

Fall 2020

September-December



@ Cal State San Bernardino

Educational courses & events  
for adults age 50+



*Join us online this fall.  
It's fun and easy!*

*Learn for  
the joy of it!*



# Learn for the joy of it.

Take non-credit, university-level courses with other mature learners and experience all the joy of learning, but without the grades, tests, or homework.

A wide variety of courses are offered each quarter, including topics in the arts and humanities, natural sciences, and social sciences. You may also enjoy our educational trips and shared interest groups. OLLI is engaging, interesting, and fun!

## Membership

- \$75 annual membership fee, includes a parking permit
- Choose as many courses as you like and pay by the course
- Enjoy a variety of fun events, trips, and university activities
- Most courses are held once a week for either six or three weeks

Is cost a concern? Contact us for more information.



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## OLLI membership offers you opportunities to:

- **Continue learning:** You're never too old to learn. Explore a wide variety of topics as you engage intellectually, challenge your thinking, and build your knowledge.
- **Participate in interesting activities:** Become part of a dynamic learning community that is full of diversity, insight, wisdom, and intellectual stimulation. Enjoy lively conversations, share opinions, and discover new ideas.
- **Meet new people:** Meet and mingle with mature adults who share your interests and those with very different perspectives. You'll build new and rewarding friendships.

**For more information:** 909-537-8270 or [olli@csusb.edu](mailto:olli@csusb.edu)

Learn more about OLLI membership: [csusb.edu/OLLI/membership](https://csusb.edu/OLLI/membership)  
 Join or renew now: [csusb.edu/OLLI/join](https://csusb.edu/OLLI/join)

## Meet the OLLI Staff



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# Join us for these fun member events.

All summer and fall member events will meet online via Zoom. Please register in advance; you will receive the link to join the event via email a few days prior to the event. These events are free to OLLI members.

## Welcome to OLLI

**Tuesday, September 15**

**10-11 a.m.**

If you love to learn just for the joy of it, you're going to love OLLI! Join us to learn what the Osher Lifelong Learning Institute (OLLI) is all about. Get an overview of the OLLI national network, and have a look at the unique courses, trips, discussion groups, and activities you can access as a member. Hear from a panel of instructors and members, and learn about the wide variety of volunteer opportunities available. You'll likely make a few new friends too. This interesting and fun-filled discussion is open to members and non-members alike.

## Welcome Back Social

**Wednesday, September 16**

**3-4:30 p.m.**

It's the start of a new OLLI year and we'd love to see you at this fun and unique bring-your-own party! Grab your favorite ice cream treat from your freezer or your favorite cocktail from your bar and drop in via Zoom to say hello. This casual get together will include a short musical program by singer/songwriter and OLLI instructor, Mark Guerrero, at 3:30, so don't miss it. Please join us to help celebrate the start of our fall term.

## OLLI Town Hall Meeting

**Tuesday, September 29**

**1-2:30 p.m.**

Join us via Zoom for an update on what's happening at OLLI. We'll start with a brief overview of our program's past and current state, then share some of our goals as outlined in our recently updated strategic plan. All members are welcome and encouraged to attend. Please bring your comments and questions and plan to join us!

## Danube River Cruise Preview

**Thursday, October 1**

**2-3:30 p.m.**

Are you thinking about traveling again? Maybe you've cruised the Danube and would like to relive the memories. Join us via Zoom to learn more about this wonderful OLLI river cruise that includes the capital cities of Hungary, Slovakia, Austria, and the Czech Republic.

This interesting presentation will give you a preview of this incredible OLLI trip aboard Grand Circle's award-winning river ship. Bring your questions for our Grand Circle representative.

## Coffee Hour

**Tuesdays**

**9-10 a.m.**

**September 1 & 8**

**More dates to be announced**

Join your OLLI friends on select Tuesday mornings via Zoom for coffee and conversation. Each coffee hour will feature a live interview with a different OLLI member, instructor, or staff member. You won't want to miss this fun opportunity to meet some interesting people and make some new OLLI friends. Pour yourself a cup of coffee or tea and drop in to say hello. We'd love to see you.

## Happy Hour

**Wednesdays**

**3-4 p.m.**

**Dates to be announced**

Join us for these fun and interesting programs that are sure to make you smile. Each happy hour will feature a short program that highlights some of the wonderful talent within our OLLI family, followed by plenty of time to chat with your OLLI friends. You won't want to miss this fun opportunity from the safety of your home. Pour yourself a beverage and join us via Zoom. We hope to see you.

**Register by mail:** complete the attached registration form

**Register online:** [csusb.edu/OLLI/events](https://csusb.edu/OLLI/events)

**Register by phone:** 909-537-8270 or 909-537-8121

*One-week courses are \$10 each. All fall courses will meet online via Zoom. You will receive the link to join the course via email a few days prior to the first class.*

### **The Physiology of Aging**

*Fred Abramson, PhD*

**Monday, 10:00 a.m.-12:00 p.m.**

**September 21**

This course will evaluate why we age, and how. We will discuss how each part of our bodies age and what we can do to reduce the effects of aging. We will also consider how much of aging is genetic. Once we've gained a deeper understanding of the description of aging physiology, we will discuss a number of diseases of old age, from hearing loss to dementia.

#### **About the Instructor**

Dr. Abramson received his BA in chemistry from Western Reserve University in 1962 and his PhD in chemistry from The Ohio State University in 1965. After two years of postdoctoral experience and five years in industry, he joined the pharmacology department at the George Washington University School of Medicine in 1972 and retired after 31 years on the faculty. He holds a long-term interest in transmitting science to the general population.



### **Police Brutality: Fact & Fiction**

*Howard Daniels, JD*

**Monday, 1:00-3:30 p.m.**

**September 21**

The excessive use of force by police has emerged as a major concern in today's society and has sparked protests throughout the country. This course will examine the frequency of such occurrences and the likely causes. We will evaluate possible remedies, including changes in recruitment, training, legal steps, and the defunding of police departments. Come learn about how and why excessive police force has been used, and possible solutions to bring about positive changes within police departments.

#### **About the Instructor**

Howard is a graduate of Yale Law School and was a prosecutor with the U.S. Attorney's office in Los Angeles for 24 years, where he was responsible for the collection of over \$3 billion in fines and penalties from defense contractors and healthcare providers. In addition, he taught prosecutors throughout the country in the field of white-collar fraud. Howard later became a partner at O'Melveny & Myers, a major national firm. He specialized in white-collar cases, but also handled healthcare, antitrust, and sports law matters.

### **Van Gogh: The Asylum Year**

*Cash Baxter, MFA*

**Tuesday, 10:00 a.m.-12:00 p.m.**

**September 22**

Examine the year an unsuccessful painter, Vincent Van Gogh, committed himself to a mental asylum and painted 150 canvases, many of which the world has recognized as among the finest paintings in art history. Many believe that *Irises*, which can be viewed at the Getty Center in Los Angeles, is among the first paintings completed after the artist was admitted for treatment. In 1987, that same painting sold for \$53.9 million, making it the most expensive painting ever sold to date. Come learn about the year that resulted in the painting of Van Gogh's greatest masterpieces.

#### **About the Instructor**

Cash is a fine arts painter, art historian, and world traveler. He is an award-winning, internationally acclaimed Broadway producer/NY director whose career in show business spans 40 years. Chosen by Richard Rodgers to direct two Japanese productions of *The Sound of Music*, Cash was awarded the Chunichi Theatre Award, the Japanese equivalent of Broadway's Tony Award. He founded the Musical Theatre Workshop at Southern Illinois University and was artist-in-residence at universities in New York, Illinois, Ohio, Massachusetts, California, and Texas. Cash has been teaching at the Osher Institute since 2004.



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### **Scams & Other Elder Abuse**

**Geri Crippen-Richardson**  
**Tuesday, 1:00-2:30 p.m.**  
**September 22**

Scams are more prevalent than ever in this technological age and are often used to target senior citizens. This course was developed to aid in identifying scams, how they operate, who they target, and what the potential damages are of becoming a victim. You will also gain an understanding of elder abuse and dependent adult abuse under California state law, and how to report it.

#### **About the Instructor**

Geri educates local law enforcement, social services providers, and local communities about elder abuse in her role as coordinator for the C.A.R.E. Program in Riverside County. She also chairs multidisciplinary team meetings to discuss challenging elder abuse cases with the goal of investigating, protecting the victim, and prosecuting criminal cases of abuse. Geri resides in Palm Desert and conducts outreach and training on topics such as scams, elder abuse, and mandated reporting.

### **Darwin's Errors**

**Larry Fox, MBA**  
**Wed., 10:00 a.m.-12:00 p.m.**  
**September 23**

Come explore the fabulous story about what Darwin got wrong and what he couldn't have known in his day and age. Undergraduate science students now know how species originated and mutated. More advanced scientists have a refined theory about when and where the first life form originated. This non-technical, fun, and lively story examines life at its starting point.

#### **About the Instructor**

Larry founded and managed a private equity group that purchased controlling interests in a number of notable companies. When he retired from business, he was appointed professor of finance in the Kellogg School of Management at Northwestern University. Larry plays bridge and loves nature, contemporary art, the movies, non-fiction books, 1950s rock & roll, and the hard sciences.

### **Hosting a Zoom Meeting for Friends or Family**

**Doris Selva, MA**  
**Thursday, 10:00 a.m.-12:00 p.m.**  
**September 24**

These days, using technology to connect with friends and family has become an easy and safe way to engage with the people you love. Collaborate more seamlessly using Zoom, the popular video conferencing tool. This course shows you how to schedule, moderate, and participate in Zoom meetings. Explore how to host your own Zoom meetings, from scheduling and adjusting moderator settings to recording meetings. Learn how to schedule and host a Zoom session right from the comfort of your own home.

#### **About the Instructor**

Doris is a technology and communications specialist with over 25 years of experience, and has worked at CSUSB as a trainer and documentation specialist since 2002. Doris also serves as an adjunct faculty member for the Communications Department at CSUSB and has taught multiple subjects including public speaking, diversity, and training professional trainers. She is an advocate for technology training for all ages.

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**Questions? Call us at:** 909-537-8270 or 909-537-8121

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### **The Gentle Wisdom of Thich Nhat Hanh**

*Michael McDonald, PhD*  
**Thursday, 1:00-3:00 p.m.**  
**September 24**

Thich Nhat Hanh is a Vietnamese Buddhist monk, poet, and an inspired teacher of modern Buddhism. He was first known as a peace advocate during the Vietnam War, but since the early 1980s, he has come to North America regularly to give retreats on the art of mindful living. He heads two meditation communities - one in southwestern France and another in Escondido, California. We will review his approach to deep listening, loving speech, beginning anew, mindful eating, and nonviolence, and will discuss some of his deeper presentations of Buddhist metaphysics.

#### **About the Instructor**

Dr. McDonald received his PhD in philosophy from the University of Hawaii in 1995, and specializes in the study of Plato and Chinese philosophy. He maintained a business career and taught classes in Chinese thought, philosophy, and religion at Prescott College in Arizona, the University of Redlands, and California State University in San Bernardino. He also teaches as a tutor for Mirus Secondary Schools.

### **Social Media Safety & Reality in an Election Cycle**

*Lacey Kendall, MA*  
**Friday, 9:30 a.m.-12:00 p.m.**  
**September 25**

This course will help seniors understand the criteria for determining fake news and where to find truth in reporting online, in newspapers, and on television. Come learn how social media sites like Facebook work and what they do with your personal information. We'll also learn how international hackers actually affect our elections. Ultimately, this course demonstrates how to find honest information, keep yourself safe in the social media realm, and find a much more enjoyable social media experience.

#### **About the Instructor**

Lacey received her MA in communications from CSU San Bernardino and is an experienced broadcast consultant, radio announcer, manager, and college instructor. She has over 30,000 hours of on-air broadcast experience, including work reporting for CNN and NBC News outlets. She currently serves as media consultant to several local university and college campuses and their stations. Lacey has taught courses in digital media production, journalism, broadcast speech, race-gender and the media, and social media for social good.

### **Some Spiritual Pathways of Vietnam**

*Arlette Poland, JD, PhD*  
**Friday, 1:00-3:00 p.m.**  
**September 25**

Vietnamese people have long believed in the existence of a supernatural world where spirits and deities exist. They believe these spirits have exerted great control and influence on the course of human life. Come explore the history and development of the spiritual pathways of Vietnam. Spiritual pathways to be discussed include Buddhism, indigenous shamanism, Daoism, Confucianism, and Christianity. Learn about the dominant influences that have outlasted political and social movements over time in this vibrant nation.

#### **About the Instructor**

Dr. Poland is a retired lawyer turned theologian and professor. She holds a BS in political science from UC Berkeley, an MA in religion from Claremont School of Theology, an MA in ethical leadership from Claremont Lincoln University, a JD from San Francisco Law School, and a PhD in philosophy of religion from Claremont Graduate University. She has been teaching at the college level since 1999 and lecturing with OLLI since 2005. Her areas of specialty based on her PhD include Buddhism, Judaism, science and religion, and world religions.

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**Our Healthcare System: Why It Broke & How to Fix It**

*Howard Daniels, JD*

**Mondays, 10:00 a.m.-12:00 p.m.  
October 5, 12, 19**

The United States spends twice as much on healthcare as its peer countries, often with worse outcomes. This course will examine how this situation came to be and what can be done about it. We will discuss drug prices, fraud and abuse, and the role of the Food and Drug Administration, as well as solutions such as improving the Affordable Care Act and Medicare for all. Come and explore the ins and outs of the U.S. healthcare system and possible ways to improve it.

**About the Instructor**

Howard is a graduate of Yale Law School and was a prosecutor with the U.S. Attorney's office in Los Angeles for 24 years, where he was responsible for the collection of over \$3 billion in fines and penalties from defense contractors and healthcare providers. In addition, he taught prosecutors throughout the country in the field of white-collar fraud. Howard later became a partner at O'Melveny & Myers, a major national firm. He specialized in white-collar cases, but also handled healthcare, antitrust, and sports law matters.

**Our Marvelous Moon**

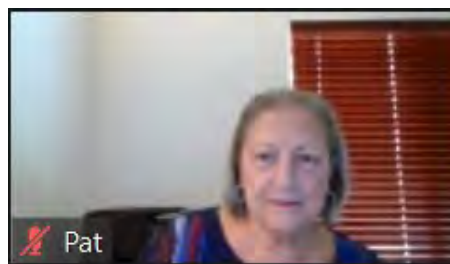
*Stephenie Slahor, PhD*

**Mondays, 1:00-2:30 p.m.  
October 5, 12, 19**

We see it by night as it waxes, we get amazed when it's full, and we even see it in the daytime when it wanes. The Earth's moon is like a familiar friend, but it has great influence over our planet and, without it, life would be very different. This course will help you see the moon in a new light with all the wonders of its origin, geology, characteristics, phases, eclipses, effects on life on Earth, and its role in human lore and legend.

**About the Instructor**

Dr. Slahor is a writer, professor, lawyer, and lecturer. She is a life member of the Southwest Marine Educators' Association, the Phi Kappa Phi National Honor Society, and the Coachella Valley Archaeological Society. Stephenie is also a member of the Shadow Mountain Gem and Mineral Society, the Astronomical Society of the Desert, and the Lions Club. Her hobbies include travel, kayaking, snorkeling, geology, astronomy, selenology, meteoritics, and the natural sciences.



**Georgia O'Keeffe: American Icon**

*Cash Baxter, MFA*

**Tuesdays, 10:30 a.m.-12:00 p.m.  
October 6, 13, 20**

Georgia O'Keeffe was a pioneering woman modernist and proponent of abstraction. Early in her professional life, from the 1910s to the 1930s, she combined original pictorial ideas with subjects drawn from close experiences and observation. This course will look and listen to this master painter who once said, "It is absurd the way I love this country." She abstracted nature, but relied on it most heavily, and in the process helped enlarge the audience for modernism in art.

**About the Instructor**

Cash is a fine arts painter, art historian, and world traveler. He is an award-winning, internationally acclaimed Broadway producer/NY director whose career in show business spans 40 years. Chosen by Richard Rodgers to direct two Japanese productions of The Sound of Music, Cash was awarded the Chunichi Theatre Award, the Japanese equivalent of Broadway's Tony Award. He founded the Musical Theatre Workshop at Southern Illinois University and was artist-in-residence at universities in New York, Illinois, Ohio, Massachusetts, California, and Texas. Cash has been teaching at the Osher Institute since 2004.

*Three-week courses are \$30 each. All fall courses will meet online via Zoom. You will receive the link to join the course via email a few days prior to the first class.*

### **How to Avoid Senior Scams**

**Barry Schoenfeld, BS**  
Tuesdays, 1:00-2:30 p.m.  
October 6, 13, 20

Seniors scams seem to be everywhere: on the phone, in emails, and even at the front door. And they change almost every month! How can you avoid being taken advantage of? If you think that scams only involve investments or home improvement, this is the course for you. Come learn what scams targeting senior citizens look and sound like to help protect you, your savings, your retirement, and your safety. Don't let common thieves take advantage of you.

#### **About the Instructor**

Barry has over 20 years of experience in advertising, marketing, strategic planning, research, and business development. He is intimately familiar with the social media that shape and influence contemporary communications. His clients have included American Express, Walmart, Trader Joe's, Suzuki, Toyota, NY/NY Hotel & Casino, Samsung, and Eastern Airlines. Five years ago, Barry founded The California Community of Men on Facebook; the group now boasts over 11,000 members worldwide. He received his bachelor's degree from Cornell University and has enjoyed a love for opera since high school. He is a practicing Buddhist and his other avocations include photography, archaeology, and travel.

### **Shakespeare's Tragic Heroines: Are There Any?**

**Ilene Rubenstein, MA**  
Weds., 10:00 a.m.-12:00 p.m.  
October 7, 14, 21

This course will examine how female tragic heroines are defined, disempowered, and abused by male protagonists. We will begin by looking at Aristotle's definition of the tragic hero and its application to Sophocles' *Antigone*. Then we will consider whether Shakespeare applied this same model to the women in his tragedies, most notably Cordelia in *King Lear* and Lavinia in *Titus Andronicus*.

#### **About the Instructor**

For 30 years, Ilene taught literature and writing courses for teachers at CSU Northridge. In addition, she was writing programs coordinator for the CSUN Learning Resource Center. She was later one of seven faculty who taught web design and developed online teaching protocols. Although Ilene officially retired in 2010, education's winged chariot beckoned her to College of the Desert's Tutoring and Academic Center where she continues working with students. In her spare time, she volunteers at the McCallum Theatre and for Brandeis University.

### **Past Life Regression**

**Ron Stubbs, CHt, FAPHP**  
Thursdays, 10:00 a.m.-12:00 p.m.  
October 8, 15, 22

Have you ever experienced déjà vu or felt drawn to a certain period in history? Have you ever met someone and felt like you've known them forever? A Gallup poll revealed that over 38 million Americans, roughly one third of our adult population, believe they've had past lives or have expressed belief in reincarnation. Worldwide, the number is staggering; in fact, many of the world religions believe in reincarnation or past lives. Now you can leave your luggage at home while you discover a forgotten past and take the trip of a lifetime (or many lifetimes) with a nationally-known hypnotherapist.

#### **About the Instructor**

Always curious and interested in the power of the mind, Ron attended Everett Community College in 1996, where he received his Clinical Hypnotherapy certification. Since that date he has completed his Master Hypnotherapist certification, as well as Advanced Clinical Hypnotherapist and Certified Instructor training at the Institute of Hypnosis and Hypnotherapy. Ron also served for three years as the West Coast director for the Institute. After completion of his initial certifications, he has logged countless training hours with many instructors from various mind-body fields around the world.



### The Heat is On: The Crucible of Noir

*Butch Epps, MFA*

Thursdays, 1:00-3:30 p.m.

October 8, 15, 22

The premise is simple, though the issues are not. Join us as we walk down the mean streets of antisemitism in *Crossfire* (1947), biological contagion in *Panic in the Streets* (1950), and the Red Scare in *I Was A Communist for the FBI* (1951) in this highly charged set of classic film noir movies. We will meet online via Zoom for an introduction of the film, then you rent and watch the film independently via the streaming service of your choice. After the film, rejoin us for an open discussion of each film's topic and depiction of the issues. Additional film rental fees are not included; approximately \$10 for all three films.

#### About the Instructor

Butch received his MFA degree from the UCLA Department of Film and Television's Independent Producers Program where he focused on story development and working with screenwriters. He served as the academic liaison to high profile professional faculty, including studio heads, development executives, and others. Since stepping away from the day-to-day rigors of the film industry, Butch has been teaching film appreciation courses while developing a book on Orson Welles's Mercury Production of *Citizen Kane*.

### Current Events Discussion Group

*Lara Bloomquist, JD*

Fridays, 10:00 a.m.-12:00 p.m.

October 9, 16, 23

You have a right to your opinion about the news and this is the course to express it. Or, you can sit back and listen to others voice their thoughts. Each week the class covers the hot topics of the day based on articles from *The New York Times*, the *Los Angeles Times*, *The Wall Street Journal*, *The New Yorker*, *The New Republic*, *The Economist*, *Time* magazine and many more. You will be alerted in advance of class which articles will drive the week's discussions. All thoughtfully delivered points of view are encouraged and will be respected because different opinions spark engaging discussions.

#### About the Instructor

As an attorney, former prosecutor, and criminal justice instructor, Lara has had a long professional and personal interest in civic and social issues. She headed the Domestic Violence Division of the Los Angeles City Attorney's office, was named Woman Prosecutor of the Year by the League of Women Prosecutors, and was selected by the L.A. County Bar Association to be the recipient of their Prosecutor of the Year award. Lara has been active in many social, political, and judicial issues that drive today's news.

### The Power of Nunchi: Korean Happiness & Success

*Arlette Poland, JD, PhD*

Fridays, 1:00-3:00 p.m.

October 9, 16, 23

Nunchi, your sixth sense for winning friends and influencing people, can help you succeed and be happier. It is described as the currency of life and is the Korean guide to trust and connection. Literally meaning eye measure, nunchi is a subtle art that helps you understand the thoughts and feelings of others to build harmony, trust, and connection. In this course you will learn what nunchi is, how it works, and how to do it.

#### About the Instructor

Dr. Poland is a retired lawyer turned theologian and professor. She holds a BS in political science from UC Berkeley, an MA in religion from Claremont School of Theology, an MA in ethical leadership from Claremont Lincoln University, a JD from San Francisco Law School, and a PhD in philosophy of religion from Claremont Graduate University. She has been teaching at the college level since 1999 and lecturing with OLLI since 2005. Her areas of specialty based on her PhD include Buddhism, Judaism, science and religion, and world religions.

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**Questions? Call us at:** 909-537-8270 or 909-537-8121

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### **Aliens Among Us? The New Contact Community**

*Michael McDonald, PhD*

**Mondays, 1:00-3:00 p.m.**

**Nov. 2, 9, 16, 30 & Dec. 7, 14**

A large and growing UFO movement boldly proclaims that contact with aliens, or life forms from other planets, has already happened. The Contact in the Desert conference held annually in Joshua Tree or Indian Wells has gained in popularity with each year. *Gaia*, an international digital pseudoscience and yoga video streaming service and online community, has elevated interviewers George Noory and Regina Meredith, scientists Nassim Hamein, Greg Braden and Dr. Russell Targ, and many others to celebrity status. Whatever you believe, let's learn about aliens like the Greys and the Reptilians, explore the Hollow Earth theory, and understand the 9th Dimensional Pleiadian Collective.

#### **About the Instructor**

Dr. McDonald received his PhD in philosophy from the University of Hawaii in 1995, and specializes in the study of Plato and Chinese philosophy. He maintained a business career and taught classes in Chinese thought, philosophy, and religion at Prescott College in Arizona, the University of Redlands, and California State University in San Bernardino. He also teaches as a tutor for Mirus Secondary Schools.

### **The Story of Your Life**

*Paige Wajda, MA*

**Tuesdays, 10:00 a.m.-12:00 p.m.**

**Nov. 3, 10, 17 & Dec. 1, 8, 15**

Whether you've never written anything or have several books under your belt, absolutely everyone is welcome to explore the art of writing stories based on their lives. This course will begin by reading excerpts from successful contemporary memoirs, then we'll learn how to use prompts and will practice timed freewriting. Every week we will share the stories that you've worked on at home and will go over tips on how to improve your writing style. At the end of this course, you will have completed several stories that you can share with your family and friends.

#### **About the Instructor**

Paige is a writer who spent four years teaching English in Poland before earning a master's degree in creative writing from the University of Edinburgh. Her work has recently been published in *The Blue Nib*, *ROPES Literary Journal*, *Star\*Line* magazine, *Masque Magazine* and *Spectacle Magazine*. She was the 2018 winner of the Grierson Verse Prize and was the former head of poetry for *The Selkie* literary magazine. In 2019 she taught a free six-week community course titled *The Story of Your Life* at the Cathedral City Library.

### **How to Spot Fake News**

*Barry Schoenfeld, BS*

**Tuesdays, 1:00-2:30 p.m.**

**Nov. 3, 10, 17 & Dec. 1, 8, 15**

The Knights Templar is one of the most mysterious and powerful religious orders in history. A secret society whose true purpose remains a mystery to this day, its story is one that has captured the fascination and curiosity of people throughout the ages. Were they sent to Jerusalem to protect Christians on pilgrimages, or were they sent on secret missions by higher authorities in order to unearth lost artifacts and buried treasure at sacred holy sites? Where are these artifacts and treasures today? Trace the history, what is known and what is unknown, and examine both facts and unproven theories about this secret society.

#### **About the Instructor**

Barry has over 20 years' experience in advertising, marketing, strategic planning, research, and business development. He is very familiar with the social media that shape and influence contemporary communications. His clients have included American Express, Walmart, Trader Joe's, Toyota, NY/NY Hotel & Casino, Samsung, and Eastern Airlines. Five years ago, Barry founded The California Community of Men on Facebook; the group now boasts over 11,000 members worldwide. He received his bachelor's degree from Cornell University and has enjoyed a love for opera since high school. He is a practicing Buddhist and his other avocations include photography, archaeology, and travel.

### Why You Probably Survive After Death

*Albert Morell, PhD*

Weds., 10:00 a.m.-12:00 p.m.

Oct. 28, Nov. 4, 18 & Dec. 2, 9, 16

This course traces the theories of survival after death from shamanism to related Persian, Egyptian, and Greek polytheistic traditions, and the Buddhist and Vedic traditions. Examine why monotheistic explanations for survival after death are linked to mysticism, and why non-monotheistic explanations are negatively associated in the West with superstition, esotericism, and occultism. Explore the concept of the spirit body, extant in most non-monotheistic traditions, and contrast it with the concept of the soul. We will look at contemporary research on out-of-body experiences, near-death experiences, and related parapsychological phenomena.

#### About the Instructor

Dr. Morell is a Lacanian clinical and research psychoanalyst in private and institutional practices in Palm Desert and Los Angeles. He is an international speaker and former university lecturer in literature, philosophy, comparative religion, and film studies, as well as a former screenwriter. He is co-editor of *The Los Angeles Psychologist*, a film forum presenter at the New Center for Psychoanalysis, and is the founder of the California Forum of the Internationale des Forums École de Psychanalyse du Champ Lacanien based in Paris, France.

### Does Education Really Equal Opportunity?

*Larry Fox, MBA*

Weds., 1:00-3:00 p.m.

Oct. 28, Nov. 4, 18 & Dec. 2, 9, 16

We should long since have reached consensus on how to increase opportunity through education and should have long since taken the steps to make it happen. The facts and methods to increase opportunity through education are widely known, but not incorporated into current policies and programs, many of which have been largely unchanged since Victorian times. The result is that our educational achievement under-performs almost all advanced countries at every level. We have fewer skills, fewer facts, and sometimes an undeserved self-confidence. What to do is straight-forward, pragmatic, and, with broad commitment, not terribly hard. Together, let's develop that mutual commitment to future generations.

#### About the Instructor

Larry founded and managed a private equity group that purchased controlling interests in a number of notable companies. When he retired from business, he was appointed professor of finance in the Kellogg School of Management at Northwestern University. Larry plays bridge and loves nature, contemporary art, the movies, non-fiction books, 1950s rock & roll, and the hard sciences.

### Place & Time: The American Dream in Film

*Butch Epps, MFA*

Thursdays, 1:00-4:00 p.m.

Oct. 29, Nov. 5, 12, 19 & Dec. 3, 10

In defining the American dream, James Truslow Adams wrote that "life should be better and richer and fuller for everyone, with opportunity for each according to ability or achievement" regardless of social class or circumstances of birth. We will examine this premise in the following films: *The Grapes of Wrath* (1940), *The Best Years of Our Lives* (1946), *Avalon* (1990), *A Raisin in the Sun*, and more. We will meet online via Zoom for an introduction of the film, then you rent and watch the film independently via the streaming service of your choice. After the film, rejoin us for a lively discussion of each film. Additional film rental fees are not included; approximately \$25 for all six films.

#### About the Instructor

Butch received his MFA degree from the UCLA Department of Film and Television's Independent Producers Program where he focused on story development and working with screenwriters. He served as the academic liaison to high profile professional faculty, including studio heads, development executives, and others. Since stepping away from the day-to-day rigors of the film industry, Butch has been teaching film appreciation courses while developing a book on Orson Welles's Mercury Production of *Citizen Kane*.

Register by mail: complete the attached registration form

Register online: [csusb.edu/OLLI/courses](https://csusb.edu/OLLI/courses)

Questions? Call us at: 909-537-8270 or 909-537-8121

*Six-week courses are \$50 each. All fall courses will meet online via Zoom. You will receive the link to join the course via email a few days prior to the first class.*

**Meditative Journaling: Embrace Dying to Live More Fully**

*Laya Raznick, MS*  
Thursdays, 6:30-8:30 p.m.  
Oct. 29, Nov. 5, 12, 19 & Dec. 3, 10

In this course, uncover your beliefs, fears, and denial about the inevitability of dying. With compassion, support, and empathy we'll engage in written exercises, meditative practices, and discussions that will melt the low-grade panic about dying that lives just below the surface of almost everyone. Unraveling this emotion will help you live with more gratitude, forgiveness, and joy while you are still vibrant, able, and alive.

**About the Instructor**

Laya is a massage therapist, acupuncturist, yoga instructor, and the resident health coach for NBC Palm Springs. Laya earned her bachelor's degree in business administration from Humboldt State University and a master's degree in acupuncture from Bastyr University in Seattle. She has been helping people from all over the world unravel the limits to their vibrant wellness and create a life of peace, balance, ease, and joy.

**Current Events Discussion Group**

*Lara Bloomquist, JD*  
Fridays, 10:00 a.m.-12:00 p.m.  
Oct. 30, Nov. 6, 13, 20 & Dec. 4, 11

You have a right to your opinion about the news and this is the course to express it. Or, you can sit back and listen to others voice their thoughts. Each week the class covers the hot topics of the day based on articles from *The New York Times*, the *Los Angeles Times*, *The Wall Street Journal*, *The New Yorker*, *The New Republic*, *The Economist*, *Time* magazine and many more. You will be alerted in advance of class which articles will drive the week's discussions. All thoughtfully delivered points of view are encouraged and will be respected because different opinions spark engaging discussions.

**About the Instructor**

As an attorney, former prosecutor, and criminal justice instructor, Lara has had a long professional and personal interest in civic and social issues. She headed the Domestic Violence Division of the Los Angeles City Attorney's office, was named Woman Prosecutor of the Year by the League of Women Prosecutors, and was selected by the L.A. County Bar Association to be the recipient of their Prosecutor of the Year award. Lara has been active in many of the social, political, and judicial issues that drive today's news.

**REGISTRATION**

**Register early for the best course selection!**

**Registration Deadlines**

- Sep. 16 for 1-week courses
- Sep. 30 for 3-week courses
- Oct. 25 for 6-week courses
- \$25 late fee after the deadline

**Register by Mail**

(pay by check)  
OLLI @ CSUSB  
Palm Desert Campus  
37500 Cook St.  
Palm Desert CA 92211

**Register Online**

(pay by credit or debit card)  
[csusb.edu/OLLI](https://csusb.edu/OLLI)

**Refunds**

Refund requests must be submitted 48 hours prior to the start of the course. If approved, a credit will be issued for a future course in lieu of a cash refund. If there are extenuating circumstances and a refund is approved, a \$25 administrative fee will be deducted from the refund. If a course is canceled by OLLI, you may choose a refund or credit for the full course amount. There is a \$25 fee for all declined credit cards or returned checks.

**REFER A FRIEND**

Current members, refer a new member and you receive a voucher for one free course!

**Learn more:**

[csusb.edu/OLLI/membership](https://csusb.edu/OLLI/membership)





# Shared Interest Groups

Shared interest groups (SIGs) are free, peer-facilitated discussion groups that foster fellowship and active learning. They are open to current OLLI members and meet throughout the year, so you can participate as your schedule allows.

All SIGs will meet online via Zoom this fall. Sign up today to get started.

## Book Club

Are you a reader? Are you ready to take the next step and engage in fun and stimulating conversations about the books you've read? Join the OLLI Book Club. We will meet once a month at a time and place that works for all of us. We will agree on which book(s) we will read and then get together to discuss them. Members of the group will take turns volunteering to lead the discussion. Books may be any genre, vintage, or subject that the group wants to explore.

**Meets the second Wednesday of each month.**

**Coordinator: Shelley Mitchell**

**707-496-8689 or [shelleydmitchell@gmail.com](mailto:shelleydmitchell@gmail.com)**

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## Genealogy Club

Genealogy is the study of families, family history, and the tracing of lineages. Who are your ancestors? Where did they live? What did they do? How did their life choices lead to where you are today? This SIG will help you explore your family history using multiple resources. Come develop an understanding of genealogy and unlock the mysteries of your family's past.

**Meets upon request.**

**Coordinator: Dick Knapp**

**760-861-2010 or [knappassoc@aol.com](mailto:knappassoc@aol.com)**

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## Glass Club

Man has been fascinated with glass, naturally formed or man-made, for thousands of years. Whether fashioned for utilitarian, decorative or personal use, glass has been an important commodity throughout history; that's even more true today. This SIG will explore many facets of glass history including, but not limited to, glass objects of historical/stylistic periods, fabrication in the past and present, historical glass designers and artists, popular glass collectibles, and more. Possible visits could include nearby museums, collections and glass hot shops. No prior knowledge is required.

**Meets the first Wednesday of each month starting in October.**

**Coordinator: David Novick**

**760-345-8041 or [dtnovick@earthlink.net](mailto:dtnovick@earthlink.net)**

*Don't see a group that interests you? Contact us at 909-537-8270 to discuss your ideas.*

**Register by mail:** complete the attached registration form

**Register online:** [csusb.edu/OLLI/SIGs](https://csusb.edu/OLLI/SIGs)

**Register by phone:** 909-537-8270 or 909-537-8121

# Ways to Support OLLI

Our Osher Lifelong Learning Institute is a financially self-supporting program that does not receive any state funding. Membership fees and endowment interest are our largest sources of revenue, but they still don't cover our full operating costs. We rely on the generosity of our members to keep the program thriving and affordable. Making a financial gift is one way to appreciate the impact OLLI has had on your life in retirement. Help ensure the long-term sustainability of the enriching educational and social programming that touches the lives of so many seniors throughout the Coachella Valley. Your gift ensures that OLLI has:

- the capacity to expand and adjust to changing needs
- the staff to provide a high level of service for all members and instructors
- the space and ability to serve lifelong learners throughout the Coachella Valley
- the resources to be innovative and entrepreneurial, whatever the economic climate

Please consider a gift to OLLI at a level that is comfortable for you. Your support matters and is appreciated.

## Give for Today

- Make a single donation of any amount.
- Make a multi-year pledge with convenient payments to fit your budget.
- Gifts help fill the gap between membership revenues and operating costs, and provide flexibility to create new initiatives and programs.
- You can designate your gift to support a specific program, course, or instructor.

## Give for Tomorrow

### Wills, Trusts & Retirement Accounts

One of the simplest ways to provide a charitable legacy is through your will or trust. Life insurance policies, investment accounts, and retirement accounts can also be used to create your charitable legacy. You select the specific amount or percentage, and you maintain the ability to change or revoke the gift throughout your lifetime. This option is the easiest and most flexible.

### Stocks

Typically, you select the stock to be gifted at its appreciated value and make an outright gift through a transfer of shares. You can minimize or eliminate taxes on capital gains, and in most cases, you can deduct the full amount of the fair market value of the stock as a donation.

### Annuities

In exchange for your annuity gift, you will receive a fixed, periodic payment for life, sometimes at a higher payout than other investment options. A portion of the distributions may be tax-free or taxed at a more favorable rate. Annuities often provide an immediate federal income tax deduction for a portion of the gift.

### Charitable Remainder Trusts

A charitable remainder trust allows you to receive an income now through fixed, periodic payments. At the termination of the trust, the remainder is transferred to OLLI at CSUSB. This type of trust can eliminate taxes on capital gains, plus you can select the payout rate and duration of the trust.



*"We support OLLI because it enriches our lives through exposure to new subjects, journeys to new places, making new friends, gaining new knowledge, and developing new skills. We want to ensure the opportunity continues."*

Cash & Betty Baxter

Thank you to all of our generous OLLI supporters. Visit our website to see the most current list of donors.

[csusb.edu/OLLI/donate](https://csusb.edu/OLLI/donate)

Give by mail: add a donation on your registration form

Give online: [csusb.edu/OLLI/donate](https://csusb.edu/OLLI/donate)

Contact us by phone: 909-537-8248

# Learning via Zoom is easy & fun!

If you've never used Zoom before, we understand it can feel a little scary. But...it really is quite simple. If you use email or can get to our website, you have the skills necessary to participate in a Zoom course online. To help you feel more comfortable, we've created a few resources that you can either view now or print and keep for later reference.

## Let's get started...

- Sign up for online classes just like you do for all other OLLI courses and activities. You can either register on our website or mail in a registration form.
- A few days before your first class, you'll receive an email that includes a link you'll click to join your class. That's it. Just click the link and you're in. **Be sure to save that email as you'll need the link to join the class.**
- If it's your first time using Zoom, you'll be prompted to download the application on your device; simply follow the instructions on your screen. You don't need to purchase anything or set up an account. It's safe, easy, and free.
- You can participate via your computer, tablet, or smartphone. Most laptops, tablets, and smartphones have a built in camera and microphone, which will enhance your Zoom experience. No camera or microphone? You can still participate from your computer by watching the screen and typing any comments or questions in the Chat section. You can also join in from your telephone (with or without a computer) to listen in.

## Zoom Orientation Workshops

We offer a variety of opportunities to help you get started or to explore some more advanced features when you're ready. To participate, just click on the workshop date below or visit our website for the links. Remember, if this is your first time using Zoom, you'll be prompted to download the application on your device; simply follow the instructions on your screen.

### Need help?

Don't hesitate to call us:

Johnna Norris: 909-537-8270

Debbi Vesey: 909-537-8121

### Zoom for Beginners

Wednesday, Sept. 2, 10-11 a.m.

Meeting ID: 952 2285 9285

Monday, Sept. 14, 10-11 a.m.

Meeting ID: 913 7966 8227

### Zoom 2.0

Friday, Sept. 4, 10-11 a.m.

Meeting ID: 933 3445 7267

Wednesday, Sept. 16, 10-11 a.m.

Meeting ID: 931 9431 0749

Tuesday, Sept. 29, 10-11 a.m.

Meeting ID: 925 5815 7732



### Zoom for iPads

Wednesday, Sept. 9, 10-11 a.m.

Meeting ID: 945 8674 6029

**Additional dates to be announced.**

For Zoom orientation workshop links, a printable resource guide, and additional information about learning online, visit our website:

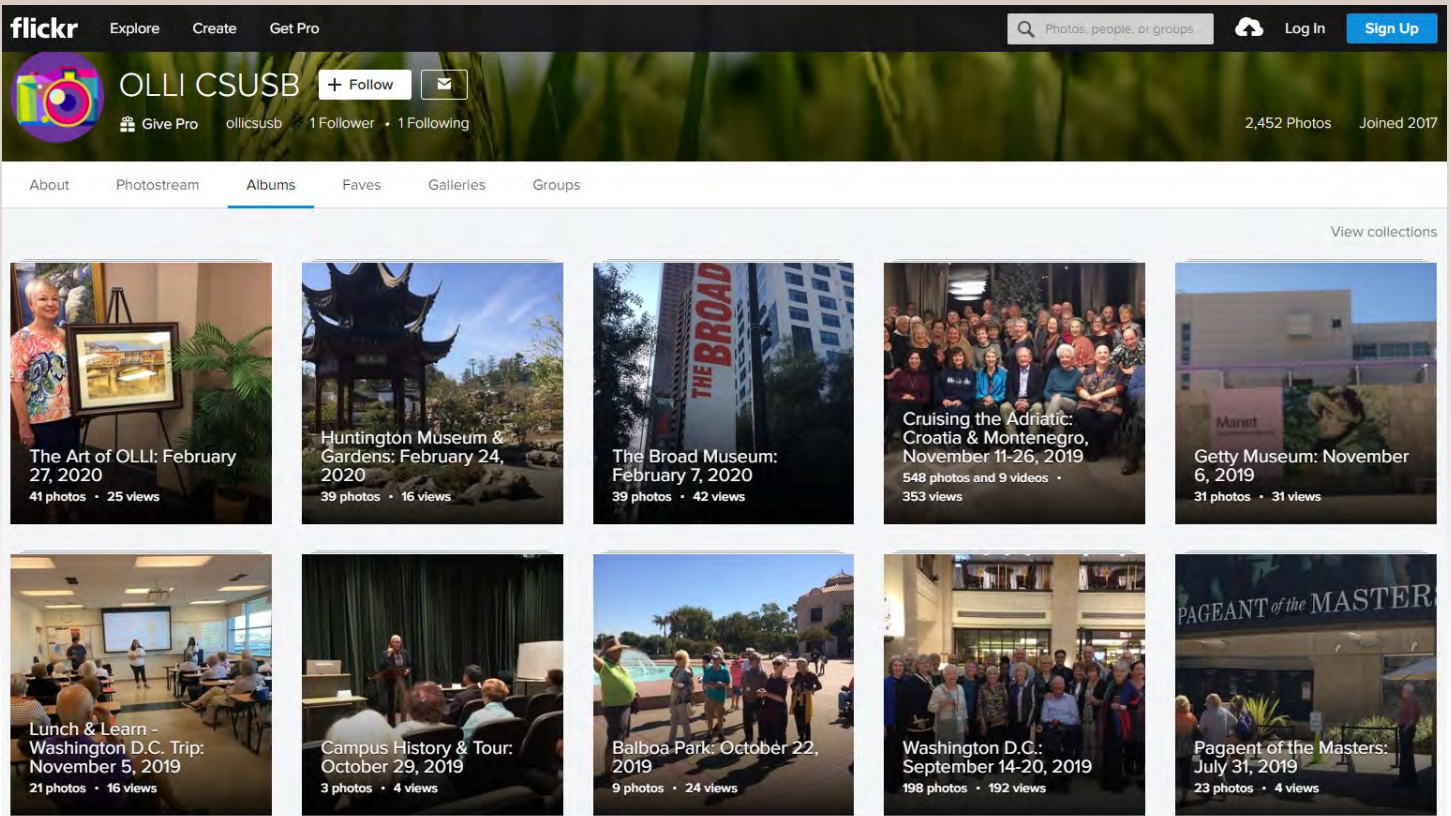
[csusb.edu/OLLI/online-learning-resources](https://csusb.edu/OLLI/online-learning-resources)



@ Cal State San Bernardino

Visit our Flickr page to revisit some of the fun times we've had at OLLI over the years. Enjoy photos from past trips, activities, and member events.

[Click here to view the OLLI Flickr page.](#)





# Fall 2020 • Registration Form

## PLEASE NOTE:

Your annual membership and parking permit are valid from July 1, 2020 through June 30, 2021.

### ABOUT YOU

(PLEASE PRINT)

First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Last Name \_\_\_\_\_

Returning OLLI member  New OLLI member

Referred by: \_\_\_\_\_

LOCAL Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Date of Birth\*: \_\_\_\_/\_\_\_\_/\_\_\_\_

\*Required for registration

Email \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

For information regarding disability accommodation, please call (909) 537-5975.

### REGISTRATION DEADLINES

**September 16** for 1-week courses

**September 30** for 3-week courses

**October 25** for 6-week courses

\$25 late fee after the deadline

### REFUNDS

Refund requests must be submitted 48 hours prior to the start of the course. If approved, a credit will be issued for a future course in lieu of a cash refund. If there are extenuating circumstances and a refund is approved, a \$25 administrative fee will be deducted from the refund. If a course is canceled by OLLI, you may choose a refund or credit for the full course amount.

You can also register online:

[csusb.edu/OLLI/register](https://csusb.edu/OLLI/register)

### REFER A FRIEND

Refer a new member and you receive a voucher for one free course.

Learn more: [csusb.edu/OLLI/membership](https://csusb.edu/OLLI/membership)

### MEMBERSHIP & COURSE FEES (select courses on back)

\_\_\_\_\_ Annual Membership (required): \$75 (July 1, 2020-July 30, 2021)

\_\_\_\_\_ I've already paid my 2020-2021 membership

ANNUAL Parking Permit is included in your membership

\_\_\_\_\_ 1-Week Courses: \$10 each

\_\_\_\_\_ 3-Week Courses: \$30 each

\_\_\_\_\_ 6-Week Courses: \$50 each

\_\_\_\_\_ \$25 Late Fee (after registration deadline)

\_\_\_\_\_ Optional donation to OLLI (tax deductible)

TOTAL AMOUNT \$ \_\_\_\_\_

### PAYMENT

Make check payable to **CSUSB**. Mail registration form and check to:

OLLI @ CSUSB Palm Desert Campus

37500 Cook St.

Palm Desert CA 92211

I agree to abide by the university policies as outlined in the CSUSB catalog and on the website at [csusb.edu/policies](https://csusb.edu/policies).

Signature \_\_\_\_\_

Date \_\_\_\_\_

# Fall 2020 • Registration Form

## CHOOSE YOUR COURSES & ACTIVITIES

### One-Week Courses (\$10 each)

- |   |   |
|---|---|
| <input type="checkbox"/> The Physiology of Aging          | <input type="checkbox"/> Darwin's Errors                                    |
| <input type="checkbox"/> Police Brutality: Fact & Fiction | <input type="checkbox"/> Hosting a Zoom Meeting for Friends or Family       |
| <input type="checkbox"/> Van Gogh: The Asylum Year        | <input type="checkbox"/> The Gentle Wisdom of Thich Nhat Hanh               |
| <input type="checkbox"/> Scams & Other Elder Abuse        | <input type="checkbox"/> Social Media Safety & Reality in an Election Cycle |
|   | <input type="checkbox"/> Some Spiritual Pathways of Vietnam                 |

### Three-Week Courses (\$30 each with membership)

- |  |  |
|--|--|
| <input type="checkbox"/> Our Healthcare System: Why It Broke & How to Fix It | <input type="checkbox"/> Shakespeare's Tragic Heroines: Are There Any?   |
| <input type="checkbox"/> Our Marvelous Moon                                  | <input type="checkbox"/> Past Life Regression                            |
| <input type="checkbox"/> Georgia O'Keeffe: American Icon                     | <input type="checkbox"/> The Heat is On: The Crucible of Noir            |
| <input type="checkbox"/> How to Avoid Senior Scams                           | <input type="checkbox"/> Current Events Discussion Group                 |
|  | <input type="checkbox"/> The Power of Nunchi: Korean Happiness & Success |

### Six-Week Courses (\$50 each with membership)

- |   |  |
|---|--|
| <input type="checkbox"/> Aliens Among Us? The New Contact Community | <input type="checkbox"/> Does Education Really Equal Opportunity?                |
| <input type="checkbox"/> The Story of Your Life                     | <input type="checkbox"/> Place & Time: The American Dream in Film                |
| <input type="checkbox"/> Secrets of the Knights Templar             | <input type="checkbox"/> Meditative Journaling: Embrace Dying to Live More Fully |
| <input type="checkbox"/> Why You Probably Survive After Death       | <input type="checkbox"/> Current Events Discussion Group                         |

### Member Events (free with membership)

- |   |  |
|---|--|
| <input type="checkbox"/> Coffee Hour (multiple dates) | <input type="checkbox"/> Welcome Back Social         |
| <input type="checkbox"/> Happy Hour (multiple dates)  | <input type="checkbox"/> OLLI Town Hall Meeting      |
| <input type="checkbox"/> Welcome to OLLI              | <input type="checkbox"/> Danube River Cruise Preview |

### Shared Interest Groups (free with membership)

- Book Club
- Genealogy Club
- Glass Club

You can also register online:

[csusb.edu/OLLI/register](https://csusb.edu/OLLI/register)