CSUSB Adventure Camp Coyote Packing List
(Items in Bold are available to check out)

Pack and Sleeping:
• Duffle Bag
• Day Pack
• Sleeping Bag (provide if needed)
• Sleeping Pad (provide if needed)
• Travel Pillow

Upper Body:
• Waterproof or Windbreaker Jacket
• Fleece Jacket or Sweatshirt
• Synthetic Long Sleeve Top(s) – Polypro, Capilene, or Polyester
• Cotton or Synthetic Blend Hiking Shirt(s) (Breathable Layer)
• Cotton or Synthetic Camp Shirt(s) (a Clean Shirt to Wear at Camp)
• Sports Bra

Lower Body:
• Nylon Shorts
• Light Weight Long Pants/ Cotton or Synthetic Hiking Pants
• Underwear
• Synthetic Long Underwear

Feet, Hands, and Head:
• Hiking Shoes/Boots
• Comfortable Camp Shoes
• Hiking Socks (No Cotton)
• Warm Gloves
• Wide Brimmed Shade Hat
• Warm Beanie or Stocking Cap

Personal Items:
• Toiletries (Toothbrush, Toothpaste, Soap, Tampons, Contact Lenses and Cleaning Solution)
• Shampoo and Conditioner (If Showers are Available)
• Towel
• Earplugs (optional)
• Sunscreen
• Insect Repellant
• First-Aid Supplies (NSAIDs, Band-Aids, After-Bite, personal medications, blister care)
• 2 Reusable Water Bottles (1 quart)
• Headlamp with Extra Batteries
• Sunglasses
• Trash Bags
• Camera, book, or journal (optional)

Group Equipment that CSUSB Adventure will provide:
• Expedition First aid Kit
• Stoves, Fuel, Cooking Gear
• Repair Kit for Tents, Stoves, Packs, etc.