

*Sponsored by Counseling & Psychological Services*

# IT TAKES A VILLAGE: PARENTING GROUP



For students to connect with other parents juggling parenthood, academics, and life. Join us as we talk about the ups and downs of parenthood, self-care, and finding balance.

**Thursdays**  
**9:00 – 10:20 am**

*All groups require a pre-group appointment with the group leader. Call or stop by to schedule yours today (909) 537-5040.*



*For disability-related accommodations, please contact Counseling and Psychological Services three working days in advance at (909) 537-5040 or [psychcounseling@csusb.edu](mailto:psychcounseling@csusb.edu)*