

From California Indians and Explorers to the Spanish Mission and Mexican Rancho Periods

A Curriculum Guide for Grade 4 Teachers

Based on California History-Social Science Standard 4.2



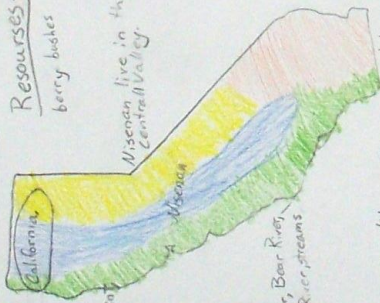
Porter History-Social Science Resource Room
Palm Desert Campus, California State University, San Bernardino

Nisenan

Physical Region - Central Valley Mtns.
 Location - East Coast C.A.,
 Sierra & Sacramento Counties

Resources - grape bushes, pine trees,
 berry bushes

Nisenan live in the
 Central Valley.



Leadership - government
 headman

Features - Vaca River, Bear River,
 American River, Feather River, streams

Shelter/Houses - poles, grasses, tule, reeds,
 earth, beams, posts, cone shaped roofs, bark,
 skins, brush

Other shelters - sweat lodge, dance house,
 granary



Trade - shell beads, furs,
 pots

Tools/Weapons - baskets

Food - acorns, buckeye nuts, digger & sugar nuts,
 hazel nuts, seeds, roots, wild onion, wild sweet potato,
 Indian potato, berries, plums, grapes

Clothes - animal skins, fur,
 string, beads, grass



They used animal skins
 for clothes.

Interesting Facts - Only 50% of people in villages,
 and 40% of 50 houses. Or built larger homes for
 headmen.

Leadership - Government - headman
 leader

Cahuilla

Physical Region - Desert Region, canyons
 Location - Desert Region, San Jacinto Mtns,
 Mtns, San Bernardino Mtns, San Jacinto Mtns,
 & Santa Rosa

Leadership - government, headman

Resources - oak



Features - oak trees, streams, springs

Shelter/Houses - brush, dome-shaped, rectangular,
 adobe, thatched



Trade - shell beads, furs, baskets
 Clay pots
 Tools/Weapons - Carrying net

Food - flowers, acorns, animals, corn, beans, squash,
 cactus, mesquite, pistachio, beans, spring

clothing - feather headdresses, animal skins



Interesting Facts - Built larger homes for 500-1000 Amer. can
 Indians live in CA today, in more than 100
 tribes

Leadership - Government - headman (paper)

Government - headman

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