## Ways to help you get the most out of tutoring

How to prepare for a tutoring session:

- 1. Bring relevant materials, such as lecture notes, assignments, book, and graded tests.
- 2. Think of specific questions you want to ask the tutor.
- 3. Do not come in expecting a tutor to do your work. Tutors are now permitted to edit compositions, do your homework, or assist with take-home examinations. One objective will be for you to learn how to learn the material.
- 4. Do your homework. Work through the assignment you will be coming to the tutoring session for help on. That way you will be able to recognize what you know and what you don't know. You will be better able to explain to your tutor what topics you need help understanding. This way you will be able to target your most relevant struggles in the limited time you will be spending with your tutor.
- 5. Attempt and complete, if possible, **every** question in your current homework. Make a note as to where you struggle and show these to your tutor. This will save a lot of time and will help you get working on the parts that you are really having trouble with.
- 6. Come in at a time that will give you an opportunity to work on problems after the tutoring session.

You and your tutor working together can figure out what you have forgotten or never learned. Your tutor can help you learn topics that you did not have a chance to learn. Your tutor can help you relearn topics that you have forgotten. It is important to gain skills in relearning topics you have forgotten.

## During your session:

- 1. Remember your tutor will not be doing the work for you. Your tutor will help you understand the relevant subject matter. Your tutor will show you how to apply these concepts to homework or test problems.
- 2. Take notes during tutoring such as explanations, instructions for working through problems. Record sample problems that you and tutor work on.
- 3. Explain to the tutors how you approach or think about a problem. This will help the tutor understand your strengths and problems areas.
- 4. Let your tutor know if a particular method of explanation makes sense to you or when one does not. That way the tutor can use a method that is helpful instead of confusing.
- 5. Pay close attention to how the tutor is approaching a problem so that you can try that method when the tutor is not around.

Tutoring can help you learn to become a more responsible student. A responsible student puts energy into learning, both in class and outside of class. A responsible student does required reading and written assignments. A responsible student turns in homework on time. A responsible student comes to class and tutoring sessions with the needed tools (such as pencil, paper, and books).

A responsible student pays attention in class and while being tutored. You can learn to detect when you are not paying attention—when your mind is wandering from the learning task. With some instruction and practice you can learn to focus your attention on a learning task.