"The complimentary sessions between me and my LINK leader helped me understand more about who I want to be, and how I can help others."

"LINK helped with resources when I was feeling depressed, sad, exam anxiety, etc."

"My LINK leader was very supportive and interested in our conversations, which made the meetings so much more engaging and enjoyable."

"The confidentiality and support the LINK leader(s) and staff were in assisting me with anything I had trouble with."

"Very understanding people & helpful to reach out in times of need."