

Ancillary Unit Annual Report

Reporting Period: July 1, 2020 – June 30, 2021

Deadline for submission to Reporting Administrator: October 30, 2021

This report is required by [FAM 570 \(FSD 87-17.R6\) -- POLICY GUIDELINES FOR THE FORMATION AND REVIEW OF INSTITUTES AND CENTERS](#). The report is due by October 30, 2020 this year. **Please make sure to sign and forward scanned signed copies of the report. Thank You.

Basic Information	
Ancillary Unit's name	The Institute for Child Development and Family Relations
Director(s)	Mark D. Agars, Ph.D.
Administrator to whom the unit reports	Dean Rafik Mohamed
Purpose and current goals (as approved by Faculty Senate)	To promote the optimal development and well-being of children and families in our geographic region through the education and training of future professionals, research, and the direct delivery of services.

Advisory Board	
Member	Affiliation
Laura Kamptner, Ph.D.	Psychology
Amanda Wilcox-Herzog, Ph.D.	Psychology
Cynthia Crawford, Ph.D.	Psychology
Laurie Smith, Ph.D.	School of Social Work
Bryan Haddock, Ph.D.	Kinesiology

Activities during July 2020 – June 2021		
Activity (please describe)	Funds spent	Goal advanced (and extent)
Funded Project: First 5 of San Bernardino – Quality Start San Bernardino (QSSB) Project Contract Total: \$ 461,387	\$ 0	<u>Grant Development:</u> ICDFR Director, Mark Agars worked with CSUSB faculty including Amy van Schagen, Amanda Wilcox-Herzog and community partners including First 5 as part of a coalition to research and pursue this grant opportunity. This project supported three faculty members and approximately 20 students.

<p>Funded Project: San Bernardino County Superintendent of Schools – Quality Start San Bernardino (QSSB) Contract Total: \$ 186,787</p>	<p>\$ 0</p>	<p><u>Grant Development:</u> ICDFR was contracted to provide assessment of up to seventy-seven QRIS participants located with in San Bernardino County as part of the CSPP Quality Rating Improvement System block grant. This project supported three faculty members and approximately 20 students.</p>
<p>Funded Project: Making Hope Happen Foundation – Infant Toddler Success Program Contract Total: \$ 48,005</p>	<p>\$ 0</p>	<p><u>Grant Development and Support:</u> ICDFR Director, Mark Agars and faculty partnered with Making Hope Happen Foundation to run parenting and school readiness classes at San Bernardino City Unified School District sites. During the COVID-19 state-wide shut-down, parenting classes were still offered via online. This project supported two faculty members, and 15 students.</p>
<p>Funded Project: San Bernardino County Superintendent of Schools – Tutoring and Assessment Contract Total: \$ 23,656</p>	<p>\$ 0</p>	<p><u>Grant Development:</u> ICDFR was contracted to provide tutoring and assessments to Pre-K through 12th grade youths living in various shelters in the county to enhance academic skills. This project supported one faculty member and approximately 15 students.</p>
<p>Funded Project: Kaiser Permanente Southern California Region – Early Childhood Trauma Informed Care Certificate Program Contract Total: \$ 25,000</p>	<p>\$ 0</p>	<p><u>Grant Development:</u> Dr. Amy van Schagen was contracted to develop an Early Childhood Trauma Informed Care certificate to provide early childhood teachers and directors with knowledge, skills, and</p>

		strategies to best serve young children and their families who have experienced trauma and other adverse childhood experiences across Riverside and San Bernardino County. This project supported one faculty member.
<p>Funded Project: San Bernardino County Sheriff's Department – Parental Intervention Project (PIP) Contract Total: \$ 357,254</p>	\$ 0	<p><u>Grant Development:</u> PIP Director, Dr. Laura Kamptner works with a clinical team to provide parent education and trauma recovery to justice-involved mothers and fathers and their children at local jails through a collaboration between CSUSB and the San Bernardino County Sheriff's Department. This project supported one faculty member.</p>
<p>Funded Project: San Bernardino County Sheriff's Department – FAITHS Program Contract Total: \$ 1,603,070</p>	\$ 0	<p><u>Grant Development:</u> Dr. Laura Kamptner was contracted by SBCSD to assist in adult justice-involved individuals with rehabilitation and successful reentry into the community. The program is designed to provide in-custody and out-of-custody parental education, interactive sessions, adult and child counseling, and transitional care plans for participants as they move through the justice system.</p>
<p>Funded Project: San Bernardino County Superintendent of Schools – Workforce Development Grant (WFD) Contract Total: \$ 434,682</p>	\$ 0	<p><u>Grant Development:</u> Dr. Amy van Schagen was contracted by San Bernardino County Superintendent of Schools to provide scholarships of up to forty (40) Early</p>

		Childhood Administrative Leadership Certificate (ECAL) participants at CSUSB.
<p>Funded Project: U.S. Department of Education – Child Care Access Means Parents in School (CCAMPIS) Program Grant Received: \$ 300,574</p>	\$ 0	<p><u>Grant Development:</u> CCAMPIS supports the participation of low-income parents in postsecondary education. The current CCAMPIS grant cycle was secured through the collaborative efforts of Dr. Amanda Wilcox-Herzog, Faculty Supervisor of the ITLS, Deanna Herndon, Director of Early Childhood Education Programs and Heather Moon, Assistant Director of Early Childhood Education Programs. This project supported one faculty member, 12 interns and 45 lab students.</p>
<p>Funded Grant: Intellectual Life and Visiting Scholars Funds Received: \$ 2,000</p>	\$ 0	<p><u>Grant Development:</u> Associate Director, Kelly Campbell requested funds for our guest speaker Jane Elliott who presented on Race and Racism to a crowd of over 600. Due to COVID-19 the ICDFR was able to host Ms. Elliott via a webinar to CSUSB campus members and community members.</p>
<p>Grant Submitted/Not Funded: Vital/Expanded Technologies Initiative (VETI) Grant</p>	\$ 0	<p><u>Grant Development:</u> Funds were requested to support virtual reality-based research and training for ICDFR projects.</p>
<p>Funded Grant: Office of Community Engagement – Community Based Research Mini-Grant (BeFAST) Funds Received: \$ 5,000</p>	\$ 0	<p><u>Grant Development:</u> Funds were requested to purchase psychological instruments and assessment tools for use with school-aged children participating in the BeFAST project.</p>

<p>Funded Grant: Office of Community Engagement – Community Based Research Mini-Grant (ICDFR Social Media Campaign) Funds Received: \$ 5,000</p>	<p>\$ 0</p>	<p><u>Grant Development:</u> Funds were requested to continue the development and assessment of the ICDFR efforts to provide COVID support to parents and families in the community through online and social media.</p>
<p>Grant Submitted/Not Funded: Brady Grant Foundation</p>	<p>\$ 0</p>	<p><u>Grant Development:</u> Funds were requested to support a longitudinal research project assessing the impact of the Science of Parenting parent education program.</p>
<p>Grant Submitted/Not Funded: Rise Prize</p>	<p>\$ 0</p>	<p><u>Grant Development:</u> Funds were requested to support the development of an online platform for Science of Parenting classes.</p>
<p>Funded Grant: Weingart Foundation – IE Funders Alliance Rapid Response Fund (COVID-19) Funds Received: \$ 10,000</p>	<p>\$ 0</p>	<p><u>Grant Development:</u> The ICDFR received funds to provide critical and timely support for parents in Riverside and San Bernardino counties in response to the COVID-19 crisis and the negative impact it will have on vulnerable people and communities.</p>
<p>Funded Grant: College of Social and Behavioral Sciences – Dean’s Office - Parent Education Certificate Program Funds Received: \$ 25,000</p>	<p>\$ 0</p>	<p><u>Grant Development:</u> The ICDFR received funds to support the development of a Parent Educator Certificate Program through the College of Extended and Global Education. Development of the program has been overseen by Dr. Laura Kamptner.</p>
<p>Campus and Community Event: ICDFR Webinar Series – You Can’t Pour from an</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> CSUSB M.S. Clinical Counseling student,</p>

<p>Empty Cup: Why Self-Care is Life Changing July 7, 2020</p>		<p>Amanda Frausto discussed how self-care and nurturing your psychological well-being can dramatically improve your quality of life, and ability to take on the stress of the day.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Children’s Emotional Well-being During Unpredictable Times August 4, 2020</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> CSUSB Child Development faculty member, Eugene Wong discussed and talked about what childhood anxiety is, strategies that can be implemented to effectively support children who are worried, and when to seek professional assistance as it related to COVID-19.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Postpartum Depression and Parental Mental Health: Breaking Silence August 18, 2020</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> ICDFR Parent Educator, Kimberly Gonzalez, discussed the challenges of postpartum depression and identifying its symptoms as well as identifying other mental health issues. She also talked about the stigma around postpartum depression and mental health and ways to support each other within our community. This webinar was presented in Spanish.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Breastfeeding: Expectation vs. Reality September 15, 2020</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> ICDFR Parent Educator, Kimberly Gonzalez, all of the ups and downs of breastfeeding including the many different misconceptions related to breastfeeding. She also shared various resources and recommendations for new moms and moms to be.</p>

<p>Campus and Community Event: ICDFR Webinar Series – Inspiring Activism September 23, 2020</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> Activist Jane Elliott talked about efforts to fight racism and her lifetime of anti-racism activism to over 400 webinar attendees.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Child and Family Challenges Related to COVID-19 October 13, 2020</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> CSUSB professors with expertise in distinct child and family domains discussed challenges and offer suggestions regarding the Covid-19 pandemic. Dr. Kelly Campbell discussed couple relationships, Dr. Laura Kamptner addressed parenting, Dr. Amy van Schagen focused on preschool aged children, and Dr. Eugene Wong discussed school aged children.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Managing Work-Life Boundaries During Covid-19 November 10, 2020</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> ICDFR Director, Mark Agars discussed common obstacles to work-life balance, strategies for balancing competing demands and navigating the boundaries between our work and family lives, and the importance for attending to these potential sources of conflict.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Take a Deep Breath: Coping with Family Tensions Over the Holidays November 24, 2020</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> CSUSB Psychology faculty member, David Chavez talked about some common points of contention and will suggest strategies for finding one's own personal sense of calm and centeredness as well as</p>

		to develop connecting and effective communication techniques.
Campus and Community Event: ICDFR Webinar Series – What's Going on In There? Nurturing Baby's Brain Development December 1, 2020	\$ 0	<u>Campus and Community Engagement:</u> CSUSB Psychology faculty member, Leslie Amodeo discussed the literature on the impact of enrichment/poverty on early (first 5) brain development, very briefly how it changes brain function (epigenetic - but a very simple explanation) and then what are simple ways that any parent can positively impact their child's brain development (sensory play, talking, and sleep) with the literature behind this.
Campus and Community Event: ICDFR Webinar Series – Self-care Is Not an Indulgence; It's A Discipline January 12, 2021	\$ 0	<u>Campus and Community Engagement:</u> Natasha Kordus discussed ways clinicians as well as other professionals can apply specific ideas of self-compassion and self-care in our own lives during a pandemic and hereafter.
Campus and Community Event: ICDFR Webinar Series – Talking to Your Children About Death and Loss January 26, 2021	\$ 0	<u>Campus and Community Engagement:</u> CSUSB Child Development faculty member, Amanda Wilcox-Herzog and Teresa Olin discussed what young children understand about death developmentally and discuss ways adults can have honest and simple conversations about the topic and support young children's growth and grief.
Campus and Community Event: ICDFR Webinar Series –	\$ 0	<u>Campus and Community Engagement:</u> Coastline College Psychology instructor,

<p>The Psychology of Love: What is the role of biology? February 10, 2021</p>		<p>Mathew Quinlan discussed the psychological principles underlying human relationships with an emphasis on the roles of hormonal and neurobiological factors. The influences of estrogen, testosterone, dopamine, and oxytocin on pair bonds will be explored.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Coping with the Mental Health Impacts of COVID-19 February 24, 2021</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> CSUSB Psychology faculty member, Christina Hassija discussed the psychological consequences of COVID-19 and ways to manage psychological distress during the pandemic.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Fostering Positive Sibling Relationships March 10, 2021</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> CSUSB Child Development adjunct professor, Caitlin Sackett discussed what parents and caretakers can do to help their children develop positive, successful sibling relationships.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Memorable messages about work-family conflict March 24, 2021</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> CSUSB Communications Studies faculty members, Brian Heisterkamp and Christina G. Yoshimura focused on their research into the messages people chose to share with others about conflict between work and family realms.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Strengthening Our Relationships Across the Transition to Parenthood April 7, 2021</p>	<p>\$ 0</p>	<p><u>Campus and Community Engagement:</u> CSULB Department of Family and Consumer Sciences faculty member, Roudi Roy focused on five domains of relationships</p>

		and how each domain is impacted as we take on new roles and responsibilities as a parent.
<p>Campus and Community Event: ICDFR Webinar Series – Suicide Awareness and Prevention for Families and Educators April 21, 2021</p>	\$ 0	<p><u>Campus and Community Engagement:</u> CSUSB Child Development faculty member Amanda Wilcox-Herzog and CSUSB M.A. Child Development student, Emma Herzog helped participants to gain a better understanding on the importance of suicide prevention and create awareness by openly talking about mental health. Focus topics included research statistics on suicide, warning signs, groups affected by suicide and ways to interact with children experiencing suicidal thoughts.</p>
<p>Campus and Community Event: ICDFR Webinar Series – Supporting Children's Healthy Gender Development June 5, 2021</p>	\$ 0	<p><u>Campus and Community Engagement:</u> ICDFR research fellow, Rachel Cook discussed what gender means to children and how this meaning can change as children grow; what happens when children's interests or preferences don't align with societal norms for their gender; and how parents and caregivers can support children's development as it relates to their gender identity and expression.</p>
<p>Community Event: County of San Bernardino School Attendance Task Force</p>	\$ 0	<p><u>Community Outreach:</u> ICDFR Director, Mark Agars participated in a task force to address student attendance in San Bernardino Schools.</p>

Community Event: Quality Start San Bernardino Steering Committee	\$ 0	<u>Campus/Community Engagement:</u> ICDFR Director, Mark Agars and Amanda Wilcox-Herzog served on the QSSB steering committee meetings responsible for the design, development and implementation of the Quality Rating and Improvement System in the County.
----------------------------------------------------------------------------	------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Use of funds during July 2020 – June 2021				
	Internal funds		External funds	
	July 2020 – June 2021	Current academic year (projected)	July 2020 – June 2021	Current academic year (projected)
A. Salaries	\$ 51,040.00	\$ 81,703.00	\$ 507,994.34	\$ 1,656,600.00
B. Assigned time	\$ 73,200.00	\$ 67,100.00	\$ 63,067.28	\$ 155,730.36
C. Telephone/fax	\$ 0.03	\$ 300.00	\$ 0.00	\$ 0.00
D. Office supplies	\$ 1,784.31	\$ 3,000.00	\$ 0.00	\$ 2,000.00
E. Other	\$ 0.00	\$ 6,250.00	\$ 835,045.24	\$ 715,686.00
Total	\$ 126,024.34	\$ 158,353.00	\$ 1,406,106.86	\$ 2,530,016.36
<i>On a separate sheet, please itemize A., B., and E.</i>				

Please also describe planned activities for the current academic year:

The planned activities for the current academic year fall under four categories: **continued project delivery and development, seeking expanded external support, supporting faculty development, campus and community engagement.** Continued project delivery and development includes providing assessment services and developing paths to higher education for early childhood educators for Quality Start San Bernardino (QSSB) and Quality Start Riverside (QSRC), delivering cognitive training to students in San Bernardino County Schools for the BeFAST project, and at Prentice School in Tustin, providing high quality early childhood education through the Infant Toddler Lab School (ITLS), and providing tutoring and support to children at two homeless shelters in San Bernardino. It also includes identifying and pursuing additional partners and/or sources of support for all projects. We will seek expanded external support for current and new projects, with a specific emphasis on federal agencies (NIH, DOE) and Foundations (Brady Education Foundation, Spencer Foundation) that focus on supporting research. Faculty development and grant support includes workshops and activities that provide faculty with skills and resources to facilitate their research, manuscript writing, and grant writing. It also includes networking and partnership building on the part of the Director in order to support faculty professional development and to support on-going contracts. Campus and community engagement refers to presentations and activities intended to enhance the academic environment for faculty, students, staff, and community members coming to campus and through webinars and social media outreach to the broader San Bernardino community.

Mark Agars

Director Signature

(Co-)Director Signature

Unit Reporting Person recommendation	
Name and title: Rafik Mohamed, Dean, College of Social and Behavioral Sciences	
XX	Keep on active status.
	Move to probationary status.
	Move to inactive status.
Recommendations and comments including the criteria and data reviewed. Please attach additional page(s) as necessary:	



11-23-2021

Unit Reporting Person Signature

Date

Educational Policy and Resources Committee recommendation (Only after 3 or 5-year review)	
	Keep on active status.
	Move to probationary status.
	Move to inactive status.
Recommendations and comments including the criteria and data reviewed. Please attach additional page(s) as necessary:	

EPRC Chair Signature

Date

Provost recommendation (Only after 3 or 5-year review)	
	Keep on active status.
	Move to probationary status.
	Move to inactive status.
Recommendations and comments including the criteria and data reviewed. Please attach additional page(s) as necessary:	

Provost Signature

Date

President decision (Only after 3 or 5-year review)	
	Keep on active status.
	Move to probationary status.
	Move to inactive status.
Recommendations and comments including the criteria and data reviewed. Please attach additional page(s) as necessary:	

President Signature

Date

INSTITUTE FOR CHILD DEVELOPMENT AND FAMILY RELATIONS	2020-2021 Internal Expenses	2021-2022 Internal Budget	2020-2021 External Expenses	2021-2022 External Budget
DETAIL OF A, B, AND E BUDGET CATEGORIES				
A. SALARY				
Director 1.5 Months Summer Salary - Mark Agars	\$13,000.00	\$16,703.00	\$0.00	\$0.00
Faculty Project Leads	\$0.00	\$0.00	\$59,256.21	\$80,000.00
Administrative Support Coordinator	\$38,040.00	\$45,000.00	\$22,628.73	\$33,899.00
Administrative Support Assistant	\$0.00	\$20,000.00	\$0.00	\$0.00
Clinical Supervisor - PIP/FAITHS	\$0.00	\$0.00	\$75,950.00	\$99,600.00
Director of Intern Operations - PIP/FAITHS	\$0.00	\$0.00	\$88,820.20	\$127,779.00
Assistant to the Director of Intern Operations - PIP/FAITHS	\$0.00	\$0.00	\$57,020.70	\$112,258.00
Administrative Research Analyst - FAITHS	\$0.00	\$0.00	\$0.00	\$70,550.00
Clinical Manager - FAITHS	\$0.00	\$0.00	\$0.00	\$75,000.00
Clinical Service Supervisor - FAITHS	\$0.00	\$0.00	\$4,150.00	\$199,200.00
Clinical Service Practitioner - FAITHS	\$0.00	\$0.00	\$10,375.00	\$249,000.00
Project Analyst - QSSB Assessment Coordinator	\$0.00	\$0.00	\$50,640.00	\$54,996.00
Project Analyst - QSSB Higher Ed. Coordinator	\$0.00	\$0.00	\$24,912.00	\$54,996.00
Project Analyst - QSSB / SOP	\$0.00	\$0.00	\$0.00	\$54,966.00
Project Analyst - BEFAST	\$0.00	\$0.00	\$0.00	\$54,966.00
Student Assistants	\$0.00	\$0.00	\$72,779.25	\$137,080.00
Assessors - QSSB	\$0.00	\$0.00	\$30,833.00	\$218,750.00
Parent Educators - SOP	\$0.00	\$0.00	\$3,005.25	\$2,000.00
Child Enrichment Specialist - SOP	\$0.00	\$0.00	\$0.00	\$500.00
Tutors	\$0.00	\$0.00	\$7,624.00	\$31,060.00
A. TOTAL SALARIES	\$51,040.00	\$81,703.00	\$507,994.34	\$1,656,600.00
B. ASSIGNED TIME				
Mark Agars Appointment ICDFR Director	\$24,400.00	\$24,400.00	\$0.00	\$63,361.76
Kelly Campbell ICDFR Associate Director 1 Reassigned Time	\$6,100.00	\$6,100.00	\$0.00	\$0.00
Eugene Wong 1 AY Reassigned Time (Tutoring/BEFAST)	\$6,100.00	\$6,100.00	\$7,150.00	\$7,150.00
Laura Kamptner 1 AY Reassigned Time (FAITHS)	\$6,100.00	\$6,100.00	\$6,296.00	\$15,000.00
Amanda Wilcox-Herzog 2 AY Reassigned Time (QSSB)	\$12,200.00	\$12,200.00	\$21,288.28	\$39,236.28
Amy van Schagen 1 AY Reassigned Time (QSSB First 5)	\$6,100.00	\$6,100.00	\$13,240.00	\$15,491.16
Amy van Schagen 1 AY Reassigned Time (ITLS)	\$12,200.00	\$6,100.00	\$15,093.00	\$15,491.16
B. TOTAL ASSIGNED TIME COSTS	\$73,200.00	\$67,100.00	\$63,067.28	\$155,730.36
E. OTHER				
Travel/Mileage	\$0.00	\$3,000.00	\$0.00	\$0.00
Travel/Mileage - QSSB	\$0.00	\$0.00	\$0.00	\$14,925.00
Postage	\$0.00	\$250.00	\$0.00	\$0.00
Duplicating	\$0.00	\$500.00	\$0.00	\$0.00
Materials and Supplies - QSSB	\$0.00	\$0.00	\$5,481.95	\$6,250.00
Materials and Supplies - SOP	\$0.00	\$0.00	\$483.00	\$236.00
Materials and Supplies - BEFAST	\$0.00	\$0.00	\$4,829.93	\$4,146.00
Hospitality ICDFR Events	\$0.00	\$2,500.00	\$0.00	\$0.00
Scholarships for WFD	\$0.00	\$0.00	\$298,350.00	\$118,463.00
Stipend incentives for QSSB	\$0.00	\$0.00	\$0.00	\$10,000.00
Training materials and costs for QSSB	\$0.00	\$0.00	\$16,424.36	\$17,000.00
Infant/Toddler Lab School CCAMPIS Grant	\$0.00	\$0.00	\$500,000.00	\$514,666.00
Infant/Toddler Lab School Instructionally Related Programs funding	\$0.00	\$0.00	\$9,476.00	\$30,000.00
E. OTHER	\$0.00	\$6,250.00	\$835,045.24	\$715,686.00