

# October 2023 Program Schedule

## Monday 10/2

CalFresh Healthy Living

Planning & Preparing Healthy Meals-Series Workshop #1

Coyote Village Kitchen

Time: 2 p.m. - 3 p.m.

## Wednesday 10/2

CalFresh Healthy Living

Flavor Using Seasoning and Spices

LatinX Center SMSU N 3308

Time: 2 p.m. - 3 p.m.

Monday 10/9

CalFresh Healthy Living

Lunch on The Go w/Knife Skills

Coyote Village Kitchen

Time: 2 p.m. - 3 p.m.

Tuesday, 10/10

PDC DEN

PDC Mobile Market

**IW** Theater

Time: 12:30 p.m. - 2 p.m.

## Monday 10/16

CalFresh Healthy Living

Easy Dishes with Meal w/Cooking Class

University Village Center

Time: 2 p.m. - 3 p.m.

Thursday, 10/19

CalFresh Healthy Living / PDC DEN

Harvest of the Month

PDC Roadshow

Time: 12 p.m. - 1:30p.m.

Saturday 10/28

Department of Basic Needs and Student Support CalFresh Healthy Living/ Obershaw DEN

Hygiene Product Drive

Harvest of the Month Tabling

Coyote Dining Quad @ CSUSB Homecoming

Time: 4 p.m. - 8 p.m.

### Department Hours

Monday- Friday 8:00 a.m. - 5:00 p.m. Student Union South Room 224

#### Contact Information

Phone: (909) 537-3663 Email: basicneeds@csusb.edu

#### Schedule an Appointment



#### Follow us on social media





If you have any questions or need accommodations please reach out to the Department of Basic Needs and Student Support at (909) 537 3663 or at basicneeds@csusb.edu







