

WINTER LEARN-SHOP STATION

Schedule

To: CSUSB Coyote
Community
From: SD&E Learn-
Shop Guides

MONDAY
December 1st

**Candy Gram
Corner**

SEC
9am - 4pm
Walk-Ins Welcome

Day 1

TUESDAY
December 2nd

**Be the
Problem-
Solver No
Team Can
Afford to Lose**

eLearning

Day 2

WEDNESDAY
December 3rd

**Winter Wishes
SD&E Survey**

On Demand

Day 3

THURSDAY
December 4th

**Tips to Build
Your Social
Muscle for
Better
Relationships
at Work**

eLearning

Day 4

FRIDAY
December 5th

**Vibrational
Wellness
Workshop**

SEC
12:15pm - 12:45pm
Pre-Register

Day 5

MONDAY
December 8th

**Unlock the
Power of Rest
for Creativity,
Productivity &
Well-Being**

eLearning

Day 6

TUESDAY
December 9th

**Direct Pay &
Hospitality
Worksheet
Training**

SEC & Zoom
2pm - 3:30pm
Pre-Register

Day 7

WEDNESDAY
December 10th

**EAP: Coping
with Grief and
Loss During
the Holidays**

SEC & Zoom
9:30am - 10:30am
Walk-Ins Welcome

Day 8

THURSDAY
December 11th

**Cocoa, Crafts
& Colleagues**

SEC
11am - 2pm
Walk-Ins Welcome

Day 9

FRIDAY
December 12th

**Defining Your
Strengths and
Purpose to
Drive
Performance**

eLearning

Day 10

MONDAY
December 15th

**7 Paths to
Happiness
(and 2 Dead
Ends):
Strategies for
Your Life &
Career**

eLearning

Day 11

TUESDAY
December 16th

**Mindful
Puzzles**

Day 12

For more information, contact Staff Development & Enrichment or visit
<https://www.csusb.edu/staff-development-center/learn/trainings-workshops/12-days-learning>.

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