

Minor in Kinesiology

Minor Units= 26

Last updated: April 8, 2024

[See website to determine whether course is offered in the Fall or Spring semester.](#)



KINESIOLOGY Minor REQUIREMENTS: 26 UNITS

	Course Number	Course Name	Units	Prerequisites	Quarter Equivalent	Notes
Required courses (14 units)	BIOL 2230	Human Anatomy & Physiology I	4		BIOL 223	
	BIOL 2240	Human Anatomy & Physiology II	4	BIOL 2230	BIOL 224	Counts toward GE B2
	KINE Activity	1 units of LD activity	1		KINE activity	PEAPE: Take KINE 2610 (Teaching/Coaching for Dance) instead (counts as 2 units)
	KINE 2100	Orientation to Kinesiology	3		KINE 210 & 310	
	Pick one of the following	KINE 2500-Observational Field Experience in KI	2		KINE 493	Must have site agreement prepared before beginning term
OR						
	KINE 2540- Field Work in PEAPE w/Lab	2		KINE 254		
Minor ELECTIVES: 12 UNITS						
Electives (12 units)	KINE 2700	Introduction to Fitness and Programming	3		KINE 270	Prep course for ACSM/NSCA Certified Personal Trainer (CPT) Exam; CPR cert. required by completion
	KINE 3100	Introduction to Adapted Physical Activity	3		KINE 311	
	KINE 3200	Principles of Human Movement	3	BIOL 2240		All students need this
	KINE 3400	Psychology & Sociology of Human Movement	3		KINE 323 & 324	
	KINE 3500	Motor Development Across the Lifespan	3		KINE 325	
	KINE 3810	Sports & Exercise Nutrition	3		KINE 382	
	KINE 4100	Motor Learning & Control	3		KINE 410	



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