

T.I.P.S.

The Speaking Center Presents:

Techniques to Improve Public Speaking

To schedule an appointment visit: <https://www.csusb.edu/speaking-center-jhbc>

Convenient and simple techniques or suggestions to help improve in a variety of public speaking areas.

Networking

Have a plan when attending a networking event

- Find out who might be attending the event
- Learn something about these people
- Decide who you would like to meet most
- Make your best effort to meet those people

How many people should you meet at an event?

- No specific amount of people
- Quality of interactions over quantity
- Set a goal for yourself.
 - "I will meet five people at this event."
 - "I will meet one quality connection at this event."
 - "I will meet _____ at this event."

How to prepare to be a better networker?

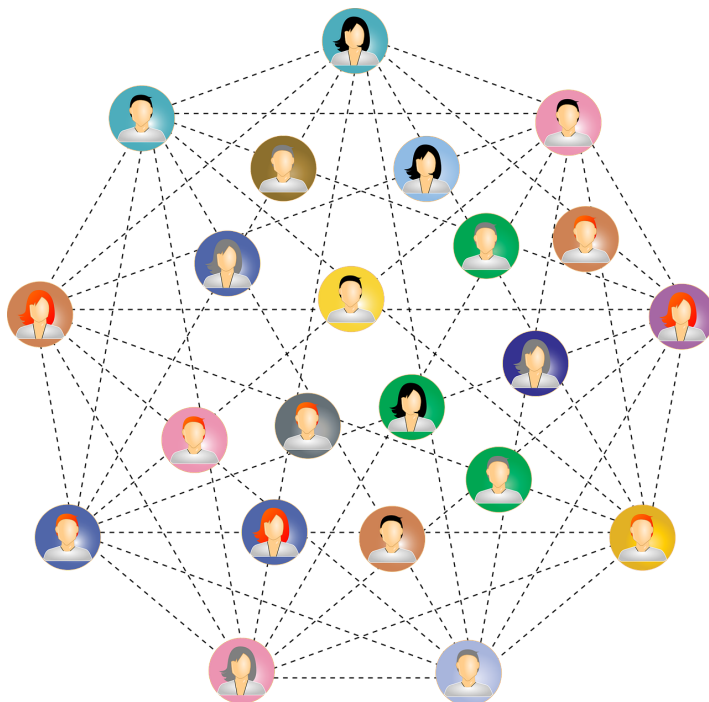
- Work on being able to engage in "small talk"
 - Small talk is comforting and a good way to connect
- FORCE yourself to follow up with a connection made
 - You worked hard to make a connection, now commit to follow up. It's important!

Should I network all on line?

- Short answer is "No"
- Get dressed up and interact with people in a live setting.

What is the most important part of networking?

- Be genuine
- Don't ask for something before you can offer something
- Be generous, be ready to help if able to
- Be Yourself and have fun!



Reference: Public speaking tip 66: Choose a networking strategy that works for you, whether you're an introvert or an extravert. (2015, May 21). *Speak Up For Success*.

<https://speakupforsuccess.com/public-speaking-tip-66-networking-like-yourself/>