



**ADAPTED PHYSICAL EDUCATION SPECIALIST CREDENTIAL
GUIDELINES AND HANDBOOK**

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Mission Statement

The mission of the Department of Kinesiology, California State University, San Bernardino (CSUSB) is to maintain its reputation as a recognized leader in the field of adapted physical education. We fulfill this mission by offering unparalleled opportunities and experiences in classes, seminars, field work experiences, clubs, and organizations dedicated to the study of adapted physical education. The Adapted Physical Education Specialist Credential (APE) takes advantage of an infusion of information (about individuals with disabilities) throughout the undergraduate Kinesiology curriculum as the basis for more elegant academic preparation. That is, the APE program is designed to prepare effective teachers of adapted physical activity. These teachers will assess motor performance, prepare individual educational plans, implement instruction with effective teaching behaviors (instructional strategies), and evaluate the effectiveness (student achievement, teacher effectiveness, and curricular efficiency) of their work.

To prepare effective teachers and to become a recognized leader in the field of adapted physical education. Effective APE Specialists will be able to:

- a) Write IEP goals and benchmarks, design lesson plans, and implement appropriate instructional programs for individuals with disabilities
- b) Apply strategies to manage, motivate, and teach responsible behaviors in physical activity settings for individuals with disabilities.
- c) Understand and acknowledge health, safety, and liability considerations as it relates to standards of practices in adapted physical education.
- d) Employ measurement and evaluation procedures for assessing movement performance in individuals with disabilities.

Program Design

The following teaching credential holders can apply to the program; Single Subject in Physical Education, Multiple Subjects, and Educational Specialist. Each candidate will have different APE course requirements depending on the candidates' academic experiences and teaching credentials. The California State University Adapted Physical Education Coordinators have adopted the general guidelines for different credential holders.

	Type of Credential	Course Work
Current Credential Holders	Single Subject Credential Physical Education	Take APE coursework
	Multiple Subjects Credential	Take essential Kinesiology pedagogy coursework or Pass CSET-PE Complete CSUSB APE coursework
	Education Specialist Credential	Take essential Kinesiology pedagogy coursework or Pass CSET-PE Complete CSUSB APE coursework
Credential Candidates	Single Subject Credential Physical Education	Take APE coursework
	Multiple Subjects Credential	Take essential Kinesiology pedagogy coursework or Pass CSET-PE Complete CSUSB APE coursework
	Education Specialist Credential	Take essential Kinesiology pedagogy coursework or Pass CSET-PE Complete CSUSB APE coursework

Admissions

Please complete the appropriate admission process below: 1) for CSUSB PEAPE Students and 2) for Single Subject PE credential Holders.

1. *CSUSB PEAPE Students*

Plan to pursue both Single Subject PE (SSPE) credential and Adapted Physical Education Specialist Credential (APE).

- 1) Follow [CSUSB Single Subject PE \(SSPE\) credential admission](#) requirements.
- 2) [Change of Program Application \(COPA\)](#) - after admitted to the SSPE credential, contact Graduate Studies to complete a COPA form.
- 3) APE Advising form - Applicants will obtain this form from the APE program coordinator.

2. *Single Subject PE Credential Holders*

Complete the online application at [Cal State Apply](#). The following documents should be uploaded to the program Materials (4th quadrant) of the online application.

- 1) Transcript – Submit official transcripts from each institution attended (with the exception of CSUSB graduates). Your transcript order must have a current date, not to exceed one year.
- 2) Advising Form - Applicants will obtain this form from the APE program coordinator
- 3) Verification of Basic Teaching Credential – Applicants will need to submit a copy of your basic teaching credential
- 4) GPA – Applicants must have a cumulative GPA of a 2.5, or a 2.5 in their last 90 quarter or 60 semester units.

[APE Courses \(15 semester units\)](#)

Kinesiology APE coursework requires 14 hours of Early Field Experience Observations (EFE: Visiting and observing various APE settings with students with disabilities outside of class time) for each 3-unit class as part of individual course requirements. The purpose of EFE experiences is requiring service learning that reinforces academic coursework with practical real-world experience to illustrate the relationship of APE with Kinesiology, especially pedagogical Kinesiology. Students receive sage advice and exchange ideas while learning factors essential to effectively communicating with collaborative partners. **The APE candidates must complete all APE coursework with a minimum grade point average of 3.0 (“B”).**

KINE 3100 Introduction to Adapted Physical Activity (3 units)

KINE 3300 Movement Skill Assessment for Individuals with Disabilities (3 units)

KINE 3320 The Nature and Issues Concerning Individuals with Disabilities (3 units)

KINE 3330 Applied Behavior Management (3 units)

KINE 4900 Seminar in Physical Education and Adapted Physical Education (3 units)

Multiple Subject Credential and Education Specialist Credential Holder

Prerequisite Requirements

For Multiple Subject Credential and Education Specialist Credential Holders: Complete 15 units of coursework (see below, which does not include prerequisite classes attached to the course) or pass California Subject Examinations for Teachers (CSET) in PE (all parts):

CSUSB Kinesiology (KINE) or equivalent courses (subject to transcript and program syllabus verification). Must complete six units from the core and nine units from pedagogy courses:

Core Kinesiology Courses (6 units)

KINE 3200 Principles of Human Movement (3 units)*

KINE 3500 Motor Development (3 units)

Pedagogy Courses (9 units)

KINE 2650 Teaching/Coaching for Fundamental Movement, Nontraditional Games (3 units)

KINE 4720 Program Design in Physical Education (3 units)

KINE 4730 Instructional Strategies in Physical Education (3 units)

Note*: The class has prerequisite classes.

Mandatory Advising

Advising is viewed as educational and career planning, individualized with a candidate's career endeavors. CSUSB APE candidates must meet with the APE program coordinator for advising prior to submit the applications to COE.

Student Teaching

1. CSUSB PEAPE Students - Dual Placement in APE and GPE Student Teaching

Student teaching for candidates in APE program will consist of a dual placement in APE and General Physical Education (GPE). Candidates will follow the suggested activities for 16 weeks of student teaching in APE. **The COE Supervision Staff** serve APE candidates in the supervised field experience portion of their credential program. APE candidates must obtain a copy and follow the procedures of the [CSUSB Single Subject Student Teaching Handbook](#).

In addition, candidates will be at their sites for two additional periods, during which they will assess student work, prepare lessons, conference with their master teacher or university supervisor, meet with students, contact parents, and observe other teachers both in their discipline and across disciplines. The APE Specialist master teacher will be the primary Cooperating teacher for the candidates' assignment with input from the GPE Specialist master teacher.

2. Single Subject PE Credential Holders

An alternative student teaching option for current single subject PE credential holder candidates during the semester can be single placement student teaching in APE for a minimum 12 weeks.

3. Student Teaching Written Assignments

All APE candidates must complete the following written assignments during the student teaching periods.

- 1) [Behavioral Modification Data Sheet](#)
 - Identify a child with a behavior problem
 - Develop an individual behavioral plan, including class rules, rewards, and consequences

- 2) **[APE Specialist Credential Standards of Program Quality](#)**
 - Self-evaluation form
 - Need to check the column which best describes your perceived competency in the knowledge and application of the standards as it pertains to your teaching APE.
- 3) **[Observation of Application of Scientific Principles of Motor Behavior](#)**
 - This form should be filled out by the master teacher.
- 4) **[APE Specialist Credential Standards Teacher Effectiveness Professional Evaluation Form](#)**
 - This form should be filled out by the master teacher.

4. COE Fieldwork Supervision Staff

Marcos Pineda, Fieldwork Placement Lead

Office: CE-102, Email SupervisionOffice@csusb.edu, Phone: 909-537-5603

Joy Lozada, Fieldwork Placement Coordinator

Office: CE-102, Email: SupervisionOffice@csusb.edu, Phone: 909-537-4558

Angelica Ramirez, Fieldwork Placement Coordinator

Office: CE-102, Email: SupervisionOffice@csusb.edu, Phone: 909-537-7408

Web-site: <https://www.csusb.edu/coe/departments-offices/offices/supervision-fieldwork-placement>

Exit Exam and Interview

After completing student teaching, candidates must successfully pass a comprehensive written exit examination and an exit interview conducted by the APE coordinator.

APE Exit Survey

Candidates are required to complete the APE exit survey