CSUSB Adventure Little Arabia and ISOC Trip Packing List

Bag:

- Day pack or small backpack

Clothing:

- Comfortable, modest clothing suitable for visiting a mosque
- Shirt that covers the shoulders
- Pants, long skirt, or dress that covers the knees
- Light jacket or sweater
- Comfortable walking shoes
- Comfortable socks

Personal Items:

- Phone
- Reusable water bottle
- Wallet with ID, debit/credit card, and cash for lunch or shopping
- Sunscreen
- Lip balm
- Hand sanitizer
- Personal medications
- Sunglasses
- Hat or baseball cap

Mosque Visit Considerations:

- Wear clothing that is respectful and not revealing.
    - Avoid clothing with offensive language or images.
    - Choose shoes that are easy to remove, as shoes may need to be removed before entering prayer areas.
    - A head covering is not required for all visitors, but participants may bring a scarf if they would like the option to cover their head during the mosque visit.

Group Equipment that CSUSB Adventure will Provide:

- First-aid kit