



OSHER LIFELONG LEARNING INSTITUTE

at Cal State San Bernardino, Palm Desert Campus

FALL 2023

September - December



*Experience learning
for the pure
joy of it!*

The Osher Lifelong Learning Institute (OLLI) is a membership based organization designed for people who are passionately curious about life and have a strong desire to explore new ideas. OLLI provides its members with the opportunity to experience intellectually stimulating university-level courses in a nurturing and welcoming environment. New, exciting courses are offered every quarter at our local CSUSB campus in Palm Desert with no grades, tests or homework! We invite you to learn, laugh, question and share with others ageless thinkers who are equally fascinated by interesting topics, world issues and the history of entertainment. Experience learning for the pure joy of it!



Register online at:

www.csusb.edu/OLLI

WHAT'S NEW WITH YOUR OLLI PROGRAM

Welcome to OLLI - October 25, 5 PM

If you love to learn just for the joy of it, you're going to love OLLI! Come and find out what we are all about! Have a look at the trips, courses, discussion groups, and activities you can access as a member. Hear from long-time members and learn about the variety of volunteer opportunities. You'll likely make a few new friends too. Free, open to the public

Sages & Seekers - Pilot Program Fall 23

Sages & Seekers' mission is to combat social isolation, develop empathy and dissolve age-related segregation within our communities while meeting the universal and compelling needs of both young (Seekers) and mature (Sages) adults. This is achieved by creating a sense of intergenerational community in our programs, through the art of authentic conversation.

Members only, inquire via email

Special Interest Groups (SIG) Book Club - 2nd Wed. of the Month 4:00 PM, OLLI office & Zoom

Each month we read a book chosen by the group members. We read wide variety of genres, both fiction and nonfiction and take turns leading the discussion of each book. Our meetings are lively and fun, and we almost always learn things we did not expect to.

Restaurant Reviewers - Dates TBA

This new group of foodies meet once a month to try and review local eateries. Look for articles in our monthly newsletter.

Message From The Director

An Osher Lifelong Learning Institute (OLLI) membership is a great way to stay active and engaged in your community as you age. We offer sessions quarterly that give you the chance to learn for the joy of it! The cost of membership is very affordable; it's just \$75.00 and includes a campus parking permit. Membership provides you access to special events and programs, educational excursions as well as opportunities to volunteer and give back to your community. OLLI has a myriad of opportunities that are offered in-person and on-line; perfect to suit any lifestyle. Course prices range from \$10 - \$50 and are held for either 1-week, 3-weeks or 6-weeks. We are conveniently located at the Palm Desert Campus of CSUSB off of Cook Street. Join your local OLLI today! Stay sharp and get connect with like-minded people in your age group.

Kind regards,

Angela Allen, CSUSB OLLI Director

The gift of



**The Gift of Love & Laughter
A Holiday Fundraiser for CSUSB OLLI
with Bill Marx & Cash Baxter**

Saturday, December 2, 2023

7:00 PM – 9:00 PM

Indian Wells Theater

\$50 general seating \$75 VIP seating

*Special accommodation and sponsor
premium seating available.*

Get ready to be captivated by the extraordinary talents of two prominent artists in our community, Bill Marx and Cash Baxter! Bill is a renowned pianist, arranger and composer and a local legend and even has a star on the Palm Springs Walk of Stars. Cash is a fine arts painter, art historian, and world traveler. Together, these two make quite the comedy duo! Come and experience a once in a lifetime evening filled with art, music, and holiday cheer!
Invitations coming soon!

**Thank you to our
presenting sponsor!**



**BLANKE SCHEIN
WEALTH MANAGEMENT**

Meet Your OLLI Staff



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OLLI
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Adams**

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Coordinator
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Writing a 'Legacy Letter'

Jay Sherwin, JD, retired lawyer, writer, Life Review Advisor

A legacy letter (also called an "ethical will") is a written document that allows people to share their life lessons, express their values and transmit their blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family, friends and loved ones. This workshop includes discussion and brief writing exercises to help you examine your life history, explore your values and capture important insights. It offers advice, encouragement and a model structure to help you draft and complete your own legacy letter.

Monday, 10:00 AM - 12:00 PM
September 18
 Online via Zoom



Critical Minerals: The Green Energy Transition & The Pending Mining Boom

Scott McKnight, PhD, political science

The change to low-carbon emission energy is expected to revolutionize the way power is generated, stored and transported. This transition will have with far-reaching impacts on industries, households and nations. The looming surge in the need for 'critical minerals' has caused a re-thinking of supply chains to address weaknesses and import dependencies. This comes at a time of major green-focused legislation like the Inflation Reduction Act as well as serious geopolitical tensions such as deep worries over China's near-monopoly over various metals and minerals is leading to new political alignments characterized by 'friend-shoring' and 'de-globalization'.

Tuesday, 10:00 AM - 11:30 AM
September 19
 Online via Zoom

Negotiation Tips and Pitfalls in House or Vehicle Buying/Selling

Harry Schaffner, JD, retired lawyer, editor and instructor

Everyone can benefit from learning how to negotiate. You will develop confidence in how to make the best deal. This course will be concentrated on buying/selling a house or condo as well as buying and selling a motor vehicle. Gain insight into easy techniques to maximize your money in the two big difficult negotiations: houses and vehicles.

Wednesday, 1:00 PM – 3:00 PM
September 20
 Palm Desert Campus, IW 307

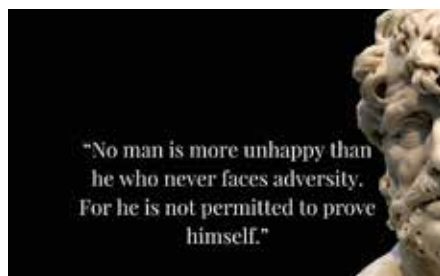


Stoic Wisdom: Ancient Lessons for Modern Resilience

Arlette Poland, PhD, retired lawyer, theologian, professor, artist

Contrary to popular belief and usage, to be truly stoic is not to be apathetic or uncaring. It is to care in a wholesome and useful way. Stoicism actually teaches to engage with compassion/empathy while also actively engaging your critical thinker side. It is practical, encourages virtue and helps overcome challenges - even today!

Thursday, 1:00 PM - 3:00 PM
September 21
 Palm Desert Campus, RG 309



"The Last of Sheila" (1973): Screening and Discussion

Bernard Epps, MFA, film aficionado academic liaison, writer

As a prelude to the Fall 6-week offering, "The Games Afoot: Murder-Mystery Movies", "The Last of Sheila" was a critical and box-office hit at the time it was released and has continued to be a fan favorite to present day. Six film-people are invited aboard a producer's yacht for a sea-faring scavenger hunt that turns into a murder mystery that is more than a game. Please join us to find out whodunnit as we launch into an exploration of this fascinating and fun film sub-genre that is all of its own. All aboard!!

Friday, 1:00 PM - 3:30 PM
September 22
 Palm Desert Campus, Oliphant Auditorium

"The Last Sheila"



FIND US ON FACEBOOK
facebook.com/OLLI.CSUSB/

OLLI ON THE GO! 
 Take OLLI with you!
 Zoom classes can be viewed anywhere you are and most classes will be recorded and are available upon request. Email us at olli@csusb.edu



So, You Think You Know What Love Is?

Ken Zanca, PhD, professor emeritus, Marymount California University

Using the insights from philosophers and world religions, we will examine contemporary notions of love, and then compare and contrast them with the “wisdom of the ages.” It is hoped that all of us are humble enough to expand our understanding of this core capacity of human beings.

Mondays, 1:00 PM – 3:00 PM
October 2 - October 16
Palm Desert Campus, RG 303



Rediscovering the Post-Impressionists (1910-1912)

Cash Baxter, MFA, fine arts painter, art historian, award winning producer

The Critic, Roger Fry, first used the term “Post-Impressionist” to describe the artists Cezanne, Gauguin, Matisse, and several Cubist artists (Picasso, Braque, Gris, Brancusi) in both the 1910 and 1912 exhibits. The term came to mean “a catch all” which describes the art that came after “Impressionism” from the 1880s through the end of the century. We will discuss colors used by the Impressionists to express more than a “visual interpretation” and how their experiments with paint, form and structure influenced and shaped artists’ perceptions and techniques that led to Expressionism, Cubism, Modernism, and painting as Abstraction.

Tuesdays, 10:00 AM - 12:00 PM
October 3 - October 17
Online via Zoom

Is This a Disease or Disorder?

Fred Abramson, PhD, chemist, pharmacology, George Washington University School of Medicine

Defining something as a disease is not simple. As a result, this boundary may be crossed, making common problems seem more important than they really are. This course will review a number of disorders that have become disease-like - correctly or not. Many such conditions were once just disorders and are now treated as diseases. Remember when there was no such thing as ADHD, GERD, or IBS? What is behind these reclassifications? I point to Big Pharma, medical groups, and editorial boards. Also consider: PMS, Alzheimer’s Disease, fibromyalgia, autism, prediabetes, and prehypertension. Join this class and follow these transformations.

Tuesdays, 3:00 PM – 5:00 PM
October 3 - October 17
Hybrid - Palm Desert Campus
RG 205 & Online via Zoom

Did You Have a Nice Trip This Fall? Fall Prevention

Kevin Richardson, PhD, occupational therapy, retired

Falls are the leading cause of death, injury and hospital admissions among the elderly population. According to a Centers for Disease Control and Prevention (CDC) report, one out of every four Americans aged 65 and older falls each year. This 3-week course focuses on fall prevention. The first week will look at the intrinsic and extrinsic aspects that can lead to a fall. These will include the personal physical aspects such as age, physical limitations, and medical history that impact falls. Additionally, we will look at the environment and how the environment impact falls. The second week will look at the three types of falls and typical causes of each type. Week three will look at fall prevention methods that will help to reduce the potential for falls.

Wednesdays, 12:00 PM – 2:00 PM
October 4 - October 18
Palm Desert Campus, RG 311

Sassy and Soulful: Black Women Poets Who Changed America

Lorenzo Taylor, MA, poet, playwright, novelist, journalist, storyteller

Maya Angelou, Audre Lorde, Sonya Sontag, Margaret Walker, and Amanda Gorman are part of a long line of dynamic Black female poets whose words had profound impacts on this nation and the world. This course will explore their poetry, backgrounds, and the social contexts in which they (and some lesser-known poets) wrote and performed

Wednesdays, 1:00 PM – 2:30 PM
October 4 - October 18
Instructor Live Stream
Palm Desert Campus, RG 307 & Online via Zoom



Going into the Cocoon and Coming out Transformed

Barbara Stenning, motivational speaker, coach, group facilitator

This course is designed to illustrate how we as humans, like our fellow creatures, need to occasionally retreat and access our inner world and wisdom in order to create change. This allows us to rest and renew our zest for living and assess the inner changes we long to make. In the cocoon, the caterpillar slowly transforms and then emerges as a beautiful creature a butterfly of many colors. This class will allow you to begin your transformation. Be ready to reflect and write and share.

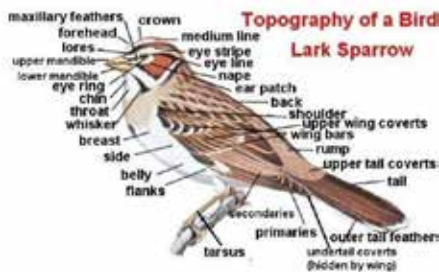
Wednesdays, 2:30 PM – 4:00 PM
October 11 - October 25
Palm Desert Campus, RG 303



Bird Identification Tips

Phil Parker, MBA, co-editor, Desert Cities Bird Club Newsletter, birder
 Learn a speedy way to get quick identification of birds that refuse to sit still while you look them up. It takes practice, but eventually birders can call out familiar birds with barely a glance. We will explore some of the birds expected in the Coachella Valley, and some of the sources of information that help us with identification. Also, we will share some of the "hot spots" of birding locations in and around the Coachella Valley.

Thursdays, 10:00 AM – 11:30 AM
October 5 - October 19
Online via Zoom



The Presidents of War: A Chronical of Daunting Times & The Leaders

Arlette Poland, PhD, retired lawyer, theologian, professor, artist
 We will explore the actions and possible thoughts of wartime Presidents Madison, McKinley, FDR and Johnson as they faced Congress, the courts, the press, the Constitution and the people during a time of intense challenge to our security and safety. The courage and mendacity combined with (in some cases) defiance of even the Constitutional requirements for making war make for a profoundly important and perhaps surprising experience in just three weeks.

Thursdays, 1:00 PM – 3:00 PM
October 5 - October 19
Palm Desert Campus, RG 303



Current Event Discussion Forum

Lara Bloomquist, JD, attorney, former prosecutor, criminal justice instructor
 You have a right to your opinion about the news and this is the course to express it. Or, you can sit back and listen to others voice their thoughts. Each week the class covers the hot topics of the day based on articles from The New York Times, the Los Angeles Times, The Wall Street Journal, The New Yorker, The New Republic, The Economist, Time magazine and many more. You will be alerted in advance of class which articles will drive the week's discussions. All thoughtfully delivered points of view are encouraged and will be respected because different opinions spark engaging discussions.

Fridays, 10:00 AM – 12:00 PM
October 6 - October 20
Online via Zoom

CURRENT EVENTS

Sinatra, The Films That Made Us Laugh, Cry & Cower

Frank Furino, staff director, ABC News, former instructor, UCLA
 Known mostly for his singing career, this course will profile three films in the cinematic career of Frank Sinatra. "From Here to Eternity" (for which he won an Oscar). "Ocean's 11" (made with his famous Rat Pack on camera and "The Man with the Golden Arm" (for which he was nominated for an Oscar) The films will be screened, then discussed, along with personal aspects of Mr. Sinatra's life and career..

Thursdays, 10:00 AM – 11:30 AM
October 5 - October 19
Palm Desert Campus, IW 120



Discovering the Culture of Korea

Bomi Hwang, lecturer, CSUSB
"Beauty is in the eye of the beholder"– Korean Proverb

This course offers an overview of Korean culture that highlights its philosophical emphasis on harmony and balance. We will examine how Korean culture, history, and values are represented through the various windows -- literature, architecture, art, music, and cuisine. Included are interactive sessions such as Korean art making, tea ceremony, film screening or/and writing Dica Poetry.

Fridays, 10:00 AM – 11:30 AM
October 6 - October 20
Palm Desert Campus, RG 205



Birthstones

Stephenie Slahor, PhD, writer, professor, lawyer, lecturer
 The tradition of a birthstone for each month of the year is well-known in history. This course will explore the facts, mysteries and intrigue involved in the discovering, mining, fashioning and marketing of the twelve birthstones and how best to care for gemstone jewelry and collections.

Fridays, 1:00 PM – 2:30 PM
October 6 - October 20
Instructor Live Stream
Palm Desert Campus, RG 309 & Online via Zoom



Inventing the Modern: Profiles from the Enlightenment

Jared Day, PhD, American history,
Carnegie Mellon University

One of the formative periods of European and world history, the Enlightenment is the fountainhead of modern secular Western values: religious tolerance; freedom of thought, speech, and the press; of rationality and evidence-based argument. It emerges out of a series of unlikely developments in 17th and 18th European thought and politics. In these 6 lectures, we will be exploring the lives and contributions of titans of the era including Isaac Newton, Thomas Hobbes, Voltaire, Adam Smith, Denis Diderot, and Jean-Jacques Rousseau among others.

Mondays, 10:00 AM - 11:30 AM

October 30 - December 11

Online via Zoom



International Documentary Cinema

Dale Knorr, BA, Communications,
Theater, Temple University

With the rapid growth and popularity of documentary filmmaking over the last 20 years, moviegoers have discovered the unique and powerful ways that documentaries can entertain, educate, and engage audiences. Although they usually aim to inform and motivate viewers, these films can also be intensely evocative. In this course, we will view and discuss an eclectic collection of contemporary nonfiction feature films from the United States and around the world that will cinematically transport us to interesting locals and allow us to ponder fascinating topics and ideas. The films will be presented with English subtitles as appropriate.

Mondays, 1:00 PM - 3:30 PM

October 30 - December 11

**Palm Desert Campus, Oliphant
Auditorium**

Classical Music Virtuosos

Emanuel Abramovits, MBA, Mechanical
Engineer, concert promoter

With anecdotes, stories, humor and strong support of audiovisuals, we'll explore the works and the legacy of influential performers who gave technical brilliance, richness of tone and showmanship another meaning, on piano, violin, cello and other instruments. Contrasting performers who base their art on acrobatics, but find a balance with intensity, passion and bold elegance. Performers whose impressive ability, charisma and distinctive sound have impressed audiences in the last 150 years, like Arthur Rubinstein, Jascha Heifetz, Vladimir Horowitz, Yuya Wang, Itzhak Perlman, Ara Malikian, Anne-Sophie Mutter, Lang Lang, Mischa Maisky and future talents, like Alma Deutscher.

Tuesdays, 10:00 AM - 11:30 AM

October 31 - December 12

Online via Zoom

The Art of the Coloratura

Barry Schoenfeld, BS, marketing,
consulting, OLLI instructor

The term coloratura is most commonly applied to the elaborate and florid ornamentation -- "cadenzas" -- in classical (late 18th century) and romantic (19th century, specifically bel canto) vocal music.

Not solely performed by sopranos, all female and male voice types can achieve mastery of coloratura technique. Some of the best examples are from tenors. Join Barry Schoenfeld for his next installment in his series of CSUSB performing arts courses. Come learn, listen & watch six weeks of the world's best coloratura singing!

Tuesdays, 1:00 PM - 2:30 PM

October 31 - December 12

Online via Zoom



Painting with Acrylics

Jack Flanigan, MFA, resident artist,
La Quinta Resort & Club

Acrylic paints are non-toxic, water soluble, friendly, and fast but not without impact. Experienced or novice, all are welcome! Jack has painted with acrylic paints for many years and still finds it to be creative, expressive fun. In this class we will explore painting with acrylic paints on canvas. SUPPLIES: multi-pack of acrylic paints (as many or as few colors that excite you); any additional tubes of color (just for fun); table top or standing easel; canvas to fit easel; 2 to 3 acrylic brushes of varying size; towel that will get dirty (paper towel is fine); water container

Wednesdays, 10:00 AM - 12:00 PM

November 1 - December 13

Palm Desert Campus, IW 205



DATES TO NOTE

No classes held:

Sept. 4 Labor Day

Nov. 10 Veterans Day (observed)

Nov. 23-24 Thanksgiving

Dec. 22-31 Christmas Break

OLLI office closed:

November 20-24, 2023

December 18-21, 2023



The Art of the Tale: Mid-Century Short Stories

Robert Weibezahl, MA, writer, editor, author

We expand our ongoing exploration of short fiction with a dive into Daniel Halpern's splendid *The Art of the Tale: An International Anthology of Short Stories*. Reading an array of stories by some of the finest writers around the globe, published between 1945 and 1985, we will investigate the ways these men and women touch upon both culturally specific and universal themes as they use fiction to explore life, love, change, and what it means to be human. As with past classes, the stories will be grouped and discussed thematically. There is no prerequisite.

Thursdays, 10:00 AM – 11:30 AM
November 2 - December 14
Online via Zoom



Music, Media, and the Counterculture 1950-80

James Pagliassotti, author, writer, *The Denver Post*

This class examines music, media, and culture at a time of profound social upheaval. The intersection where they met in post-War America was pivotal, the affect they had on each other was unprecedented and altered them in ways that still impact society today. At its core is a classic struggle between art and commerce, innovation and orthodoxy, freedom and control. And it's only rock 'n' roll. With a mix of lecture, audio-visual, music, and discussion, we study why it's a story worth remembering and retelling through our personal narrative of the time.

Thursdays, 1:00 PM – 2:30 PM
November 2 - December 14
Online via Zoom



Current Event Discussion Forum

Lara Bloomquist, JD, attorney, former prosecutor, criminal justice instructor

You have a right to your opinion about the news and this is the course to express it. Or, you can sit back and listen to others voice their thoughts. Each week the class covers the hot topics of the day based on articles from *The New York Times*, the *Los Angeles Times*, *The Wall Street Journal*, *The New Yorker*, *The New Republic*, *The Economist*, *Time* magazine and many more. You will be alerted in advance of class which articles will drive the week's discussions. All thoughtfully delivered points of view are encouraged and will be respected because different opinions spark engaging discussions.

Fridays, 10:00 AM – 12:00 PM
November 3 - December 15
Hybrid

Palm Desert Campus RG 303 & Online via Zoom

The Games Afoot: Murder Mystery Movies

Bernard Epps, MFA, film aficionado academic liaison, writer

Who doesn't love a good murder mystery? Join us for a line-up of six crowd-pleasing films featuring a grand cast of characters, plots to keep you guessing and the gamesmanship of the wily and the witty. Together, we will put the various elements that make up this beloved genre under a magnifying glass as we watch, analyze and then subsequently engage in a post-film discussion of "Witness for the Prosecution" (1957), "Anatomy of a Murder" (1959), "Murder on The Orient Express" (1974), "The Usual Suspects" (1995), "Sleuth" (1972) and "The Good Liar" (2019). Let the fun and games begin

Fridays, 1:00 PM – 4:00 PM
November 3 - December 15
Hybrid

Palm Desert Campus, Oliphant Auditorium & Online via Zoom

UPCOMING OLLI EVENTS

Register for these events online at: csusb.edu/olli/events

The Life of a Citizen-Soldier

General Kenneth Bouldin
Friday, 5:00 PM - 6:30 PM
October 6
Oliphant Auditorium
Free, members only

Forget Me Not: Steven Spielberg's "Schindler's List" (1993) On Its Thirtieth Anniversary

Butch Epps, MFA
On-campus screening
Friday, 1:00 PM – 5:00 PM
October 20
Oliphant Auditorium
Online discussion
Saturday, 10:00 AM – 11:30 AM
October 21
\$10 PP, members only
Visit our website for additional details.

Welcome to OLLI

Wednesday, 5:00 PM – 6:30 PM
October 25
Palm Desert Campus, RG 309
Free, open to the public

The Gift of Love and Laughter: A Holiday Fundraiser with Bill Marx & Cash Baxter

Saturday, 7:00 PM – 9:00 PM
December 2nd
Indian Wells Theater
Tickets \$50-75 PP, open to the public



FREE PUBLIC EVENTS

Thank you to the Rancho Mirage Library for partnering with OLLI. These events are free, open to the public and will be held at the RML. No registration required!

Let's Talk ChatGPT

Michael Casadonte, MA
Tuesday, 2:00 PM - 3:00 PM
October 17

Discovering the Valleys Treasures

Kerry Berman, CIG
Tuesday, 2:00 PM – 3:00 PM
October 24

First Name (PLEASE PRINT) _____ M.I. _____ Last Name _____

LOCAL Mailing Address _____

City _____ State _____ Zip _____

(_____) _____
Phone _____ Email _____

Date of Birth*: ____/____/____ Male ____ Female ____
*required for registration

For information regarding disability accommodation, please call (909) 537-8121.

Returning OLLI member
New OLLI member Referred by: _____

Are you a:

- Year-round resident
 Seasonal resident

Highest level of education?

- Associates Bachelor's
 High School Master's
 Ph. D. Some College

How did you hear about OLLI?

- Direct Mailing
 Email
 Friend
 Online
 Social Media
 Newspaper
 Other

MEMBERSHIP & COURSE FEES

- Annual Membership (required): \$75
includes a parking permit
 I've already paid my 2023-2024 membership
 I would like to volunteer as an OLLI ambassador
- 1-Weeks Courses: \$10 each
 3-Weeks Courses: \$30 each
 6-Weeks Courses: \$50 each

CHOOSE YOUR COURSES

One-Week Courses (\$10 each with membership)

- Writing a "Legacy Letter"
 Critical Minerals: The Green Energy Transition & the
Pending Mining Boom
 Stoic Wisdom: Ancient Lessons for Modern Resilience
 "The Last of Sheila" (1973): Screening and Discussion

Six-Week Courses (\$50 each with membership)

- Inventing the Modern: Profiles from the Enlightenment
 International Documentary Cinema
 Classical Music Virtuosos
 The Art of the Coloratura
 Painting with Acrylics
 Art of the Tale: Mid-Century Short Stories
 Music, Media and the Counterculture 1950-80
 Current Events Forum
 The Games Afoot: Murder Mystery Movies

Three-Week Courses (\$30 each with membership)

- So, You Think You Know What Love Is?
 Rediscovering the Post-Impressionists (1910-1912)
 Is This a Disease or Disorder?
 Sassy and Soulful: Black Women Poets Who Changed
America
 Did You Have a Nice Trip this Fall?
 Going into the Cocoon and Coming Out Transformed
 Bird Identification Tips
 Sinatra: The Films that Made Us Laugh, Cry & Cower
 Birthstones
 Discovering the Culture of Korea
 Current Events Forum
 The Presidents of War: A Chronicle of Daunting Time &
Leaders

Shared Interest Groups (free with membership)

- Book Club
 Restaurant Reviewers

PAYMENT

Please make check payable to CSUSB

Mail registration form and check to:
OLLI @ CSUSB Palm Desert Campus
37-500 Cook Street
Palm Desert CA, 92211

To make a payment with credit or debit

Register online at:
www.csusb.edu/OLLI

Or scan the QR code



I agree to abide by the university policies as outlined in the CSUSB catalog and on the website at www.csusb.edu/policies.

Participant Signature _____

Date _____