

# T.I.P.S.

The Speaking Center Presents:

## Techniques to Improve Public Speaking

To schedule an appointment visit: <https://www.csusb.edu/speaking-center-jhbc>

Convenient and simple techniques or suggestions to help improve in a variety of public speaking areas.

### Basic Guidelines for Public Speaking

#### The basics:

- Don't overestimate what your audience knows
- Relate the topic directly to your audience
- Don't be too technical; define key terms
- Avoid abstractions, be descriptive and detailed
- Personalize your ideas (be a storyteller)
- Be creative!

#### Be sure to help your listeners sort out facts and ideas:

- Use transitions
- Summarize your main points
- Tell them what you are going to tell them (Intro)
- Tell them what you told them (Conclusion)



The most important guideline for a successful speech is to be well prepared. Speaking is a skill. Just like any other skill, improvement only comes with practice!

#### Example of basic speech organization:

- **Introduction (about 10% of speech)**

- Attention getter
- Audience relevance
- Speaker's credibility
- Thesis statement
- Preview of main points

*\*\*Good Transition Statement\*\**

- **Body (about 85% of speech):**

- Main point 1
  - Sub-point 1
  - Sub-point 2
    - Sub-sub-point 1
- Main point 2
- Main point 3

*\*\*Good Transition Statement\*\**

- **Conclusion (last 5% of speech):**

- Signal the end (ex: "In conclusion....")
- Reinforce thesis (recap, or summarize main points)
- Call to action if needed (persuasive)
- Clincher (ex: "....thank you")