



SPONSORED BY
COUNSELING & PSYCHOLOGICAL SERVICES

AMAC Group

Tuesdays 10:30 - 11:50 am

THIS GROUP PROVIDES A SAFE, EMPOWERING, AND SUPPORTIVE ENVIRONMENT FOR SURVIVORS OF CHILDHOOD SEXUAL ABUSE TO CONTINUE TO GROW ALONG THE PATH TO INCREASED SELF-EMPOWERMENT. THE GROUP AIMS TO DECREASE FEELINGS OF ISOLATION WHILE BUILDING COLLECTIVE INNER STRENGTH, SELF-WORTH, AND HEALTHY COPING SKILLS TO THRIVE IN LIFE.

All groups require a pre-group appointment with the group leader. Call or stop by to schedule yours today (909) 537-5040.

For disability-related accommodations, please contact Counseling and Psychological Services three working days in advance at (909) 537-5040 or psychcounseling@csusb.edu