

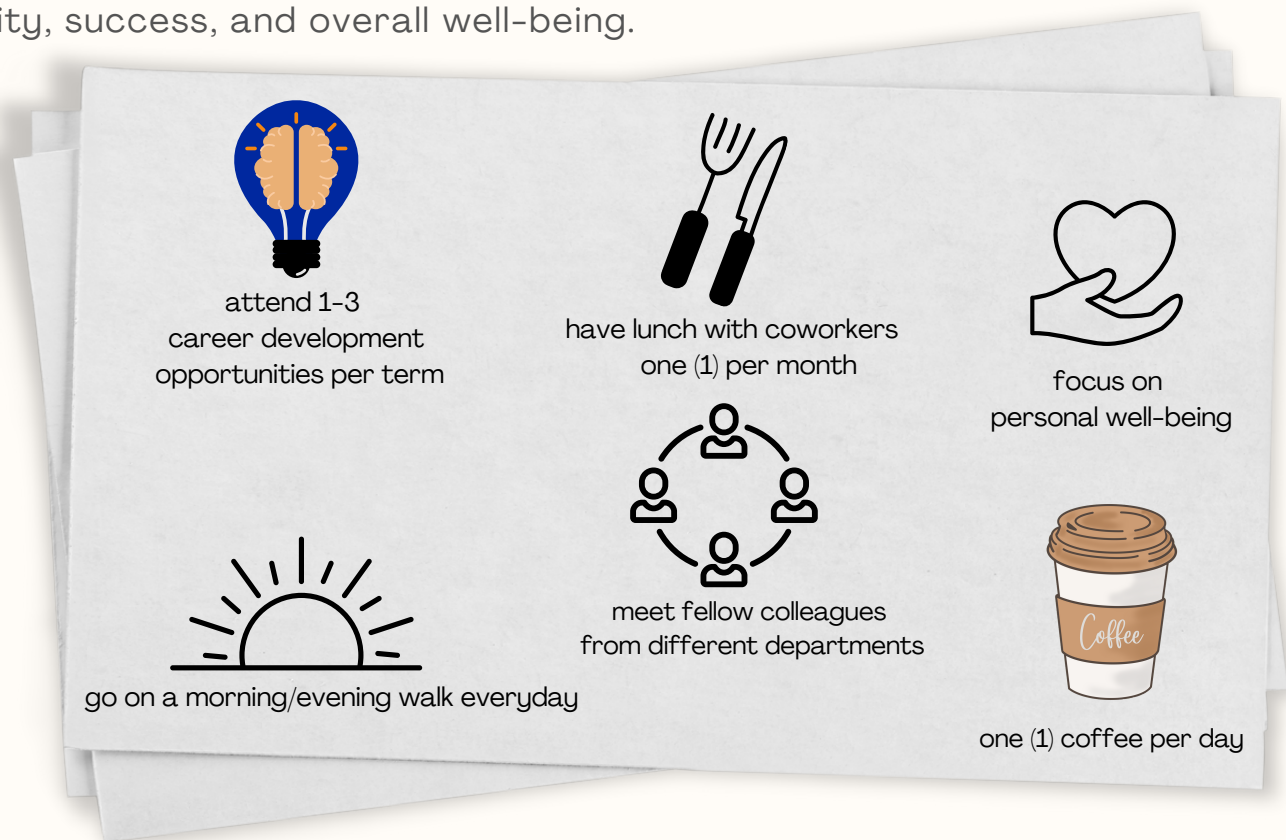
CREATE YOUR NEW YEAR VISION BOARD

SHINE BRIGHT IN 2023

DECEMBER 6

ACTIVITY DESCRIPTION:

Vision boards are a great way to display your current or future goals and dreams. A collage of photos and phrases visible to you not only increases optimism, but also positivity, success, and overall well-being.



create your vision board digitally or explore your craft skills by creating a physical board

Please email a copy of your vision board to the Staff Development Center,
staffdevelopmentcenter@csusb.edu

Note: Participation in this activity can earn you one (1) entry into the 12 Days of Learning opportunity drawing(s).

IF YOU ARE IN NEED OF AN ACCOMMODATION OR HAVE QUESTIONS,
PLEASE CALL (909) 537-3125 OR EMAIL **STAFFDEVELOPMENTCENTER@CSUSB.EDU**