

From: Vice President for Student Affairs <VP_StudentAffairs@csusb.edu>

Date: Thursday, March 26, 2020 at 12:48 PM

To: students@groups.csusb.edu

Subject: ESSENTIAL STUDENT SERVICES AVAILABLE DURING SPRING BREAK & SPRING QUARTER!

Counseling & Psychological Services

Counseling and Psychological Services will be providing all services through telephone or video conferencing. CAPS will continue to provide virtual counseling, crisis services, workshops, and consultation and outreach to the campus community, Monday through Friday, 8:30am thorough 4:30pm. Please visit the CAPS website (<https://www.csusb.edu/caps>) for more information or call the CAPS office at 909-537-5040.

Campus Advocate

The Campus Advocate is a confidential resource for the students/faculty/staff involved in any form of sexual assault, sexual harassment, stalking or domestic violence. The services provided include:

- Accompaniment to Academic Advising, Conduct Office, Title IX, Court, Hospital and Police/UPD
- Confidential One-on-One Counseling
- Crisis Intervention
- Housing & Educational Accommodations
- Legal Advocacy
- Referrals to On and Off-Campus Agencies
- Reporting Options
- Safety Plan
- Support Groups

Students/Faculty/Staff are able to reach the Campus Advocate a few different ways. She can be reached via email at Ariana.Lamb@csusb.edu, via telephone: office (909)537-7354; cell: (909)273-7872.

Supplemental information can be found online at <https://www.csusb.edu/survivor-advocacy-services>.

Student Health Center

The Student Health Center is operating remotely by providing telemedicine services, Monday through Friday, 8:30am – 4:30pm. To schedule a medical appointment, for prescriptions refills or questions, or to request health education appointments or information please call the SHC office at 909-537-5241. For more information, visit the SHC website (<https://www.csusb.edu/student-health-center>).

The Obershaw DEN and PDC DEN

The Obershaw DEN and PDC DEN remain open with modified hours and service for students. To minimize risk of exposure and follow best practices for food pantries, both locations will provide pick up service only. Students seeking food assistance should stop by to receive a

prepared food bag during open hours. Should your specific situation require additional assistance please email basicneeds@csusb.edu to discuss options for service.

Hours of operation for Spring Break March 23- April 3:

Obershaw DEN: Tuesdays 10:00 a.m.- 2:00 p.m., Wednesdays 10:00 a.m.- 2:00 p.m. and Thursdays 12:00-5:00 p.m.

PDC DEN: Tuesdays 10:00 a.m.- 2:00 p.m. and Thursdays 1:00-5:00 p.m.

For updated information on hours and service please visit the Basic

Needs website <https://www.csusb.edu/basic-needs> or follow us

on Instagram @CSUSBbasicneeds and for the Palm Desert Campus @CSUSBbasicneeds_PDC.

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