

B.S. in Kinesiology - Physical Education & Adapted Physical Education (PEAPE)

GE units required: 43

Major/Elective units required: 77 (this page)

Total units required for graduation: 120

Last updated: July 14, 2026

[See website to determine whether course is offered in the Fall or Spring semester.](#)



KINESIOLOGY CORE REQUIREMENTS: 32 UNITS - does not include BIOL 2240 (4 units), GE B4 (3 units), KINE 3050 (GE UD-4) because they're already counted as GEs

	Course Number	Course Name	Units	Prerequisites	Notes
Lower-division (LD) (13 units)	BIOL 2230	Human Anatomy & Physiology I	4		
	BIOL 2240	Human Anatomy & Physiology II	4	BIOL 2230	Counts toward GE B2/5B
	MATH	GE Category B4/2	3		Counts toward GE B4/2; Suggest: ES/HP/PEAPE (MATH 1301), AHP (MATH 1301, 1401, 1601, or 2210)
	KINE 2613	Teach/Coach Gymnastics & Rhymic Act.	2		PEAPE: Take KINE 2613 (Teaching/Coaching for Dance + gymnastics) instead (counts as 2 units)
	KINE 2100	Orientation to Kinesiology	3		
	KINE 2510	Research Seminar in Kinesiology	1		previously 3510
	KINE 2700	Introduction to Fitness and Programming	3		Prep course for ACSM/NSCA Certified Personal Trainer (CPT) Exam; CPR cert. required by completion
Upper-division (UD) (19 units)	KINE 3050	Disability, Physical Activity, and Society	3		Counts toward GE- UD-4
	KINE 3200	Principles of Human Movement	3	BIOL 2240	All students need this
	KINE 3400	Psychology & Sociology of Human Movement	3		
	KINE 3500	Motor Development Across the Lifespan	3		
	KINE 3700	Statistics in Kinesiology (WI)	3	GE B4/2	WI: Counts as GE Writing-Intensive designation
	KINE 3800	Exercise Physiology w/Lab	4	BIOL 2240	
	KINE 4100	Motor Learning & Control	3		

CONCENTRATION REQUIREMENTS - PHYSICAL EDUCATION & ADAPTED PHYSICAL EDUCATION: 36 UNITS

PEAPE Requirements (36 units)	KINE 2540	Field Work in PEAPE w/Lab	2		Offered in Spring semester only. Requires field work hours outside of class time
	KINE 2612	Teaching/Coaching for Swimming	2		Must demonstrate swimming proficiency to instructor at beginning of term or take KINE 1370A
	KINE 2614	Teaching/Coaching for Combative/Fitness	2		
	KINE 2630	Teaching/Coaching for Individual/Dual Sports	3		Requires field work hours outside of class time
	KINE 2640	Teaching/Coaching for Team Sports	3		Requires field work hours outside of class time
	KINE 2650	Teaching/Coaching for Fundamental Movement, Nontraditional Games	3		Requires field work hours outside of class time
	KINE 3100	Introduction to Adapted Physical Activity	3		
	KINE 3300	Movement Skill Assessment for Individuals with Disabilities	3	KINE 3100	Requires field work hours outside of class time
	KINE 3320	The Nature and Issues Concerning Individuals with Disabilities	3	KINE 3100	Requires field work hours outside of class time
	KINE 3330	Applied Behavior Management	3		Requires field work hours outside of class time
	KINE 4720	Program Design in Physical Education	3		Offered in Spring semester only. Requires field work hours outside of class time
	KINE 4730	Instructional Strategies in Physical Education	3		Offered in Fall semester only. Requires field work hours outside of class time
	KINE 4900	Seminar in PEAPE	3	KINE 3100	Offered in Fall semester only. Requires field work hours outside of class time

Free Electives 6 UNITS

Grad Requirement= 3 units (History, Constitution, Government)



Who is my advisor?