campus authorities or the police, it takes courage, but it’s worth it to avoid a tragedy that could ruin a life and mar the end of your organization.

5. Better yet, plan ahead. Set firm guidelines for acceptable relaxation activities, and enforce them. Curbing fraternization, prayer, and hoping that the end of fraternization and brotherhood.

DON’T GET BOMBED, GET INVOLVED!

6. Throw the spotlight on activities and parties that feature nonalcoholic beverages. Offer mocktails or “happy hour” price on “virgin drinks.”

7. From sisterly nonalcoholic drinks such as frothy Mimosas and Apple Zingers, enter local bar and restaurant support to serve the drinks. Develop a party book with favorite “virgin” drink and moniker recipes to sell as a fundraiser for your club.

8. Sponsor an “alternative bar” at your student union or local campus function. Invite “celebrity” bartenders (faculty, star athletes, student leaders, local TV personalities) to serve and popularize the new drinks.

9. From a BACCHUS (Best Alcohol Concerns Concerning the Health of University Students) Chapter on your campus. For information write or call BACCHUS of the U.S., Inc., P.O. Box 4003 (Cirrus Hall) 1801 S. 1900 E. 80110. (801) 328-3800. Or start your own group.

10. Produce and present a skit, video, or straight talk program on substance abuse at your community center and senior high schools. Younger teenagers look up to college students.

IT’S PARTY TIME!

Go Wild with Ideas

How a theme
Stars of the Silver Screen
Famous film characters
50’s Bash
Cosby Night

Go all out or keep it simple
Fancy decorations or none at all
Family costumes or go as 1’s
Local band or favorite tapes
Basketball toss or all-night poker games

Food and Drink

11. Party and boozing aren’t synonymous—include soft drinks, salads, hot purées, sides, flavored seltzers, bottled waters. Top with a garnish, use funny glasses, call it “exotic”

12. Use up the munchies menu
Go beyond chips and crackers. Include high protein goods—miniature pizzas, 6 food snacks, tuna salad, eggs, cheese, salsas, relish and dip.

If you serve any alcohol, stop serving at least an hour before the party winds down. Offer coffee, hot chocolate, or tea—don’t help someone sober up, but it does allow time to pass before leaving.

Be a Great Host

13. Make sure your guests are having a good time and that no one’s behavior gets out of hand. Ask if you must beCivil if anyone is injured.

14. Remember, it’s illegal for anyone under 21 to drink, beer, wine or liquor—even at a private party.

15. Never push liquor on anyone and don’t let your guests do it either.

16. Stay sober yourself. You might have to deal with an emergency.

THE PARTY’S OVER, but...

...some guests aren’t sober enough to drive!

17. Find them rides, make arrangements to have their cars dropped off.

18. If they’re adamant about driving, “lose” their car keys.

19. Call a cab and send an escort to make sure they reach their destination safely.

20. Check to see if your community has a “Tough Task” (program to provide free rides to anyone who needs a safe ride home).

21. Invite them to stay overnight. Even the floor is more comfortable than the emergency room.

22. As a last resort, call the campus escort or shuttle service to see if they can.

...what if someone’s REALLY loaded?

Don’t

1. Don’t give any drugs—even aspirin.

2. Don’t give coffee, tea, or other liquid stimulants.

3. No cold showers—they can cause shock, passing out, and possible injury.

4. Don’t try to force walking, running, or other exercise.

5. Don’t try to keep the person awake.

6. Don’t attempt to restrain the person.

7. Don’t induce vomiting.

8. Don’t attempt to have legal discussions.

Do

1. Try to assess if the person is in a life-threatening medical crisis—call for help!

2. Speak in a clear, I’m reassessing manner.

3. If you put the person to bed, make sure they’re not lying on their back or the back.

IN THE NAME OF BROTHERHOOD

1. Fraternities, sororities and other member- ship groups use initiation as a way of bonding, and paying loyalty. But having is dangerous and against the law. When alcohol is involved, as it usually is, results can be tragic.

2. Chugging contests are particularly dangerous. Remember, that alcohol is toxic and can be lethal.

3. No one who has been drinking should ever be physically handled—backed in a car trunk, zipped in a sleeping bag, shot in the back. There have been many tragic hazards where someone drunk was shot up, left alone—and died of death on their own volition.

4. Danger physical snubs should never be part of an initiation—and nothing even remotely like or requiring physical coordination should be combined with alcohol consumption.

5. No one under the influence should be taken “down the road” and left in unfamiliar surroundings (with or without their clothes).

6. Do not force involvement in any individual, regardless of aggressive harassment, assault, and other dangers.

7. Things get out of hand—stop. If you are the initiate, prepare to leave. If you are part of the initiating group, speak up. Appoint the most responsible of your group’s leaders. It necessary, call in the appropriate