

Health & Wellness Workshop
Sponsored by Counseling & Psychological Services

#RelationshipGoals

This workshop will cover the difference between healthy, unhealthy, and abusive relationships, the 7 qualities of a healthy relationship, and how to "fight fair."

Thurs, Oct 3
10:30 am - 12 pm
SMSU 217/218

Mari Ulate, MA, LMFT,
CAPS Therapist



For disability-related accommodations,
please contact Counseling and Psychological
Services three working days in advance at
(909) 537-5040 or psychcounseling@csusb.edu

