



FALL WORKSHOPS

HOSTED BY THE VIRTUAL AMBASSADORS



All workshops will run multiple times throughout the week via Zoom

- September 14 - 18 *Dream it, then Do it: a Goal-setting workshop*
- September 21 - 25 *Dont be busy, be productive: a Time Management workshop*
- September 28 - 2 *Preparing for Midterms: Tips on managing test anxiety, study skills & memorization*
- October 5 - 9 *Show up for YOU: a Self Care & Wellness workshop*
- October 12 - 16 *Resources to make the most out of CSUSB*
- October 19 - 23 *Fun & interactive workshop with a VA*

 [@virtualambassadors_csusb](https://www.instagram.com/virtualambassadors_csusb) for workshop times & dates




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| October 26 - 30 | Major Exploration & Career Preparation |
| November 2 - 6 | <i>Create and Deliver: A workshop on presenting virtually</i> |
| November 9 - 13 | TBA |
| November 16 - 20 | <i>\$ecuring the Bag: Money Management Basics</i> |
| November 30 - 4 | <i>Preparing for Finals: Tips on managing test anxiety, study skills & memorization</i> |
| December 7 - 11 | Fun & interactive workshop with a VA |

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