



Youth Weight Management Program



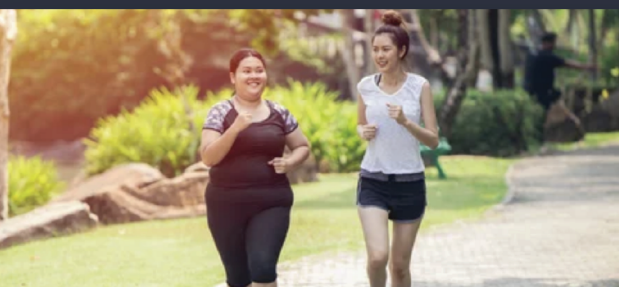
HEALTHY LIVING • HAPPINESS • QUALITY OF LIFE • INCREASED CONFIDENCE

Is there a young person in your family struggling with body weight? Are you looking for ways to help them control weight, be happy and healthy?

The Nutrition, Physical Activity and Health Behavior Lab at CSUSB wants to help! In order to deliver the best weight loss program, we want to hear from you.

- What are your and your youth's needs?
- What are your expectations for a weight loss program?

If you have any questions, please contact Professor Wagner Prado at wagner.prado@csusb.edu



Click on the link below or scan the QR code and help us create an amazing weight loss program that best suits your family.

bit.ly/YWMS_CSUSB

