

#### **USTD 200 Sophomore Success**

Learn to maximize use of university resources, and facilitate graduation. Explores the subject matter of university success and overcoming the challenges of career and life decision adjustments.



#### **Purpose**

The purpose of USTD-200 is to retain students who are at a high risk of being dismissed. USTD-200 is used as a proactive intervention prior to academic dismissal.

- 2 units
- Graded ABC/No Credit
  - Degree-applicable
- Counts toward full time for term (Financial Aid)

#### Target Population (since winter 2016)

- Undergraduate students below 2.0 CSUSB and/or cumulative GPA
- First time or continuing academic probation
- Selection case by case



- Integration of self-awareness and motivation
- Knowledge of policies, procedures and resources necessary to achieve academic goals
- Integration of retention and timely graduation
- Integration of campus community and student engagement

## Helping Students Overcome Academic Probation with Success Course

### Advising and Academic Services

Understanding of:

- Self
- Motivation and Behavior
- Time Management & Procrastination
- Accountability
- Study Skills
- Anxiety
- Campus Resources
- Academic Advising





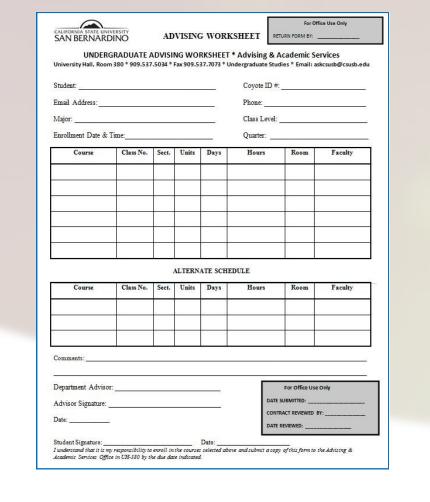
- Advising & Academic Services
- Tutoring Center
- Career Center
- Student Assistance in Learning

# USTD 027 INDIVIDUALIZED STUDY CONTRACT \* Advising & Academic Services University Hall, Room 280 \* 909.537.5034 \* Fax 909.537.7073 \* Undergraduate Studies \* Email: emendoza@csusb.edu Fall 2014 Stephanie Lao Coyote ID: 00440/3853 PSCI 313 MID-QUARTER EVALUATION ASSESSMENT Net Evaluated Low High 1. Student appears to be motivated in class 0 1 2 3 4 5 2. Student participates in class discussions 0 1 2 3 4 5 3. Student attends class 0 1 2 3 4 5 4. Student completes assignments 0 1 2 3 4 5 GRADE 1. Grade up to this point in class (quizzes, tests, etc.) CR NC A B C D F SUGGESTED FOCUS FOR TUTORING ACADEMIC CONCERNS (If you would like this information kept confidential, please check kere D) NON-ACADEMIC CONCERNS (If you would like this information kept confidential, please check kere D) If you would like to be contacted, please provide a number or e-mail address Date

TOPICS

#### Mid-Quarter Evaluation

- Student's current grade(s)
- Instructor comments/concerns/areas of improvement
- Attendance and participation



#### Advising Worksheet

- Ensures student meets with academic advisor in major
- Student chooses appropriate courses with advisor
- Student able to ask questions related to requirements, resources, etc.

#### Results (Fall 2010—Spring 2017)

- 722 students have enrolled in course
- 90% of students have passed course
- 0.39 GPA increase after course



#### Possible Additions

- Add community engagement component through the Office of Student Engagement
- Add research component
- Convert success course into workshops to reach additional students

Possible conversion to workshop

- 2 day workshop
- 1-2 hours per day
- Workshop Topics
  - Faculty/Student Panel
  - Campus Resources
  - Time Management
  - Effective Study Skills
  - Test Taking
  - Health & Wellness

#### Student comments from USTD-200

"This course helped me open my eyes toward what I want to do with my future."

"The course was very helpful. I feel as though I can take what I have learned and apply it thoroughly."

"The instructor's contributions to the class are unmatched. I appreciate everything he did to not only help me, but the whole class in general."