or youth from the community. The TAY center is a drop in center. We provide a safe environment for youth to set goals and succeed in life. The TAY One-Stop Center welcomes youth needing assistance in becoming independent. The staff is dedicated to helping improve the quality of life for TAY in San Bernardino.

- Counseling and Group Sessions
- Homeless or Housing Assistance
- Independent Living skills classes
- GED / High School Diploma classes
- Extended Educational Assistance
- Transportation Assistance
- Employment Assistance
- Facilities vary by location, may include:

<b>Recreation Room</b>	Piano
Foosball Table	Xbox 360
Music	Computers
Board Games	Internet Access
60" Plasma TV	Exercise Equipment

#### **Open: Monday through Friday 8-5**

#### Rancho TAY Center

9047 Arrow Route, Suite 170 Rancho Cucamonga, CA 91730 Ph 877-760-0770 or Ph 909-466-8696 Fax 909-948-0457

#### **One Stop TAY Center**

780 E. Gilbert St. Building 4 San Bernardino, CA 92415 Ph 909-387-7194 Fax 909-387-7100

#### High Desert TAY

14360 St. Andrews Dr., Suite 11 Victorville, CA 92395 Ph 760-243-5417 Fax 760-245-5896

#### Morongo TAY Center

56711 29 Palms Highway Yucca Valley, CA 92284 Ph 760-228-9657 Fax 760-365-5770

## THE STAY

The STAY is a short-term 14-bed center for Transitional Age Youth (TAY) in crisis. This facility is the only center of its kind in the state. Located next door to the One Stop TAY Center. Valley Star's Crisis Residential Treatment Center will help youth successfully transition back to community living after a period of psychiatric crisis and recovery. Up to 30 days and possibly more.

For referrals and information: Call 909-763-4760 x100 780 Gilbert St., Bldg. H San Bernardino, CA 92415 Email address is: <u>thestay@starsinc.com</u>

# **Temporary / Transitional Assistance**

The Transitional Assistance Department (TAD) of the San Bernardino County Human Services is responsible for administering the Department's financial support programs to persons in need of financial, and/or nutritional and/or medical assistance. The goals of TAD is to meet the basic needs of families and individuals, while working with them to attain self-sufficiency, and to promote work and personal responsibility.

## Toll Free for all TAD Offices 877-410-8829

Adelanto 10875 Rancho Rd. Adelanto, CA 92301

Barstow 1900 E. Main St. Barstow, CA 92311

**Colton** 1900 W. Valley Blvd. Colton, CA 92324

**Del Rosa** 1585 E. Highland Ave. San Bernardino, CA 92415

#### **Fontana** 7977 Sierra Ave. Fontana, CA 92335

## Hesperia

9655 9th Ave. Hesperia, CA 92345

**Needles** 1300 Bailey St. Needles, CA 92363

**Ontario** 1637 Holt Blvd. Ontario, CA 91761 Rancho Cucamonga 10825 Arrow Rte. Rancho Cucamonga CA, 91730

**Redlands** 881 W. Redlands Blvd. Redlands, CA 92373

San Bernardino 265 E. 4th St. San Bernardino, CA

San Bernardino 2050 Massachusetts Ave. San Bernardino, CA 92415 Fax 909-475-2231

#### Twentynine Palms 73629 Sun Valley Dr. Twentynine Palms, CA 92277

**Victorville** 15010 Palmdale Rd. Victorville, CA 92392

**Yucca Valley** 56357 Pima Trail Yucca Valley, CA 9228



#### Supplemental Nutrition Assistance Program

SNAP is a nutritional assistance program designed to help single people and families with little or no income to buy food. Benefits are issued on an EBT Card that is used just like a bank card at most local food stores. This is a Federal State funded program that is administered by local county offices. You can apply online at the C4Yourself <sup>®</sup> website. It is an online application system that allows you to apply for and check on your benefits. It is a secured site and all your information will be private and safe. Applications can be submitted at any San Bernardino County Transitional Assistance office.

Visit: <u>www.c4yourself.com</u> or for additional information call CalFresh:

1-877-847-3663 Toll Free

Available through any of these County offices is the General Relief (GR) program that provides loan assistance to individuals and families in need of temporary housing, food, and/or transportation (Based on eligibility guidelines).

## **General Behavioral Health Services Directory**

## Directorio General de Servicios de Salud Mental

The San Bernardino County Department of Behavioral Health, Alcohol and Drug Services provides services to those who have experienced mental illness, substance abuse and other addicitions. El Departamento de Salud Mental ofrece servicios a aquellos quienes han experimentado la enfermedad mental, abuso de substancias y otras adicciones.

#### LEGEND:

A= Adult ADS=Alcohol/Drug Services C= Children CP=Contract Provider MH=Mental Health Services O=Outpatient P=Prevention S=School Based Children Services SPS=Specialty Services

#### LEYENDA:

A= Adulto ADS=Servicios de Alcohol/Drogas C= Niños CP=Provedor Contratado MH=Servicios de Salud Mental O=Paciente Externo P=Prevencion S=Servicios pare Niño's Basadoes en las Escuelas SPS=Servisios Especializados Vista Community Counseling Center 17216 Slover Ave., Bldg. L Fontana, CA 92337 909-854-3420 A, C, MH, O, S

Victor Valley Behavioral Health 12625 Hesperia Rd. Victorville, CA 92392 760-955-1777 A, ADS, C, MH, O

South Coast Community Services 1030 Nevada St., Suite 200 Redlands, CA 92373 909-792-0747 A, C, MH, O, S, CP

**Colton** 1461 East Cooley Dr., Suite 100 Colton, CA 92324 909-835-4800

Rancho Cucamonga 9500 Haven Ave., Suite 100 Rancho Cucamonga, CA 91730 909-980-6700

**Yucaipa** 34324 Yucaipa Blvd., Suites B-D Yucaipa, CA 92399 909-790-1300

Family Service Agency 23406 Crest Forest Dr. Crestline, CA 92325 909-338-4689 C, CP, MH, O

**San Bernardino** 1669 N. E St. San Bernardino, CA 92405 909-886-6737 Mesa Counseling Center Health Services Building 850 East Foothill Blvd Rialto, CA 92376 909-421-9200 A, C, MH, O

Mariposa Community Counseling 2940 Inland Empire Blvd. Ontario, CA 91764 909-458-1350 A, C, MH, O, S, SPS

Victor Community Support Services 15095 Amargosa Rd, Suite 201 Victorville, CA 92395 A, C, CP, MH, O, P, S

San Bernardino 1908 Business Center Dr., Suite 220 San Bernardino, CA 92408 909-890-5930

West End Family Counseling Services 855 N. Euclid Ave. Ontario, CA 91762 Ontario, CA 91762 909-983-2020 A, C, CP, MH, O, S

Hi-Desert Behavioral Health Services 57407 29 Palms Hwy, Suite F Yucca Valley, CA 92284 760-366-1541 A, C, CP, MH, O, SC

> Valley Star Community Services 1585 S. "D" St., # 101 San Bernardino, CA 92408 909-388-2222 A, C, CP, MH, O, SC

Phoenix Community Counseling Center 820 East Gilbert St. San Bernardino, CA 92415 909-387-7200 A, MH, O, S

Barstow Counseling Center 1841 E. Main St. Barstow, CA 92311 760-255-5700 A, ADS, C, MH, O

Needles Behavioral Health Center 1600 Bailey Ave. Unit #2 Needles, CA 92363 760-356-9313 A, ADS, C, MH, O

Lutheran Social Services 41945 Big Bear Blvd., Suite 222 Big Bear Lake, CA 92315 909-866-5070 A, C, CP, MH, S

Lucerne Valley 32770 Old Woman Spring Rd., Ste C Lucerne Valley, CA 92356 760-248-6612

> **Trona** 82820 Trona Rd., Suite C Trona, CA 93562 760-372-5159

Rim Family Services 28545 Hwy 18 Skyforest, CA 92385 909-336-1800 A, ADS, C, CP, MH, O, S

Pacific Clinics 58945 Business Center Dr., Ste D Yucca Valley, CA 92284 760-228-9657 C, CP, MH, O, P, S

## **Behavioral Health**

**The Crisis Walk-In Clinics** (CWIC) provide urgent mental health services to residents of the County of San Bernardino. CWIC provides crisis intervention, crisis risk assessments, medications, referrals to county, contract and community resources, education and when necessary evaluations for hospitalization. Consumers will be screened for appropriateness of service and will either be provided referrals or admitted in to CWIC for additional assessment. A consumer may meet the criteria to see a psychiatrist, which will be arranged same day for adults and an appointment will be scheduled for children. CWICs are open 24/7, with the exception of the CWIC in Rialto which operates Monday through Friday 8 a.m. to 10 p.m., and Saturday 8 a.m. to 5 p.m.

## **CWIC** Rialto

850 E. Foothill Blvd. Rialto, CA 92376 909-421-9495 Monday thru Friday 8am to 10pm Saturdays 8am to 5pm Holidays 8am to 5pm

## **CWIC High Desert**

Valley Star Community Services 12240 Hesperia Rd. Victorville, CA 92395 760-245-8837 24 hours a day 365 days a year

#### **CWIC Morongo Basin**

Valley Star Behavioral Health 7293 Dumosa Ave., Suite 2 Yucca Valley, CA 92284 855-365-6558 24 hours a day 365 days a year **Social Action Community Health Systems (SACHS)** is a three-clinic system that provides low-cost primary care, dental and rehabilitative services for 32,000 patient visits annually. Bilingual health professions staff provide:

## Information call: 909-382-7120

- Care for Acute and Chronic Illnesses
- Mental Health Services
- Dental Care 909-382-7120
- Physical, Occupation, and Speech Therapy
- Prenatal Care and Other Women's Services
- Immunization
- Health Promotion and Preventative Care
- Specialized Care for HIV/AIDS
- Substance Abuse

#### **SACHS** Locations

Norton AFB - 1455 East Third St. San Bernardino, CA 92408 909-382-7100 Arrowhead - 1293 North "D" St. San Bernardino, CA 92405 909-381-1663 Frazee - 488 South "K" St. San Bernardino, CA 92410 909-383-8092

## **Community Health and Dental Centers**

Please call the individual centers for their available services.

#### Al-Shifa Clinic

2034 B Mallory St., San Bernardino, CA 909-473-9342

#### Arlanza Family Health 8856 Arlington Ave. Riverside, CA 951-710-3970

Arrowhead McKee Family Health Center 2372 Sterling Ave., San Bernardino, CA 855-422-8029

Arrowhead Fontana Family Health Center 16854 Ivy Ave. Fontana, CA 855-422-8029

Arrowhead Westside Community Health Center 850 E. Foothill Blvd. Rialto, CA 855-422-8029

#### ARMC

400 N. pepper Ave., Colton, CA 92324 855-422-8029 **B. R. Dental/O J Kwon, D.D.S.** 436 S. Riverside Ave., Ste. B Rialto, CA 909-874-5200

#### Eastside Family Health

1970 University Ave. Riverside, CA 92507 Medical: 951-213-3450 Dental: 951-213-3460

#### H Street Clinic

1329 N. "H" St. San Bernardino, CA 909-381-0803

Inland Family Community Health Center 665 North "D" St. San Bernardino, CA Dental 909-708-8168 Primary Care 909-708-8158

Inland Behavioral & Health Services 1963 North "E" St., San Bernardino, CA 909-881-6146 Palm Imaging Institute (2 locations) 399 East 21st St., San Bernardino, CA 909-882-2266 1850 N. Riverside Ave., Rialto, CA 909-421-3040

Running Springs Rural Health 31900 Hilltop/Rim of the World Hwy. Running Springs, CA 92382 Medical/Dental: 909-336-9715

Tri County Dental Society (uninsured children 5-12 yrs) 800-287-8237

Whitney Young Family Health Clinic 1755 Maple St., San Bernardino, CA Dental 909-386-7600 Primary Care 909-708-8158 Behavioral Health 909-881-0111

Victor Valley Dental Clinic 14357 7th St. Victorville, CA 92395 760-951-9181

## **Reproductive Health and Parenting**

Services are Fre	e or Low Cost	Parenting/Child Safety	Resources
There are a wide services offered at y	-	Child Development Services	614-645-7748 800-722-1091
tive Health Services	clinic. Reproductive provides low-cost, to men and women n informed decision g and reproductive here to give you	(childcare referrals) Children's Fund Children's Network CSU Maternal Intervention Program Early Head Start Moses House Ministries New Day Institute	909-387-4949 909-383-9677 909-537-3593 909-888-4577 909-955-1895 909-517-2020 800-543-7025
All Services are	, ,	New Parent Info Kits (First 5) Parent Outreach	800-901-4565
HIV/STD Testing Birth Control Pregnancy Testin Teen Counseling Abstinence Educ Breast Exams Pelvic Exams Pap Smears Testicular Cance Prostate Exams Vasectomy Surge	g ation er Screening	Parent Outreach800-90Parent Project800-372Report Child Abuse SB County909 384Outside San Bernardino800-822SB County Child Protective Services909-384Seat Inspection and Recall (Car)866-73The Center for Healing909-875The Resource Center (eligible with909-884Children 0-5 & Parenting classes.Tough LoveTough Love800-33WIC (Women, Infants, Children) S.B 909-38WIC West End (Ontario/Desert)800 47	
Call Today to Make	••	Child Support Ser	vices
T-000-722-4777 Tele   Public Health Dept. locations For p		Telephone and Fax NumbersFor payment and general informaPhone: 866-901-3212FAX (909)	tion:
Adelanto I 1336 Bartlett Ave Suite I I	Needles I 406 Bailey Ave. Suite D	Email: csupport-mbx@css.sbcou Main Office Mailing Addres County of San Bernardino Dep Child Support Services	55:
Barstow	Ontario	LOALT Mountain View Aug	

<u>Child Support Services</u> 10417 Mountain View Ave. Loma Linda, CA 92354

<u>Ontario Office</u> 191 N. Vineyard Ave. Ontario, CA 91764

<u>Victorville Office</u> I 5400 Civic Dr. Victorville, CA 92392

Business Hours (All DCSS Offices): Mon-Fri 8:00 am to 5:00 pm

Ontario

150 E. Holt Blvd.

Redlands

800 E. Lugonia Ave.

Suite F

San Bernardino

606 E. Mill St.

Victor Valley/Hesperia

16453 Bear Valley Rd.

303 E. Mountain View

Street

**Big Bear** 

477 Summit Blvd.

Fontana

17830 Arrow Blvd.

Testing

Saves Lives

# **Counseling Services**

Access Unit Department of Behavioral Health Counseling Referrals	888-743-1478
Active Communication Treatment Systems Bloomington	909-877-5499
Adult Mental Health, Community Hospital of San Bernardino	909-877-6333 ext. 3800
Alta Loma Psychological Association	909-980-3567
Alternate Avenues	909-920-5518
Arrowhead Regional Medical Center Emergency Psychiatric Unit	909-580-1800
Behavioral Health, Upland	909-579-8100
Bilingual Family Counseling Center (Prop 36)	909-986-7111
California State University, San Bernardino Counseling Center	909-537-5040
Calvary Chapel, Fontana and Rialto	909-820-7300
Casa Ramona Counseling	909-825-6188
Catholic Charities/Counseling	909-388-1329
Center for Healing Childhood Trauma	909-875-5288
Chino Human Services	909-591-9822
Chino Multiple Diagnosis Clinic	909-590-5355
Christian Family Counseling Service	951-682-7138
Crisis Center (16460 Victor St., Victorville)	760 245-8837
Elohim Independent Living (Mental Health Housing & Living Skills)	760 242-5416
Family Connection	909-370-4250
Family Services Agency (San Bernardino)	909-886-6737
Family Services Agency (Fontana)	909-822-3533
Family Services Agency (Crestline)	909-338-4689
Frazee Community Center	909-889- <del>4</del> 424
House of Ruth's Teen Violence	909-988-5559
Inland Behavioral and Health Services	909-881-6146
Mesa Counseling-Rialto	909-421-9301
Mjumbe (African American Mental Health Coalition)	909-880-1343
New Day Institute (Ind./Group/Family/Parenting/ and more)	909-517-2020
Nueva Vida Counseling Center-Colton	909-825-6188
Ontario Pregnancy Counseling	909-948-6702
Pacific Clinics-Ontario	909-605-0514
Phoenix Services/County of San Bernardino	909-387-7200
Redlands Psychological and Family Services	909-793-8312
Samaritan Counseling Center-Upland	909-985-0513
Substance Abuse Services Information	800-879-2772
Telecare Mental Health Crisis Center	760-245-8837
16460 Victor Street, Victorville	
24-7 Walk-in, no insurance necessary, doctor on-site daily	
Upland Community Counseling Center	909-579-8100
Victor Valley Community Services Council	760-243-9646
First Call for Help-Referral service	
West End Community Counseling-Ontario	909-983-2020
TTY for the Deaf and Hard of Hearing:	888-743-1481
The for the Dear and that to the caring.	000-7-13-1-01

24 hours a day/7 days a week

# **Outpatient Substance Abuse Resources**

Barstow		
Barstow Counseling and Behavioral Health Center 805 E. Mountain View St., Barstow, CA 92311 Special Programs for: Parolee/Criminal Justice Population	760-256-5026	
	760-256-0376	
309 E. Mountain View St. Suite 100, Barstow, CA 92311 Special Programs for: Parolee/Criminal Justice Population, Physically Disabled, Prescriptic Abuse.	on Drug	
Jackson Bibby Awareness Group, Inc. 222 E. Main St., Barstow, CA 92311	760-256-6114	
Accessible to: Latino/Hispanics (Bilingual) Mobility, Hearing/Speech, and Cognitive Impaire	ed.	
Morongo Basin Barstow Recovery Services 234 E. Fredricks Ave. Barstow, CA 92311	760-256-7313	
Big Bear Lake		
Operation Breakthrough 40880 Peddler Rd., Big Bear Lake, CA 92315 Special Programs for: Parolee/Criminal Justice Population.	909-866-5437	
Bloomington		
Cedar House & Maple House Rehabilitation Centers 18612 Santa Ana Ave., & 1088 Maple Ave., Bloomington, CA 92316 Special programs for aging (65 and over), AIDS/HIV Positive, Gay, Lesbian, Bisexual, Tran Asian/Pacific Islanders (Bilingual), Latino/Hispanic (Bilingual), Parolee/Criminal records po		
Chino		
Alcohol Education and Recovery Services 12560 Central Ave, Chino, CA 91710 Special Programs for Criminal Justice Population, Driving Under the Influence Program	909-591-4761	
Chino Multiple Diagnosis Clinic 6180 Riverside Dr. Suite H Chino, CA 91710 Special program for Parolee/Criminal Justice population.	909-590-5355	
Canyon Ridge Hospital 5353 G Street, Chino, CA	909 590- 3700	
Colton		
IHS Clinical Services 2275 E. Cooley Dr., Colton, CA 92324 <i>Medical detoxification and narcotic replacement (maintenance).</i>	909-370-1777	
Fontana		
Merrill Community Services 16806 Ceres Ave, Fontana, CA 92335	909-823-0609	

# **Outpatient Substance Abuse Resources**

Fontana Cont. Rehabilitation Alcohol Program 17205 Arrow Blvd Fontana, CA 92335	909-356-9390	
Chemical Dependency Program at Kaiser Permanente Hospital 17046 Marigold Avenue in Fontana, California	909-427-5128	
Merrill Community Services 16806 Ceres Ave, Fontana, CA 92335	909-823-0609	
Hesperia		
Aegis Medical Systems 11959 Mariposa Rd., Hesperia, CA 92345 Special programs for aging (65 and over), Parolee/Criminal records population, Physic scription Drug Abuse.	760-956-2462 ally Disabled, Pre-	
Prenatal Treatment Program Special program for women, accessible to mobility, vision, hearing/speech, or cognitive TTY: 909-421-9452	760-956-6780 e impaired.	
Loma Linda		
Addiction Treatment Program 11201 Benton Street, Loma Linda, CA 92357 Special programs for AIDS/HIV Positive, Parolee/Criminal records population	909-825-7084 ext. 6909	
Needles		
Needles Clinic	760-326-9230	
Westcare Arizona 800 West Broadway St. Suite C, Needles, CA 92363	760-326-3135	
Ontario		
Valley Improvement Programs 210 W B St, Ontario, CA 91762	909-983-3665	
Special programs for Parolee/Criminal records population. Accessible to Mobility, Vision, and Hearing/ Speech, and Cognitive Impaired.		
Bilingual Family Counseling Services Inc. 317 W F St, Ontario, CA 91762	909-986-7111	
Special programs for Parolee/Criminal records population. Accessible to Mobility, Visio Speech, and Cognitive Impaired.	on, and Hearing/	
Pine Ridge & Lucerne Valley		
Pine Ridge Treatment Center, Pine Ridge 15367 Bonanza Road, Suite A, Victorville, CA 92392 Special program for Aging (65 and over), AIDS/HIV Positive, Gay, Lesbian, Bisexual, Transgender, Questioning and Parolee/Criminal records population.	760-955-1012	
Rancho Cucamonga		
Matrix Institute 1777 Sebastian Way Suite. #102, Rancho Cucamonga, CA 91730 Special programs for: Parolee/Criminal records population.	909-989-9724	

# **Outpatient Substance Abuse Resources**

Valley Improvement Programs		909-987-4036
8540 Archibald Ave. # A, Rancho Cucamonga CA 91730 Special programs for Parolee/Criminal records population. Accessible	to Mobility Hearing	/Speech Vi-
sion and Cognitive Impaired.	to moonly, noanny	
Redlands		
Behavioral Medicine CTR Recovery Services 1710 Barton Road Redlands, CA 92373		909-558-9277
Jackson Bibby Awareness Group 1200 Coulston Ave., Redlands, CA 92374		909-792-6925
Mental Health Systems 802 Colton Ave., Redlands, CA 92374	Center for Change Counseling Center	
Southwest Community Services 34324 Yucaipa Blvd, Yucaipa, CA 92399		909-790-1300
Vista Guidance Center 1323 West Colton Ave. Suite #100-105, Redlands, CA 92374		909-335-7067
Rialto		
Alcohol and Drug Programs Treatment Services Accessible to Mobility, Vision, Hearing/Speech, or Cognitive Impaired.		909-421-9465
Running Springs		
Pine Ridge Treatment Center P.O. Box 2303, Running Springs, CA 92382 Call regarding programs available.		909-867-7027
San Bernardino		
Casa de San Bernardino: ODF Program 735 N "D" St., San Bernardino, CA 92401 <i>Special program for women.</i>		909-381-5507
Center for Community Counseling and Education 1535 East Highland Ave, San Bernardino CA 92404		909-881-3443
Christian Alcohol Awareness Program 1550 N "E" St., San Bernardino, CA 92405		909-884-7087
Foothill Aids Project 362 Orange Show Ln., San Bernardino, CA 92408 <i>Population served: Individuals with a positive HIV diagnosis.</i>		909-884-2722
Inland Behavioral and Health Services, Inc. 1963 N "E" St., San Bernardino, CA 92405 Special programs for: Parolee/Criminal record population.		909-881-6146
MHS Pride Program 1874 Business Center Dr., San Bernardino, CA 92408 Probationers Recovering Through Intervention Drug Education		909-386-0524

# **Community Resources**

Community Action Par	•	Visit: <u>www.c4yourself.co</u> additional information call	
Of San Bernardino (		1-877-847-3663 <b>Toll Fr</b>	
Emergency Assistance			
909-723-1560 8am-5pi	m M-F	Applications can be submitted at a dino County Transitional Assistan	
Offers multiple forms of assis income individuals and f		page 10 for a list of office lo	cations.
Food/Clothing Bus passes Rental Assistance		Community Food Bank Faith Based Organizations offerin programs for the commu	ng a variety of
Weatherization Assist Motel Vouchers		WIC (Women, Infants, Children) www.sbcounty.gov/wic	800-472-2321
Assistance for the Hom http://www.sbcounty.gov/ca		Meals on Wheels (age 60+) www.mealcall.org	909-891-3930
Additional Emergency Assista	ince:	Abundant Living Family Church	909-476-0300
American Red Cross	909-888-1481	www.abundantfamily.org	
Salvation Army,		Community Services Department	909-723-1581
San Bernardino	909-888-1337	Echoes of Faith	909-627-0927
Aging and Adult Protective Svc	877-565-2020	www.go2eof.com	
Inland Empire United Way	909-980-1994	Family Services Association	909-793-2673
SNAP		God Always Provide (GAP)	909-945-1020
_	ssistanco	Helping Hands	909-460-0984
Supplemental Nutrition Assistance Program		Ontario Christian Center www.ontariochristiancenter.org	909-983-5269
Previously known as the Food Stamp Program		S.H.A.R.E, Inc. Inland Empire www.shareinlandempire.org/	909-890-0999
SNAP is a nutritional assistance signed to help single people ar		Temple Missionary Baptist	909-888-2038
little or no income to buy food.		The Rock	909-825-8887
sued on an EBT Card that is u	used just like a	www.rockchurch.com	
bank card at most local food si		True Vine Ministries	909-884-6775
Federal State funded program t tered by local county offices.	nat is adminis-	Water of Life Food Warehouse	909-803-1059
		Water of Life Food Warehouse	909-603-1059
You can apply online at the C4Yourself <sup>®</sup> web- site. It is an online application system that al- lows you to apply for and check on your bene- fits. It is a secured site and all your information will be private and safe.		USDA Food Commodities are <u>giver</u> tions throughout the Inland Empire <b>1585</b> for sites and days of distributi local distribution calendar and site Inland Empire at	call <b>909-723-</b> ion or view the tes for the
cal fresh		www.sbcounty.gov/c foodsites.html	-

# **Community Resources**

#### **Abundant Living Family Church**

909-476-0300

Snack packs, Ride vouchers, Phone/cell, Hotel vouchers, Homeless shelters (men & women).

#### **Catholic Charities**

909-880-3625 Utility assistance, housing, food, family support, and HIV/ AIDS services.

Catholic Charities Refugee &Immigration Services

909-388-1243

#### Diocese of San Bernardino

1201 East Highland Ave. San Bernardino, CA 92404 909-475-5300

Gang Reduction Intervention Team (G.R.I.T.) Joseph Rodriguez

909-793-7746 Assist parolees in getting out of gangs. 24 hour response team.

#### Inland County Legal Services

800-677-4257 (San Bernardino) 888-245-4257 (Riverside)

#### San Bernardino County Recorder County Clerks Office

222 West Hospitality Ln. San Bernardino, CA 92415 909-387-8314 Birth, Death and Marriage Certificates.

#### Mary's Mercy Center

641 N. Roberts Ave. San Bernardino, CA 92411 909-889-2558 Hot meals, clothing and showers.

#### The Way World Outreach

1001 N. Arrowhead Avenue, San Bernardino, Ca 92410 909-884-1385

## 211 Call Center A United Way Program

2-1-1 is a toll-free telephone number that will connect people from anywhere within the San Bernardino County area to a 24-hour service that can give them information and referrals for health and social services in their area.

Dial 211 or 888-435-7565 or search the website at <u>www.211sb.org</u> for information on:

Shelter and Housing Clothing Food and Water Childcare Animal Assistance (shelter, care, etc.) Health Care Government Resources Transportation Donation and volunteer Information

2-1-1 is <u>free and confidential</u>, a live bilingual call specialist assists caller's 24-hours a day.

Hundreds of health and social services are available by simply dialing 2-1-1 or 888-435-7565.

For information on services available in Los Angeles County please call: 800-339-6993 or online at www.211LA.org

2-1-1 is a joint United Way Initiative, and Inland Empire United Way is the designated services provider for the County of San Bernardino.

# **Community Resources**

## **Rewired for Success**

#### (A Division of 777 Community Warehouse)

Located in the city of San Bernardino, offers several services to support the successful transition of those who are **returning to the community after incarceration**. Providing the reentry client with customized resources, based on their individual needs.

Counselors are available to assist the reentry client with personalized tools needed for navigating their way to their identified goals. Beginning with an emphasis on helping the client to expand their vision, identify their goals, and commit to experiencing and achieving their best and higher selves.

## Services may include

- Life Skills Class
- **Mirror/Mirror II** (Domestic violence counseling and exploration of violence as a choice.)
- Signing The Inner Peace Treaty (A program for healing anger rather than managing it.)
- P.T.A. (Parents Training Affectively) A parent education course that emphasizes the power of the love relationship between parent and child, based on a philosophy that "Your child will know you and hear you by your touch and your tone."

## 909-567-5284



777 COMMUNITY WAREHOUSE FREE FOOD & CLOTHING EVERY TUESDAY 10 A.M. UNTIL 2 P.M.

## OTHER DAYS OF THE WEEK BY APPOINTMENT OR IN EMERGENCY NEED ONLY.

777 SOUTH ALLEN STREET SUITE A SAN BERNARDINO, CA 92408 909.890.0999



Community Solidarity. <u>All Inclusive. One Family at a Time</u>.

# **High Desert Community Resources**

<b>Community Health Action Network</b> 15000 7th St, Ste. 208G, Victorville, CA, 92395 760-241-9900	The center provides hygiene items, secondhand clothing, and meals as well as Christmas assistance to people in need. Vouchers may be offered for clothing, shoes, and bedding.	
This can include child car seats, formula, diapers, and other items. <b>Desert Sanctuary, Inc. Haley House</b> Main address is 703 E. Main, Barstow, CA, 92311 760-256-3733	Victor Valley Rescue Missions - Life Recovery Program a residential 9-12 month commitment for men (no children). Call for room availability 760-952-3918	
The center provides free or low cost clothing, household items and personal hygiene to income	Other services (food and supplies). 16857 C Street, Victorville, CA 760-955-5958	
qualified families. Diapers may also be offered for those in need.	Clothing: New Beginnings Church	
	16856 C Street, Victorville, CA	
Victor Valley Domestic Violence, Inc. "A Better Way" 760-955-8723 call for room avail- ability. Victor Valley. Toll Free 866-228-2059 or	Home Energy Assistance Program (HEAP) Workshop	
local 760 955-8010	EEES HEAP 909-723-1620, Fax 909-723-1609 Monday- Friday 8:00 a.m. to 5:00 pm	
Elohim Independent Living Center Mental Health Living Skills	696 S. Tippecanoe Ave, San Bernardino, CA	
20843 # 108, Waalew Rd., Apple Valley, CA 760-242-5416	Rolling Start Office 15550 Main Street	
<b>Rose of Sharon Pregnancy Resource Center</b> 14725 Seventh St., Ste. 600, Victorville, CA, 92395 760-243-5006	Hesperia, CA 92345 8 am - 3:30 pm - by appointment only - call 760-949-7626 to verify if you qualify.	
A Life Center for pregnant woman offering six week parenting classes and a lending closet for chil- dren's clothing.	Barstow Counseling Center760-256-5026Calvary Chapel High Desert760-948-2812	
Samaritans Helping Hand	Needles Clinic760-326-9230Trona Behavioral Health Clinic760-382-3080	
15527 8th St. Victorville, CA, 92395 760-243-5933	Public Health Dept. locations	
Food and clothing available: Mon & Tue 10:00 am -12:00pm	1 800– 772 4777	
Utility & rental assistance may be available to San Bernardino County residents. Call for a Wednes- day appointment to see if you qualify.	Barstow Needles 303 E. Mountain View 1406 Bailey Ave. Suite D	
Victor Valley Rescue Mission 16857 C St., Victorville, CA 760-955-5958 office	Barstow, CA 92311 Needles, CA 92363 800-772-4777 760-326-9230	
Emergency food, hot meal, clothing.	Joshua Tree	
<b>Showers facilities</b> available through Victor Valley Rescue Mission at the adjacent fair grounds for in- dividuals & families. <b>Mon &amp; Thur 1:00 pm.</b>	63532 29 Palms Hwy. Suite DVictor Valley / Hesperia 16453 Bear Valley Rd. Hesperia, CA 92345 800-755-4777Joshua Tree, CA 92252 760-366-5380800-755-4777	
	1	

# **High Desert Commodities USDA**

USDA Commodities Food given away to area residents at the following locations and times. Please note most services require proof of ID, residency, citizenship.

Adelanto Foursquare Church 3rd Saturday at 8:30am - 10:00am 10931 Lawson Ave., Adelanto, CA 92301 Services: Adelanto/El Mirage 760-246-8445

High Desert Outreach Center **4th Friday at 1:30pm - 4:00pm** 11744 Bartlett Ave., Adelanto, CA 92301 **Services: Adelanto** 760-246-7874

First Assembly of God/Feed My Sheep Ist and 3rd Friday at 1:00 pm -3:00 pm 21811 Ottawa Rd., Apple Valley, CA Services: Apple Valley 760-247-6488

Church of the Nazarene **3rd Thursday at 9:00am- 11:00 am** 12935 Central Rd., Apple Valley, CA **Services: Apple Valley** 760-247-8433

Desert Manna Ministries 2nd Thursday: 9:00am -2:00pm 201 N. First Ave., Suite A, Barstow, CA 92311 Services: Barstow/Hinkley 760-256-7797

In His Presences Outreach 3rd Saturday: 10:00am- 2:00pm 400-408 E Fredrick, Barstow, CA 92311 Services: Barstow 760-256-5545

Trinity Assembly Of God **3rd Friday at 1:00pm -4:00pm** 35370 Mojave Road, Daggett, CA 92327 **Services: Daggett** 760-254-3280

Helendale Community Church **3rd Friday at 8:00am -10:00am** 15488 Riverview Ave, Helendale, CA 92342 **Services: Helendale** 760-962-1902 First Assembly of God/Feed My Sheep **1st and 3rd Wednesday: 10:00am-12:00pm** 11616 Hesperia Rd, Hesperia, CA 92345 **Services: Hesperia** 760-265-3309

Hesperia Grange Hall # 682 **3rd Friday at 10:00AM** 16685 YucCA St., Hesperia, CA 92345 **Services: Hesperia/Victorville** 760-245-2615

Hinkley Partnership Health @ Hinkley Fire Hall 3rd Tuesday at 6:00pm - 8:00pm 37284 Flower St Hinkley, CA 92347 Services: Hinkley/Grandview/Lenwood Cooper City/Hudge/Lockheart

Pacific Clinics Lucerne Valley Clubhouse **1st Thursday at 3:00pm - 4:00pm** 32770 Old Woman Springs Rd- Suite B Lucerne Valley, CA 92356 **Services: Lucerne Valley** 760-248-2327

Lucerne Valley Resource Outreach 3rd Thursday at 9:00am -12:00pm 32649 Hwy. 18, Lucerne Valley, CA 92356 Services: Lucerne Valley 760-248-2064

St. Vincent De Paul 3rd Saturday at 9:00am -1:00pm 839 Front Street Needles, CA 92363 Services: Needles 760-326-4420

Phelan Community Church **3rd Saturday at 8:30am -10:30am** 9856 Sheep Creek Road Phelan, CA 92371 **Services: Phelan/Baldy Mesa/Pinon Hills** 760-868-6335

Trona Senior Center **3rd Saturday** 13187 Market Street, Trona, CA 93562 **Services: Trona** 760-372-5889

# High Desert Commodities USDA Cont.

USDA Commodities Food given away to area residents at the following locations and times. Please note most services require proof of ID, residency, citizenship.

First Assembly of God **3rd Monday at 10:00-1:00pm** 15260 Nisqualli Rd., Victorville, CA **Services: Victorville** 760-243-4343

God's Lighthouse SDA 3rd Thursday at 9:00am -12:00pm 16070 Lorene Drive, Victorville, CA 92392 Services: Victorville 760 245-3620

High Desert TLC 4th Monday at 9:00am -12:00pm 11783 Amethyst Rd, Victorville, CA 92392 Services: Victorville 760.949.8282

Holy Innocents Catholic Church 4th Tuesday at 9:00-10:00am 13230 El Evado Rd, Victorville, CA Services: Victorville 760-955-6010

The Lords Table **3rd Friday 10:00-12:00** 15512 6th Street, Victorville, CA 92392 **Services: Residents of Mojave Dr. to Oro Grande City limits. W St to Adelanto City limits. E St. to Apple Valley City limits.** 760-243-2043

Distributes gently used cloth diapers, maternity clothing, formula and baby equipment.

Gate Church Mondays at 9:00-12:00pm 11783 Amethyst Rd., Victorville, CA Services: Victorville 760-949-8979

First Christian Church **Tuesdays 10:00-12:00opm** Emergency food pantry 17746 George Blvd., Victorville, CA **Services: Victorville** 760-246-4100 Rescue Mission @ Calvary Chapel Monday-Thursday 3:30-4:00pm Community Dinner 15081 Center St., Victorville Services: Victorville 760-241-0778

Salvation Army Monday-Thursday 9:00-12:00 pm 14585 La Paz Dr., Victorville, CA Services: Victorville 760-245-2545 Groceries

Samaritan Helping Hands/St. John of God/ Granada Ministries Monday & Tuesday 10:00-12:00pm

15527 8th St., Victorville, CA 92395 **Services: Victorville** Food Pantry/Groceries

Women of Noble Character Salvation Army 14585 La Paz Dr., Victorville, CA **Services: Victorville, Call for schedule** Hot meals everyday 760-245-2545

Set free **Monday—Saturday 9:00-1:45pm** Sack lunch (available for 3 consecutive days) 8th & D St., Victorville CA

Our Lady Of The Snows Catholic Chruch **3rd Saturday at 10:00am -11:00am** 975 Lark Road, Wrightwood, CA 92397 **Services: Wrightwood** 760-868-4342

Yermo Valley Community Service District 2nd Friday at 9:00am -11:00am 110 McCormick Street,Yermo, CA 92398 Services: Yermo 760-254-2331



# **Commodities USDA**

USDA Commodities Food given away to area residents at the following loCAtions and times. Please note most services require proof of ID, residency, citizenship. Big Bear Foursquare 4th Wednesday at 12:00pm -3:00pm 515 E Big Bear Blvd, Big Bear City, CA 92314 Services: Zip Codes 92314 & 92315 909-585-7455 Big Bear Senior Center 4th Monday at 12:00pm-2:00pm 42651 Big Bear Blvd, Big Bear, CA 92315 Services: Big Bear, Sugarloaf, Fawnskin 909-866-0127 Bear Valley Community Church 4th Monday at 12:00pm-2:00pm 40946 Big Bear Blvd, Big Bear Lake, CA 92315 Services: Big Bear 909-866-7523 Seventh Day Adventist Church Monday at 10:00am-12:00pm 349 E North Shore Drive, Big Bear City, CA 92314 Services: Big Bear 909-585-2275 Bonnie Baker Senior Center 2nd Friday at 8:00am-11:00am 149350 Ukiah Trail, Big River, CA 92242 Services: Big River 760-665-2667 God's Pantry @ Chino High School 2nd and 4th Saturday at 8:00am-12:00pm 5472 Park Place, Chino, CA 91710 Services: Chino/Chino Hills Colton Christian Church 3rd Saturday at 10:00am-1:00pm 905 E Olive Street, Colton, CA 92424 Services: Colton	Hutton Community Center 4th Thursday at 11:00am -1:00 Pm 660 Colton Ave, Colton, CA 92324 Services: Colton-Will serve those North of Interstate 10 909-370-6168 Immaculate Conception 2nd Thursday at 10:00 am -12:00 pm 1106 N. La CAdena Drive, Colton, CA 92324 Services: Colton 92324 909-825-5110 Peter Luque Comm. Center 4th Thursday at 8:00am -10:00am 292 E. "O" Street, Colton, CA 92324 Services: Colton-Will serve those South of 10 frwy and Grand Terrace 909-370-5087 Crest Forest Family 4th Monday at 9:00am-12:00pm 23406 Crest Forest Dr., Crestline, CA 92325 Services: Crestline 909-338-4689 First EvangeliCAI Lutheran 2nd Saturday at 8:00am-11:00am 9315 Citrus Ave, Fontana, CA 92335 Services: Fontana 909-823-3457 Fontana Christian Church 4th Saturday at10:00am-12:00pm 14796 Arrow Route, Fontana, CA 92335 Services: Fontana 909-355-4587 Water Of Life Tuesdays & Thursdays from 3:00pm:700pm 16815 Spring Street, Fontana, CA 92335 Services: Fontana 909-803-1059 x227 SOAR/V.F.W. Post #6563 2nd Tuesday at 8:00am -10:00am
<b>3rd Saturday at 10:00am-1:00pm</b> 905 E Olive Street, Colton, CA 92424	909-803-1059 x227
Services: Colton 909-825-0515 Echoes Of Love	2nd Tuesday at 8:00am -10:00am 9190 Fontana Ave., Fontana, CA 92335 Services: North of Valley, East of Beech,
4th Friday at 3:00pm-5:00pm 710 C Street, Colton, CAA92324 Services: Colton 909-777-3407	West of Alder and South Of Foothill 909-823-2600

USDA Commodities Food given away to area	St. Joseph The Worker Church
residents at the following locations and times.	<b>2nd Saturday at 9:00am -10:00am</b>
Please note most services require proof of ID,	10816 Mountain View Ave, Loma Linda, CA 92354
residency, citizenship.	<b>Services : Loma Linda, Bryn Mawr</b>
St. George Helping Hands	909-796-2605
3rd Tuesday at 5:30 Pm - 6:30 Pm 17895 San Bernardino Ave., Fontana, CA 92335 Services: North of Valley, South of Foothill, West of Cedar and East of Sierra 909-877-1531	Lytle Creek Community Ctr. <b>3rd Thursday at 9:00am -11:00am</b> 14082 Center Road, Lytle Creek, CA 92358 <b>Services: Lytle Creek</b> 909-887-1198
Cypress Elementary	Christian Development Center
<b>3rd Thursday at 8:30am -10:00am</b>	<b>3rd Saturday at 8:00am -12:00pm</b>
26825 Cypress Street, Highland, CA 92346	5080 Kingsley Ave., Montclair, CA 91763
<b>Services: Highland</b>	<b>Services: Montclair</b>
909-388-6514	909-319 2240
Joy Harvest World	Montclair Comm. Center
<b>3rd Saturday at 10:00am -12:00pm</b>	<b>3rd Thrusday 10:00am -11:00am</b>
2600 Highland Ave, Highland, CA 92346	5111 Benito St., Montclair, CA 91763
<b>Services: Highland</b>	<b>Services: Montclair</b>
909-648-3411	909-625-9430
Copper Mountain Mesa	Church Of The Lighted Cross
<b>3rd Monday at 9:00am -11:00am</b>	<b>3rd Monday at 8:00am-10:00am</b>
65336 Winter Road, Joshua Tree, CA 92252	11518 Elbow Lane, Morongo Valley, CA 92256
<b>Services: Copper Mountain, Joshua Tree</b>	<b>Services: Morongo Valley</b>
909-387-5940	760-363-0046
Joshua Tree Community Ctr.	Ontario Christian Center
<b>3rd Monday at 9:00am - 11:00am</b>	<b>2nd Friday at 4:00pm-6:00pm</b>
6171 Sunburst Avenue, Joshua Tree, CA	1336 N. Baker Ave, Ontario, CA 91764
92252	<b>Services: Ontario, Rancho, Upland,</b>
<b>Services: Joshua Tree</b>	<b>Montclair</b>
760-366-8415	909-983-0220
Sunset Village Apts.	Operation Reapp
<b>3rd Monday at 9:30am -11:30am</b>	<b>4th Tuesday at 9:00am-11:00am</b>
6036 Sunset Road, Joshua Tree, CA 92252	1023 S. Sultana, Ontario, CA 91761
<b>Services: Joshua Tree Shut-Ins</b>	<b>Serving Residents: South of Mission to</b>
760-366-3218	<b>Schaffer, East to Etiwanda and West to</b>
The Way Station <b>2nd Friday at 10:00am -12:00pm</b> 61722 Commercial St., Joshua Tree, CA 92252 <b>Serves: Joshua Tree</b> 760-366-8088	Benson No Telephone Number Our Lady Of Guadalupe 3rd Thursday at 8:30– 10:00am 417 Park Street, Ontario, CA 91761
Belfield Hall <b>3rd Monday at 8:30am-10:30am</b> 58380 Reche Road, Landers, CA 92285 No telephone Number	Services: South Ontario 909-986-6154

USDA Commodities Food given away to area residents at the following locations and times. Please note most services require proof of ID, residency, citizenship.

Unidos Por La Musica-Bags Of Hope **1st Wednesday at 9:00-11:00am Every Wednesday at 9:00 - 10:00am** 1556 South Sultana Ave Ontario CA 91762 **Services: Ontario, Chino, Montclair** 909 391-3999

Abundant Living Church 4th Saturday at 10:00am to 1:00pm 9269 Utica Ave., Ste.125, R.C, CA 91730 Services: Rancho Cucamonga 909-476-0300

Cucamonga Christian Fellowship 4th Sunday at 12:45pm -2:00pm 11376 5th St., Rancho Cucamonga, CA 91730 Services: Rancho Cucamonga, Alta Loma Ontario 909-945-5333

Outreach Nations 9565 Business Center Dr., Bldg. 11 Suite A Rancho Cucamonga, CA 91730 1st Monday at 10:00am to 1:00pm 9565 Business Center Dr., Bldg. 11 Suite A, Rancho Cucamonga, CA 91730 Services: Rancho Cucamonga 909-944-1759

Rancho Cucamonga Community Center **1st Monday at 10:30am –12:30pm** 11200 Base Line Rd., R.C. CA, CA 91730 **Services: Rancho Cucamonga, Etiwanda, Alta Loma** 909-477-2782

The Salvation Army 4th Friday at 10:00 Am-12:00 Pm 838 Alta Street, Redlands, CA 92373 Services: Redlands, Mentone 909-792-6868

Kingdom Life Fellowship **3rd Saturday at 9:00am -12:00pm** 1125 Research Drive, Redlands, CA 92374 **Services: Redlands, Bryn Mawr, Loma Linda** 909-478-3700 Loveland Jubilee Pantry **1st Friday at 10:00am -2:00pm** 1436 Ayala Dr., Suite "G", Rialto, CA 92376 **Services: Rialto** 909-988-5683

St. CAtherine/Reach Center **2nd Tuesday at 9:00am -12:00pm** 339 North Sycamore, Rialto, CA 92376 **Services: Rialto** 909-875-7821

Operation Provider 2nd Thursday at 12:00pm -2:00pm 26525 Pine Avenue, Rim Forest, CA 92378 Services: Rim Forest 909-337-8585

Rim Of The World Church **4th Monday at 11:30am -1:30pm** 31116 Hilltop, Running Springs, CA 92382 **Services: Running Springs** 909-867-2911

St Anne's In The Mountains **3rd Thursday at 4:00pm -5:30 Pm** 30480 Fredalba Rd, Running Springs, CA 92382

Services: Running Springs 909-867-2832

Boys And Girls Club 2nd Tuesday at 11:00am -2:00 Pm 1180 W. 9th Street, San Bernardino, CA 92411 Serving Residents with zip codes 92411 and 92410 Living West of Sierra Way to the City of Rialto (Meridian Ave.) And North of Baseline to Highland Ave. 909-888-6751

Delmann Heights Comm.

**3rd Wednesday at 9:00am -12:30pm** 2969 N. Flores St., San Bernardino, CA 92407 **Services: Residents with zip codes 92405 and 92407 Living North of Highland & West of Sepulveda to the City Of Rialto (Meridian Ave.)** 909-384-5417

Ecclesia Christian **1st Wednesday at 1:00pm -3:00pm** 1314 Date Street, San Bernardino CA 92404 **Services: San Bernardino** 909-881-5551

USDA Commodities Food given away to area resi-	Our Lady Of Assumption
dents at the following locations and times.	<b>4th Tuesday at 10:00 Am -12:00 Pm</b>
Please note most services require proof of ID,	796 W 49th St., San Bernardino CA 92407
residency, citizenship.	<b>Services: San Bernardino</b>
First Presbyterian Church	909-881-2416
<b>3rd Saturday at 9:00am -11:00am</b>	Our Lady Of Hope Catholic
1900 N. "D" Street, San Bernardino, CA 92405	<b>3rd Friday at 12:30pm -2:30pm</b>
<b>Services: San Bernardino</b>	6885 Del Rosa Ave., S B, CA 92404
909-882-3308	<b>Services: San Bernardino, Zip Code 92404</b>
Grace Chapel <b>4th Tuesday at 9:00am -12:00pm</b> 1595 E. Art Townsend Dr., SB, CA 92408 <b>Services: San Bernardino</b> 909-382-8540	Only 909-884-6375 Pal Center 2nd Wednesday at 2:30 pm -4:30 pm
Greater Bethel Missionary	2450 Blake St., San Bernardino, CA 92407
2nd Thursday at 10:00am -1:00pm	Services: 92407
222 E. 2nd St., San Bernardino, CA 92408	909-887-7002
Services: 92408,92409,(92410 E. of Sierra	Roosevelt Elementary
Way.)92404, 92401	1st Thursday at 8:00am -9:30am
909-889-7814	1554 Garner, San Bernardino, CA 92411
Greater Cornerstone Church	Services: San Bernardino 92411
<b>3rd Saturday at 10:00am -12:00pm</b>	909-388-6470
1604 N. "G" Str., San Bernardino, CA 92405	Rudy Hernandez Community
<b>Services: San Bernardino 92405</b>	3rd Tuesday at 9:00am -12:00pm
909-886-0095	222 N Lugo Ave., San Bernardino CA 92408
Helping Hands Pantry	Services: San Bernardino
<b>1st Friday at 9:00am -1:00pm</b>	909-384-5420
1455 3rd Street, San Bernardino, CA 92408	San Bernardino High School
<b>Services: San Bernardino</b>	3rd Thursday at 10:30am -12:00pm
909-796-4222	1850 North "E" St., San Bernardino, CA 92405
Home Of Neighborly Service	Services: San Bernardino 92405
3rd Thursday at 9:00am-12:00pm	909-881-8217
839 N Mt. Vernon Ave., SB, CA 92411	Set Free Christian Fellowship
Services: San Brdo, Colton, Highland, Muscoy	3rd Friday at 8:00am - 1:00pm
909-885-3491	473 W. Baseline St., San Bernardino, CA 92410
Impact Ministries	Services: San Bernardino 92410
<b>1st Friday at 12:30 Pm -2:30 Pm</b>	909-383-2323
3358 N "E" Street, San Bernardino, CA 92405	Second Chance Ministries
<b>Services: San Bernardino</b>	San Bernardino Community Church
No Telephone Number	3rd Saturday at 9:00am -11:00am
Lighthouse For The Blind <b>2nd Tuesday at 1:30 pm -2:00 pm</b> 359 E Parkcenter Cir S, San Bernardino, CA 92408 <b>Services:San Bernardino</b> <b>Blind Students Only</b>	2372 Lynwood Dr., San Bernardino, CA 92404 Services: 92404, 92346 909-864-9221

909-884-3121

USDA Commodities Food given away to area residents at the following locations and times. Please note most services require proof of ID, residency, citizenship. Shandin Hills Middle School	The Way World <b>4th Monday at 12:00pm-3:00pm</b> 1001 N Arrowhead, San Bernardino, CA 92410 <b>Services: San Bernardino</b> 909-884-1385
<b>2nd Thursday at 12:00pm -2:00pm</b> 4301 Ltle Mtn. Dr., San Bernardino, CA 92407 <b>Services : San Bernardino 92407</b> 909-880-6666	Vermont Elementary <b>1st Thursday at 9:30am -10:30am</b> 3695 Vermont St., San Bernardino, CA 92407 <b>Services: San Bernardino</b> 909-880-6658
St. Anthony's Church <b>3rd Wednesday at 6:00pm -8:00pm</b> 1640 Western Ave., San Bernardino, CA 92411 <b>Services: 92411</b> 909-887-3810	Evangelist Mission Church <b>3rd Monday at 10:00am -12:00pm</b> 6595 Adobe Rd., 29 Palms, CA 92277 <b>Services: Twentynine Palms</b>
St. John Episcopal Church <b>3rd Wednesday at 9:00am -11:00am</b> 1407 N Arrowhead Ave, San Bernardino, CA 92405 <b>Services: 92405</b> 909-889-1195	760-459-7729 Inland Valley Hope <b>3rd Wednesday 5:30pm-7:30pm</b> 814 Alpine St., Upland, CA 91786 <b>Services: Upland</b>
St. Paul Ame <b>2nd Friday at 10:00am -2:00pm</b> 1355 W. 21st St., San Bernardino, CA 92411 <b>Services: 92411</b> 909-887-1718	909-622-3806 Sierra Vista Community Church 1st Friday at 1:30pm-4:00pm 1589 W 9th St., Upland CA 91786 Services: Upland, Montclair
St Paul Methodist <b>3rd Wednesday at 10:00am -12:00pm</b> 785 N Arrowhead Ave., San Bernardino, CA 92401 <b>Services: 92401</b> 909-889-3609	909-946-7822 Manna Ministry @ Set Free Yucaipa <b>3rd Monday at 11:00am -1:00 Pm</b> 13700 Calimesa Blvd, Yucaipa, CA 92399
TELACU Sierra Vista <b>2nd Wednesday at 2:00pm -5:00pm</b> 650 W. 6th St., San Bernardino, CA 92410 <b>Services: 92410</b> 909-884-9490	Services: Yucaipa 909-446-0033 Senior Center & Shut-Ins 3rd Wednesday at 1:00pm– 3:00pm 12202 First St., Yucaipa, CA 92399
Touch The World Intl <b>3rd Saturday at 11:30 Am -1:30pm</b> 422 W 16th St., San Bernardino, CA 92405 <b>Services: 92405</b> 909-883-4923	Services: Yucaipa 909-797-1177 St. Francis X Cabrini Ch. 3rd Wednesday at 11:00am -1:00pm 12687 California St., Yucaipa, CA 92399 Services: Yucaipa, Calimesa, Oak Glen, Forest Falls
The Rock Church <b>3rd and 4th Saturday at 8:00am -10:00am</b> 2345 S. Waterman Ave, San Bernardino, CA 92408 <b>Services: San Bernardino</b> 909 825-8887	909-797-2533 Set Free Christian Fellowship <b>3rd Tuesday at 11:00am -3:00pm</b> 13700 Calimesa Blvd. Yucaipa, CA 92399 <b>Services: Yucaipa</b> 909-446-0033

# **Obtaining Free Reading Material**

# Inmates may receive free religious materials by writing to the following and asking them to send it to you by U.S. mail.

#### To Request a NKJV Study Bible:

The Living Water Project P.O. Box 2 Glide, OR 97443-0002

#### To Request Gospel Echoes Bible Studies (8 lessons / 1 at a time):

Gospel Echoes Team / Bible Study Courses P.O. Box 555 Goshen, IN 46527-0555

#### To Request Bible Studies from Global University:

Global University 1211 South Glenstone Ave. Springfield, MO 65804

#### To Request Jehovah's Witness materials:

Jehovah's Witnesses 25 Columbia Heights Brooklyn, NY 11201-2483

#### To Request A New Day in Christ Daily Devotional Book

New Day in Christ Ministries 2119 Avalon Place Houston, TX 77019

#### To Request a *12-Step* Books: They also have available the *Just for today devotional*.

World Service Office P.O. Box 9999 Van Nuys, CA 91409

#### To Request a Red Prayer Book:

Christian Word Ministries 428 Southland Dr. Lexington, KY 40503

#### To Request a Good and Evil Book:

Love and Mercy Brethren Services L.A.M.B. Services, Inc. P.O. Box 1050 Ceres, CA 95307

# Self Help Groups

You may be court ordered to attend 12 Step meetings to help you recover. Here is Information on how to locate groups in your area.

Oficina Intergrupal del Alto Desierto de Victor Valley (Adelanto, CA) I 2036 Bartlett Ave. Suite E Adelanto, CA 92301 Phone: 760-246-6392 Email: intergrupal@hotmail.com

Victory Valley Intergroup Central Office Inc (Apple Valley, CA) 18888 Outer Hwy 18 Suite #107 Apple Valley, CA 92307 Phone: 760-242-9292 Site: www.victorvalleyaa.org

Inland Empire Central Office (Colton, CA) P.O. Box 189 Colton, CA 92324-0189 Phone: 909-825-4700 Site: <u>www.inlandempireaa.org</u>

24 Hour Answering Service (Chino, CA) Chino, CA 91710 Phone: 909-628-4428

<u>Oficina Intergrupo De Chino (Pomona, CA)</u> 898 N. Garey Ave. Pomona, CA 91767 Phone: 909-629-0493

San Bernardino, CA 222 East Highland Ave. Suite #7 San Bernardino, CA 92404 Phone: 909-881-3230 Southwestern Riverside County Central Office Inc. (Temecula, CA) 28636 Old Town Front St. Suite #106 Temecula, CA 92590 Phone: 951-695-1535 Site: www.temeculacentraloffice.org Email: temeculaaa@verizon.net

For a complete online listing of meetings throughout the San Bernardino & Los Angeles Counties go to:

www.simeetings.com/LA/SBC/ SanBernardino+Mtgs.html

Narcotics Anonymous can help you find the freedom to live your life without the use of drugs.

Narcotics Anonymous is a fellowship or society of men and women for whom drugs had become a major problem. ...

#### **Regional Helpline Numbers**

EnglishEspanol800-TODAYNA888-NAAHORA800-863-2962888-622-4672

## Speech or hearing impaired call:

800-735-2929 TTY

#### ALCOHOLICS ANONYMOUS (AA)

Local Chapter & 24-hour Hotline 909-825-4700

#### **ALANON and ALATEEN**

Programs for families and friends of alcoholics. 909-824-1516

#### **COCAINE ANONYMOUS HOTLINE**

For those that desire to stop. 951-359-3895 760 255– 1093 Barstow

#### **DEBTORS ANONYMOUS**

Self-Help group for compulsive shoppers. Daily meetings throughout Southern California. 310-822-7250

#### **DUAL DIAGNOSIS ANONYMOUS**

Self-Help group for persons with Co-Occurring disorders. Also known as "Dually Diagnosed" 24 Hour line 800-359-1216 Local Chapter 909-888-9282

#### **GAMBLERS ANONYMOUS**

Self-Help group for compulsive gamblers. Local Chapter 909-424-5020

#### NATIONAL DRUG and ALCOHOL ASSISTANCE

800-662-HELP (4357) or visit www.drughelp.org

#### NARCOTICS ANONYMOUS (NA)

24-hour Hotline 800-397-2333 Local chapter 909-622-4274 Spanish: (888) 622-4672

#### SEX and LOVE ADDICTS ANONYMOUS

Self-Help group for persons suffering with compulsive sexual behavior, and other dysfunctional personal relationships. For information, please call 909-796-1146 and leave a message.

## **Driving Under the Influence Programs**

\*SATURDAY CLASSES AVAILABLE

#### BARSTOW

\*Jackson-Bibby Awareness 222 East Main St., Suite #218 Barstow, CA 92311 760-256-6114

BIG BEAR LAKE Operation Breakthrough, Inc. 40880 Pedder Road Big Bear Lake, CA 92315 909-866-6133

BLOOMINGTON \*Social Science Service, Inc 11608 Cedar Avenue Bloomington, CA 92316 909-824-1600

CHINO \*Alcohol Education & Recovery 12560 Central Ave. Chino CA 91710 909-591-4761

Chino Human Services 13201 Central Ave. Chino, CA 91710 909-591-9822 Fax: 909-628-409 Contact: Jean Trzcinko

<u>FONTANA</u> \***Rehabilitation Alcohol Program** 16655 Foothill Blvd, #101 Fontana, CA 92335 909-356-9390

MORONGO BASIN Morongo Basin Mental Health 6393 Sunset Rd. P.O. Box 285 Joshua Tree, CA 92252 760-366-3731

NEEDLES Needles Counseling Center 1406 Bailey Avenue, Ste. E Needles, CA 922363 760-326-4221

ONTARIO \*Valley Improvement Programs, Inc 210 West "B" St. Ontario, CA 91762 909-983-3665

RANCHO CUCAMONGA \*Valley Improvement Programs, Inc 8540 Archibald Ave., Suite #A Rancho Cucamonga, CA 91730 909-987-4036

#### <u>REDLANDS</u>

\*Jackson-Bibby Awareness Group 1200 Arizona St., Suite #10, Box B-10 Redlands, CA 92374 909-792-6925

SAN BERNARDINO \*Hase & Associates 353 West Sixth St. San Bernardino, CA 92401 909-888-0149

MHS Pegasus 2282 N. Sierra Way San Bernardino, CA 92405 909-881-1570

SKY FOREST

\*Rim Family Services 28545 Hwy. Suite #18 P.O. Box 578 Sky Forest, CA 92385 909-336-1800

UPLAND Valley Improvement Programs, Inc 1589 West Ninth St., Suite E Upland, CA 91786 909-985-2785

<u>VICTORVILLE</u> \*Dalton & Associates 16200 Bear Valley Rd., Suite #111 Victorville, CA 92395 760-241-1777

\*Jackson-Bibby Awareness 14420 Civic Dr., Suite # 3 Victorville, CA 92392 760-241-3300

<u>YUCCA VALLEY</u> **Morongo Basin Counseling & Recovery Center** 55475 Santa Fe Trail Yucca Valley, CA 92284 760-365-3022

DMV—DRIVER'S SAFETY OFFICE 1845 Business Center Dr., Ste. 212, 92408 909-383-7413 Fax 909-383-7439

# **Anger Mgmt./Batterers' Treatment**

#### <u>ADELANTO</u>

#### Lighthouse Support Services (English & Spanish) 11374 Bartlett Ave., Adelanto, 92301 760-530-2226 Fax: 760-530-2259 Men's & Women's Batterers' Intervention Groups

APPLE VALLEY Catholic Charities Century 21 Fairway Building 18484 US Hwy 18, Suite 100, Apple Valley 909-763-4970 No cost

Desert Behavioral Health 16195 Siskiyou Rd Suite 120A , Apple Valley 760-946-2070 \*Spanish available , Cash only

Vital Experience 19031 Highway 18 Suite 140, Apple Valley 92309 760-265-1951 Self-pay on a sliding scale

BARSTOW Barstow Counseling Center 1841 Main St., Barstow 92311 760-256-5026 \*CalWorks referrals only, \*Spanish available

Lutheran Social Services 405 E Buena Vista, Barstow 92311 760-256-7279 \*Spanish available

#### BIG BEAR LAKE

Lutheran Social Services 41945 Big Bear Lake Blvd. Ste. 222, 92315 909-866-5070 Fax: 909-878-3228 Contact: Eileen Hofer *Men's & Woman's Batterers' Intervention Groups Anger Management (Court Ordered) Parenting (Court Ordered)* 

#### Domestic Violence Crisis Hot Line

800-851-7601 41943 Big Bear Blvd., Big Bear Lake 92315 Assist w/ restraining orders DV counseling / support groups/children counseling

<u>BLUE JAY</u>

Mountain Counseling and Training Michael Beavers, MS LMFT 27315 North Bay Rd Ste A, Blue Jay 92317 909-336-3330 www.mikebeaversImft.com

CHINO Chino Human Services 13201 Central Ave., Chino, 91710 909-591-9822 Fax: 909-628-409 Men's Batterers' Intervention Groups

#### New Day Institute

11780 Central Ave. Suite #100, Chino, 91710 909-517-2020 Fax: 909-517-2022 Men's & Women's Batterers' Intervention Groups Child Abuse Batterers' Intervention Groups

CRESTLINE

Family Service Agency 23406 Crest Forrest Dr., Crestline 92325 909-338-4689 52 week court ordered domestic violence classes (men only) www.dynamics.bbnow.org

#### <u>COLTON</u>

MHS (Mental Health Systems) Central Valley Regional Center 1076 Santo Antonio Dr., Suite B, Colton 92324 909-33-9824 \*English Only No charge

#### FONTANA

Family Service Agency (English & Spanish) 9161 Sierra Ave., Ste. 212, Fontana, 92335 909-822-3533 Contact: Gwen Nichols, Community Director *Men's Batterers' Intervention Groups* Anger Management

New Day Institute (English & Spanish) 16823 Arrow Blvd., Fontana, 92335 909-355-3888 Fax: 909-355-9966 Contact: Yaser Selim *Men's & Women's Batterers' Intervention Groups* 

#### RAP Comm. Recovery Services 17205 Arrow Blvd., Fontana 92335 909-356-9390 (909) 350-0278 Juveniles only for anger management Sliding scale if necessary

HESPERIA Advanced Counseling & Psychiatric 16279 Walnut St, Hesperia 92345 760-947-0070 \*Spanish available Insurance accepted; self-pay

Behavioral Awareness Center of San Bernardino County 15278 Main St., Suite C, Hesperia 92345 760-947-2600 or 855-282-3300 Self-pay; batterers class available

Hesperia Counseling Center 12052 Hesperia Rd. Suite #6, Hesperia, 92345 760-949-3500 Fax: 760-949-3510 Contact: Robin Folger *Men's & Woman's Batterers' Intervention Groups* 

HIGHLAND Precious Life CES (Children & Educational Services) 27141 E. Baseline St. Highland, 92346 909-863-9335 Men's & Women's Batterers' Intervention

# **Anger Mgmt./Batterers' Treatment**

#### <u>LUCERNE</u>

#### Lucerne Valley Domestic Outreach

32649 Highway 18, Lucerne Valley, 92356 Open: Tue, Wed, & Thurs 760-248-2064 Fax: 760-248-9194 Contact: Elaine Dwire Men's & Woman's Batterers' Intervention Groups Anger Management (Court Ordered) Parenting (Court Ordered) Contact: Dr. Sarah Adams, Director Men's Batterers' Intervention Groups

#### <u>ONTARIO</u>

Bilingual Family Counseling 317 West "F" Street, Ontario 91762 909-986-7111 \*CFS Referrals Only www.bfcsinc.org

#### MHS (Mental Health Systems)

316 East "E" St., Ontario 91764 909-983-4466 No cost \*Spanish available

#### RANCHO CUCAMONGA

Alta Loma Psychological Association 9089 Baseline Rd, Suite #200, Rancho Cucamonga, CA 91760 909-980-3567 Fax: 909-989-3932 Contact: Dr. Steve Wysocki, Director Men's & Woman's Batterers' Intervention Groups Child Abuse Batterers' Intervention Groups

#### Catholic Charities CFS (Children & Family services) office

9518 E 9th St., Rancho Cucamonga 91730 909-945-4663 \*Spanish Available **Haven Psychological** 8253 White Oak Ave., Rancho Cucamonga 91730 909-987-1997 \*Spanish Available Accepts some insurance or self-pay

## Health Group Psychological

8580 Utica Avenue Ste. 200, Rancho Cucamonga 91730 909-944-1717 Insurance accepted except if court ordered/No Medical \*Spanish available

#### Heart2Heart Support Services

8934 Etiwanda Ave., Rancho Cucamonga 91734 909-838-4641 Self-pay; sliding scale \*English only

Martinez Counseling Center 9631 Business Ctr Dr Ste. E Bldg 14, Rancho Cucamonga, 91730 909-466-6939 \*Spanish available

#### Max Life

8401 White Oak Ave. Ste. 104, Rancho Cucamonga 91730 909-618-5433 Self-pay; insurance not accepted \*Call ahead if translator is needed

New Beginnings Sharon Heaston, MFT 9637 Arrow Rte. Bldg. 4 Ste. A Rancho Cucamonga 91730 909-945-8894 Self-pay; sliding scale; English Only

#### **Olive Branch Counseling Center**

9033 Baseline Rd., Suite H Rancho Cucamonga, 91730 909-989-9030 Fax: 909-466-4594 Contact: Ken Olsen Men's Batterers' Intervention Groups Child Abuse Batterers' Intervention Groups

#### <u>REDLANDS</u>

Alternative Choices Together (ACT) Program 1207 W. Cypress Ave. Redlands, CA 92373 866-564-6228 Toll Free Contact: Dr. Sarah Adams, Director Men's Batterers' Intervention Groups

#### <u>RIALTO</u>

**New Day Institute** 712 East Foothill Blvd., Rialto, 92377 909-421-4865 Fax 909-421-4844

## RUNNING SPRINGS

**Dynamics for Victims-Asante** 31220 Hwy 18, Running Springs 92382 909-867-3800 Anger management ,Batterers treatment Child endangerment classes

#### SAN BERNARDINO

Asante Family Agency 1255 E. Highland Ave. Suite #107 San Bernardino, 92404 909-886-3322 Fax: 909-886-3328 Contact: Mary Hickey, Program Coordinator *Men's & Woman's Batterers' Intervention Groups* 

#### Catholic Charities 1441 N. "D" Street, San Bernardino 92405 909-763-4970 \*Spanish Available

Men's & Women's Batterers' Intervention Groups Anger Management (12 & 26 week classes) Contact: Lisa Collins, Program Manager

# Anger Mgmt./Batterers' Treatment

SAN BERNARDINO CONT:

Catholic Charities San Bernardino City Schools FRC 1525 W. Highland Ave., San Bernardino 92411 909-63-4970 www.ccsbriv.org

Family Resource Center 1911 Commerce Ctr. East Ste 101, San Bernardino 92408 909-381-3579 Contact for fees, self-pay, sliding scale DV classes available San Bernardino, 92405 909-886-6737 Fax: 909-881-3871 Contact: Gwen Nichols, Community Director

Family Stress Program (English & Spanish) 225 East Airport Dr. Suite #130, San Bernardino, CA 92408 909-890-4290 Fax: 909-890-3560 Contact: Michael Dyer, Director Men's & Woman's Batterers' Intervention Groups

Inland Behavioral & Health Services 1963 N. "E" Street, San Bernardino 92405 909-881-6146 \*English only Self-pay, sliding scale

Motivation Youth Services 606 E Mill St , San Bernardino 909-354-8854 Self-pay, DV/youth classes, \*Spanish classes available

New Day Institute (English & Spanish) 1600 N. Arrowhead Ave., San Bernardino, CA 92405 909-517-2020 Fax: 909-517-2022

Precious Life CES 1580 N. "D" St, Ste 1, San Bernardino 92405 909-909-889-2703 DV classes for men only

Precious Life CES (Children & Educational Services) 445 S. Arrowhead Ave Ste. C , San Bernardino 92408 909-889-2424 (909) 446-2703 Women only \*Spanish available Self-pay; sliding scale

**Psychological Support Systems (English & Spanish)** 738 S. Waterman Ave., Suite C-49 San Bernardino, CA 92408 909-888-2044 Fax: 909-674-7570

**The Relationship Center** 1849 Commercenter East, Suite B, San Bernardino, CA 92408 Contact: Fred Meares, Director 909-383-7100 Fax: 909-383-7103

<u>SKY FOREST</u> **Rim Family Services** 28545 Highway 18 , Sky Forrest 92385 909-336-1800 Self-pay www.rimfamilyservices.org TWENTY NINE PALMS

USMC Treatment Center (Military Only) P.O. Box 788150 Bldg. #1438 Twenty Nine Palms, CA 92278 Contact: Sandra Fournier Men's Batterers' Intervention Groups &

Lutheran Social Services 70478 Twenty Nine Palms Hwy. Twenty Nine Palms, CA 92277 760 361-2036 Men's & Woman's Batterers' Intervention Groups

New Horizons Counseling 6455 Mesquite Ave # A, Twentynine Palms, CA 92277 760 361-0661 Fax: 760-369-0295 Contact: Thomas Men's & Woman's Batterers' Intervention Groups

UPLAND Inland Valley Drug & Alcohol Center (English & Spanish) aka The Recovery Center 934 N. Mountain Ave., Suite A-B Upland, CA 91786 909-949-4667 Fax: 909-931-3774 Contact: Christy Morris, Coordinator Men's & Women's Batterers' Intervention Groups Anger Management (12 & 26 week classes)

# **Child Abuse Treatment & Parenting**

<u>ADELANTO</u>

Lighthouse Support Services (English & Spanish) 11374 Bartlett Ave. Adelanto, CA 92301 760-530-2226 Fax: 760-530-2259

<u>BIG BEAR LAKE</u> Lutheran Social Services P.O. Box 1927 41945 Big Bear Lake Blvd., CA 92315 909-866-5070 Fax: 909-878-3228 Contact: Eileen Hofer

CHINO New Day Institute (English & Spanish) 11780 Central Ave. Suite #100 Chino, CA 91710 909-517-2020 Fax: 909-517-2022

<u>CRESTLINE</u>

Family Service Agency 23406 Crest Forest Dr. Crestline, CA 92325 909-338-4689 Contact: Gwen Nichols, Community Director

FONTANA New Day Institute (English & Spanish) 16823 Arrow Blvd., Fontana, CA 92335 909-355-3888 Fax: 909-355-9966 Contact: Yaser Selim

#### <u>HESPERIA</u>

Hesperia Counseling Center 12052 Hesperia Rd. Suite #6, Hesperia, CA 92345 760-949-3500 Fax: 760-949-3510 Contact: Robin Folger

Anchor Psychological & Parenting 14465 Main St. Ste 6, Hesperia 92345 760-244-5757 Self-pay \*English only

**Behavioral Awareness Ctnr of San Berndo County** 15278 Main St, Suite C ,Hesperia 92345 760-47-2600

HIGHLAND Precious Life CES (Children & Educational Services) 27141 E. Baseline St., Highland, CA 92346 Ph: 909-863-9335 Contact: Vickie M. Hobson, Program Director

#### <u>ONTARIO</u>

**Bilingual Family Counseling** 317 West "F" Street, Ontario 91762 Ph: 909-986-7111 Referral only through CFS **Catholic Charities** 

904 East California Street, Ontario 91764 909-763-4970 \*Spanish Available

Mental Health Systems Strive Holistic Campus 316 East "E" Street Ontario 91764 909-983-4466 No charge/\*Spanish available

RANCHO CUCAMONGA Alta Loma Psychological Association 9089 Baseline Rd, Suite #200 Rancho Cucamonga, CA 91760 909-980-3567 Fax: 909-989-3932 Contact: Dr. Steve Wysocki, Director

Olive Branch Counseling Center 9033 Baseline Rd., Suite H Rancho Cucamonga, CA 91730 909-989-9030 Fax: 909-466-4594 Contact: Ken Olsen

**New Day Institute** 9375 Archibald Ave., Ste. #313, Rancho Cuc. 91730 909-483-0866 Fax 909-483-0129

REDLANDS

Alternative Choices Together (ACT) Program 1207 W. Cypress Ave. Redlands, CA 92373 866-564-6228 Toll Free Contact: Dr. Sarah Adams, Director

<u>RIALTO</u> **New Day Institute** 712 East Foothill Blvd., Rialto, CA 92377 909-421-4865 Fax 909-421-4844

SAN BERNARDINO A1 Child Visitation and Monitoring 130 South Arrowhead Blvd., San Bernardino 92408 888-557-5856 \*No cost

Asante Family Agency 1255 E. Highland Ave. Suite #107 San Bernardino, CA 92404 909-886-3322 Fax: 909-886-3328 Contact: Mary Hickey, Program Coordinator

# **Child Abuse Treatment & Parenting**

SAN BERNARDINO CONT. . Beverly Clemons, MS Care Counselors 1881 E. Commercenter Dr., San Bernardino 92408 909-255-9709 Self-pay

Catholic Charities 1441 N "D" St., San Bernardino 92405 909-763-4970 \*Spanish available \*Also at: 1525 W. Highland Ave, San Bernardino

Family Services Agency 1669 North "E" St. San Bernardino, CA 92405 909-886-6737 Fax: 909-881-3871 Contact: Gwen Nichols, Community Director

**Family Stress Program (English & Spanish)** 225 East Airport Dr. Suite #130, S B, CA 92408 909-890-4290 Fax: 909-890-3560 Contact: Michael Dyer, Director

Family Resource Center 1911 Commercenter East, Suite #101 San Bernardino, CA 92408 909-381-3579 (office/voice mail/fax) Contact: Dr. Pamela Henderson, Director

New Day Institute (English & Spanish) 1600 N. Arrowhead Ave. San Bernardino, CA 92405 909-517-2020 Fax: 909-517-2022

Precious Life CES (Children & Educational Services) 445 S. Arrowhead Ave., Suite C San Bernardino, CA 92408 909-446-2703 Fax: 909-889-2410 Contact: Vickie M. Hobson, Program Director

**Psychological Support Systems (English & Spanish)** 738 S. Waterman Ave., Suite C-49 San Bernardino, CA 92408 909-888-2044 Fax: 909-674-7570 Contact: Lisa Collins, Program Manager

The Relationship Center 1849 Commercenter East, Suite B, SB , CA 92408 Contact: Fred Meares, Director 909-383-7100 Fax: 909-383-7103

#### **Riverside County**

1777 Atlanta Avenue, Šte G-3 Riverside, CA 92507 Ph: 951-782-4479 or 951-248-0258 Fax 951-782-4491 or 951-782-4929

#### TWENTYNINE PALMS

New Horizons Counseling 6455 Mesquite Ave., Suite A,29 Palms, CA 92277 760-369-0294 Fax: 760-369-0295

Lutheran Social Services 70478 Twenty Nine Palms Hwy., 29 Palms, CA 92277 760 361-2036

#### UPLAND

#### Inland Valley Drug & Alcohol Center

(English & Spanish) aka The Recovery Center 934 N. Mountain Ave., Suite A-B Upland, CA 91786 909-949-4667 Fax: 909-931-3774 Contact: Christy Morris, Coordinator

Reach Out 1126 W. Foothill Blvd, Suite 150, Upland, CA 91786 909-982-8641 Free classes

#### VICTORVILLE

Family Systems Management 14252 St. Andrews Dr., Suite # 1 & 2 Victorville, CA 92392 760-955-7374 Fax: 760-955-9874 Contact: Anthony Guzman

**High Desert Center** 16248 Victor St. Victorville CA 92395 760-243-7151 Self-pay; English only

#### YUCCA VALLEY

**Lutheran Social Services** 63700 Twenty Nine Palms Hwy. Yucca Valley, CA 92252 760-366-1181

#### **New Horizons Counseling**

56020 Santa Fe Trail suite C Yucca Valley, CA 92284 760-369-0294 Fax: 760-369-0295 Contact: Thomas

#### PLEASE NOTE:

The majority of programs listed under the heading of Child Abuse Treatment & Parenting Class offer both services. However, a few may have discontinued offering one or the other since publication of this resource guide.

As of December 2015, the programs listed have stated they meet the legal requirements for court ordered Child Abuse Treatment and are monitored by the San Bernardino Probation Department. *However, you must verify at the time of your enrollment that this information remains true.* 

# **Domestic Violence Assistance**

Does your partner prevent you from seeing family and/or friends?

Does your partner intimidate or threaten you?

Has your partner ever prevented you from leaving the house, getting a job or continuing your education?

Has your partner destroyed things that you care about?

Does your partner constantly criticize you and your abilities?

Has your partner forced you to have sex or engage in sex that makes you feel uncomfortable?

If there is a weapon in your house, has your partner ever threatened to use it against you when he/she is angry?

If you answered YES to any of these questions, you should seek help because you may be in an abusive relationship. The abuse is not going to go away by itself. The violence is going to get worse and more frequent.

It is very important for a person who is going through domestic violence to have an escape plan in case he/she needs to get out of an abusive situation quickly and be prepared for the next step, either to call the police, find a safe place to stay, such as a family/friends house or a shelter.

Some of the steps that you can follow are listed below.

- Move to a room with easy access to an exit. Don't go to the kitchen, bathroom or other areas that are near possible weapons.
- Know the quickest route out of your home. Practice escaping that way.
- Domestic Violence does not just occur in your home.
- Know the quickest route out of your workplace. Practice escaping that way.
- Pack a bag and have it ready. Keep it hidden but make it easy to grab quickly.
- Tell a trusted neighbor about your abuse and ask them to call the police when they hear a disturbance.
- Have a code word to use with your kids, family and friends so they will know to call the police and get you help.
- Know where you are going to go, if you ever have to leave. (See the next page for shelters).
- Use your instincts.
- Collect all important paper work and keep it in a safe location

**Something to remember:** After the last telephone call you make before you leave your house dial your own telephone number and hang up (if your abuser hits redial they will continue to get a busy signal and have no idea who you last spoke with).

# **Domestic Violence Assistance**

Emergency shelters NEVER give out their locations over the telephone. A representative will be available for emergency 24 hours -7 days week.

NATIONAL DOMESTIC VIOLENCE HOTLINE:	800-799-7233
A Better Way (High Desert) (Victor Valley Domestic Violence Hotline)	760-955-8723
Adult and Elder Abuse Hotline	877-565-2020
Child Abuse Hotline all Counties	800-827-8724
Desert Sanctuary/Haley House	800-982-2221
Doves of Big Bear Valley Hotline	800 851-7601
Family Assistance Hotline	760-949-4357
Haley House, Barstow	760-252-3733
House of Ruth Hotline	909-988-5559
High Desert Domestic Violence Program	760-949-4357
Inland Temporary Housing Morongo Basin Unity House	909-796-6381 760-366-9663
Option House	909-381-3471
Pacific Lifeline	909-931-2624
Project Sister	909-626-4357
Shelter from the Storm	800-775-6055
SEXUAL ASSAULT HOT LINES:	

Coachella Valley	760-568-9071
Morongo Basin	760-369-3353
Redlands Sexual Assault Services	909-335-8777
San Bernardino Sexual Assault Services	909-885-8884
Victorville Sexual Assault Services	760-952-0041
Yucaipa	909-790-9374
ADDITIONAL RESOURCES:	
Inland Counties Legal Services	909-884-8615
Legal Aid (9:00 am—12:00 noon)	909-889-7328

Si Ud. es victima de un acto criminal o es un testigo llamado para compadecer ante la Corte Municipan o Superior, el Programa de Asistencia de Victimas y Testigos existe para ayudarlo. Telefono: 909-387-6540

# **Homeless Assistance**

HOPE Homeless Ou	treach	Homeless Cou	rt			
909-983-5783 Referral Assistanc	e	Foothill Family She I 50 I W. Ninth St., Suite D,				
Homeless Program Mental Health Clie 237 W. Mill St. San Bernardino, CA 9 909-388-4133 or 909-38	e <b>nts</b> 2408	A monthly homeless court with a San Bernardino Superior Court Judge presiding that helps home- less individuals resolve traffic tickets, warrants, and misdemeanor offenses (excludes family law cases). Representatives from the Public Defender's and District Attorney's offices are available to represent individuals. <b>Call 909-380-0453 Intake</b>				
Homeless Assistance: A Servant's Heart Outreach	909-520-8846	SHOWERS				
4508 N. Sierra Way, Suite #104 San Bernardino Frazee Community Center	909-889-4424	Desert Manna 209 N. First Ave., Barstow Monday – Friday from 9:00 am – 3:	760-256-9025 00 pm			
I I 40 W. Mill St. San Bernardino		<b>Cross Light Church</b> 1456 N. Grove Ave., Ontario Showers Friday at 9:00 am	909-980-6939			
High Desert Homeless Services Victorville call same day for availab	760-245-5991 vility	Food and clothing Fridays 10:00 am				
Inland Temporary Homes Help for Families with children	909-796-6381	<b>First United Methodist</b> Showers of Blessing Ministry, Redla Saturday Mornings	909-793-2118 Inds			
Mary's Mercy Center 641 Roberds Ave., San Bernardino	909-889-2558	Mary's Mercy Center 641 Roberds Ave., San Bernardino	909-889-2558			
Salvation Army– San Bernardino	909-885-0353	Hygiene items and clean clothing av showering.	ailable prior to			
The Rock Church Homeless Ministry ext 349	909-825-8887	<b>Women's Showers:</b> Monday and Wednesday 8:00am - 1	l:00am			
Veronica's Home of Mercy	909-888-9064	Men's Showers: Tuesday and Thur to 11:30 am	rsday 7:30 am			
The House of Blessing ext #241 9269 Utica Ave. Suite #105 Rancho Cucamonga	909-987-7110	<b>Victor Valley Rescue Mission</b> 16857 C St. Victorville, California, 92395	760-955-5958			
Assistance League of Dental Care Prog		Emergency food, hot meal, clothing Showers Mon & Thur 1:00pm	g.			
Contracted with dentists for basic offered to residents and homeless I lands, Yucaipa, Loma Linda and the s eas.	dental services iving in Red-	<b>YMCA</b> 4020 Jefferson St., Riverside Small fee Tues. & Thurs. 2:00 pm -	951-689-9622 3:00pm			
909-792-3054	ł					

# Shelters

Program Name	Emergency Shelter	Transitional	Motel Vouchers	Meals	Male	Female	Children	Families	DV	Additional Comments
<b>Better Way</b> 760 955-8723 Hotline 760-955-8010 Questions	x					х	x		x	Domestic Violence Shelter
<b>Central City Mission</b> 1354 North G St. San Bernardino, CA 92405 909-381-6921	×	х		х	x					Shelter available Nov I-April 30 Hot meals available year round. Thrift store clothing avail.
<b>Corona/Norco Rescue Mission</b> 420 W. Harrison St. Corona CA 92880 951-278-2215		x				×	x	×		Single woman, single parents, moms & dads, no single males. 24 hours Transitional up to 9 mo.
<b>Desert Manna</b> 209 N. First Ave., Barstow, CA 760 255-9025 Shelter	×			х	x	x	x	x		Single men, women, moms with children. Bus vouchers to travel to verifiable place of residence or employment (up to \$50).
Elohim Independent Living Center 20843 Waalew Rd., Apple Valley, CA 760-242-5416				х	x	х				Caters to those with mental health issues, teaches living skills while providing housing. \$600/mo 3 meals included
<b>Family Assistance</b> 15075 7th St., Victorville, CA 760 843-0701 760 949-4357	×	х				х	x		x	Domestic Violence Shelter Children 18 under must be in school if applicable
<b>Family Services Assoc.</b> 612 Lawton St. Redlands, 92373 909-793-2673		x	x					х		For families participating in FSA Housing Advocacy program only.
Foothill Family Shelter 1501 W. 9th St. Upland, CA 91786 909-920-5568		x		x		x	x			Transitional living application process 120 days max. Must be homeless/have income Must be clean & sober (Test)
Frazee Community Ctr. 1140 W. Mill St. San Bernar- dino, CA 909-889-4424	x			х	x	х	х			Ist come, Ist serve Call before 8am
<b>High Desert Homeless</b> 14049 Amargosa Rd. Victorville, CA 760-245-5991	×	×			x	×	x	×		Must call same day for availability. 55 bed Shelter - 90 days max Breakfast & Dinner Served Hygiene/Clothing/Case Mgmt./ Referrals—24– hour Service

# Shelters

Program Name	Emergency Shelter	Transitional	Motel Vouchers	Meals	Male	Female	Children	Families	DV	Additional Comments
Hope Homeless Outreach 909-489-3211	x				x	x	x	x		Referral Services
Hope Partners 909-622-3806	×	х	х	х	х	х	х	х		<b>90 days max</b> , Case management services.
I-CARE Shelter Home Riverside 951-354-2273	x	х				x	x		×	Single woman or woman with children. Up to I yr stay. Call for interview. \$265 mo per adult & \$50 per child
Inland Temporary Homes 26300 Mission Rd, Loma Linda 909-796-6381	×	х					х	х	x	Couples must be married or mutual parent of at least one child under 18 yrs. ITH helps 25 families per year max. Shelter 90 days max and tran- sitional 24 mo max.
New Beginnings 117 E. Mojave Blvd/ Greenway Dr Big Bear City, CA 92314 760-585-3105						x				Mailing Address: P.O. Box 3236 Big Bear City, CA 92314
<b>New Hope Village</b> 203W. Fredricks Ave. Suite #3 Barstow, CA 92311 760-256-3656		х			x	x	x	x		Call for availability. Men/Women individuals or families. Must be willing to participate in program. Drug testing, sliding scale, no income OK.
<b>Operation Grace</b> 1595 E. Townsend Dr. San Bernardino CA 92408 909-382-8540	x	x				x	x	x		Single women with no children and families. 6 mo max. Call for appt prior
<b>Pacific Lifeline</b> P.O. Box1424 Upland CA 91785 909-931-2624	×	×				×	×		×	Long term shelter for woman <u>with children</u> only. Children up to 12 yrs old.
Path of Life Shelters Family: 2530 Third St., Riverside 951-275-8750 Men or Women w/o children.: 2840 Hulen Pl., Riverside 951-683-4101	×	×			×	×	×	×		Open 4pm to 7:45am daily. 30-60 day stay. 12-24 mo transitional housing available Req. Tox testing and background check.
<b>Rescue Mission</b> Coachella Valley 760-347-3512	×					х	х			8 wk stay with possible extension

# **Shelters**

Program Name	Emergency Shelter	Transitional	Motel Vouchers	Meals	Male	Female	Children	Families	Additional Comments
<b>Salvation Army</b> 1412 S. Euclid Ave. Ontario, CA 91762 909-986-6748	x							х	Emergency food, family shelter 90 days max. Call office after 1pm for space availability. 1 <sup>st</sup> come first serve. Arrive at shelter by 4pm for bed.
<b>Salvation Army</b> 925 W. Tenth St. San Bernardino, CA 92401 909-888-4880	x		x			х	x	х	No single males and no male child over 13 yrs. Call after 1pm for availability, arrive by 4pm for bed.
<b>Samaritan's Helping Hand</b> 15527 Eight St., Victorville 92395 760-243-5933		х	x		x	х	x	х	Emergency services. Rental and utility assistance on a case by case basis.
<b>Set Free Christian Fellowship</b> 16058 Cajon St. Hesperia, CA 92354 760-868-3805 Jeremiah	x				×	x	x		60 day max Single men, single women, women w/children no boys over age 11.
<b>Set Free Ministry</b> 2511 10 <sup>th</sup> St. Riverside, CA 951-682-0960	×			х	х	х	x	х	One night emergency stay and hot meals serves at 8am, 12pm & 4pm
Step 4 Life Community Services Redlands, CA 909-283-4609 Three men's homes Three Women's homes		x			×	x	×		\$400-\$430 mo. Depending on situation and availability
<b>Time for Change</b> 1255 E. Highland Av., San Ber- nardino, CA 909 886-2994 Call for eligibility and location	×	х				x	x		Single woman, woman with children. Shelter - 30 days max Transitional up to 24 mo.
<b>Turrill Transitional Assis- tance Program (TTAP)</b> Also Next Step Recovery 909-475-8600		x			×				Also Sober Living
<b>Veronica's Home of Mercy</b> 1476 W. 6 <sup>th</sup> St. San Bernardino CA 92411 909-888-9064	x	х				х	x		Pregnant and parenting woman. Also, women trying to regain custody. Domestic Violence

Program Name	Sober Living	In-Patient	<b>Out-Patient</b>	Male	Female	Co-ed	Children	Cost	City
Avenues 1666 Vejar Ave. Pomona, CA 91766 909-622-6060	x			x				\$400 shared	Pomona
Carolee's Sober Living 10581 Roxbury Ave. Bloomington, CA 92316 951-764-1380 cell 909-877-3874 home	×				×			\$400 shared	Bloomington
Cedar House (Men) 18612 Santa Ana Ave. Bloomington, CA 92316 909-421-7120		х	x	×				Sliding scale, Private pay or County funds may be available.	Bloomington
Cedar House (Maple House) (Women w/ children) 1088 Maple Ave. Bloomington, CA 92316 909-421-7120		x	×		×		x	Sliding scale, Private pay or County funds may be available Woman with children only.	Bloomington
Drug Alternative 11868 Arliss Dr. Grand Terrace, CA 92313 909-877-1870	x	x		x				12-18 month program Rates vary, call for info	Grand Terrace
Fontana Ranch 17776 Citron AV Fontana, CA 92335 909-936-3212	x		x	x				\$450 shared	Fontana
Gabriel's House 909-335-9530 909-910-8422	×					x		\$335 share	Yucca Valley

Sober living homes provide safe and supportive residential environments for people recovering from alcoholism and drug addiction. Sober living has been proven to dramatically improve recovery outcomes. Providers on the Network referral list can be found almost everywhere in Southern California. Sober living homes do not provide treatment or counseling services for which a treatment facility license is required, as defined in California law. Call **800-799-2084** to find homes in Los Angeles, Orange, Riverside, San Bernardino and San Diego Counties. Hours 9:00 am to 7:00 pm. Or ww.soberhousing.net

Program Name	Sober Living	In-Patient	Out-Patient	Male	Female	Co-ed	Children	Cost	City
Gibson House for Men 1100 North "D" St. San Bernardino, CA 92410 909-884-0840	8	x	t	×				Rates vary, call for info	San Bernardino
Gibson House for Women 1135 & 1139 North "D" St. San Bernardino, CA 92410 909-888-6956		×			x			Rates vary, call for info	San Bernardino
Got Recovery Inc 3475 Mulberry St. Riverside, CA 92501 951-328-8778	×			×				\$425 mo + \$25 first month processing fee	Riverside
Hacienda Program 1040 Tepee Lane Perris, CA 92570 951-657-3041 call once released Housing for 80 men		x		x				Faith Based Program No charge includes meals, and hygiene	Perris must write for acceptance
Harris House 909-888-6956 women 907 W. Rialto Ave 909-888-6956	x				x			Rates vary, call for info	San Bernardino
His House 23950 Prado Lane Colton, CA 92324 909-981-6121 9/13	x			x				\$500 shared	Colton
His House 239 W. 9th St. Upland, CA 91786 877-264-9942 TOLL FREE	x	x		x				\$500 shared	Upland
Home Life 760-684-5454 13653 Gemini St. Victorville, CA 92392	×			×	49			\$400	Victorville

Program Name	Sober Living	In-Patient	<b>Out-Patient</b>	Male	Female	Co-ed	Children	Cost	City
Hope Homes www.hopehomes.us 909-864-0644 office 18985-18999 Cajon Blvd. San Bernardino, CA 92407	x			x		x		\$425 - \$675	Devore & San Bernardino
House of Angels 909-883-6002 3664 North E. St. Collect calls accepted San Bernardino, CA 92405	x				x		x	\$400 (single) \$450 (with child)	San Bernardino
House of Faith/House of Hope 760-246-5835 PO Box 1141	x	x		x				\$450 Sober Living call one month ahead & Residential treat- ment is available.	Adelanto
House of Hope House of Faith 14335 Duke Ct Adelanto, CA 92301	x			x				Rates Vary	Adelanto
Inland Valley Recovery 909-932-1069 Several Sites 909 996-1871	х	х	x	х	х		х	Sober Living \$16 per day Residential \$3,750 (30 days)	Upland/ Ontario & San Bernardino
Jubilee House for Men 951-776-1581 33422 Lime St. Riverside, CA 92501	x			х				\$400 shared	Riverside
Let's Be Clean 909-889-4597 1356 N Arrowhead Ave. San Bernardino, CA 92405	x	х		х	х	х		\$350 shared	San Bernardino
Living Word Harvest Ctr. 909-613-1495 5151 "F" St. Chino, CA 91710 9/13	x	×		×				Residents sell candy to cover living expenses. 9 mos.—1 year	Chino

Program Name	Sober Living	In-Patient	Out-Patient	Male	Female	Co-ed	Children	Cost	City
Living Word Harvest Ctr. 951-347-9396 3940 Fifth St. Riverside, CA 925019/13	x	x			x			Residents sell candy to cover living expenses. 9 mos.—1 year	Chino
Maggie's Haven 909-873-4618 1365 West Grove St. Rialto, CA 92376	x				x			\$400	Rialto
Mambo House 909-534-1148 1241 Lee St. Loma Linda, CA 92354	x	x		х				\$450 + \$175 intake fee	Loma Linda
Metcalf Recovery Ranch 760-922-8625 9826 18th Ave. Blyth, CA 92225		x	×	×				45-60 day Residential program rates vary, call for fees.	Blythe
MFI 951-683-6596 local 800-923-5634 toll free Several location throughout Riverside County Outpatient - Riverside		x	×	x	×		x	Intended for Riverside resident s. Other counties rate: private pay & insurance only.	Residential sites in Murrieta, San Jacinto & Banning
New Start Living for Men 626-786-7973 229 North "K" St. San Bernardino, CA 92410	x			х				\$350 shared rooms	San Bernardino
New House Administration 909-881-0390 or 909-881-0389 2130 North Arrowhead Ave., Ste. #112 San Bernardino, CA 92405		x		х	x		х	Residential rates vary approx., \$1800 or sliding fee.	San Bernardino
Onyx House 909-520-7578 2256 N State St (Men Only) 24254 Barton Loma Linda	x			х	х			\$400 Shared	San Bernardino/ Loma Linda

	Sober Living	In-Patient	<b>Out-Patient</b>	Male	Female	Co-ed	Children		
Program Name	ing	nt	ent		Ū,		n	Cost	City
Pine Ridge Treatment 909-867-7027 2727 Highland Dr. Running Springs, CA 92382		×		×				SASCA funded beds Must be on Parole	Running Springs
Prototypes Women Center 909-624-1233 837, 845 East Arrow Hwy. Pomona, CA 91767 9/13 For those struggling with mental health and substance abuse issues may call 909-398-4383		×	x		×		×	Residential 9-18 mo Inpatient and Outpatient facilities Gov Funding & Sliding fee scale	Pomona
Rialto House 921 Rialto San Bernardino 909-885-8804	×			×				Rates Vary call for info	San Bernardino
Salvation Army Adult Rehabilitation Center 909-889-9605		x		x				Work Therapy	San Bernardino
Salvation Army Residential Facility 951-940-5790 24201 Orange Ave, Perris, CA 92570		x		x				Work Therapy	Perris
Serenity Castle Ranch 951-378-4245 18654 Cajon Blvd. San Bernardino, CA 92407	x			x				\$400	Devore Area 12 Step Based
St. John of God (Alpha Re- hab) 760-241-4917 13333 Palmdale Rd. Victorville, CA 92392	х	x	x	x	x	×	x	\$450 per month ( with county asst.) or \$2,750 private pay	Victorville
Temple House Sober Livings 909-725-7540 568 Temple Lane Big Bear Lake, CA 92315	х				x			Starts at \$350 Or \$100 per week	Big Bear

Program Name	Sober Living	In-Patient	Out-Patient	Male	Female	Co-ed	Children	Cost	City
The Cottages 909-725-7540 528 Cottage Lane (Men) Big Bear Lake, CA 92315	×			×				\$350 Or \$100 per week	Big Bear Lake
Teen Challenge of So Cal 5445 Chicago Ave Riverside, CA 92507 951-683-4847 Write for information.		×		×	×			Faith based one year program men & women 18+	Riverside
Time for Change Foundation 909-886-2994	×				x		x	No cost, children up to 5 yrs	San Bernardino
True Vines Men's Home 909-884-7087 1550 North "E" St. San Bernardino, CA 92405	×	×	×	×				\$350 shared room	San Bernardino
Victory Outreach Church San Bernardino, CA 92412 909-884-1921 760-245-0042		×		×	×			No fee	San Bernardino
Walter Hoving Home 626-405-0950 (accepts collect calls) 127 South El Molina Ave. Pasadena, CA 91101	×	x			×		Visit	\$500 per month (paid through spon- sorship)	Pasadena
Winner's Circle 6593 Merito Ave. San Bernardino, CA 92404 951-538-3247	x		×	x				\$450 shared \$550 single	San Bernardino

# **Public Housing**

# Assistance with low cost housing throughout San Bernardino County.

Hours: 9am-4pm Monday-Friday (most offices are closed every other Friday call for information)

Adelanto, Apple Valley, Hesperia and Victorville areas: 15465 Seneca Rd.,Victorville 760-243-1043

Barstow area: 421 South 7th St., Barstow 760-256-8814

**Bloomington, Colton, Fontana, Rialto areas:** 772 Pine St., Colton 909-824-8277

Chino, Montclair, Ontario, and Rancho Cucamonga areas: 13088 Monte Vista Ave., Chino 909-628-3413

Ontario area: 424 N. Lemon Ave., Ontario 909-983-1318

Redlands, Highland, Yucaipa and Loma Linda areas: 131 East Lugonia Ave., Redlands 909-890-5320

San Bernardino area: 672 N.Waterman Ave., San Bernardino 909-890-9533

Maplewood Homes Office 1738 West 9th St., San Bernardino 909-890-5350

Waterman Gardens Office 425 Crestview Ave., San Bernardino 909-885-1593

<u>Please note</u>: the Housing Authority is not funded for emergency housing. Individuals requiring immediate assistance may wish to contact the homeless and emergency resources provided on page 45.

### Affordable Housing Resources

Habitat for Humanity International Inc. P.O. Box 1550 Redlands, CA92373 909-307-2362

Inland Fair Housing Mediation Board 909-984-2254

> North Town Las Casitas Inc. 8599 Haven Ave. Ste. #206 Rancho Cucamonga, CA 91730 909-980-0465

#### Southern California Housing Development Corp

9065 Haven Ave. Ste. #100 Rancho Cucamonga, CA 91730 909-483-2444

## HUD approved Housing Counseling

Providing assistance with the following: Financial Management, Budget Counseling, and Mortgage Counseling. Charge for some services.

Clearpoint Financial Solutions Inc. 242 E. Airport Rd. Ste. #107 San Bernardino, CA 92408 800-750-2227

Neighborhood Housing Services of the Inland Empire Inc. 4361 Latham St., Riverside, CA 92501

951-530-1790

#### Neighborhood Partnership Housing Services Inc. 320 West "G" St. Ste. #103

Ontario, CA 91762 800-761-6747

Housing Opportunities Group Inc. 863 N 10th Ave., Upland, CA 91786 909-949-0159

#### Nid-hca Inland Empire 2050 N. Mount Vernon Ave.

San Bernardino, CA 92411 909-887-8700

# Low Cost Housing Resources

#### **Adobe Villas Apartments**

73747 Raymond Way Twentynine Palms, CA 92277 760-367-2966 I to 3 Bedroom Units

#### **Alpine Woods**

430 W. Alpine St. Upland, CA 91786 909-982-8454 I and 2 Bedroom Units

#### Arbor Park Apartments

895 N. Mountain Ave.
Upland, CA 91786
909-985-7368
I and 2 Bedroom Units

#### **Ascot Park Apartments**

1422 East 9th St. San Bernardino, CA 92410 909-884-5575 2 Bedroom Units

#### **Ceres Avenue Apartments**

16254 Ceres Ave. Fontana, CA 92335 909-350-4222 1 and 2 Bedroom Units

#### **Citrus Grove**

8845 Citrus Ave. Fontana, CA 92335 909-889-8417 3 and 4 Bedroom Units

#### **Foothill Villas**

2631 W. 2nd. St. San Bernardino, CA 92410 909-888-0131 I to 3 Bedroom Units

#### Hillcrest Apartments

8015 Citrus Ave. Fontana, CA 92335 909-822-6666 I and 2 Bedroom Units

#### Lilly Hill Apartments 1001 Lilly Hill Dr. Needles, CA 92363 760-326-2433 1 to 3 Bedroom Units

#### Little Zion Manor

2000 Jubilee Ct. San Bernardino, CA 92411 909-880-1858 I to 3 Bedroom Units

## Marygold Gardens Apartments

I7215 Marygold Ave. Fontana, CA 92335 909-822-8046 I to 3 Bedroom Units

#### Meadowbrook Park and

Tower Apartments 191 West 2nd St. San Bernardino, CA 92408 909-889-6319 1 to 3 Bedroom Units

#### New West I

18167 Mindanao St. Bloomington, CA 92316 213-252-5997 Mgt Co. 3 Bedroom Units

#### New West II

10656 Maple St. Bloomington, CA 92316 213-252-5997 Mgt Co. 3 Bedroom Units

#### Northside Commons

I 6733 Sunhill Dr. Victorville, CA 92392 760-843-1800 I to 4 Bedroom Units

## Northwoods Apartments

1662 W. Arrow Rte.
Upland, CA 91786
909-946-0169
I and 2 Bedroom Units

#### Nhdc Apartments Inc.

Extensive listings throughout the Rancho Cucamonga area. Call for referrals. 909-483-2444

# Low Cost Housing Resources Cont.

#### **Ontario Townhouses**

1360 E. "D" St. Ontario, CA 91764 909-986-5357 2 and 3 Bedroom Units

#### San Bernardino Village Green

2122 West Chestnut St. San Bernardino, CA 92410 909-888-3001 2 and 3 Bedroom Units

Sherwood Villa 14900 Arlette Dr. Victorville, CA 92394 760-243-7713 1 and 2 Bedroom Units

#### **Sterling Village**

7630 Sterling Ave. San Bernardino, CA 92410 909-381–3968 I to 3 Bedroom Units

#### Sun West Villas

6947 Mohawk Trail Yucca Valley, CA 92284 760-365-3453 2 and 3 Bedroom Units

#### The Twentynine Palms

5862 Bagely Ave. Twentynine Palms, CA 92277 760-367-3543 I to 3 Bedroom Units

#### The Village at Victorville

16711 Chalon Rd. Victorville, CA 92392 760-955-1800 I to 3 Bedroom Units

#### Valencia Woods Apartments

I6311 Valencia Ave.Fontana, CA 92355909-427-9430I and 2 Bedroom Units

#### Virginia Terrace

615 E. Virginia Way Barstow, CA 92311 760-256-0341 I to 3 Bedroom Units

Vista Park Chino 5819 Riverside Dr. Chino, CA 91710 909-591-4212 2 and 3 Bedroom Units

#### Willow Village

I 150 N. Willow Ave.
Rialto, CA 92376
909-874-3430
2 and 3 Bedroom Units

#### Woodhaven Manor

6230 Haven Ave. R. Cucamonga,91701 909-980-3106 2 and 3 Bedroom Units

## Inland Fair Housing & Mediation Board

909-984-2254 or 800-321-0911

# **Utility Assistance**

Home Energy Assistance Program (HEAP) is provided in the form of a credit on you utility bill for gas, electric, wood or propane. No cash or checks are ever distributed to clients directly. Credits are paid out directly to the utility companies, or wood and propane vendors. There are three ways by which you may obtain assistance:

**Energy Crisis Intervention Program (ECIP)** provides assistance to low-income households that are in a crisis situation. Examples include a household that has <u>received a 24 or 48-hour disconnect notice</u> or service termination by their utility company or an energy-related crisis of life-threatening emergency exists in the applicant's household.

**For Emergency Utility Assistance** you must have a disconnected and final call notices on utility accounts. *Clients must:* 

- Call HEAP Direct Appointment Lines 909-723-1680 or 909-723-1681 to schedule an appointment Monday-Friday between 8:00 am and 4:45 pm. Clients are no longer taken on a walk-in basis.
- Attend one of the scheduled Energy Education Workshops available on Tuesdays, Wednesdays, or Thursdays at 8:00 am or 1:00 pm. Be early and prepared with all required documents. Call the workshop number at 909-723-1500, and select option 2, then option 2 again for requirements.

#### Non Emergency Utility Assistance

Clients without a disconnect notice, may apply for an annual HEAP credit by contacting HEAP to receive an application packet by mail to be returned to us completely filled out. You may also download the required forms from the website listed below and mail them back to HEAP. It takes six to eight weeks once the application is approved for the credit to be applied to your specified utility bill.

#### Wood and Propane

Clients may apply for Wood or Propane assistance by contacting HEAP to receive an application packet by mail to be returned to completely filled out. You may also download the required forms from the website listed below and mail them back to HEAP. It takes four to six weeks once the application is approved for the credit to be applied to your specified vendor.

> For more information, contact us: EEES HEAP 909-723-1620 ~ Fax 909-723-1609 Monday- Friday 8:00 am to 5:00 pm

Mail all documentation to: ATTN: HEAP PROGRAM 696 S. Tippecanoe Ave. San Bernardino, CA 92415-0610

www.co.san-bernardino.ca.us/capsbc/eeesheap.html

## San Bernardino County Public Library

## Literacy Programs

Free confidential adult basic literacy assistance provided by trained volunteers. Free children's books for qualifying families. English improvement and General Education (GED) instruction.

Apple Valley	760-240-7739
Barstow	760-256-4847
Big Bear	909-866-5571
Chino	909-465-5239
Chino Hills	909-590-5380
Fontana	909-574-4500
Highland	909-425-4700
Loma Linda	909-790-3147
Mentone	909-790-3147
Ontario	909-391-5365
Rancho Cucamonga	909-477-2720
San Bernardino	909-381-8205
Yucaipa	909-790-3146

## English as a Second Language (ESL) Assistance

Asian American Resource Center 909-383-0164

> San Bernardino City 909-381-8205

San Bernardino County Superintendent of Schools 909-386-2404

> Redlands Adult Education 909-748-6930

California Department of Education Sacramento, CA 95814 916-319-0800

# **Education Resources**

## San Bernardino County Regional Occupational Program

Administration: 1535 W. Highland Ave., San Bernardino, CA 92411 909-887-4487

#### www.rop.cc www.cryop.org www.baldyviewrop.com

Regional Occupational Programs provide quality, hands-on career training programs in over 40 high-demand career fields. Adults who are entering or re-entering the workforce, or those wishing to change careers or upgrade their current job skills may benefit from ROP courses. Support services are provided in the form of career guidance and special services for individuals with disabilities.

Districts served: Apple Valley, Baker Valley, Barstow, Bear Valley, Fontana, Hesperia, Lucerne Valley, Morongo, Needles, Rialto, Rim of the World, San Bernardino City, Silver Valley, Snowline, Trona and Victory Valley.

San Bernardino ROP	909-252-4550
CRYROP	909-793-3115
Baldy View ROP	909-947-3400

Throughout San Bernardino County Colton, Redlands, Yucaipa Chaffey, Chino Valley, Claremont, Upland

## Higher Education - Public Schools

## **Barstow Community College**

2700 Barstow Rd. Barstow, CA 92311 760-252-2411 <u>www.barstow.edu</u>

#### Cal State University, San Bernardino

5500 University Pkwy. San Bernardino, CA 92407 909-537-5000 <u>www.csusb.edu</u>

## Chaffey Community College

5885 Haven Ave. Rancho Cucamonga, CA 91737-3002 909-987-1737 www.chaffey.edu

#### Copper Mountain College

6162 Rotary Way Joshua Tree, CA 92252 760-366-3791 <u>www.cmccd.edu</u>

### **Crafton Hills College**

1171 Sand Canyon Rd. Yucaipa, CA 92399 909-794-2161 www.craftonhills.edu

#### **Riverside City College**

4800 Magnolia Ave. Riverside, CA 92506-1299 951-222-8000 www.rcc.edu

#### San Bernardino Valley College

701 S. Mount Vernon Ave. San Bernardino, CA 92410 909-384-4400 www.valleycollege.edu

## Victor Valley Community College

18422 Bear Valley Rd. Victorville, CA 92392-5849 760-245-4271 <u>www.vv.edu</u>

# **GED Testing Centers**

## Millions of Americans each year make the decision to drop out of High School only to find their career is limited to low paying remedial tasks. <u>DON'T LET THAT BE YOU!</u>

General Educational Development (or GED) tests are a group of five subject tests which, when passed, certify that the taker has high school level academic skills. The GED is also referred to as a General Education Diploma, General Equivalency Diploma, or Graduate Equivalency Degree

Each site charges a fee to take the examination. Up-to-date information regarding current testing costs and policies may be obtained by contacting the specific testing center, fee's average \$150.<sup>00</sup> dollars.

Chaffey Adult School 1802 East 7th St. Ontario, CA 91764 909-391-5365

Chino Valley Adult School 12970 Third St. Chino, CA 91710 909-627-9613

Copper Mountain College 6162 Rotary Way Joshua Tree, CA 92252 760-366-3791 ext. 289

Fontana Adult School 9453 Citrus Ave. Fontana, CA 92335 909-357-5490

Hesperia Adult School 16527 Lemon St. Hesperia, CA. 92345 760-244-1771 Redlands Adult School 820 W. Stuart Ave. Redlands, CA 92374-1508 909-748-6930

Rialto Adult School 266 West Randall Ave. Rialto, CA 92376 909-879-6010 x2963

Riverside ROP 1214 Indiana Ct. Riverside, CA 92374 909-793-3115

San Bernardino Adult School 1200 North "E" St. San Bernardino, CA 92405 909-388-6000

Yucaipa Adult School 35948 Susan St. Yucaipa, CA 92399 909-790-8580

## GED TEST RESULTS

(800) 626-9433 Online at: www.GED.com

# **Education/Employment Resources**

## Apprenticeships California's Best Kept Secret

Apprenticeship training is for women and men who earn while they learn through a planned, supervised on-the-job work combined with related classroom instruction. Apprenticeships are not for everyone. To be successful, the individual must have perseverance, ambition, and initiative. Like a college education, the successful completion of an apprenticeship does not come easily. You must be willing and able to get up early, take direction from journeypersons, follow precise safety standards and attend classes at night. But at the end of their apprenticeship they get a journeyperson's card that is proof of their skill and experience for when they look for work. Not to mention the salary and benefits that go with it.

## Following is just a sample of the many apprentice opportunities available.

Acoustical Installer 657-571-0449	Auto Glass Glazier 714-894-4094	Barber 909-388-6000 760-212-1996	Bricklayer 626-573-0032	Carpenter 909-824-9033	Cement Mason 626-856-5750	Drywall Finisher 323-727-2811
Electrician 909-890-1703	Fastener Tech- nician 562-404-4295	Heating/Air Conditioning 714-779-3199	Machine Tech- nician 562-404-4295	Moldmaker 562-404-4295	Marble Finisher 626-329-0850	Painter 714-258-8370
Pavement Striper 951-248-4341	Plasterer 909-631-0963	Plummer 909-825-0359	Roofer/Sealer 909-469-9847	Sheet Metal Worker 714-779-3199	Surveyors 800-409-1800	Tile Setter 800-409-1800 626-571-0273

## Steps an applicant should take

- Select an occupation for which you have an aptitude or some previous experience and the physical ability to perform. View the complete list of apprenticeships online at the **www.dir.ca.gov** website.
- Find out if you meet the minimum qualification for that occupation.
- Decide whether you can work under the required job conditions, some of which may be hazardous, dirty, uncomfortable or otherwise unpleasant.
- Apply for the apprenticeship either directly to an employer in the occupations, the union, or the California Employment Development Department.
- Take an aptitude or other tests where required.
- If the apprenticeship committee has a waiting list of applicants, determine whether or not you are sufficiently interested in the occupation to wait for an opening, or whether you should seek other employment.
- Some apprenticeship committees have applicants find their own employment with a firm which participates in the apprenticeship program.

# **Employment/Training Tools**

## Workforce Development Department

www.sbcounty.gov/csb.win

Glen Helen Rehabilitation Center Specializing in Employment Resources and Bonding for Released Ex-Offenders Call <u>909-473-2625</u> for appointment

California Relay Services 711 (for TTY users)

Victorville 17310 Bear Valley Rd., Suite # 109 Victorville, CA 92395 760-552-6550

Rancho Cucamonga 9650 9th St. Rancho Cucamonga, CA 91730 909-941-6500

**San Bernardino** 658 East Briar Dr., Suite #100 San Bernardino, CA 92408 **909-382-0440** Hours: Mon - Fri 8:00 am-5:00 pm

Available services may include:

Skill assessments, job search, and job placement assistance. Training opportunities for eligible individuals. Computers, printers, phones, and fax machine available for job seeking.

S.H.A.R.E, Inc. Inland Empire 909-890-0999 www.shareinlandempire.org/

# EDD Bonding Program

www.bonds4jobs.com/highlights.html

## How is Fidelity Bonding Beneficial for Job Placement?

Employers view ex-offenders and other at-risk job seekers as potentially untrustworthy workers. Insurance companies will not cover risky iob applicants under most circumstances. Anvone who has ever "committed a fraudulent or dishonest act" is deemed NOT BONDABLE and causes the job seeker to be routinely denied employment opportunities. However, Fidelity Bonding service at no cost to employers, employees, and job seekers protects employers against possible theft and dishonest or fraudulent acts, and help alleviate employers' concerns in hiring ex-offenders and at-risk job applicants. This program is funded and administered by the Employment Development Department (EDD) in partnership with the U.S. Department of Labor, Employment and Training Administration.

## State Bonding Coordinator

CA Employment Development Dept 800 Capitol Mall MIC-50 Sacramento, CA 95814 916-654-7799 916-657-0055 fax susan.felt@edd.ca.gov

## **One Stop Career Centers**

600 N. Arrowhead Ave., Suite #300 , San Bernardino, CA 92401 Call 909-888-7881 or TDD/TTY 1-800-735-2922

The San Bernardino Employment and Training Agency (SBETA) is a One-Stop Career Center

## Hours: Mon-Thu 8:00 am-5:00 pm, and Fri 8:00 am - 4:00 pm

# **Temporary Employment Resources**

## AppleOne (2)

Specializing in office employment. 165 West Hospitality Ln., Suite #23 San Bernardino, CA 92415 909-884-6351

12759 Foothill Blvd., Suite B Rancho Cucamonga, CA 91730 909-899-6006

## Benchmark

3633 Inland Empire Blvd. ,Suite #955 Ontario, CA 91764 909-942-5800

## **Best Temporary Services**

1410 3rd St., Suite 1 Riverside, CA 92507 951-369-1111

## **Employment Solutions (2)**

10321 Magnolia Ave. Riverside, CA 951-687-450

12799 Foothill Blvd., Suite D Rancho Cucamonga, CA 91730 909-646-7390

## **Express Employment Professionals**

7890 Haven Ave., Suite #18 Ontario, CA 91764 909-484-4366

## **Helpmates Staffing Services**

9267 Haven Ave., Suite.#170 Rancho Cucamonga, CA 909-484-2688

## Labor Ready Inc. (3)

913 W. Foothill Blvd. Rialto, CA 909-875-9196

> 14344 Main St. Hesperia, CA 760-948-4226

200 E. Highland Ave. San Bernardino, CA 909-881-2353

## Manpower Temporary Staffing (2)

998 North "D" St. San Bernardino, CA 909-885-3461

14270 7th St., Suite #7 Victorville, CA 760-245-8221

## **Office Team**

3403 10th St., Suite #310 Riverside, CA 92501 951-779-9081

## **Reliable Resources Inc.**

1280 E. Cooley Dr. Colton, CA 92324 909-430-0946

## **Tempo Temporary Service**

15000 7th St., Suite #101 Victorville, CA 760-245-6548

As of January 2016 the following companies have stated they welcome applications from all individuals.

# **Disability Resources**

## **Social Security Disability Benefits**

Apply online at: www.ssa.gov or call the toll-free number 800-772-1213 M-F 7am-7pm to make an appointment or visit your local SSA office.

605 N. Arrowhead Ave , San Bernardino 10668 Sierra Way, Fontana 1100 E. Holt Blvd, Ontario

## State Disability Insurance/SDI

Employment Development Department 800-480-3237

## Family Resource Network

Parent support for families with children who are disable 0-3 year of age. 800-974-5553

## **Disabled Student Services**

Special Education Local Plan Area (SELPA)

The goal of SELPA is to coordinate services to member districts so that students with disabilities have equal education opportunities in the most

effective, efficient and cost effective manner practical.

Desert/Mountain SELPA 760-242-6336

East Valley SELPA 909-777-0835

Fontana Unified School District SELPA 909-357-5000

Morongo Unified School District SELPA 760-367-9191

San Bernardino City Unified School Dist. SELPA 909-880-6863

West End SELPA 909-481-4547 x 255

## HICAP offers Free Medicare Counseling throughout California

#### 800-434-0222

HICAP = Health Insurance Counseling & Advocacy Program

#### Rolling Start—Population served: Individuals with spinal cord injury.

Core services include: Personal Assistant Referral, Housing Information, Systems and Individual Advocacy, Peer Counseling, Information and Referral, and Independent



Living Skills Training. Recently Assistive Technology Services has also been added as a very important component to assist persons with disabilities in becoming or remaining independent in their home, community and in the workplace.

> 570 West 4th St., Suite #107 San Bernardino, CA 92401

Phone:909-884-2129Fax:909-386-7446TTY:909-884-7396

15400 Cholame Rd., Suite B Victorville, CA 92392 Phone: 760-843-7959

## **Assistive Technology Services**

570 West 4th St., Suite #107 San Bernardino, CA 92401

> Ph: 909-884-2129 Fax: 909-386-7446 TTY: 909-884-7396

The office hours are 8am-5pm Monday - Friday (Closed for lunch 12pm -1pm).

# **California Voters Rights**

## AM I ELIGIBLE TO VOTE?

Many inmates are not aware of the fact that they may be eligible to register and vote in California elections.

There are issues on the election ballot that may affect inmates and their families. Inmates are encouraged to exercise their voting rights to express opinions on those issues.

Contrary to popular belief, persons who have been convicted of a felony in California may be eligible to register and



vote after they have served their sentence and are no longer on probation or parole.

For more information Call Toll Free: 1-800-881-VOTE (8683) or on-line at: <u>www.ss.ca.gov/elections</u>

## VOTER REGISTRATION REQUIREMENTS

If you are an inmate in a San Bernardino County Jail and want to register to vote, you must meet the following requirements.

Section 12/510.0 Inmate Voting Eligibility-An Incarcerated inmate may vote in local, state, and federal elections if:

- He is at least 18 years old at the time of the election;
- He is not serving time for a felony conviction;
- He is not on parole;
- He is a citizen of the United States.

Pre-sentenced detainees accused of a felony or misdemeanor may have the right to vote. The Registrar-Recorder will make the final determination regarding an inmate's right to vote.

Inmate Voting Guides, registration forms, and ballots are available at the San Bernardino County Registrar of Voters. Inmates are encouraged to contact the Registrar of Voters office directly for election information 909-387-8300.

# Veteran's Affairs

San Bernardino County is home to 250,000 veterans, dependents and survivors. We are grateful for the sacrifices made by our veterans and their families in defense of our freedom. Professional veterans' advocates are available to help veterans and their families obtain benefits from federal/state and local agencies.

San Bernardino County Veterans Affairs 175 West 5th St., 2nd floor San Bernardino, CA 92415	909-387-5516 Toll free   866-472- 8387 <u>www.sbcounty.gov/va</u>
Services also available in Barstow, Chino, Ft. Irwin, Hesperia, Lo and Yucca Valley. Call the San Bernardino location to verify day/ ellite offices.	
Cal-Vet Home Loan Information	866-472-8387
California Dept. of Veterans Affairs www.cdva.ca.gov	800-952-5626
Inland Empire Veterans Stand Down Assistance	909-888-7454
U.S. Department of Veterans Affairs www.va.gov	900-827-1000
National Personnel Records Center (for military records www.archives.gov/veterans/military-service-records	
VA Life Insurance Center www.insurance.va.gov	800-669-8477
VA Medical Center, Loma Linda www.lom.med.va.gov	909-825-7084
Veterans Home of California, Barstow	800-746-0606

## VA Homeless Veteran/VA Justice Outreach Program.(For Incarcerated Veterans)



VA Loma Linda Healthcare System 11201 Benton St. Loma Linda, CA 92357 www.lom.med.va.gov

Veterans Justice Outreach Specialist 909-825-7084 ext 5669

## San Bernardino County Offices Quick Reference Guide

AIDS Hotline	800-232-4636
Aging and Adult Services	909-891-3900
Alcohol and Drug Prevention	909-387-6280
Animal Control	800-472-5609
Arrowhead Regional Medical Center	909-580-1000
Assessor/Tax Collector	909-387-8308
Behavioral Health	909-421-9340
Birth/Death Certificates	909-387-8314
Bus Schedules Omnitrans Hotline	800-966-6428
California Children's Services Medical	909-387-8400
Children's Network	909-383-9677
Code Enforcement	909-387-8311
Community Action Partnership	909-723-1500
Coroner's Office	909-387-2978
Crisis Hot Line	909-886-6737
Department of Children's Services	800-827-8724
District Attorney	909-387-8309
Elder Abuse Hotline	877-565-2020
First 5 Program	909-386-7706
Foster and Adoption Services	800-722-4477
Housing Authority	909-890-0644
Immunizations	800-722-4794
In-Home Supportive Services	877-800-4544
Kaiser for Kids (Children's Health Plan)	800-255-5053
Libraries (San Bernardino County)	909-387-5720
Literacy Hotline	909-387-5730
Maternal Health	800-227-3034
Marriage Licenses	909-387-8334
Medi-Cal (Phone Support Mon-Fri 8-5)	800-541-5555
Medicare Health Insurance Counseling	800-434-0222
New Day Institute Court approved Treatment & Counseling	909-517-2020
Poison Control Hotline	800-222-1222
Preschool Services	909-383-2000
Probation	909-387-5841
Psychiatric Crisis Mobile Response Morongo Basin	760-365-6558
Psychiatric Crisis Mobile Response San Bernardino	909-458-9628
Public Defender	909-387-8373
Public Health	800-782-4264
Public Health TTY	909-387-6359
Senior Information & Assistance	800-510-2020
Superior Courts	909-387-6500
TB Testing	909-383-3287
Transitional Assistance (Welfare)	909-388-0245
Veteran's Affairs	909-387-5516
Workforce Development	800-451-JOBS



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