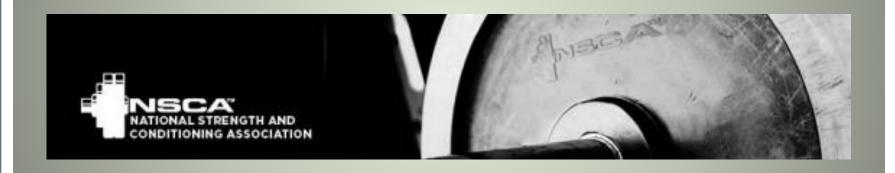
## **National Strength and Conditioning Association**



# Certified Strength and Conditioning Specialist (CSCS) Discounted Exam Certification Instructions



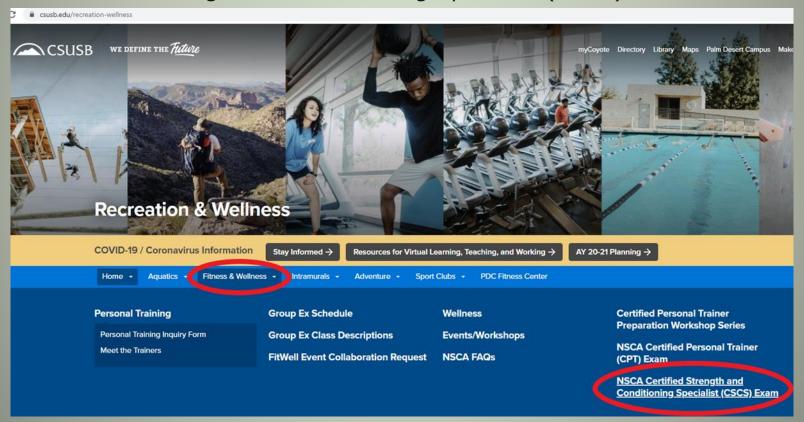


The CSUSB Kinesiology Department and the Recreation and Wellness Center have partnered with the NSCA and Human Kinetics to provide an excellent discount for students registering for the CSCS certification.

Current students (with a current student ID number) will need to purchase the learning materials with the correct ISBN from the CSUSB Bookstore and register through our CSUSB Recreation and Wellness Center website in order to take advantage of the discount. Without the purchase of the textbook using the ISBN associated, this process will not work and the discount will not be applied to the certification exam fee.



First, you will want to make your way to the CSUSB Recreation and Wellness Center's website at <a href="https://www.csusb.edu/recreation-wellness">https://www.csusb.edu/recreation-wellness</a>. Once there, hover over the "Fitness & Wellness" tab within the horizontal menu to reveal more options. On the right-hand side of the drop down menu, select the "NSCA Certified Strength and Conditioning Specialist (CSCS) Exam."





Once you are on the "NSCA Certified Strength and Conditioning (CSCS) Exam" page, it will give you additional information about the CSCS exam, including the discounted price and necessary prerequisites needed for the certification.

## NSCA Certified Strength and Conditioning Specialist Exam (CSCS) Exam Information:

CSUSB Student Recreation and Wellness Center has partnered with National Strength and Conditioning Association to provide those who qualify with a discount to take the Certified Strength and Conditioning Specialist Exam.

Standard Non-member NSCA-CSCS Exam = \$475

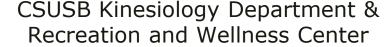
Discounted CSUSB NSCA-CSCS Exam = \$265

#### CSCS Exam Prerequisites:

- · Have a Bachelor's degree or higher degree or currently be enrolled as a college senior at an accredited institution
- · Have a current CPR/AED certification
- Purchase NSCA Certified Strength & Conditioning Specialist Book from Coyote Bookstore
  - ISBN 9781718202375 Hard Copy Physical Book
  - o ISBN 9781718202405 eBook
- If you have any concerns or questions regarding the NSCA-CSCS Exam Book, please contact 1100txt@follett.com

#### From the CSCS Website:

- · Please do not send in your supporting documentation until AFTER you have registered for an exam.
- Certification will not be granted until ALL of the eligibility requirements have been met. Candidates have one (1) year from their exam date to submit documentation demonstrating completion of all eligibility criteria.
- Exam results become invalid if acceptable eligibility documentation is not received within one (1) year of exam date.





After reading the additional information about the CSCS exam, scroll down and follow the steps on "How to Sign Up" and register for the NSCA-CSCS exam.

#### How to Sign Up:

- 1. Purchase NSCA-Certified Strength and Conditioning Specialist Book from Coyote Bookstore: Co
- Coyote Bookstore

- ISBN 9781718202375 Hard Copy Physical Book
- o ISBN 9781718202405 eBook
- 2. Create NSCA Customer Account:

Create an Account

- If you already have an account with NSCA, a new account is NOT necessary.
- After an account is created, you will need to click on your name in the top right corner. A drop-down menu will appear and your NSCA Customer ID will be listed.
- You will need this account number for ALL forms related to exam registration.
- 3. Go to NSCA-CSCS Exam Registration Form
  - o Attach Receipt from the Coyote Bookstore for Proof of Purchase.
  - o Fill out and submit NSCA-CSCS Exam Registration Form.
  - NSCA-CSCS Exam Registration Form
- 4. Pay for NSCA-CSCS Exam through Rec Shop Portal:
  - Sign In using MyCoyote Credentials, select Register and Check Out.
  - Discounted CSUSB NSCA-CSCS Exam is \$265 + \$1 processing fee = \$266
  - Rec Shop Portal
- 5. Wait for an email confirmation from NSCA with scheduling information



#### 1. Purchasing NSCA-CSCS Exam Book from Coyote Bookstore

Remember the purchase of the textbook is required to complete the NSCA-CSCS exam registration at the discounted price.

- Copy the ISBN you would like to purchase.
   Your preference on the ISBN choice one is the physical hard copy and the other is the electronic eBook copy of the textbook) to purchase.
- Both book options include a unique (ISBN) access code to the on-line study materials via Human Kinetics.
- Paste the ISBN into the Coyote Bookstore website using the blue "Coyote Bookstore" link.

Purchase NSCA-Certified Strength and Conditioning Specialist Book from Coyote Bookstore:

Coyote Bookstore

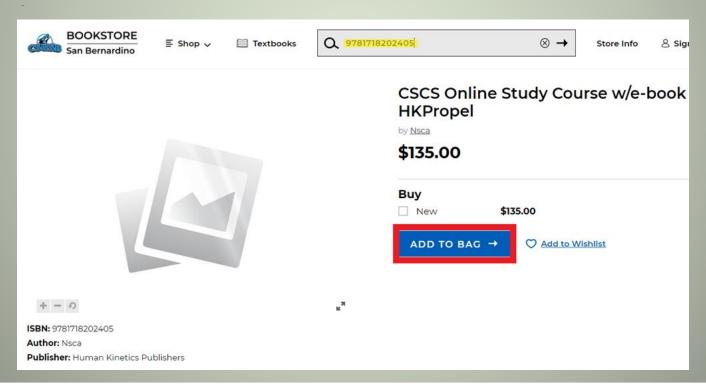
- ISBN 9781718202375 Hard Copy Physical Book
- ISBN 9781718202405 eBook



# 1. Purchasing NSCA-CSCS Exam Book from Coyote Bookstore (continued)

Remember the purchase of the textbook is required to complete the NSCA-CSCS exam registration at the discounted price.

- Paste the ISBN into the Coyote Bookstore search field
- Follow the on-line check-out process to complete the purchase of the textbook.



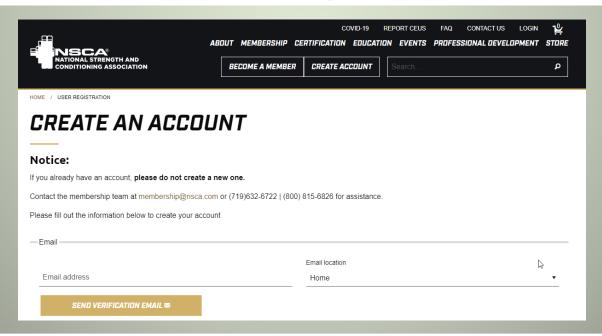


#### 2. Create NSCA Customer Account

 Select the blue "Create an Account" link will take you to the NSCA website to complete your account registration.

## 2. Create NSCA Customer Account

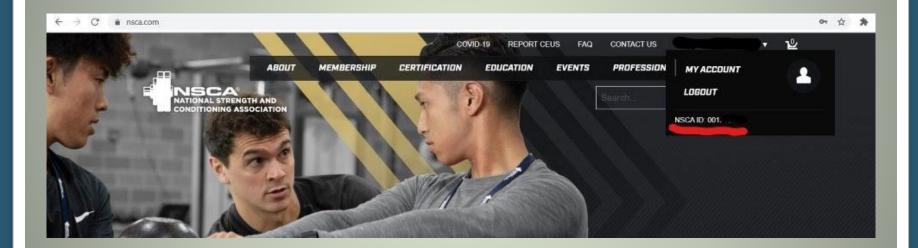
- o If you already have an account with NSCA, a new account is NOT necessary.
- After an account is created, you will need to click on your name in the top right corner. A drop-down menu will appear and your NSCA Customer ID will be listed.
- o You will need this account number for ALL forms related to exam registration.





### 2. Create NSCA Customer Account (continued)

- Once you create your account, in the top right corner of the screen you will find your account drop down menu which you can use to locate your NSCA identification number (ID).
- You will need your NSCA ID to register for the NSCA-CSCS exam.





### 3. Go to NSCA-CSCS Exam Registration Form

 Select the blue "NSCA-CSCS Exam Registration Form" link to complete your registration form.

	*Click to	Attach Bookstore Receipt	
	IONAL STRENGTH AND IDITIONING ASSOCIATION	Exam Regis	stration Form
Candidate Information			
Full Name:	*	*	
. Jii Hairie.	Last	First	M.I.
Address:	*		
	Street Address		Apartment/Unit #
	*	*	*
	City	State	ZIP Code
Phone:	*	Email *	
Highest Degree Held*: * High School * Associates * Bachelors * Masters * Other:  Major Field of Study:  Do you have a CPR/AED Certification? * Yes Begin Date: End Date: * NO**			
Official transcripts showing attainment of a minimum of a bachelor's degree or higher are required for CSCS and CSPS certification exams. Certification will not be granted until transcripts have been received and accepted. "Certification will not be granted until a front and back copy of my current CPR and AED card is sent to the NSCA Certification Department.			
Special Accommodations  Please indicate below if Special Accommodations will be required. A Special Accommodations form must be submitted to the NSCA before you can schedule your exam. Please visit <a href="https://www.nsca.com">www.nsca.com</a> or call 800-815-6826 to access this form.  NO  YES			
Exam Information			
CSCS CSPS NSCA-CPT TSAC-F			
(For CSCS registrations only)			
If you are retaking the exam, indicate which section you are registering for:   Both   Practical   Scientific			

#### 3. Go to NSCA-CSCS Exam Registration Form

- o Attach Receipt from the Coyote Bookstore for Proof of Purchase.
- Fill out and submit NSCA-CSCS Exam Registration Form.
  - NSCA-CSCS Exam Registration Form

- Attach receipt from the Coyote Bookstore for Proof of Purchase at the top of the screen.
- Complete and submit the NSCA-CSCS Exam Registration Form.



## 4. Pay for NSCA-CSCS Exam through Rec Shop Portal

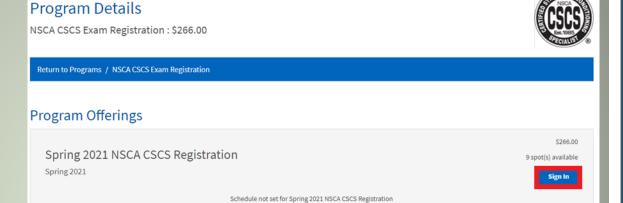
- Once you completed your registration form, you will need to pay for your CSCS exam.
- Select the <u>secure</u> blue "Rec Shop Portal" link to enter your payment information.

- 4. Pay for NSCA-CSCS Exam through Rec Shop Portal:
  - Sign In using MyCoyote Credentials, select Register and Check Out.
  - Discounted CSUSB NSCA-CSCS Exam is \$265 + \$1 processing fee = \$266
  - Rec Shop Portal



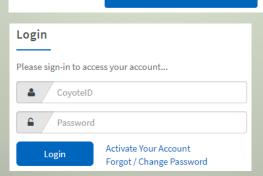
## 4. Pay for NSCA-CSCS Exam through Rec Shop Portal (continued)

Add the NSCA CSCS
 Exam Registration by selecting the blue "sign In" link.



Sign In using MyCoyote.

 Enter your MyCoyote Credentials.



Login Options

MyCoyote

Local



## 4. Pay for NSCA-CSCS Exam through Rec Shop Portal (continued)

Select Register.

Program Details

NSCA CSCS Exam Registration: \$266.00

Return to Programs / NSCA CSCS Exam Registration

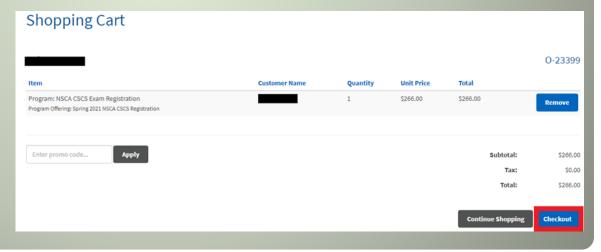
Program Offerings

Spring 2021 NSCA CSCS Registration

\$266.00
9 spot(s) available
Spring 2021

Register

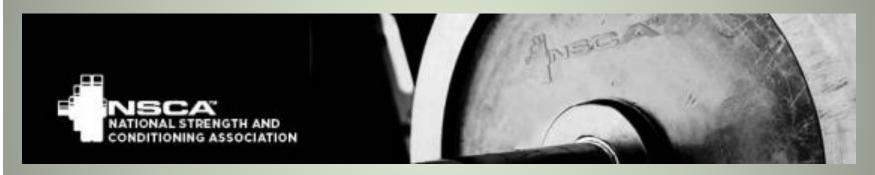
 Select the blue "Checkout" button to proceed through the payment process on the Rec Shop secure portal.





#### 5. Wait for an email confirmation from the NSCA

- Once processed, the NSCA will send you an email confirmation with information on scheduling your CSCS exam.
- Good Luck!!!



#### **CSUSB Bookstore Contact Details:**

1100txt@follett.com

#### **CSUSB Recreation and Wellness Center Contact Details:**

recwell@csusb.edu

#### **CSUSB Kinesiology Department Contact Details:**

kinesinfo@csusb.edu

