
KEY TERMS

ASEXUAL (ACE)

- Someone who experiences little to no sexual attraction to people of any gender.

AROMANTIC (ARO)

- Someone who experiences little to no romantic attraction to people of any gender.

ALLOSEXUAL (ALLO)

- Someone who experiences normative levels of sexual attraction to others.

ALLOROMANTIC (ALLO)

- Someone who experiences normative levels of romantic attraction to others.

DEMISEXUAL (DEMI)

- Someone who experiences sexual attraction only after an emotional bond has been formed.

GRAY-ASEXUAL (GRAY-ACE)

- Someone who experiences sexual attraction rarely or in specific circumstances

COMPULSORY SEXUALITY

- The assumption that all human beings are sexual or that sex is part of “human nature”.

Did you know?....

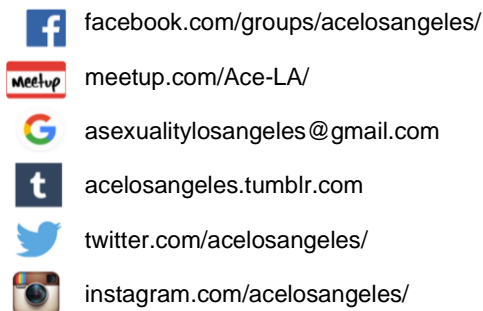
- Asexuality is a spectrum!
- Unlike celibacy, asexuality is **not** a choice. It's a sexual orientation.
- Some asexual people have sex! It depends on the person's libido and personal boundaries.
- Not all asexual people are aromantic, and not all aromantic people are asexual.

Brought to you by Ace Los Angeles

An asexual spectrum social and outreach group



Contact:



acelosangeles.org

Other Resources:

Ace SoCal on Facebook

AVEN: asexuality.org

thethinkingasexual.wordpress.com

asexualagenda.wordpress.com

queenieofaces.tumblr.com

prismaticentanglements.com

(A)sexual, documentary about asexuality (amazon, netflix, itunes, etc.)

Asexuality and Aromanticism

For

Teachers

Counselors

Educators

Administrators



Courtesy of

Ace Los Angeles and Dr. Megan Carroll

According to a survey* of **13 to 18 year-olds** who identify as on asexual spectrum (or questioning)....

Intersecting identities

- 69% identify on the aromantic spectrum (or questioning)
- 30% identify as transgender (or unsure)
- 17% identify as disabled (or unsure)
- 47% identify as neurodivergent (or unsure)

Home and School Support

- 63% are not out to their parents.
- 82% are not out to their teachers.
- 16% live with family who are not accepting, refuse to acknowledge, or hostile to asexuality.
- 41% do not have any asexual friends.

Behaviors

- 7% have had consensual sex.
- 14% are currently in partnered relationships.
- 22% use alcohol, 3% use tobacco, and 4% use cannabis.
- 60% get less than 8 hours of sleep per night.

Violence and Marginalization

- 36% have experienced sexual assault.
- 20% have been bullied for their sexual or romantic orientation.
- 31% have experienced attempts or suggestions to be “fixed”

*source: Ace Community Survey 2020, N=4,724, Analysis by Megan Carroll, PhD

What are SCHOOL SETTINGS like for Asexual and Aromantic students?

Adolescent students are surrounded by others who are curious and excited about sex and romance.

Without adequate inclusion of asexuality and aromanticism, ace/aro students often feel BROKEN, left out, or pressured to be different.



Some asexual and aromantic students cope by....

- *faking crushes
- *forcing themselves into uncomfortable relationships
- *assuming everyone else is exaggerating interest in sex/romance

An inclusive environment that teaches students about asexuality and aromanticism can make a world of difference!

How can SEX EDUCATION be more inclusive of Asexual and Aromantic students?

Avoid language that reinforces compulsory sexuality (i.e. “all of you will one day to have sex”).

Acknowledge that asexuality and aromanticism are part of the normal spectrum of human sexuality.

Teach vocabulary terms related to asexuality and aromanticism.

Encourage students to learn their own sexual boundaries, respect each others' boundaries, and practice consent.

Talk about different types of attraction: sexual, romantic, aesthetic, sensual, and more!

What about ABSTINENCE-ONLY education? Does that help asexual students?

NO!

Abstinence-only initiatives are faith-based and tended to assume everyone is resisting a temptation for sex. They do not typically address sexual diversity or asexual perspectives. Teaching sexual safety and offering sexual information is helpful for ALL students, including asexual students.