

# B.S. in Kinesiology - General Education Program

GE units required: 43 (this page)

Major units required: 71

Free electives= 12 and Gov class =3

Total units required for graduation: 120

For list of classes, see <https://bulletin.csusb.edu/general-education-program/>



Last updated: July 14, 2025

	GE Requirement	Category	Number	Recommended Course Name	Units	Prerequisites	Notes
	Oral Communication	A1			3		
	Written Communication	A2			3		
	Critical Thinking	A3			3		
	Mathematics/Quantitative Reasoning	B4	MATH 1301,	1301: Modeling with Functions	3		•ES/PEAPE: take MATH 1301 as prerequisite for KINE 3700
	U.S. Government & Political Institutions	D1			3		
	United States History/Ethnic Studies	D2/F			3		Catalog Year 2020 will see Category D2;
Disciplinary Perspective (28 units)	<b>Scientific Inquiry (Category B)</b>						
	Physical Science	B1			3		
	Life Science	B2	BIOL 2240	Human Anatomy & Physiology II	3		Required for KINE students
	Lab Activity	B3	BIOL 2240	Human Anatomy & Physiology II	1		Required for KINE students
	Upper Division Scientific Inquiry	B5	KINE 3000 <i>or</i>	3000: Exercise and Well-Being of the Human Body	3	GE B4 for KINE 3700	•ES/AHP: take KINE 3000
	<b>Arts &amp; Humanities (Category C)</b>						
	Arts	C1			3		
	Humanities	C2			3		
	Upper Division Arts or Humanities	C4			3		
	<b>Social Sciences (Category D)</b>						
	Social Science Discipline Perspective	D3	PSYC 1100	Introduction to Psychology	3		•AHP: Take PSYC 1100
	Upper Division Social Science	D4			3		KINE 3050 option
Designations	Writing Intensive - Any GE w/WI	WI			--		DO NOT TAKE AS SEPARATE COURSES.
	Writing Intensive - UD w/WI	WI	KINE 3700	Statistics in Kinesiology	--	GE B4	
	Diversity and Inclusion	DI			--		Instead, select classes in sections above with WI, DI, and G designations.
	Global Perspectives	G			--		
History, Constitution, Government	U.S. Constitution				--		GE credit is only granted for the following: HIST 1460, HIST 2000, HIST 2010 and PSCI 2030.
	U.S. History				--		Students must complete the U.S. Constitution, U.S. History, and Government requirement to graduate. One of these requirements will be completed with a course in Category D1 above. The remaining course(s) are part of the graduation requirements
	Government				--		