



CSUSB Resource Guide

for Student Parents and/or Guardians

Supporting Students and Parents
Updated September 2022



Welcome to CSUSB's Resource Guide

Cal State San Bernardino provides resources and assistance to student parents, guardians and/or caregivers to support their college experience.

We're dedicated to assisting students with identifying both on and off campus resources that meet both their academic and personal needs.

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Basic Needs

Our Resources:

- [Basic Needs & Student Support Center](#)
- CalFresh & CalFresh Healthy Living
 - » [CalFresh Application Assistance](#)
- CalWORKs (California Work Opportunity and Responsibility to Kids)
- [Community Action Partnership of San Bernardino Children's Services](#)
- Community Resources & Programs
- Emergency Financial Grants
- Emergency Housing Support
- [The Junior League of Riverside Diaper Bank](#)
- [Obershaw & PDC DEN Food Pantries](#)
 - » Fresh Produce
 - » Food & Snack Items
 - » Hygiene Products
- WIC (Woman, Infants, & Children)





Contact Us:

 (909) 537-3663

 SMSU South - 224

Obershaw DEN:

 (909) 537-3663

 SMSU South - 224

PDC Campus DEN:

 (909) 537-8173

 HS - 118

CARE Team:

 (909) 537-2273

 care@csusb.edu



Children's Center

The Children's Center has two preschool classrooms and serves children from 2 years, 9 months to 5 years of age.

Since the Children's Center is funded through the California Department of Education, student parents typically qualify for state funding. During the summer, a school age program is available for children 6-12 years old.

Applications for new families are released each Semester and parents are able to apply directly on the Children's Center website. After applying, parents are required to submit supporting documentation and pay stubs to determine eligibility and need for state funding.

Contact Us:

 (909) 537-5928

 CC-101

Infant/Toddler Lab School

The Infant/Toddler Lab School (ITLS) has three classrooms and serves children from 3 months to 36 months of age.

Student parents who are pell-eligible can receive funding for childcare through the Child Care Access Means Parents In School (CCAMPIS) grant while taking classes at CSUSB.

Applications for new families to attend the ITLS are released each semester and parents are able to apply directly on the ITLS website.

Contact Us:

📞 (909) 537-5661

📍 SB-145





Institute for Child Development & Family Relations

Our Resources:

- **Student-Parent Listserv**
 - » Join our [Student-Parent Listserv](#) to stay up-to-date with our resources.
- **FREE Family and Parenting Related Webinars**
 - » Visit our website to learn more about [upcoming events](#) or browse through our video library.
- **FREE Science of Parenting Classes**
 - » Available for families that live in the San Bernardino Unified School District.
 - » Science of Parenting Classes are offered through [Karnig Infant-Toddler Success](#).
- **FREE Children's Book Exchange**
 - » Events are held periodically. Visit our [upcoming events](#) page to learn more about future book exchanges.
 - » Student parents can also stop by the Institute for Child Development & Family Relations office to browse and exchange books.

Office of Financial Aid & Scholarships

Our Resources:

- **Federal Pell Grant**
 - » This grant is provided by the federal government to help pay for educational expenses. Federal Pell Grants are awarded to students who display exceptional financial need and have not earned a bachelor's, graduate, or professional degree.
 - » In some cases, a student enrolled in a postbaccalaureate teacher credential program may be eligible for a Federal Pell Grant).
- **State University Grant (SUG)**
 - » This CSU systemwide award provides need-based awards to eligible students who are California residents or otherwise determined as eligible.





- **Cal Grants**

- » A Cal Grant is money for college; it does not require repayment. To qualify, you must apply for the Free Application for Federal Student Aid (FAFSA) or California Dream Act Application (CADAA) by the deadline and meet the eligibility and financial requirements as well as any minimum GPA requirements. Your eligibility will be based on your FAFSA or CADAA responses, your verified Cal Grant GPA, the type of California colleges you list on your FAFSA, and whether you're a recent high school graduate. Cal Grant A will pay tuition for a maximum of four years. If you're applying using your high school GPA, you must have at least a 3.0 GPA; if applying using your college GPA, you must have at least a 2.4 GPA. Cal Grant B provides a living allowance of \$1,672 for a maximum of four years, in addition to tuition assistance after the first year. Requires at least a 2.0 GPA.

- **Direct Loans**

- » Direct Loans are offered through a loan program administered by the federal government. These are financial awards that need to be repaid.
- » Direct Subsidized Loans are loans made to eligible undergraduate students who demonstrate financial need to help cover educational costs.
- » Direct Unsubsidized Loans are loans made to eligible undergraduate, graduate, and professional students, but eligibility is not based on financial need. Loan amounts awarded are based on grade level.

- **Tuition Fees**

- » Tuition is the charge for the instruction you receive while at CSUSB. Fees are supplementary costs in addition to the tuition you pay for campus services.

- **Books**

- » An estimate of the cost of books per term.

- **Food/Housing**

- » If you are living on-campus, this is a direct cost paid to CSUSB.
- » If you are living off-campus, this is an estimate of your expenses.

- **Transportation**

- » An estimate of your transportation cost.

- **Personal/Supplies**

- » An estimate of the cost of personal expenses and other supplies.

- **Cost of Attendance (COA)**

- » This includes all the necessary expenses a student typically incurs for a full academic year.
- » Direct costs are those items paid directly to CSUSB and include tuition, fees, room and board which refers to housing and meals, if you live on campus.
- » Indirect costs are those items that are not always paid directly to CSUSB, but are still considered necessary for your education. They include books, supplies, transportation, and personal expenses.

- **Expected Family Contribution (EFC)**

- » This is meant to help you figure out how much you might have to pay for college. The number is based on the information you input on your FAFSA or CADAA.

- **Unmet Need**

- » This is the difference between the financial need and the student's need-based financial aid package. (Unmet Need = Financial Need – Financial Aid)





- **CalFresh**
 - » CalFresh is a nutrition assistance program that helps low-income individuals and families buy the food they need.
 - » Recipients receive and “spend” CalFresh benefits electronically, via personal Golden State Advantage electronic benefits transfer (EBT) cards that look just like any other credit or debit cards.
- **Food Pantry**
 - » The Obershaw DEN serves to assist CSUSB students who face food insecurity or scarcity.
 - » The Obershaw DEN is only available to currently enrolled CSUSB students (proof of enrollment must be presented at first visit and each following term).
- **Campus Housing**
 - » Living on campus is convenient and gives residents access to all the great resources campus has to offer. An Early Application Rate is available to both new and continuing students and is a discount equivalent to one month of free rent!

Contact Us:

📞 (909) 537-5227

📍 UH-150

Osher Adult Re-Entry Center

Our Resources:

- Study Space
 - » Designated space for student parents to study.
- Kids Play Space
 - » Designated space for your children to play.
- FREE Family Events
 - » Visit our website to learn more about [upcoming events](#).

Contact Us:

📞 (909) 537-5253

📍 SMSU North-3316





Join the Student Parents Group on Coyote Connection through your MyCoyote portal!

Additional Questions? Contact the Dean of Students at dos@csusb.edu