



ADAPTED PHYSICAL EDUCATION ADDED AUTHORIZATION GUIDELINES AND HANDBOOK

Dr. Hyunkyung Oh
APEAA Program Coordinator
Department of Kinesiology
Phone: 909-537-3535
Email: hkoh@csusb.edu

Ms. Heidi Ambrosius
APEAA Program Coordinator
Department of Kinesiology
Phone: 909-537-7307
Email: Heidi.Ambrosius@csusb.edu

Dr. Terry Rizzo
Department of Kinesiology
Phone: 909-537-5355
Email: trizzo@csusb.edu

College of Education Student Services

Phone: 909-573-5609

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Mission Statement

The mission of the Department of Kinesiology, California State University, San Bernardino (CSUSB) is to maintain its reputation as a recognized leader in the field of adapted physical education. We fulfill this mission by offering unparalleled opportunities and experiences in classes, seminars, field work experiences, clubs, and organizations dedicated to the study of adapted physical education. The Adapted Physical Education Added Authorization (APEAA) takes advantage of an infusion of information (about individuals with disabilities) throughout the undergraduate Kinesiology curriculum as the basis for more elegant academic preparation. That is, the APEAA program is designed to prepare effective teachers of adapted physical activity. These teachers will assess motor performance, prepare individual educational plans, implement instruction with effective teaching behaviors (instructional strategies), and evaluate the effectiveness (student achievement, teacher effectiveness, and curricular efficiency) of their work.

To prepare effective teachers and to become a recognized leader in the field of adapted physical education. Effective APE Specialists will be able to:

- a) Write IEP goals and benchmarks, design lesson plans, and implement appropriate instructional programs for individuals with disabilities
- b) Apply strategies for managing inappropriate behavior caused by organic and environmental and factors in individuals with disabilities in physical activity settings
- c) Appreciate health, safety, and liability considerations as it relates to standards of practices in adapted physical education.
- d) Employ measurement and evaluation procedures for assessing movement performance in individuals with disabilities.

Program Design

The following teaching credentials holders can apply to the program; Single Subject in Physical Education, Multiple Subjects, and Educational Specialist. Each candidate will have different APEAA course requirements depending on the candidates' academic experiences and teaching credentials. The California State University Adapted Physical Education Coordinators have adopted the general guidelines for different credential holders.

	Type of Credential	Course Work
Current Credential Holders	Single Subject Credential Physical Education	Take APEAA coursework
	Multiple Subjects Credential	Take essential Kinesiology pedagogy coursework or pass CSET-PE Complete CSUSB APEAA coursework
	Education Specialist Credential	Take essential Kinesiology pedagogy coursework or pass CSET-PE Complete CSUSB APEAA coursework
Credential Candidates	Single Subject Credential Physical Education	Take APEAA coursework
	Multiple Subjects Credential	Take essential Kinesiology pedagogy coursework or pass CSET-PE Complete CSUSB APEAA coursework
	Education Specialist Credential	Take essential Kinesiology pedagogy coursework or pass CSET-PE Complete CSUSB APEAA coursework

Admissions

Please complete 2 step admission process: 1) Cal State Apply for University Admission and 2) APEAA Program Admission File (PAF) for Program Admission.

1) Admission to CSUSB

- Submit a completed graduate application via CSU Apply:

<https://www2.calstate.edu/apply>

- Submit official transcripts

Include transcripts from all previous schools attended.

- Submit application fee:

The current application fee is \$55.

2) Admission to APEAA Program

In order to be admitted to the APEAA program, candidates' must fully complete [a Program Admission File \(PAF\)](#). Only students admitted to the university can apply to the credential program.

- Submit your PAF to Program Admissions to the College of Education (COE) Student Services CE-102,.909-537-5609 or to **Ami Thomas**, Program Admission Technician.

- Submit PAF fee:

The current application fee is \$35.

APEAA Courses (15 semester units)

Kinesiology APEAA coursework requires 16 hours of Early Field Experience (EFE: Visiting and observing various PE settings with students with disabilities) for each 3 unit class as part of individual course requirements. The purpose of EFE experiences is requiring service learning that reinforces academic coursework with practical EFE to illustrate the relationship of APE with Kinesiology, especially pedagogical Kinesiology. Students receive sage advice and exchange ideas while learning factors essential to effectively communicating with collaborative partners.

KINE 3100 Introduction to Adapted Physical Activity (3 units)

KINE 3300 Movement Skill Assessment for Individuals with Disabilities (3 units)\

KINE 3320 The Nature and Issues Concerning Individuals with Disabilities (3 units)

KINE 3330 Applied Behavior Management (3 units)

KINE 4900 Seminar in Physical Education and Adapted Physical Education (3 units)

Multiple Subject Credential and Education Specialist Credential Holder

Prerequisite Requirements

For Multiple Subject Credential and Education Specialist Credential Holders: Complete 15 units of coursework (see below, which does not include prerequisite classes attached to the course) or pass California Subject Examinations for Teachers (CSET) in PE (all parts):

CSUSB Kinesiology (KINE) or equivalent courses (subject to transcript and program syllabus verification). Must complete six units from the core and nine units from pedagogy courses:

Core Kinesiology Courses (6 units)

KINE 3200 Principles of Human Movement (3 units)*

KINE 3500 Motor Development (3 units)

Pedagogy Courses (9 units)

KINE 2650 Teaching/Coaching for Fundamental Movement, Nontraditional Games

KINE 4720 Program Design in Physical Education (3 units)

KINE 4730 Instructional Strategies in Physical Education (3 units)

Note*: The class has prerequisite classes.

Mandatory Advising

Advising is viewed as educational and career planning individualized with a candidate's career endeavors. CSUSB APEAA candidates' must meet with the APEAA program coordinator for advising prior to submit the PAF file to COE.

Student Teaching

Dual Placement in APE and GPE Student Teaching

Student teaching for candidates in APEAA program will consist of a dual placement in APE and general physical education (GPE). Candidates will continue to student teach one quarter of GPE settings, and another quarter of APE settings with an APE specialist master teacher. **The COE Supervision Staff** serve APEAA candidates in the supervised field experience portion of their credential program. APEAA candidates must obtain a copy and follow the procedures of the [CSUSB Single Subject Student Teaching Handbook](#).

In addition, candidates will be at their sites for two additional periods, during which they will assess student work, prepare lessons, conference with their master teacher or university supervisor, meet with students, contact parents, and observe other teachers both in their discipline and across disciplines. The APE Specialist master teacher will be the primary Cooperating teacher for the candidates' assignment with input from the GPE Specialist master teacher.

An alternative student teaching option for current single subject PE credential holder candidates during the semester can be single placement student teaching in APE for 16 weeks (1 semester lengths).

Written Assignments

All APEAA candidates must complete the following written assignments during the student teaching periods.

1. [Behavioral Modification Data Sheet](#)

- Identify a child with a behavior problem

Develop an individual behavioral plan, including class rules, rewards, and consequences

2. **[APE Specialist Credential Standards of Program Quality](#)**

- Self-evaluation form
- Need to check the column which best describes your perceived competency in the knowledge and application of the standards as it pertains to your teaching APE.

3. **[Observation of Application of Scientific Principles of Motor Behavior](#)**

- This form should be filled out by the master teacher.

4. **[APE Specialist Credential Standards Teacher Effectiveness Professional Evaluation Form](#)**

- This form should be filled out by the master teacher.

Fieldwork Supervision Staff

Toni Ditty, Placement Director

Office: CE-102, Email SupervisionOffice@csusb.edu, Phone: 909-537-5698

Tami Patterson, Fieldwork Supervision

Office: CE-102, Email: SupervisionOffice@csusb.edu, Phone: 909-537-5698

Web-site: <https://coe.csusb.edu/teacher-education/fieldwork-supervision>