

**Bachelors of Science - Kinesiology - Exercise Science Concentration
First Time Freshman Academic Roadmap - Palm Desert Campus - Fall 2026**

Year 1: Freshman Year (2026/2027)				Year Total				30
Fall Semester	Terms Offered	Prerequisite Courses	Units	Spring Semester	Terms Offered	Prerequisite Courses	Units	
KINE 2100	Fall		3	Critical Thinking (GE 1B)	Fall & Spring		3	
MATH 1301 (GE 2)	Fall & Spring		3	General Education	Fall & Spring		3	
Written Communication (GE 1A)	Fall & Spring		3	General Education	Fall & Spring		3	
Oral Communication (GE 1C)	Fall & Spring		3	General Education	Fall & Spring		3	
General Education	Fall & Spring		3	Free Elective	Fall & Spring		3	
Semester Total			15	Semester Total			15	

Year 2: Sophomore Year (2027/2028)				Year Total				31
Fall Semester	Terms Offered	Prerequisite Courses	Units	Spring Semester	Terms Offered	Prerequisite Courses	Units	
BIOL 2230	Fall		4	BIOL 2240 (GE 5B & 5C)	Spring	BIOL 2230	4	
KINE 2510	Fall		1	KINE 2700	Spring		3	
KINE 3700 (WI)	Fall	GE Category 2	3	KINE 3500	Spring		3	
Activity Class	Fall & Spring		1	General Education	Fall & Spring		3	
General Education	Fall & Spring		3	Free Elective	Fall & Spring		3	
General Education	Fall & Spring		3					
Semester Total			15	Semester Total			16	

Year 3: Junior Year (2028/2029)				Year Total				30
Fall Semester	Terms Offered	Prerequisite Courses	Units	Spring Semester	Terms Offered	Prerequisite Courses	Units	
KINE 3400	Fall		3	KINE 3810	Spring		3	
KINE 3600	Fall		3	KINE 4200	Spring	Senior standing	1	
KINE 3800	Fall	BIOL 2230 and BIOL 2240	4	KINE 4400	Spring	KINE 3800	4	
Concentration Elective	Fall & Spring		3	Concentration Elective	Fall & Spring	Varies	3	
KINE 3050 (UD GE)	Fall & Spring		3	Concentration Elective	Fall & Spring	Varies	3	
Semester Total			16	Semester Total			14	

Year 4: Senior Year (2029/2030)				Year Total				29
Fall Semester	Terms Offered	Prerequisite Courses	Units	Spring Semester	Terms Offered	Prerequisite Courses	Units	
KINE 2300	Fall	BIOL 2230 and BIOL 2240	3	KINE 4100	Spring		3	
KINE 3200	Fall	BIOL 2230 and BIOL 2240	3	KINE 4800	Spring	KINE 3200	4	
Concentration Elective	Fall & Spring	Varies	3	General Education (UD)	Fall & Spring		3	
General Education (UD)	Fall & Spring		3	Activity Class	Fall & Spring		1	
Free Elective	Fall & Spring		3	Free Elective	Fall & Spring		3	
					Fall & Spring			
Semester Total			15	Semester Total			14	
Degree Units Total							120	