

Bachelor of Science - Kinesiology - Health Promotion Concentration
First Time Freshman Academic Roadmap - Palm Desert Campus - Fall 2026

Year 1: Freshman Year (2026/2027)				Year Total				30
Fall Semester	Terms Offered	Prerequisite Courses	Units	Spring Semester	Terms Offered	Prerequisite Courses	Units	
Mathematics (GE 2)	Fall & Spring		3	Critical Thinking (GE 1B)	Fall & Spring		3	
KINE 2100	Fall & Spring		3	Oral Communication (GE 1C)	Fall & Spring		3	
Written Communication (GE 1A)	Fall & Spring		3	General Education	Fall & Spring		3	
General Education	Fall & Spring		3	General Education	Fall & Spring		3	
General Education	Fall & Spring		3	Free Elective	Fall & Spring		3	
Semester Total			15	Semester Total			15	

Year 2: Sophomore Year (2027/2028)				Year Total				29
Fall Semester	Terms Offered	Prerequisite Courses	Units	Spring Semester	Terms Offered	Prerequisite Courses	Units	
BIOL 2230	Fall		4	BIOL 2240 (GE 5B)	Spring	BIOL 2230	4	
KINE 3400	Fall & Spring		3	KINE 2510	Fall & Spring		1	
Activity Class	Fall & Spring		1	KINE 2700	Fall & Spring		3	
General Education	Fall & Spring		3	Activity Class	Fall & Spring		1	
Free Elective	Fall & Spring		3	General Education	Fall & Spring		3	
				Free Elective	Fall & Spring		3	
Semester Total			14	Semester Total			15	

Year 3: Junior Year (2028/2029)				Year Total				31
Fall Semester	Terms Offered	Prerequisite Courses	Units	Spring Semester	Terms Offered	Prerequisite Courses	Units	
KINE 3200	Fall & Spring	BIOL 2230 and BIOL 2240	3	KINE 3600	Fall & Spring		3	
KINE 3050 (UD GE)	Fall & Spring		3	KINE 3800	Fall & Spring	BIOL 2230 and 2240	4	
KINE 3500	Fall & Spring		3	KINE 4100	Fall & Spring		3	
KINE 3700 (WI)	Fall & Spring	GE Category 2	3	HSCI 3201	Fall & Spring		3	
KINE 3810 or HSCI 3600	Fall & Spring		3	General Education (UD)	Fall & Spring		3	
Semester Total			15	Semester Total			16	

Year 4: Senior Year (2029/2030)				Year Total				30
Fall Semester	Terms Offered	Prerequisite Courses	Units	Spring Semester	Terms Offered	Prerequisite Courses	Units	
HSCI 3207	Fall & Spring		3	KINE 4200	Fall & Spring	Senior Standing	1	
HP Elective	Fall & Spring		3	HSCI 4202	Fall & Spring		3	
HP Elective	Fall & Spring		3	HP Elective	Fall & Spring		3	
Activity Class	Fall & Spring		1	HP Elective	Fall & Spring		3	
General Education (UD)	Fall & Spring		3	HP Elective	Fall & Spring		1	
Free Elective	Fall & Spring		3	Free Elective	Fall & Spring		3	
Semester Total			16	Semester Total			14	
				Degree Units Total			120	

KHPCNSBSX

Last modified

7/14/2026

The roadmap is an academic planning resource. Students should refer to their PAWS report and Academic Catalog for graduation requirements.