

**From:** President Morales <president\_morales@csusb.edu>

**Date:** Wednesday, October 14, 2020 at 4:55 PM

**To:** colleagues@groups.csusb.edu

**Subject:** Kaiser Permanente to Host On-Campus Flu Clinic



October 14, 2020

Dear Colleagues:

The fall influenza season in the U.S. has become a part of our annual calendar, and we frequently do not pay it much attention. But millions of Americans are infected with the flu virus each year, hundreds of thousands are hospitalized and tens of thousands die. The best prevention is to get an annual vaccine.

This year, as we remain in the COVID-19 pandemic, the Centers for Disease Control (CDC) recommends more strongly than ever that Americans receive a flu vaccine early in fall, before flu season begins, to help keep our hospitals from being overwhelmed with flu cases as COVID cases are expected to increase again. The recommendation is for everyone age six months and older to get an annual flu vaccine.

Cal State San Bernardino is pleased to announce that Kaiser Permanente will host an on-campus flu clinic in the West Parking Structure on Monday, November 9, 2020, [by appointment only](#). The flu clinic is open to all employees (Kaiser membership is not required); family members of employees are also welcome as long as they are 18 and older.

The health and wellness of everyone here at CSUSB remains a priority, particularly at this time. My thanks to Kaiser for providing this service. Alternatively, if you would prefer, you can obtain a flu shot at your doctor's office or at a pharmacy. Most insurance companies cover the cost so that your co-pay is \$0. Regardless, the CDC recommends that everyone receive their flu shot this fall.

Additional information on the importance of receiving a flu vaccination can be found at: <https://www.cdc.gov/flu/prevent/vaccinations.htm>

Sincerely,

**Tomás D. Morales**

President

**WE DEFINE THE *Future***

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# Kaiser Permanente Wellness Event Online Scheduler STEP-BY-STEP INSTRUCTIONS



**Follow these steps to sign up for a wellness event at your worksite**

**Employer:**  
**Event Date:**  
**Signup Code:**

## New Users – Create an Account & Schedule an Appointment

### 1. Create a Secure Account

- Go to [kp.org/wellnessevent](http://kp.org/wellnessevent)
- Enter your signup code from above, under “New users” and click “Submit”
- Complete the registration page and click “Save & Continue”
- You will receive a confirmation email - click on the link to confirm your account
- Create your password
- Accept (or decline) the agreement for sharing your personal information

### 2. Schedule an Appointment

- Select an event by clicking “Choose Event”
- Choose the location, date, and time that works best for you and click “Schedule”
- You’ll land at the “Manage my Event” page where you can view your appointment details, add the event to your electronic calendar, make changes to your appointment, and access wellness resource

### 3. Browse Wellness Resources

- Once your appointment has been scheduled, you can access the wellness resources under the “Wellness Resources” tab, or click on buttons in the right margin

**All participants benefit from registering for an appointment!**

- Spend less time waiting to receive health services
- Registering will ensure that you receive the health services being provided
- Friendly email reminders will help you schedule the event in to your work day

## Returning Users – Schedule, View or Change Your Appointment

### 1. Login

- Go to [kp.org/wellnessevent](http://kp.org/wellnessevent)
  - Enter your email address and password under “Returning users” and click “Submit”
- \*Note\* If you forgot your password and have an existing account, please click on “Forgot your password”

### 2. Schedule, View or Change Your Appointment

- You’ll land on the “Manage My Events” page
- From here, you can schedule, view or change your appointment details, add the event to your electronic calendar, and access wellness resources

### 3. Browse Wellness Resources

- Check out the wealth of Kaiser Permanente wellness resources under the “Wellness Resources” tab, or click on buttons in the right margin

# CALIFORNIA STATE UNIVERSITY SAN BERNARDINO

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## Campus Map 2019

September 3, 2019

\*Parking permits are required to park on campus at all times - 24 hours a day/7 days a week. [csusb.edu/parking](http://csusb.edu/parking)

### Legend

- Disability/Medical Parking Areas
- Emergency Phones
- Palm Desert Campus Shuttle
- No Entry
- EV Charging Stations
- Information Center (IC)
- Parking Permit Dispensers\*
- Bicycle Racks

- AD Administration
- AF Auto Fleet Services
- AR Academic Research
- AS Administrative Services
- AV Arrowhead Village Housing
- BI Biological Sciences
- BK Coyote Bookstore
- CC Children's Center
- CCD Coyote Commons
- CE College of Education
- CGI Center for Global Innovation
- CH Chaparral Hall
- CS Chemical Sciences
- CV Coyote Village
- DD Univ. Center for Developmental Disabilities
- ES Environ. Health & Safety



- FM Facilities Planning & Mgmt.
- FO Faculty Office Building
- HA HVAC Central Plant
- HC Student Health Center
- HP Health & PE Complex / Coussoult's Arena
- IC Information Centers
- JB Jack H. Brown Hall
- MC Meeting Center
- OB Murillo Family Observatory
- PA Performing Arts/Theatre/Recital Hall
- PE Physical Education
- PK1 Parking Structure West
- PK2 Parking Structure East
- PL John M. Pfau Library
- PS Physical Sciences
- PW Plant/Central Warehouse
- RF Student Rec. & Wellness Ctr.
- SB Social & Behavioral Sciences
- SH Sierra Hall
- SU Santos Manuel Student Union
- SV Serrano Village
- TC Temp. Classrooms
- TK Temp. Kinesiology Annex
- TO Temp. Offices
- UE University Enterprises
- UH University Hall
- UP University Police
- UV University Village
- VA Visual Arts Center/Robert & Frances Fulerton Museum of Art
- YC Yasuda Ctr. for Ext. Learning