

## APRIL

TUESDAY	WEDNESDAY	THURSDAY
14	15	16
		9:00 AM Good Morning Yotes
		10:00 AM Time to De-Stress
		12:00 PM Health Ed Presentation Best Practices for Online Studies
		1:00 PM Peer Presentation Seven Dimensions of Wellness
		2:00 PM Love Lab Love Therories
		4:00 PM Meditation
21	22	23
9:00 AM Good Morning Yotes	9:00 AM Good Morning Yotes	9:00 AM Good Morning Yotes
10:00 AM Time to De-Stress	10:00 AM Time to De-Stress	10:00 AM Time to De-Stress
12:00 PM Health Ed Presentation Enhancing Memory/Study Skills	12:00 PM Cooking with Cruz Getting "Kitchen Ready"	12:00 PM Health Ed Presentation Financial Health
1:00 PM Peer Presentation Fitness at Home	1:00 PM Peer Presentation Condoms and Lube 101	1:00 PM Peer Presentation Marijuana
2:00 PM Love Lab Healthy Dating	2:00 PM Love Lab Intimacy	2:00 PM Love Lab Safer Sex
4:00 PM Meditation	4:00 PM Meditation	4:00 PM Meditation
28	29	30
9:00 AM Good Morning Yotes	9:00 AM Good Morning Yotes	9:00 AM Good Morning Yotes
10:00 AM Time to De-Stress	10:00 AM Time to De-Stress	10:00 AM Time to De-Stress
12:00 PM Health Ed Presentation Getting the Best Sleep	12:00 PM Cooking with Cruz Food Handling, Safety, and Storage	12:00 PM Health Ed Presentation Healthy Liver Lifestyle
1:00 PM Peer Presentation Safe to Vape?	1:00 PM Peer Presentation STI's	1:00 PM Peer Presentation Birth Control Basics
2:00 PM Love Lab Co-Dependent Relationships	2:00 PM Love Lab Online Dating	2:00 PM Love Lab Sexting Issues
4:00 PM Meditation	4:00 PM Meditation	4:00 PM Meditation