

# National Strength and Conditioning Association



## Certified Strength and Conditioning Specialist (CSCS) Discounted Exam Certification Instructions

CSUSB Kinesiology Department &  
Recreation and Wellness Center

WE DEFINE THE *Future*





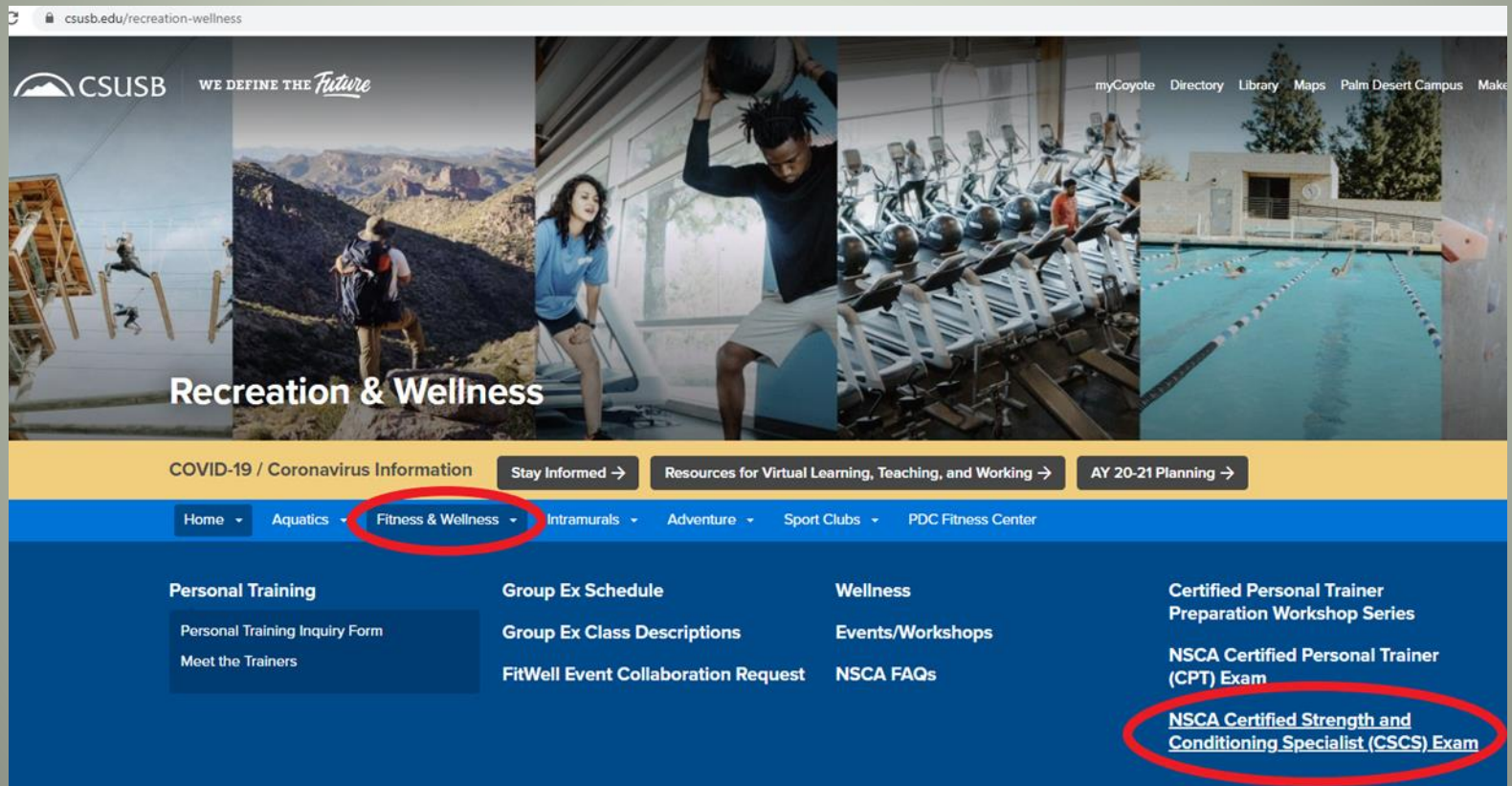
The CSUSB Kinesiology Department and the Recreation and Wellness Center have partnered with the NSCA and Human Kinetics to provide an excellent discount for students registering for the CSCS certification.

Current students (with a current student ID number) will need to purchase the learning materials with the correct ISBN from the CSUSB Bookstore and register through our CSUSB Recreation and Wellness Center website in order to take advantage of the discount. Without the purchase of the textbook using the ISBN associated, this process will not work and the discount will not be applied to the certification exam fee.

CSUSB Kinesiology Department &  
Recreation and Wellness Center



First, you will want to make your way to the CSUSB Recreation and Wellness Center's website at <https://www.csusb.edu/recreation-wellness>. Once there, hover over the "Fitness & Wellness" tab within the horizontal menu to reveal more options. On the right-hand side of the drop down menu, select the "NSCA Certified Strength and Conditioning Specialist (CSCS) Exam."



CSUSB Kinesiology Department &  
Recreation and Wellness Center

Once you are on the "NSCA Certified Strength and Conditioning (CSCS) Exam" page, it will give you additional information about the CSCS exam, including the discounted price and necessary prerequisites needed for the certification.

## NSCA Certified Strength and Conditioning Specialist Exam (CSCS) Exam Information:

CSUSB Student Recreation and Wellness Center has partnered with National Strength and Conditioning Association to provide those who qualify with a discount to take the Certified Strength and Conditioning Specialist Exam.

Standard Non-member NSCA-CSCS Exam = \$475

Discounted CSUSB NSCA-CSCS Exam = \$265

### CSCS Exam Prerequisites:

- Have a Bachelor's degree or higher degree or currently be enrolled as a college senior at an accredited institution
- Have a current CPR/AED certification
- Purchase NSCA Certified Strength & Conditioning Specialist Book from [Coyote Bookstore](#)
  - ISBN 9781718202375 - Hard Copy Physical Book
  - ISBN 9781718202405 - eBook
- If you have any concerns or questions regarding the NSCA-CSCS Exam Book, please contact [1100txt@follett.com](mailto:1100txt@follett.com)

### From the CSCS Website:

- *Please do not send in your supporting documentation until **AFTER** you have registered for an exam.*
- *Certification will not be granted until **ALL** of the eligibility requirements have been met. Candidates have **one (1) year from their exam date** to submit documentation demonstrating completion of all eligibility criteria.*
- *Exam results become **invalid** if acceptable eligibility documentation is not received within one (1) year of exam date.*

After reading the additional information about the CSCS exam, scroll down and follow the steps on “How to Sign Up” and register for the NSCA-CSCS exam.

### How to Sign Up:

1. Purchase **NSCA-Certified Strength and Conditioning Specialist Book** from Coyote Bookstore: [Coyote Bookstore](#)
  - ISBN 9781718202375 - Hard Copy Physical Book
  - ISBN 9781718202405 - eBook
2. Create **NSCA Customer Account**: [Create an Account](#)
  - If you already have an account with NSCA, a new account is NOT necessary.
  - After an account is created, you will need to click on your name in the top right corner. A drop-down menu will appear and your NSCA Customer ID will be listed.
  - You will need this account number for ALL forms related to exam registration.
3. Go to **NSCA-CSCS Exam Registration Form**
  - Attach Receipt from the Coyote Bookstore for Proof of Purchase.
  - Fill out and submit NSCA-CSCS Exam Registration Form.
  - [NSCA-CSCS Exam Registration Form](#)
4. Pay for NSCA-CSCS Exam through Rec Shop Portal:
  - Sign In using MyCoyote Credentials, select Register and Check Out.
  - Discounted CSUSB NSCA-CSCS Exam is \$265 + \$1 processing fee = \$266
  - [Rec Shop Portal](#)
5. Wait for an email confirmation from NSCA with scheduling information

# 1. Purchasing NSCA-CSCS Exam Book from Coyote Bookstore

*Remember the purchase of the textbook is required to complete the NSCA-CSCS exam registration at the discounted price.*

- Copy the ISBN you would like to purchase.  
*Your preference on the ISBN choice one is the physical hard copy and the other is the electronic eBook copy of the textbook) to purchase.*
- Both book options include a unique (ISBN) access code to the on-line study materials via Human Kinetics.
- Paste the ISBN into the Coyote Bookstore website using the blue “Coyote Bookstore” link.

1. Purchase **NSCA-Certified Strength and Conditioning Specialist Book** from Coyote Bookstore:

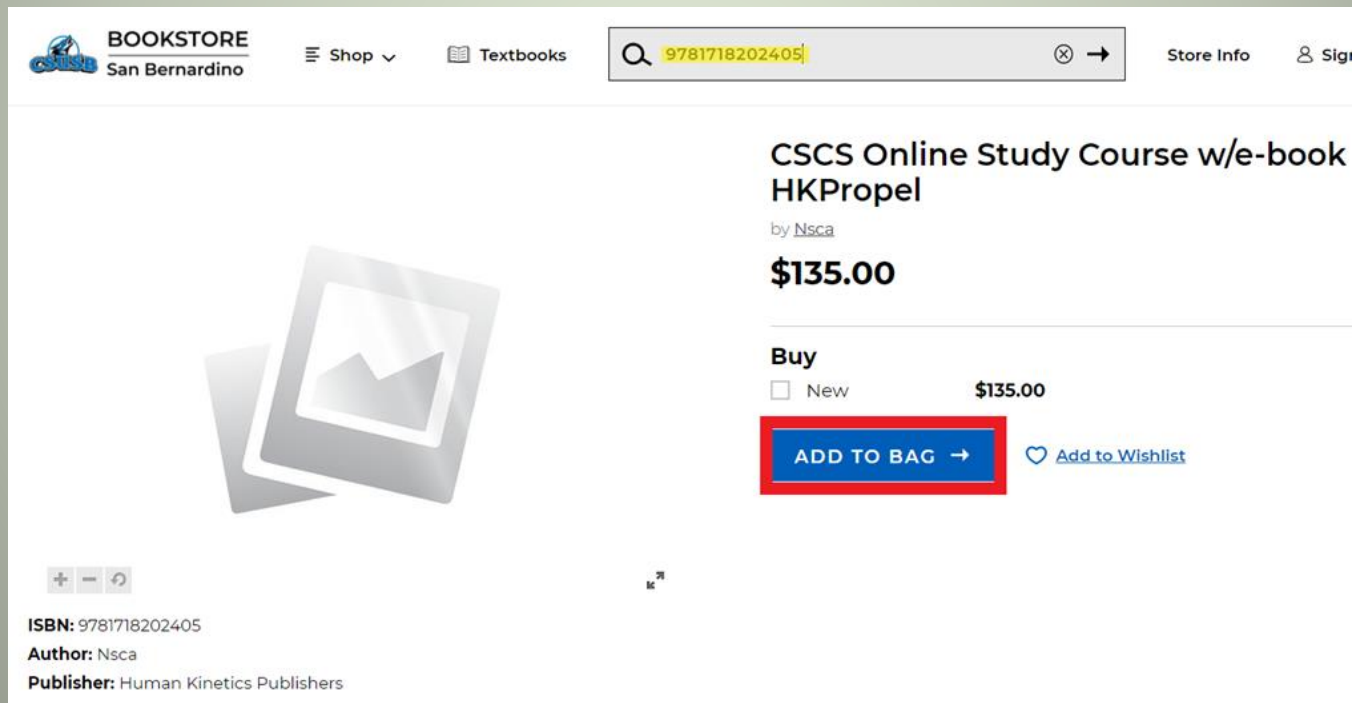
**Coyote Bookstore**

- ISBN **9781718202375** - Hard Copy Physical Book
- ISBN **9781718202405** - eBook

# 1. Purchasing NSCA-CSCS Exam Book from Coyote Bookstore (continued)

*Remember the purchase of the textbook is required to complete the NSCA-CSCS exam registration at the discounted price.*

- Paste the ISBN into the Coyote Bookstore search field
- Follow the on-line check-out process to complete the purchase of the textbook.



The screenshot shows the Coyote Bookstore website interface. At the top left is the CSUSB logo and 'BOOKSTORE San Bernardino'. Navigation links include 'Shop' and 'Textbooks'. A search bar contains the ISBN '9781718202405'. The product title is 'CSCS Online Study Course w/e-book HKPropel' by Nsca, priced at \$135.00. A 'Buy' section shows a 'New' checkbox and the price. A red box highlights the 'ADD TO BAG' button, with an 'Add to Wishlist' link nearby. Metadata at the bottom includes ISBN: 9781718202405, Author: Nsca, and Publisher: Human Kinetics Publishers.

## 2. Create NSCA Customer Account

- Select the blue “Create an Account” link will take you to the NSCA website to complete your account registration.

### 2. Create NSCA Customer Account:

[Create an Account](#)

- If you already have an account with NSCA, a new account is NOT necessary.
- After an account is created, you will need to click on your name in the top right corner. A drop-down menu will appear and your NSCA Customer ID will be listed.
- You will need this account number for ALL forms related to exam registration.

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## CREATE AN ACCOUNT

**Notice:**

If you already have an account, **please do not create a new one.**

Contact the membership team at [membership@nsca.com](mailto:membership@nsca.com) or (719)632-6722 | (800) 815-6826 for assistance.

Please fill out the information below to create your account

Email

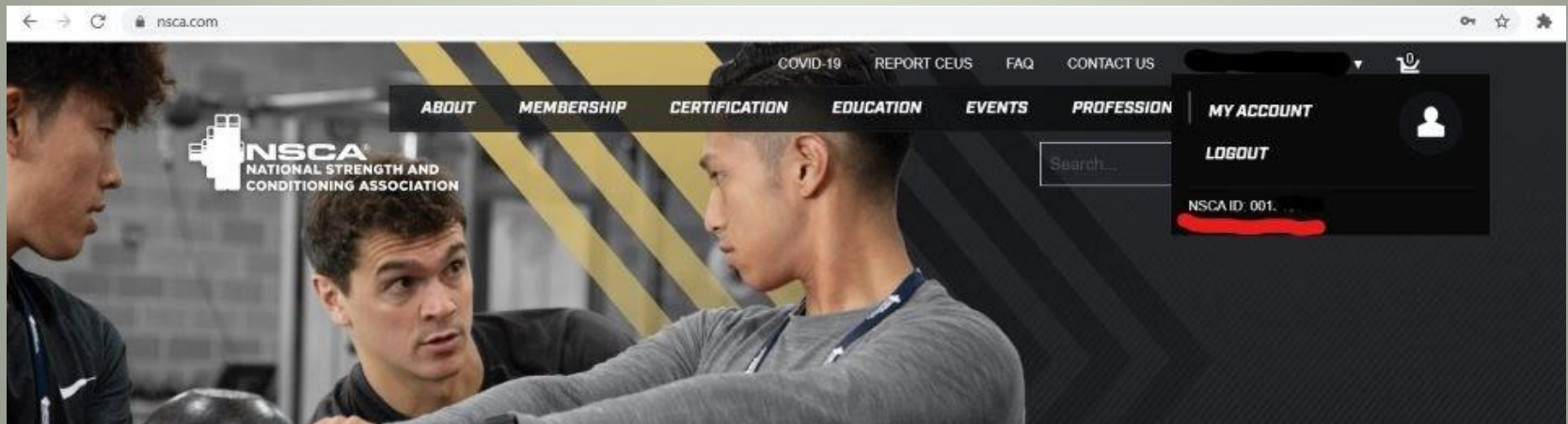
Email address Email location Home

SEND VERIFICATION EMAIL



## 2. Create NSCA Customer Account (continued)

- Once you create your account, in the top right corner of the screen you will find your account drop down menu which you can use to locate your NSCA identification number (ID).
- You will need your NSCA ID to register for the NSCA-CSCS exam.



### 3. Go to NSCA-CSCS Exam Registration Form

- Select the blue "NSCA-CSCS Exam Registration Form" link to complete your registration form.

#### 3. Go to NSCA-CSCS Exam Registration Form

- Attach Receipt from the Coyote Bookstore for Proof of Purchase.
- Fill out and submit NSCA-CSCS Exam Registration Form.

**NSCA-CSCS Exam Registration Form**

**NSCA**  
NATIONAL STRENGTH AND  
CONDITIONING ASSOCIATION

### Exam Registration Form

**Candidate Information**

Full Name: \* \_\_\_\_\_ \* \_\_\_\_\_ \* \_\_\_\_\_  
Last First M.I.

Address: \* \_\_\_\_\_ \* \_\_\_\_\_ \* \_\_\_\_\_  
Street Address Apartment/Unit #

City State ZIP Code

Phone: \* \_\_\_\_\_ Email \* \_\_\_\_\_

Date of Birth (MM/DD/YYYY): \_\_\_\_\_ NSCA Customer ID: \* \_\_\_\_\_

**Education**

Highest Degree Held\*:  High School  Associates  Bachelors  Masters  Other: \_\_\_\_\_

Major Field of Study: \* \_\_\_\_\_

Do you have a CPR/AED Certification?  Yes Begin Date: \_\_\_\_\_ End Date: \_\_\_\_\_  NO\*\*

\* Official transcripts showing attainment of a minimum of a bachelor's degree or higher are required for CSCS and CSPS certification exams. Certification will not be granted until transcripts have been received and accepted.  
\*\*Certification will not be granted until a front and back copy of my current CPR and AED card is sent to the NSCA Certification Department.

**Special Accommodations**

Please indicate below if Special Accommodations will be required. A Special Accommodations form must be submitted to the NSCA before you can schedule your exam. Please visit [www.nasca.com](http://www.nasca.com) or call 800-815-6826 to access this form.  NO  YES

**Exam Information**

CSCS  CSPS  NSCA-CPT  TSAC-F

(For CSCS registrations only)

If you are retaking the exam, indicate which section you are registering for:  Both  Practical  Scientific

- Attach receipt from the Coyote Bookstore for Proof of Purchase at the top of the screen.
- Complete and submit the NSCA-CSCS Exam Registration Form.

## 4. Pay for NSCA-CSCS Exam through Rec Shop Portal

- Once you completed your registration form, you will need to pay for your CSCS exam.
- Select the secure blue "Rec Shop Portal" link to enter your payment information.

### 4. Pay for NSCA-CSCS Exam through Rec Shop Portal:

- Sign In using MyCoyote Credentials, select Register and Check Out.
- Discounted CSUSB NSCA-CSCS Exam is \$265 + \$1 processing fee = \$266
- [Rec Shop Portal](#)

## 4. Pay for NSCA-CSCS Exam through Rec Shop Portal (continued)

- Add the NSCA CSCS Exam Registration by selecting the blue "sign In" link.

**Program Details**  
NSCA CSCS Exam Registration : \$266.00

[Return to Programs / NSCA CSCS Exam Registration](#)

**Program Offerings**

Spring 2021 NSCA CSCS Registration Spring 2021	\$266.00 9 spot(s) available
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[Sign In](#)

Schedule not set for Spring 2021 NSCA CSCS Registration

- Sign In using MyCoyote.

Login Options

[MyCoyote](#)

[Local](#)

- Enter your MyCoyote Credentials.

**Login**

Please sign-in to access your account...


[Login](#) [Activate Your Account](#)  
[Forgot / Change Password](#)

## 4. Pay for NSCA-CSCS Exam through Rec Shop Portal (continued)

- Select Register.

### Program Details

NSCA CSCS Exam Registration : \$266.00



[Return to Programs / NSCA CSCS Exam Registration](#)

### Program Offerings

Spring 2021 NSCA CSCS Registration	\$266.00
Spring 2021	9 spot(s) available

[Register](#)

- Select the blue “Checkout” button to proceed through the payment process on the Rec Shop secure portal.

### Shopping Cart

0-23399

Item	Customer Name	Quantity	Unit Price	Total	
Program: NSCA CSCS Exam Registration Program Offering: Spring 2021 NSCA CSCS Registration	[REDACTED]	1	\$266.00	\$266.00	<a href="#">Remove</a>

Enter promo code... [Apply](#)

Subtotal: \$266.00  
Tax: \$0.00  
Total: \$266.00

[Continue Shopping](#) [Checkout](#)

## 5. Wait for an email confirmation from the NSCA

- Once processed, the NSCA will send you an email confirmation with information on scheduling your CSCS exam.
- Good Luck!!!



### **CSUSB Bookstore Contact Details:**

1100txt@follett.com

### **CSUSB Recreation and Wellness Center Contact Details:**

recwell@csusb.edu

### **CSUSB Kinesiology Department Contact Details:**

kinesinfo@csusb.edu

CSUSB Kinesiology Department &  
Recreation and Wellness Center