CSUSB Adventure Snowshoe Packing List

*(Items in **Bold** are available to check out)*

Pack:
- Day Pack

Upper Body:
- Waterproof, Breathable Jacket
- Insulated Jacket or Fleece Jacket
- Synthetic or Wool Long-Sleeve Base Layer
- Synthetic or Wool Mid-Layer
- Moisture-Wicking Hiking Shirt
- Warm Camp Shirt or Extra Dry Layer

Lower Body:
- **Waterproof Snow Pants or Rain Pants**
- Synthetic or Wool Long Underwear
- Insulated Hiking Pants or Soft-Shell Pants
- Underwear

Feet, Hands, and Head:
- Waterproof Hiking Boots
- Warm Hiking Socks—No Cotton
- Extra Pair of Wool or Synthetic Socks
- **Waterproof Gloves or Mittens**
- Lightweight Glove Liners
- Warm Hat or Beanie
- Neck Gaiter or Buff
- Gaiters

Personal Items:
- Headlamp or Flashlight
- Sunscreen
- Lip Balm with SPF
- Sunglasses
- **Goggles, if windy or snowing**
- 2 Reusable Water Bottles or Hydration Bladder
- First-Aid Supplies—personal medications, blister care, and pain relievers
- Hand Warmers
- Trash Bags

Equipment that CSUSB Adventure will provide:

- Snowshoes
- Trekking Poles
- Expedition First-Aid Kit
- Emergency Communication Device