

CSUSB Adventure Cultural Trip Packing List

Pack and Sleeping:

- Day Pack

Upper Body:

- Waterproof Jacket (if rain predicted)
- Fleece Jacket or Sweatshirt
- Cotton or Synthetic Blend Hiking Shirt (Breathable Layer)

Lower Body:

- Nylon Shorts
- Light Weight Long Pants/ Cotton or Synthetic Hiking Pants
- Waterproof Pants (if rain predicted)
- Underwear

Feet, Hands, and Head:

- Comfortable Shoes
- Socks
- Wide Brimmed Shade Hat

Personal Items:

- Sunscreen
- 2 Reusable Water Bottles (1 quart)
- Sunglasses
- Camera, book, or journal (optional)
- Money for meals or food not provided