Fall 2021
September-December

OLLl
@@ Cal State San Bernardino

Educational courses & events for adults age 50+

Join us online this fall. It’s fun and easy!

Learn for the joy of it!

csusb.edu/OLLI
Learn for the joy of it.

Take non-credit, university-level courses with other mature learners and experience all the joy of learning, but without the grades, tests, or homework. A wide variety of courses are offered each quarter, including topics in the arts and humanities, natural sciences, and social sciences. You may also enjoy our educational trips and shared interest groups. OLLI is engaging, interesting, and fun!

Membership
- $75 annual membership fee, includes a parking permit
- Choose as many courses as you like and pay by the course
- Enjoy a variety of fun events, trips, and university activities
- Most courses are held once a week for either six or three weeks

Is cost a concern? Contact us for more information.

OLLI membership offers you opportunities to:
- **Continue learning:** You’re never too old to learn. Explore a wide variety of topics as you engage intellectually, challenge your thinking, and build your knowledge.
- **Participate in interesting activities:** Become part of a dynamic learning community that is full of diversity, insight, wisdom, and intellectual stimulation. Enjoy lively conversations, share opinions, and discover new ideas.
- **Meet new people:** Meet and mingle with mature adults who share your interests and those with very different perspectives. You’ll build new and rewarding friendships.

For more information: 909-537-8270 or olli@csusb.edu

Learn more about OLLI membership: csusb.edu/OLLI/membership
Join or renew now: csusb.edu/OLLI/join

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Meet the OLLI Staff

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Ray
Nancy Nowak
Join us for these fun member events.

**Meet the Pets of OLLI**
Thursday, September 9  
3-4:00 p.m. *online via Zoom*

Pour a beverage of your choice, grab your pet(s), and join OLLI members, instructors, and staff for a fun-filled hour where we'll introduce each other to the pets of OLLI.

**Welcome to OLLI**
Monday, September 20  
10-11 a.m. *online via Zoom*

If you love to learn just for the joy of it, you're going to love OLLI! Join us to learn what the Osher Lifelong Learning Institute (OLLI) is all about. Get an overview of the OLLI national network, and have a look at the unique courses, trips, discussion groups, and activities you can access as a member. Hear from a panel of instructors and members, and learn about the wide variety of volunteer opportunities available. You'll likely make a few new friends too. This interesting and fun-filled discussion is open to members and non-members alike.

**Lunch & Learn: Animation Films With Teddy Grouya**
Wednesday, October 13  
12-1:00 p.m. *online via Zoom*

Come and enjoy your lunch and a fun or interesting short program. This Lunch & Learn will feature Teddy Grouya, the founder, and festival director of the American Documentary and Animation Film Festival. Teddy will highlight some new and interesting animated films for OLLI members to enjoy. Can't make this Lunch & Learn? Watch for more Lunch & Learn dates throughout the year.

**Travel with OLLI! Romantic Blue Danube: Budapest to Prague**
April 07, 2022  
15 days from $5,095 (dbl occup)*  
Includes int’l air from LAX

Join us for this unique all-OLLI river cruise with members of OLLIs from across the country to discover the storied capital cities of Hungary, Slovakia, Austria, and the Czech Republic. Witness the architecture of Budapest, Bratislava’s quirky art scene, the local flavors of Vienna’s Naschmarkt, and the fairytale streets of Old World Prague. You’ll cruise the stunning Wachau Valley and visit one of Austria’s longest-running Benedictine monasteries. Experience the legendary Danube River aboard Grand Circle’s award-winning river ship.
One-week courses are $10 each and membership is not required to attend. Fall courses will meet online via Zoom and in-person on campus. For online courses, you will receive the link to join the course via email a few days prior to the first class.

**General Patton's Desert Training Center**  
*Sid Burks*, MA  
**Tuesday, 1:00-3:00 p.m.**  
**September 21**

Explore the life of General George S. Patton, both the man and the myth. Learn about the Desert Training Center, the world’s largest army base covering 18,000 square miles, envisioned and pioneered by General Patton and located in our own back yard. Discover how the U.S. Army developed much needed armor tactics in preparation for entering the war in North Africa. Learn how the Coachella Valley supported the Desert Training Center and the war effort in general. See how much remains of the camps that were scattered over the desert from Indio to Yuma, Arizona, and to Searchlight, Nevada. **THIS COURSE WILL MEET ONLINE VIA ZOOM.**

**About the Instructor**
A retired community college instructor and administrator, Sid currently teaches full-time for Cal State San Bernardino. He is a serious enthusiast of military, aviation, and desert history. He’s given many lectures throughout the Coachella Valley on aviation and military history.

**Eat This! Not That! What is Healthy Eating?**  
*Fred Abramson*, PhD  
**Wed., 10:00 a.m.-12:00 p.m.**  
**September 22**

What defines healthy eating? The answer to this question has changed over the years, and interestingly more for societal than scientific reasons. Does healthy eating mean counting carbs? Is it consuming lower calories? Is veganism healthy? What are superfoods and do you need them? What about fiber? How dangerous is high-fructose corn syrup? These questions and many more will be discussed with conclusions based on scientific trials. **THIS COURSE WILL MEET ONLINE VIA ZOOM.**

**About the Instructor**
Dr. Abramson received his BA in chemistry from Western Reserve University in 1962 and his PhD in chemistry from The Ohio State University in 1965. After two years of postdoctoral experience and five years in industry, he joined the pharmacology department at the George Washington University School of Medicine in 1972 and retired after 31 years on the faculty. He holds a long-term interest in transmitting science to the general population.

**A Portrayal of Women in Art from Caveman through Contemporary**  
*Donna Houtteman*, AAS  
**Wed., 1:00-3:00 p.m.**  
**September 22**

This course presents a portrayal of women in art; a whirlwind journey through time, depicting the most recognized women in art history books. Discuss how the *Venus of Willendorf*, *The Mona Lisa*, and Willem de Kooning's *Women* reflect the time and place in which they were made. Ponder the difference between nude and naked women in art, while uncovering the social mores at the time. Were women depicted as subject or object? Let's talk about it! **THIS COURSE WILL MEET ONLINE VIA ZOOM.**

**About the Instructor**
At The Kansas City Art Institute, Donna developed an art history program to help adult students enter the world of art. Her twenty years of experience as a docent at the Nelson-Atkins Museum of Art was a perfect fit for approaching art history from a layperson’s perspective. Donna shares her enthusiasm for art by offering classes at a variety of venues, including art galleries, retirement homes, churches, and country clubs.
Slab City
Sid Burks, MA
Thursday, 1:00-2:30 p.m.
September 23

Slab City, also called The Slabs, is an unincorporated, off-the-grid squatter community consisting largely of snowbirds in the Salton Trough area of the Sonoran Desert, in Imperial County, California. It took its name from concrete slabs that remained after the World War II Marine Corps Camp Dunlap training camp was torn down. Slab City is known for attracting people who want to live outside mainstream society. This presentation chronicles the evolution of the infamous Slab City from its beginnings as a military camp to what it has become today: what some people consider to be the last free place on earth. THIS COURSE WILL MEET ONLINE VIA ZOOM.

About the Instructor
A retired community college instructor and administrator, Sid currently teaches full-time for Cal State San Bernardino. He is a serious enthusiast of military, aviation, and desert history. He’s given many lectures throughout the Coachella Valley on aviation and military history.

Stoicism: It's Not What You Think!
Arlette Poland, JD, PhD
Friday, 1:00-3:00 p.m.
September 24

The art of being happy, the way to peaceful thinking, and the experience of a joyous social life: Classical Roman Stoicism claims to teach all of these. Imagine the kindness and peace of Buddhism and the good, healthy belief in self, combined with the rational and logical thought process of your favorite lawyer. These were the goals of Stoicism. Join an introduction to this ancient way of thinking. THIS COURSE WILL MEET ONLINE VIA ZOOM.

About the Instructor
Dr. Poland is a retired lawyer turned theologian and professor. She holds a BS in political science from UC Berkeley, an MA in religion from Claremont School of Theology, an MA in ethical leadership from Claremont Lincoln University, a JD from San Francisco Law School, and a PhD in philosophy of religion from Claremont Graduate University. She has been teaching at the college level since 1999 and lecturing with OLLI since 2005. Her areas of specialty based on her PhD include Buddhism, Judaism, science and religion, and world religions.
We all know Manet and Monet, but who is Guy Rose or Childe Hassam? Or Frank Cuprien, William Alexander Griffith, or Anna Hills? These American artists went to France to study a new wave of painting at the Académie Julian. In the 1890s, many artists took root in the area surrounding Claude Monet's Giverny home, learning his methods of capturing the light and colors of the natural landscape by painting out of doors, known as en plein air, like their French counterparts. These artists brought a new fresh, outdoor style to California, changing the art of painting in America forever. THIS COURSE WILL MEET ONLINE VIA ZOOM.

**About the Instructor**
Cash is a fine arts painter, art historian, and world traveler. He is an award-winning, internationally acclaimed Broadway producer/NY director whose career in show business spans 40 years. Chosen by Richard Rodgers to direct two Japanese productions of The Sound of Music, Cash was awarded the Chunichi Theatre Award, the Japanese equivalent of Broadway’s Tony Award.

Painting Paradise: Impressionism & the Eucalyptus School of California Painters
**Cash Baxter, MFA**
Tuesdays, 10:00 a.m.-12:00 p.m. October 5, 12, 19

If you hated poetry in high school or never quite got it, here’s your chance to give it another try. This course in English Romantic poetry is designed to explore poems by Wordsworth, Coleridge, and Keats to gain the pleasure and passionate insights they have provided to countless readers for several hundred years. Included is a brief overview of English Romanticism, an exploration of Wordsworth's great “Tintern Abbey”, Coleridge's nature poems, and a sensuous engagement with Keats's beautiful “Eve of St. Agnes”. This course promises to offer enthusiastic engagements in class with no outside reading. THIS COURSE HAS BEEN CANCELLED.

**Introduction to English Romantic Poetry**
**Luc Agosta, PhD**
Tuesdays, 10:00 a.m.-12:00 p.m. October 5, 12, 19

Dr. Agosta received his MA and PhD in English at the University of Texas, Austin. At CSU Sacramento, Luc taught courses in children’s literature, English romanticism, and the Victorian Era before retiring in 2010. He has published numerous articles on children’s literature and three books, Howard Pyle, E.B. White: The Children’s Books, and Losing Time: AIDS Lessons in Love and Loss.

**About the Instructor**

Lou was a creative writing instructor at the University of Wisconsin Whitewater and went on to write and produce over 200 hours of documentary television for major television networks including ABC, CBS, and Lifetime.

And That’s the Way it Was: A Visual History of TV News
**Lou Gorfain, MA**
Tuesdays, 1:00-2:30 p.m. October 5, 12, 19

The course tracks the evolution of network news from John Cameron Swayse’s Camel Caravan, through the Golden Age of Cronkite, Huntley and Brinkley, to today’s super-partisan and social media driven 24/7 news cycle. Tune in to see how television news has reflected and affected society over the past 70 years. THIS COURSE WILL MEET ONLINE VIA ZOOM.

Three-week courses are $30 each. Fall courses will meet online via Zoom and in-person on campus. For online courses, you will receive the link to join the course via email a few days prior to the first class.
Three Eras of Frank Lloyd Wright
Jane King Hession, M.Arch.
Weds., 10:30 a.m.-12:00 p.m.
October 6, 13, 20

Richly creative and innovative, Frank Lloyd Wright designed more than 1,000 buildings during his career. A key to his productivity was his ability to adapt to changing times and environments, while remaining true to his core architectural beliefs. Through the exploration of three distinct eras in Wright’s life, this course will consider how those periods contributed to Wright’s enduring status as one of the world’s most fascinating, controversial, and relevant architects. THIS COURSE WILL MEET ONLINE VIA ZOOM.

About the Instructor
Jane is a Minneapolis-based architectural historian, writer, and curator specializing in mid-century modernism and the work of Frank Lloyd Wright. A former president of the Frank Lloyd Wright Building Conservancy, she has lectured

From Occupation to Unification and Beyond
Anette Isaacs, MA
Weds., 1:00-2:30 p.m.
October 6, 13, 20

The 30th anniversary of the unification and this fall’s crucial federal election present us with the perfect opportunity to witness the striking transformation of Germany from a brutal belligerent dictatorship to a flourishing and pacifist democracy. THIS COURSE WILL MEET ONLINE VIA ZOOM.

About the Instructor
Anette is a German historian and public educator who has been presenting hundreds of programs on more than 30 different topics pertaining to her native country’s history, politics, and culture. Ms. Isaacs holds master’s degrees in American studies, political science, and history, and is an adjunct faculty member at the lifelong learning departments of five community colleges and universities in Illinois. She is also a popular instructor at Florida Atlantic University’s OLLI in Boca Raton.
Three-week courses are $30 each. Fall courses will meet online via Zoom and in-person on campus. For online courses, you will receive the link to join the course via email a few days prior to the first class.

Foods & Fads, Facts & Fictions
Fred Abramson, PhD
Thursdays, 10:00 a.m.-12:00 p.m.
October 7, 14, 21

Amazon lists 60,000 books on diet and weight loss. About 5 million diet books are sold in the U.S. alone every year, which accounts for around half of the entire total health and fitness category. Why so many? This course explores what is behind many of them. Often derived from reasonable fundamental principles of nutrition, fad diets are attractive because of the novelty that they promise results that other food plans do not deliver. Learn why the scientific basis for each is untrue, unproven, and sometimes unhealthy. THIS COURSE WILL MEET ONLINE VIA ZOOM

About the Instructor
Dr. Abramson received his BA in chemistry from Western Reserve University in 1962 and his PhD in chemistry from The Ohio State University in 1965. After two years of postdoctoral experience and five years in industry, he joined the pharmacology department at the George Washington University School of Medicine in 1972 and retired after 31 years on the faculty. He holds a long-term interest in transmitting science to the general population.

Broadway Musicals: A Jewish story
Emanuel Abramovits, MBA
Thursdays, 1:00-2:30 p.m.
October 7, 14, 21

From vaudeville and Yiddish theater to present day productions, learn how the best musicals were conceived and staged in the context of an evolving new world, and the unique role that Jewish composers, lyricists, producers, directors and choreographers had on it. Come explore this audio-visual journey based on anecdotes and humor. THIS COURSE WILL MEET ONLINE VIA ZOOM.

About the Instructor
A concert promoter since 2000, Emanuel has been directly involved in many shows by both American and international artists such as Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson, Kansas, Kenny G, and local symphony orchestras. He designed and staged many original orchestral events including Mozartfest, Pink Floyd Nuestro Tributo, and several world premieres. He also served as the cultural director at Union Israelita de Caracas from 2008 to 2019, in charge of documenting Holocaust survivors’ stories, art exhibits, lectures, and history.

Current Events Discussion Group
Lara Bloomquist, JD
Fridays, 10:00 a.m.-12:00 p.m.
October 8, 15, 22

You have a right to your opinion about the news and this is the course to express it. Or, you can sit back and listen to others voice their thoughts. Each week the class covers the hot topics of the day based on articles from The New York Times, the Los Angeles Times, The Wall Street Journal, The New Yorker, The New Republic, The Economist, Time magazine and many more. You will be alerted in advance of class which articles will drive the week's discussions. All thoughtfully delivered points of view are encouraged and will be respected because different opinions spark engaging discussions. THIS COURSE WILL MEET ONLINE VIA ZOOM.
About the Instructor
As an attorney, former prosecutor, and criminal justice instructor, Lara has had a long professional and personal interest in civic and social issues. She headed the Domestic Violence Division of the Los Angeles City Attorney’s office, was named Woman Prosecutor of the Year by the League of Women Prosecutors, and was selected by the L.A. County Bar Association to be the recipient of their Prosecutor of the Year award. Lara has been active in many of the social, political, and judicial issues that drive today’s news.

(More) Lyricists of the Great American Songbook
Harry Schaffner, JD
Fridays, 1:00-3:00 p.m. October 8, 15, 22

The songs that endure as the Great American Songbook are singularly connected by great lyrics. Watch and listen to the songs you know, and learn their history and that of lyricists like Alan and Marilyn Bergman, Carolyn Leigh, and Johnny Burke who wrote such enduring lyrics. You may not know their names but you certainly know their words. THIS COURSE WILL MEET ONLINE VIA ZOOM

About the Instructor
Harry is a litigation attorney who has resided in the Coachella Valley for 14 years. He was named Lawyer of the Year from the county bar in 1999, has presented over 50 law seminars, served as an adjunct law professor at Northwestern University, and has taught at the University of Illinois High School for the Gifted.

Delusions, Paradoxes & Brain Science
Arlette Poland, JD, PhD
Fridays, 1:00-3:00 p.m. October 8, 15, 22

Did you know that your mind is not designed to perceive truth, but rather selective slices of reality? Self-delusion is a powerful experience in the brain. We will explore the role the brain plays in interpreting paradox and thought. Throughout this class you will be invited to think carefully about how to work with your brain in a more transparent and authentic manner. THIS COURSE WILL MEET ONLINE VIA ZOOM

About the Instructor
Dr. Poland is a retired lawyer turned theologian and professor. She holds a BS in political science from UC Berkeley, an MA in religion from Claremont School of Theology, an MA in ethical leadership from Claremont Lincoln University, a JD from San Francisco Law School, and a PhD in philosophy of religion from Claremont Graduate University. She has been teaching at the college level since 1999 and lecturing with OLLI since 2005. Her areas of specialty based on her PhD include Buddhism, Judaism, science and religion, and world

Register by mail: complete the attached registration form
Register online: csusb.edu/OLLI/courses
Questions? Call us at: 909-537-8270 or 909-537-8121
Six-week courses are $50 each. Fall courses will meet online via Zoom and in-person on campus. For online courses, you will receive the link to join the course via email a few days prior to the first class.

The Impact of Jews on Classical Music
Emanuel Abramovits, MBA
Mondays, 10:00-11:30 a.m.
Oct. 25, Nov. 1, 8, 15, 29 & Dec. 6 (No class on November 22)

After centuries of limited presence, one of the most fruitful branches of the Jewish renaissance of the 19th century was in music. Jews still thrived in the 20th century despite war, displacement, and prejudice. This course explores the lives and works of musicians who conducted major orchestras, composers who set new rules, and performers who gave virtuosity and showmanship another meaning.

THIS COURSE WILL MEET ONLINE VIA ZOOM.

About the Instructor
Emanuel has been a concert promoter since 2000, directly involved in many shows by both American and international artists such as Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson, Kansas, Kenny G, and local symphony orchestras. He designed and staged many original orchestral events including Mozartfest, Pink Floyd Nuestro Tributo, and several world premiers. He also served as the cultural director at Union Israelita de Caracas from 2008 to 2019, in charge of documenting Holocaust survivors’ stories, art exhibits, lectures, and history.

Musical Adaptations from Shakespeare
Gordon Williams, BM
Mondays, 1:00-3:00 p.m.
Oct. 25, Nov. 1, 8, 15, 29 & Dec. 6 (No class on November 22)

What is Shakespeare’s appeal to composers? Is it his verse, plots, characters, or a combination? This course will consider operas, ballets, musicals (even jukebox musicals), soundtracks, incidental music, and symphonic poems. Look at adaptations of works such as Romeo and Juliet, Othello, Midsummer Night’s Dream, Taming of the Shrew, and Hamlet. Composers studied will include Berlioz, Tchaikovsky, Mendelssohn, Verdi, Purcell, Prokofiev, Saariaho, Shostakovich, Bernstein, Cole Porter, Walton, and Elvis. Explore Wagner and Britten and use musical study to gain a new appreciation of Shakespeare’s poetic and dramatic genius, and devise your own adaptation of Richard II. THIS COURSE WILL MEET ONLINE VIA ZOOM.

About the Instructor
Gordon has worked as a senior programmer and editor of publications for Australia’s six symphony orchestras. His writing credits include Journey to Horseshoe Bend with composer Andrew Schultz, a narration for Beethoven’s Egmont music, and new dialogue for the first Australian opera, 1847’s Don John of Austria. For the Adelaide Symphony Orchestra, he produced Music is our Culture, the first work for symphony orchestra by Indigenous Australians. He has been the Los Angeles reviewer for OperaWire, teaches at the Osher Lifelong Learning Institute at UCLA, and has given pre-concert talks at Sydney Opera House.

The Short Story and American Identity II
Robert Weibezahl, MA
Tuesdays, 10:30 a.m.-12:00 p.m.
Oct. 26, Nov. 2, 9, 16, 30 & Dec. 7 (No class on November 23)

The short story, often relegated as backseat to the novel, is a vibrant and essential form of storytelling in its own right. Many of our country’s greatest writers have used short fiction to explore a myriad of
themes. This course includes a close reading of stories and explores the ways they shed light on aspects of our individual and collective identities as Americans. We will discuss three stories each week, discovering how writers grapple with issues such as gender, race, violence, and other concerns that continue to define society. The stories are collected in The Oxford Book of American Short Stories, second edition, edited by Joyce Carol Oates. Prior to the first session, participants should read Stowe’s “The Ghost in the Mill”, Freeman’s “Old Woman Magoun”, and Erdrich’s “Fleur”.

**THIS COURSE WILL MEET ONLINE VIA ZOOM.**

**About the Instructor**

Robert is a writer, editor, cultural critic, and publishing industry veteran who has worked with Nobel laureates, Pulitzer Prize winners, and countless bestselling authors. The author of two novels and two award-nominated non-fiction books, as well as short stories and poems, he writes a monthly literary column for BookPage. As an internationally-produced playwright, he also has worked in theatre and film production. A lifelong learner himself, Weibezahl has an MA in humanities, a BA in English, and an AA in music.

**Genius by the Numbers in Film**

**Butch Epps, MFA**

**Tuesdays, 1:00-4:00 p.m.**

**Oct. 26, Nov. 2, 9, 16, 30 & Dec. 7 (No class on November 23)**

In this film appreciation course, we will examine the nature of genius as manifested by those who have a knack for numbers based on the lives of some real-life geniuses as well as some fictional ones. The six films we will watch and discuss in the following screening order are: *The Imitation Game*, *A Beautiful Mind*, *Good Will Hunting*, *Hidden Figures*, *Rain Man* and *A Brief History of Time* (a documentary). In total, the goal of this course is to prove that these movies as a whole add up to more than the sum of their parts. Start counting now. Note: We will meet online via Zoom for an introduction of the film, then you rent and watch the film independently via the streaming service of your choice. After the film, rejoin us for an open discussion of each film’s topic and depiction of the issues. Additional film rental fees are not included; approximately $25 for all six films. **THIS COURSE WILL MEET ONLINE VIA ZOOM**

**About the Instructor**

Butch received his MFA degree from the UCLA Department of Film and Television’s Independent Producers Program where he focused on story development and working with screenwriters. He served as the academic liaison to high profile professional faculty, including studio heads, development executives, and others. Since stepping away from the day-to-day rigors of the film industry, Butch has been teaching film appreciation courses while developing a book on Orson Welles’s Mercury Production of Citizen Kane.

**In-Person Studio Drawing**

**Jack Flanigan, MAA, MFA**

**Weds., 10:00 a.m.-12:00 p.m.**

**Oct. 27, Nov. 3, 10, 17 & Dec. 1, 8 (No class on November 24)**

Would you like to boost your drawing skills? In this course you’ll practice what you learn while being coached by a professional artist. Each lecture will be followed by an in-class assignment based on the concepts covered, including color theory, perspective, spatial-depth illusions, size and shape relationships, and focus and statement. The supply list includes a large pad of drawing paper, a white eraser (Mars), and tools of your choice: no.2 soft lead graphite pencil, colored pencils (Prisma), and/or water soluble pens/pencils (Caran d’Ache). Come share in the supportive energy of this artistic classroom learning environment! **THIS COURSE HAS BEEN CANCELLED**

**About the Instructor**

Jack is a native of Lima, Ohio, and has been teaching both studio and academic courses for over 40 years in California, Colorado, Illinois, Wisconsin, and New Hampshire. Throughout his career, he has been a practicing artist and has had his work exhibited in both shows and galleries. The focus of his study has been painting, with a deep interest in art history. Jack is presently the resident artist at the La Quinta Resort & Club.
Writing Poetry in Form  
*Paige Wajda, MA*  
**Weds., 10:00 a.m.-12:00 p.m.**  
**Oct. 27, Nov. 3, 10, 17 & Dec. 1, 8**  
*(No class on November 24)*

Have you ever wanted to write a poem but had no idea where to start? Maybe you think poetry isn’t for you? Let this course change your mind! Join us and learn about different forms of poetry, such as the villanelle, sonnet, sestina, haiku, and sijo. Then you'll get to try it yourself! No experience needed. Just bring a pen, a notebook, and an open mind.

**THIS COURSE WILL MEET ONLINE VIA ZOOM.**

**About the Instructor**  
Paige is a writer who spent four years teaching English in Poland before earning a master’s degree in creative writing from the University of Edinburgh. Her work has recently been published in *The Blue Nib*, *ROPES Literary Journal*, *Star Line* magazine, *Masque Magazine* and *Spectacle Magazine*. She was the 2018 winner of the Grierson Verse Prize and was the former head of poetry for *The Selkie* literary magazine. In 2019, she taught a free six-week community course titled “The Story of Your Life” at the Cathedral City Library.

Civil Rights Movement:  
**Birmingham to Black Lives Matter**  
*Lorenzo Taylor, MA*  
**Wednesdays, 1:00-2:30 p.m.**  
**Oct. 27, Nov. 3, 10, 17 & Dec. 1, 8**  
*(No class on November 24)*

The Civil Rights Movement is an integral part of American history, and yet the majority of Americans know little about it. This course will begin with the Birmingham Crusade of 1963 and will cover recollections of protests, police dogs, sit-ins, and church bombings. Explore and contrast key leaders, strategies, and the impact through various political and social phases up through today. Through lectures, readings and videos, contrast the tactics and leadership of the early civil rights movement with the current period of racial reckoning.

**THIS COURSE WILL MEET ONLINE VIA ZOOM.**

**About the Instructor**  
Lorenzo Taylor was born in Birmingham, Alabama and was a witness to the civil rights movement of the 1960s. He has studied African American history and international affairs at the University of Michigan and Georgetown University. He worked for Walter Mondale while getting a master’s degree in public affairs at the Hubert Humphrey Institute at the University of Minnesota. He is retired after a career in public health policy and intercultural exchange with the federal government. He is also a published fiction writer and playwright.

Stoicism Roman-Style & Its (Relevance?) Usefulness Today  
*Arlette Poland, JD, PhD*  
**Wednesdays, 1:00-3:00 p.m.**  
**Oct. 27, Nov. 3, 10, 17 & Dec. 1, 8**  
*(No class on November 24)*

Stoicism is often misunderstood and/or wrongly applied. Contrary to popular belief, stoicism is actually an approach to life that guides us to be stronger, more resilient, and calmer. This centuries-old wisdom helps people better cope with multiple aspects of everyday life. Come explore the concepts and benefits of stoicism, and learn "the stoic test strategy" to dramatically alter your emotional response to life's many stumbling blocks.

**THIS COURSE WILL MEET ONLINE VIA ZOOM.**

**About the Instructor**  
Dr. Poland is a retired lawyer turned theologian and professor. She holds a BS in political science from UC Berkeley, an MA in religion from Claremont School of Theology, an MA in ethical leadership from Claremont Lincoln University, a JD from San Francisco Law School, and a PhD in philosophy of religion from Claremont Graduate University.
Six-Week Courses

The Men of Ballet II
Barry Schoenfeld, BS
Thursdays, 10:30 a.m.-12:00 p.m.
Oct. 28, Nov. 4, 18 & Dec. 2, 9, 16
(No class on November 11 & November 25)

Ballet is one of the most beautiful art forms, but when most people think of ballet, they imagine elegant women in tutus. However, there are just as many male ballet dancers who deserve recognition. This course will explore the rich history of male ballet dancers. Join us to explore the careers of Matthew Ball and Marcelino Sambé, Cesar Corrales and William Bracewell, and Joseph Sissens, just to name a few. Whether or not you got to attend Barry’s wonderful “Men of Ballet”, you will enjoy learning about many great young rising stars, both here and around the world.

THIS COURSE WILL MEET ONLINE VIA ZOOM

About the Instructor
Barry has over 20 years of experience in advertising, marketing, strategic planning, research, and business development. He is intimately familiar with the social media that shape and influence contemporary communications. His clients have included American Express, Walmart, Trader Joe’s, Suzuki, Toyota, NY/NY Hotel & Casino, Samsung, and Eastern Airlines. Five years ago, Barry founded The California Community of Men on Facebook; the group now boasts over 11,000 members worldwide. He received his bachelor’s degree from Cornell University and has enjoyed a love for opera since high school. He is a practicing Buddhist and his other avocations include photography, archaeology, and travel.

Cinema Eclectic
Dale Knorr, BA
Thursdays, 1:00-3:30 p.m.
Oct. 28, Nov. 4, 18 & Dec. 2, 9, 16
(No class on November 11 & November 25)

Experience the artistry of cinematic storytelling with this presentation of six films that reside far from the well-worn path of mainstream moviedom. View and discuss an eclectic collection of off-beat feature films emphasizing striking imagery with gritty, sharp-edged storylines. This collection includes a film 4 years in the making, an anti-war cult favorite from the 1960s, and a film that explores the meanings of art and friendship, among others exploring fascinating topics. Films will be screened in their language of origin with English subtitles. English language films (2) have no subtitles.

THIS COURSE HAS BEEN CANCELLED

About the Instructor
Dale received his BA in radio/television/film from Temple University’s School of Communications and Theater. His career in motion picture and television production spanned 35 years, where he worked in both the public and private sectors, as well as many network TV broadcasts and independent freelance projects. Dale was a member of the jury panel at the 2015 and 2018 American Documentary Film Festival. He is a member of the International Documentary Association.

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Register by mail: complete the attached registration form
Register online: csusb.edu/OLLI/courses
Questions? Call us at: 909-537-8270 or 909-537-8121
Six-week courses are $50 each. All fall courses will meet online via Zoom. You will receive the link to join the course via email a few days prior to the first class.

**The Life, Times & Films of Peter Sellers**

*Frank Furino*

Fridays, 9:00 a.m.-12:00 p.m.
Oct. 29, Nov. 5, 12, 19 & Dec. 3, 10
(No class on November 26)

Join us for a profile of one of the zaniest performers in the history of show business. This course will profile and discuss the man and his exceptional life through the exploration of six of his greatest films and characters. Come explore and discuss *The Pink Panther, I'm All Right Jack, Dr. Strangelove, Being There,* and *The Mouse that Roared.* The course culminates with a bio-film, *The Life & Death of Peter Sellers* with a fabulous Sellers interpretation by John Lithgow. Watch the movies and stay for the discussion. This course has been cancelled.

**About the Instructor**

Frank brings 25 years of Hollywood experience to his Osher courses, including writer/producer credits for major hit shows *Dynasty, Dallas, General Hospital, Falcon Crest, New Year’s Rockin’ Eve* and more. He was also staff director with *ABC News* covering political conventions, space launches and major news events and later owned an advertising agency. He taught creative writing at UCLA and is a member of the Rancho Mirage Cultural Commission. Frank is a successful playwright and is currently working on his first novel.

**Current Events Discussion Group**

*Lara Bloomquist, JD*

Fridays, 10 a.m.-12:00 p.m.
Oct. 29, Nov. 5, 12, 19 & Dec. 3, 10
(No class on November 26)

You have a right to your opinion about the news and this is the course to express it. Or, you can sit back and listen to others voice their thoughts. Each week the class covers the hot topics of the day based on articles from *The New York Times, the Los Angeles Times, The Wall Street Journal, The New Yorker, The New Republic, The Economist,* *Time* magazine and many more. You will be alerted in advance of class which articles will drive the week's discussions. All thoughtfully delivered points of view are encouraged and will be respected because different opinions spark engaging discussions.

**About the Instructor**

As an attorney, former prosecutor, and criminal justice instructor, Lara has had a long professional and personal interest in civic and social issues. She headed the Domestic Violence Division of the Los Angeles City Attorney’s office, was named Woman Prosecutor of the Year by the League of Women Prosecutors, and was selected by the L.A. County Bar Association to be the recipient of their Prosecutor of the Year award. Lara has been active in many of the social, political, and judicial issues that drive today’s news.

**What’s Next For Me?**

*Barbara Stenning, JD, PhD*

Fridays, 1:00-3:00 p.m.
Oct. 29, Nov. 5, 12, 19 & Dec. 3, 10
(No class on November 26)

Do you ever question where you are going and what will give your life more spark and meaning? During this course, embark on a journey exploring ideas, techniques, and tools to help discover how you would love your life to unfold in the future. Together, we will examine beliefs, opinions, assumptions and new ideas about what life should be. Discover a sense of greater purpose, meaning, and enjoyment, and learn to see life as the adventure it truly is. This course has been cancelled.

**About the Instructor**

Born in Kingston, England, Barbara embraced a life of exploration and adventure. She has spent many years traveling, learning languages, and exploring different cultures. Barbara now works with clients to help them define their vision for the future. She is passionate about helping others to be empowered to move forward with their life mission and purpose. Barbara is currently a motivational speaker, coach, and group facilitator helping individuals and groups break through limitations and achieve greater personal results.
**Shared Interest Groups**

Shared interest groups (SIGs) are free, peer-facilitated discussion groups that foster fellowship and active learning. They are open to current OLLI members and meet throughout the year, so you can participate as your schedule allows.

*Sign up today to get started.*

**Book Club**
Are you a reader? Are you ready to take the next step and engage in fun and stimulating conversations about the books you've read? Join the OLLI Book Club. We will meet once a month at a time and place that works for all of us. We will agree on which book(s) we will read and then get together to discuss them. Members of the group will take turns volunteering to lead the discussion. Books may be any genre, vintage, or subject that the group wants to explore.

*Meets the second Wednesday of each month.*
**Coordinator:** Shelley Mitchell  
707-496-8689 or shelleydmitchell@gmail.com

**Gentle Yoga**
Learn simple ways to effectively move your body without pain to regain flexibility, strength, endurance, focus, and concentration. There will be an emphasis on correct alignment linked with breathing techniques. Gentle yoga is appropriate for all fitness levels. All yoga poses can be modified depending on your level of fitness, even if you have hip, knee, or shoulder limitations. Please bring your own yoga mat and a small towel. Wear loose, comfortable clothes. Prepare to feel better in your body!

*Meets the third Thursday of each month.*
**Coordinator:** Luciana LoPresto  
yogatrips@mac.com

**Glass Club**
Man has been fascinated with glass, naturally formed or man-made, for thousands of years. Whether fashioned for utilitarian, decorative or personal use, glass has been an important commodity throughout history; that's even more true today. This SIG will explore many facets of glass history including, but not limited to, glass objects of historical/stylistic periods, fabrication in the past and present, historical glass designers and artists, popular glass collectibles, and more. Possible visits could include nearby museums, collections and glass hot shops. No prior knowledge is required.

*Meets the first Wednesday of each month starting in January.*
**Coordinator:** David Novick  
760-345-8041 or dtnovick@earthlink.net

*Don’t see a group that interests you? Contact us at 909-537-8270 to discuss your ideas.*
Ways to Support OLLI

Our Osher Lifelong Learning Institute is a financially self-supporting program that does not receive any state funding. Membership fees and endowment interest are our largest sources of revenue, but they still don’t cover our full operating costs. We rely on the generosity of our members to keep the program thriving and affordable. Making a financial gift is one way to appreciate the impact OLLI has had on your life in retirement. Help ensure the long-term sustainability of the enriching educational and social programming that touches the lives of so many seniors throughout the Coachella Valley. Your gift ensures that OLLI has:

- the capacity to expand and adjust to changing needs
- the staff to provide a high level of service for all members and instructors
- the space and ability to serve lifelong learners throughout the Coachella Valley
- the resources to be innovative and entrepreneurial, whatever the economic climate

Please consider a gift to OLLI at a level that is comfortable for you. Your support matters and is appreciated.

Give for Today

- Make a single donation of any amount.
- Make a multi-year pledge with convenient payments to fit your budget.
- Gifts help fill the gap between membership revenues and operating costs, and provide flexibility to create new initiatives and programs.
- You can designate your gift to support a specific program, course, or instructor.

Give for Tomorrow

Wills, Trusts & Retirement Accounts

One of the simplest ways to provide a charitable legacy is through your will or trust. Life insurance policies, investment accounts, and retirement accounts can also be used to create your charitable legacy. You select the specific amount or percentage, and you maintain the ability to change or revoke the gift throughout your lifetime. This option is the easiest and most flexible.

Stocks

Typically, you select the stock to be gifted at its appreciated value and make an outright gift through a transfer of shares. You can minimize or eliminate taxes on capital gains, and in most cases, you can deduct the full amount of the fair market value of the stock as a donation.

Annuities

In exchange for your annuity gift, you will receive a fixed, periodic payment for life, sometimes at a higher payout than other investment options. A portion of the distributions may be tax-free or taxed at a more favorable rate. Annuities often provide an immediate federal income tax deduction for a portion of the gift.

Charitable Remainder Trusts

A charitable remainder trust allows you to receive an income now through fixed, periodic payments. At the termination of the trust, the remainder is transferred to OLLI at CSUSB. This type of trust can eliminate taxes on capital gains, plus you can select the payout rate and duration of the trust.

Thank you to all of our generous OLLI supporters. Visit our website to see the most current list of donors.

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“We support OLLI because it enriches our lives through exposure to new subjects, journeys to new places, making new friends, gaining new knowledge, and developing new skills. We want to ensure the opportunity continues.”

Cash & Betty Baxter
Learning via Zoom is easy & fun!

If you've never used Zoom before, we understand it can feel a little scary. But...it really is quite simple. If you use email or can get to our website, you have the skills necessary to participate in a Zoom course online. To help you feel more comfortable, we've created a few resources that you can either view now or print and keep for later reference.

Let's get started...

• Sign up for online classes just like you do for all other OLLI courses and activities. You can either register on our website or mail in a registration form.
• A few days before your first class, you'll receive an email that includes a link you'll click to join your class. That's it. Just click the link and you're in. **Be sure to save that email as you'll need the link to join the class.**
• If it's your first time using Zoom, you'll be prompted to download the application on your device; simply follow the instructions on your screen. You don't need to purchase anything or set up an account. It's safe, easy, and free.
• You can participate via your computer, tablet, or smartphone. Most laptops, tablets, and smartphones have a built in camera and microphone, which will enhance your Zoom experience. No camera or microphone? You can still participate from your computer by watching the screen and typing any comments or questions in the Chat section. You can also join in from your telephone (with or without a computer) to listen in.

Need help?
Don’t hesitate to call us:
Johnna Norris: 909-537-8270

For a printable resource guide, and additional information about learning online, visit our website:
[csusb.edu/OLLI/online-learning-resources](http://csusb.edu/OLLI/online-learning-resources)

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**REGISTRATION**

Register early for the best course selection!

**Registration Deadlines**
- Sep. 13 for 1-week courses
- Sep. 27 for 3-week courses
- Oct. 18 for 6-week courses
- $25 late fee after the deadline

**Register by Mail**
- (pay by check)
- OLLI @ CSUSB
- Palm Desert Campus
- 37500 Cook St.
- Palm Desert CA 92211

**Register Online**
- (pay by credit or debit card)
- [csusb.edu/OLLI](http://csusb.edu/OLLI)

**Refunds**
Refund requests must be submitted 48 hours prior to the start of the course. If approved, a credit will be issued for a future course in lieu of a cash refund. If there are extenuating circumstances and a refund is approved, a $25 administrative fee will be deducted from the refund. If a course is canceled by OLLI, you may choose a refund or credit for the full course amount. There is a $25 fee for all declined credit cards or returned checks.
IN CONVERSATION: The Voices of OLLI

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Visit our Flickr page to revisit some of the fun times we’ve had at OLLI over the years. Enjoy photos from past trips, activities, and member events.

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