

Public Health Newsletter

Winter 2016

Public Health Faculty Advisors.

Student last name begins with A-D: Dr. Ted Coleman

Student last name begins with E-O: Dr. Monideepa Becerra

Student last name begins with P-Z: Dr. Angie Otiniano Verissimo

Welcome to the Winter 2016 Public Health Newsletter

Dear Students,

Welcome to our first quarterly issue of Public Health Newsletter focused on the public health programs in the Department of Health Science and Human Ecology. Each quarter, we will be highlighting the various achievements of the current students as well as the alumni, along with annual faculty and staff updates.

We are delighted to have you as a valuable part of our Public Health family and we look forward to getting to know each one of you better this year.

Wishing you all the best for Winter quarter Finals!

Content

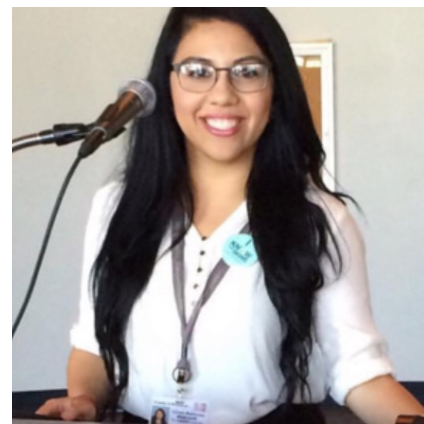
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Want to be a featured student? Check out our Facebook Page for more details: <https://www.facebook.com/CSUSB.HSCI/>
Questions or concerns? Contact Dr. Becerra at mbecerra@csusb.edu

Featured alumna of Bachelors of Science Public Health Education concentration

Q: Describe your current job(s) and related responsibilities?

I currently work for the County of Riverside Department of Public Health-Injury Prevention Services, under the Teen Suicide Awareness and Prevention Program. I work with seven school districts in the county in which I educate middle school and high school students on the risk factors and warning signs of suicide. I also work as a Teaching Associate for California State University, San Bernardino (HSCI 120 lab).

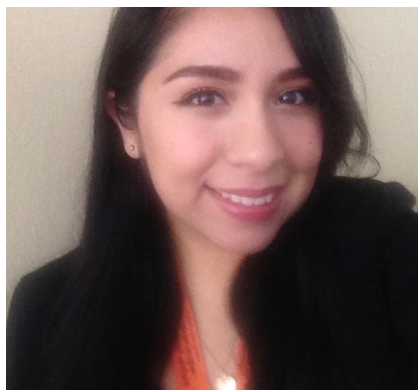


Connie Marmolejo

Q: How did your Public Health Education (PHE) program prepare you for your current job(s)?

The PHE program allowed me with the opportunity to do field work as part of my undergraduate requirements. I decided to do my internship at the County and it is through my internship that I was hired on as a County employee. The PHE program teaches students about learning general public health and importance of prevention. It is through the program that I was able to teach my students how prevention can help individuals seek resources and help others. As for my teaching job at CSUSB, the PHE program taught me critical thinking skills, in which reinforce my ability to teach other students.

Current PHE Student Feature



Abigail Lopez

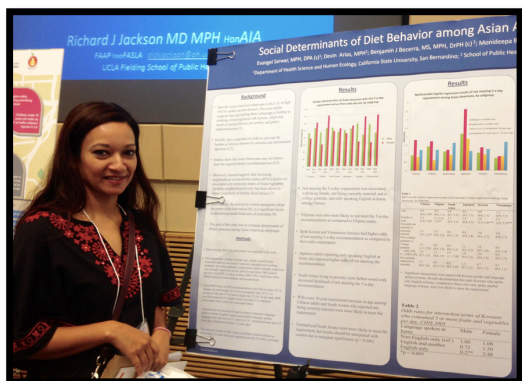
Q: Tell us a little about yourself.

I am a 4th year undergraduate pursuing a Bachelors degree in Public Health Education. As a future Health Educator, I am devoted to improving the overall well being of individuals and communities by educating, advocating, and promoting a healthy lifestyle while also being a helpful resource for those in need. My current internship at Dignity Health Community Hospital of San Bernardino Health Education Center allows me to utilize the concepts I have learned throughout my 4 years at CSUB while gaining hands on experience in the field.

Q: Have you found what you are learning in the current PHE program apply to your internship or job?

Dignity Health Community Hospital of San Bernardino (CHSB) Health Education Center defines all that it is about Public Health. It embodies the process of promoting healthy lifestyles in children, families, and communities to improve their quality of life through education to inspire and instill knowledge in each and every individual that walks through the door seeking help. Some of the tasks I have accomplished so far during my internship include developing marketing materials, preparing and administering educational classes, analyzing retrospective results, community outreach, and creating newsletters for community partners. All of which are concepts in the curriculum introduced by the Public Health Education program.

The content of the interview has been modified to fit the space. Other portions of the interview will be released at a later date.



Evangel Sarwar

Featured alumna of Master of Public Health (MPH)

Q: Describe your current job(s) and related responsibilities?

Currently I am a full time PhD student in Healthcare Ethics at Duquesne University, where I am also a Graduate Assistant and part-time Wellness Coach at Robert Morris University, in Pittsburg, PA. As a Graduate Assistant I am working on several research projects, including: writing book chapters, research articles, etc. As a Wellness Coach I am developing a one of a kind program that is offered to online students for free, where I have had to collaborate with different departments as well as develop surveys, create Black Board and Facebook pages, and develop marketing materials.

Q: How did the MPH program prepare you for your current job(s)?

Through this MPH program I got the educational exposure that I needed through the courses and instruction from faculty. All the courses were very important; it prepared me with the knowledge and writing skills required for both academia and the field. I learnt about the importance of overall quality of life; and the importance of culture and diversity through the courses taken at CSUSB. The research and writing skills prepared me for the intensive research and writing in the Ph.D. Program.

Current MPH Student Feature



Sha-Knecia
Payne

Q: Tell us a little about yourself.

I currently work for a community base non-profit organization known as Inland Behavioral & Health Services, Inc (IBHS). The department I work in is the Women Infant Children Program (WIC). My job title is Breastfeeding Coordinator which is an administrative position. Some of my job responsibilities are:

- Planning Breastfeeding Activities
- Networking with Healthcare Professionals
- Updating Agency Policies and Protocols
- Inventory and Audits

I am also a Teaching Associate for Health Science 120 lab.

Q: Name one major strength in the MPH program?

A major strength of the MPH program is having people who are currently working in the field of Public Health to teach the courses. Experience goes a long way with teaching because being able to give real life examples that correlate with the literature creates many "ah ha" moments for students resulting in comprehension. It is only when students comprehend things that learning has begun and can be applied.

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Master of Public Health (MPH)

Have you heard about our successful MPH program?

2-year MPH program
High job placement rates

Apply today!
Deadline: May 16, 2016

Required items for application

- ✓ **CSU mentor application**
- ✓ **Department application including:**
 - CSU mentor application proof
 - Statement of purpose
 - Writing sample
 - 3 letters of recommendation along with recommendation form directly sent to the department
 - Resume or *curriculum vitae*
 - Signed forms (x3) found in the application
 - Unofficial transcripts (not required for CSUSB students)
 - GRE or proof of coursework for waiver



Quick Facts

- 2-year full time program.
- Courses are at night, face-to-face, hybrid, and some online.
- Internship placement consultations with advisory board members.
- Several MPH students publish research in highly regarded journals.
- Council on Education of Public Health-based coursework design.

For more information contact MPH program coordinator:
Dr. Monideepa Becerra at mbecerra@csusb.edu; (909) 537-5969 (email preferred)