

CSBS SSC Events & Workshops

Fall 2026



**01
SEPT**

ADJUSTING TO COLLEGE LIFE

Learn the basics of how to transition to college life at CSUSB, including campus programs, resources and academic tools available to students.



GETTING INVOLVED ON CAMPUS

Learn the many ways you can get involved on campus, including student organizations, leadership opportunities, campus events, volunteer experiences, and more.

**14
SEPT**

**30
SEPT**

PREPARING FOR GRAD SCHOOL*

Learn about the graduate school application process, including researching programs, preparing application materials, securing letters of recommendation, and developing a competitive application.



GETTING INVOLVED IN RESEARCH*

Learn about research opportunities within CSBS, how to connect with faculty mentors, and tips for getting started on a research project.

**14
OCT**

**22
OCT**

CSBS STUDENT MIXER*

Join us for a casual mixer where you can hang out, chat, and get to know your fellow Coyotes. This is a great chance to connect and build your campus community.



**ANTH Museum
(SB-306)**



INTERNSHIPS

Learn how to find internship opportunities, prepare application materials, network with professionals, and make the most of internship experiences.

**09
NOV**

**19
NOV**

STRESS MANAGEMENT

Learn techniques for reducing stress, building resilience, and maintaining life balance to support overall well-being and academic success.



**02
DEC**

STUDY ABROAD

Learn about the study abroad program and how to participate in upcoming trips. Topics will include how to apply, funding options, obtaining course credit and more.



**12:00pm or
*4:00pm**



**SB-514 or
as noted**



<https://www.csusb.edu/csbs-student-success-center/>