FALL WORKSHOPS
HOSTED BY THE VIRTUAL AMBASSADORS

All workshops will run multiple times throughout the week via Zoom

September 14 - 18  Dream it, then Do it: a Goal-setting workshop

September 21 - 25  Don't be busy, be productive: a Time Management workshop

September 28 - 2   Preparing for Midterms: Tips on managing test anxiety, study skills & memorization

October 5 - 9      Show up for YOU: a Self Care & Wellness workshop

October 12 - 16    Resources to make the most out of CSUSB

October 19 - 23    Fun & interactive workshop with a VA

@virtualambassadors_csusb for workshop times & dates
FALL WORKSHOPS
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October 26 - 30  Major Exploration & Career Preparation
November 2 - 6  Create and Deliver: A workshop on presenting virtually
November 9 - 13  TBA
November 16 - 20  Securing the Bag: Money Management Basics
November 30 - 4  Preparing for Finals: Tips on managing test anxiety, study skills & memorization
December 7 - 11  Fun & interactive workshop with a VA

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