CSUSB Adventure

Ski Packing List

(Items in **Bold** will be rented at Snow Valley)

Pack and Gear:

• Skis and Bindings

Upper Body:

- Waterproof/Windproof Jacket
- Fleece Jacket or Sweatshirt
- Synthetic Long Sleeve Top(s)
- Cotton or Synthetic Blend Shirt (Breathable Layer)
- Cotton or Synthetic Camp Shirt (a Clean Shirt to Wear at Camp)
- Sports Bra

Lower Body:

- Nylon Shorts or Light Weight Long Pants/ Cotton or Synthetic Hiking Pants
- Snow Pants or warm pants
- Underwear
- Synthetic Long Underwear
- Bathing Suit (if needed)

Feet, Hands, and Head:

- Ski Boots
- Mouth and Nose Face Covering (Covid-19)
- Warm Socks (No Cotton)
- Snow Gloves/Mitts
- Wrist Guards (optional)
- Helmet (optional)
- Warm Beanie

Personal Items:

- Water Bottle
- Sunscreen and lip balm
- Food or Money for Lunch
- Goggles or Sunglasses