

NEWSLETT

April 23, 2000

We are in this together



We have been chartered just in time!

Our club has just been chartered at the end of the winter quarter. We hoped to have a club for us students who have come back to school, have lots of responsibilities, and lots of life experience. Our club is here to lift each other up, to give us a voice on our campus (even if it is now a virtual campus), and help each other obtain resources to get the help we need.

OK, here is a link to get you information about ITS training for

<https://www.csusb.edu/its/support/student-resourcesvirtual-learning>

Scroll down the whole page to find resources to help you in your education. Under Find Services there are links to Quick Guide, Virtual Class, Space to Learn, and Tips for Success and much more.

Food Resource

Email: basicneeds@csusb.edu

Emotional health:

<https://www.csusb.edu/caps/group-options>

As a club we endeavor to help each other and promote retention, so we can graduate and be successful. During this time we can actively come together to assist each other by sharing information, and a sense of community.

If you know of any resources share them with us and we will get the word out via newsletter emails, news on Coyote Connection, or Instagram. Our club Instagram is: [arsa_csusb](#).

For Instance, in the Banning, Beaumont, Cabazon area is Carol's kitchen that gives out free food in the form of lunches, and food to take home three days a week. Here is their website for days, locations, and times:

<https://www.carolskitcheninc.org/>

If you would like to donate they have information for that also. You can even donate food from Amazon and have it delivered to them. There is information on how to do that on the website. Please share information and we can compile a list to share.

ARSA Coffee hou

Elvia, our Treasurer has graciously agreed to host an ARSA coffee hour on Zoom .

You are invited to a Zoom meeting.

When: Apr 29, 2020 09:00 AM Pacific Time (US and Canada)

Register in advance for this meeting:

https://csusb.zoom.us/meeting/register/tJEqd-igqD4sGtPjGAlef49Babz7JIUk1_EO

After registering, you will receive a confirmation email containing information about joining the meeting.

Registration URL: https://csusb.zoom.us/meeting/register/tJEqd-igqD4sGtPjGAlef49Babz7JIUk1_EO

Meeting invitation 957-0186-5607

password: 244874

Stay Connected with SMSU Programs



There are plenty of ways to keep connected, maybe have a little fun. This comedy show is only one of the many Zoom and Instagram programs being produced by SMSU centers. Here is a link to the SMSU website to check for new programs. <http://smsu.csusb.edu/> I'm sure we could all use a laugh.

Osher Adult Reentry Center is part of the SMSU and is producing programs designed on their Instagram. @<https://www.instagram.com/smsu.oarc/> for adult reentry students.

An OARC coffee hour on zoom will be held Tuesday April 28, 2020. 8 a.m.



Join from PC, Mac, Linux, iOS or Android:

<https://csusb.zoom.us/j/97723114217>

Meeting ID: 977 2311 4217

Interested in learning about zoom?

Please attend the free training offered twice a week at this link:

<https://support.zoom.us/hc/en-us/articles/206080966-Weekly-Zoom-Training-Webinars>

You may also view Tutorials and Guides at this link:

<https://support.zoom.us/hc/en-us/sections/201740096-Training>

Take Care and stay connected.

Amelia Calderon

ARSAPres.