

CSUSB Adventure Hiking Packing List

(Items in **Bold** are available to check out)

Pack and Gear:

- **Snowboard/Bindings**

Upper Body:

- **Waterproof Jacket**
- Fleece Jacket or Sweatshirt
- Synthetic Long Sleeve Top(s) – Polypro, Capilene, or Polyester
- Cotton or Synthetic Blend Shirt (Breathable Layer)
- Cotton or Synthetic Camp Shirt (a Clean Shirt to Wear at Camp)
- Sports Bra

Lower Body:

- Nylon Shorts or Light Weight Long Pants/ Cotton or Synthetic Hiking Pants
- **Snow Pants**
- Underwear
- Synthetic Long Underwear
- Bathing Suit (if needed)

Feet, Hands, and Head:

- Snowboard Boots
- Hiking Socks (No Cotton)
- **Snow Gloves/Mitts**
- **Wrist Guards**
- **Helmet**
- Warm Beanie

Personal Items:

- Water Bottles
- Money for Lunch
- Sunglasses

Group Equipment that CSUSB Adventure will provide:

- **Expedition First aid Kit**