



Recreation & Wellness Committee

October 9, 2025 | 12:00pm

Student Chambers (SUN-3305)

ZOOM: <https://csusb.zoom.us/j/88678204840>

MINUTES

Members Present: Vanessa Fernandez-Cerriteno, Sean Kinnally, Trent Morgan, Cintiantl Rangel-Canseco, Diego Rendon, Sarah Sanchez

Members Absent: Gedeon Bulenda, Victoria Reyes

Staff Present: Andrew Basile, Vilayat Del Rossi, Elizabeth Junker, Sonia Martinez

Call to Order: The meeting was called to order at 12:03 pm.

Roll Call: A verbal roll call of members was conducted. Quorum was met.

Approval of Minutes:

M/S Kinnally/Trent motion to approve the minutes from September 11, 2025.

Motion passed.

Open Forum:

No members of the public were present for open forum.

Adoption of Agenda:

M/S Kinnally/Trent motion to adopt the September 11, 2025 agenda as presented.

Motion passed.

OLD BUSINESS

No old business.

NEW BUSINESS

RW 05/26 Recreation and Wellness Outdoor Space (Discussion, Diego)

M/S Rendon/Kinnally; motion to open RW 05/26 Recreation and Wellness Outdoor Space. The committee held a discussion on potential improvements to the outdoor recreation spaces, specifically the sand volleyball and tennis court areas. Diego Rendon introduced the item and invited Facilities staff, including Jenny Sorensen and Juan Macias, to share estimates and considerations. The replacement of sand in the volleyball courts was estimated at \$43,200, which includes weed abatement and improved edging. Bench installations were discussed, with standard campus benches ranging from \$2,100 to \$3,200 each. Jenny noted additional costs for creating accessible paths to any new benches. Resurfacing all 12 tennis courts could cost upwards of \$600,000, and the committee discussed whether any of the courts could be converted into pickleball courts. While sand displacement due to wind was raised as a concern, it was determined that the current location is well protected. Lighting was also discussed as a potential addition to support evening usage.

Committee members explored possible funding strategies and emphasized the need for student access and scheduling equity in any shared-use areas. Ideas included submitting a VETI grant proposal for lighting, though permanent fixtures were favored over temporary light towers. Jenny and Nicole Dabbs, Chair of Kinesiology, noted that shared-use agreements such as MOUs could ensure student recreational access even if academic or athletics departments co-fund the improvements. Kinesiology expressed interest in collaborating where feasible. Members agreed that additional planning and creative partnerships would be needed to move the project forward, with the goal of enhancing campus recreation for all users. The discussion concluded with encouragement to continue gathering student input and exploring funding options.

RW 06/26 CSUSB Recreation & Wellness: Inspection and Repair of Climbing Wall by EP Climbing, Budget Impact: \$5,108.75, Chartfield: 660876-RO001-S7100 (Action, Oswood, Kinnally)

M/S Kinnally/Rendon; motion to open RW 06/26 CSUSB Recreation & Wellness: Inspection and Repair of Climbing Wall by EP Climbing, Budget Impact: \$5,108.75, Chartfield: 660876 RO001-S7100.

The committee reviewed a proposal for the inspection and repair of the climbing wall, with a total budget impact of \$5,108.75. Mr. Kinnally explained that although the wall was last inspected in 2024, it was not done by the original manufacturer. Given the wall's 20-year age and existing wear, the recommendation is to bring in the original installer to conduct a thorough inspection, address safety-related repairs, and replace non-functioning T-nuts to allow for new route placements. The work would not involve adding new features but would restore full functionality and extend the wall's usability. If approved, repairs are scheduled for January 2026. Committee members asked clarifying questions, and there was general agreement on the importance of the update for safety and long-term use.

ROLL CALL VOTE: 6 - In-Favor 0 -Oppose 0- Abstain

Motion passed.

RW 07/26 Proposal to Create a Permanent Mind and Body Instructor Role at The Retreat, Budget Impact: \$5k annually. Increase budget line 601303-RO001-S7187 (Action, Martinez)

M/S Kinnally/Trent; motion to open RW 07/26 Proposal to Create a Permanent Mind and Body Instructor Role at The Retreat, Budget Impact: \$5k annually. Increase budget line 601303-RO001 S7187.

Ms. Martinez, Well-Being Coordinator at The Retreat, presented a proposal to establish a permanent Mind and Body Instructor position to expand wellness programming. The proposed \$5,000 addition to her budget to lead activities such as meditation, sound baths, and mobility classes for students, faculty, and staff. Ms. Martinez explained that the position would enhance current services, respond to growing student interest in wellness activities, and reduce long-term costs by eliminating the need for external facilitators. The committee discussed budget implications, with Mr. Kinnally confirming that funding is available for spring 2026, with the understanding that future costs would need to be incorporated into subsequent annual budgets. Committee members expressed general support for the proposal and recognized its potential to expand wellness offerings and promote accessibility for a broader campus population.

ROLL CALL VOTE: 6 - In-Favor 0 -Oppose 0- Abstain

Motion passed.

RW 08/26 LCC GA Proposal (Action, Oswood, Kinnally)

M/S Kinnally/Trent; motion to open RW 08/26 LCC GA Proposal.

Mr. Sean Kinnally presented a proposal to reinstate the Graduate Assistant (GA) position for the Leadership Challenge Center (LCC) starting in Spring, with an estimated budget impact of \$9,434.54. The position was previously unfunded due to a lack of student candidates but is now considered critical to supporting the high volume of spring programming, especially for external groups such as local schools. The GA would assist with facilitating programs, many of which require a Level 2 certification, and would help reduce the number of groups being turned away due to capacity constraints. Funding is available for the upcoming semester, and plans are in place to continue supporting the position through future budget cycles. The GA would be expected to work 15–20 hours per week and receive both a stipend and tuition assistance for up to 6.5 units.

ROLL CALL VOTE: 6 - In-Favor 0 -Oppose 0- Abstain

Motion passed.

M/S Rendon/Kinnally; motion to move up item RW 10/26 & table RW 09/26.

Motion passed.

RW 10/26 Cold Plunge Research and Pricing (Discussion, Kinnally)

M/S Rendon/Kinnally; motion to open RW 10/16 Cold Plunge Research and Pricing.

Sean Kinnally presented an update on exploring the addition of a cold plunge feature at the Rec Center. Due to facility limitations, the Rec Center cannot currently accommodate a cold plunge indoors, as it would require two separate units (one for men and one for women) in the locker rooms and significant plumbing upgrades. Instead, he recommended placing a single unit in the outdoor pool area where students would already be in appropriate swimwear. Estimated costs for the units range between \$75,000–\$80,000, though more cost-effective options exist. Sean offered to bring back a formal proposal with 2–3 brand and pricing options for committee consideration, and suggested starting with one or two units to gauge interest. Discussion included safety considerations (e.g., not jumping immediately into the heated pool after use), proper signage, and overall enthusiasm for adding this amenity. The committee expressed support for moving forward with a proposal.

M/S Kinnally/Rendon; motion to extend meeting end time to 1:05pm.

Motion passed.

Announcements/Program Updates

- No announcements

Adjournment

M/S Rendon/Trent; motion to adjourn the meeting at 1:03pm.

Reviewed and Respectfully Submitted by:

Cintiantl Rangel-Canseco, Committee Chair

Date