# YOTES UNITED AGAINST COVID-19

As we face the COVID-19 pandemic, CSUSB residential students are committed to protecting their community. As a member of the community, please consider not just your own well-being, but the well-being of the students, staff, faculty, and community members around you. We strongly encourage all residents to make these commitments for a safer and healthier living community. In doing so, we can help slow the spread of COVID-19.

## I COMMIT TO:

#### **PROTECTING MYSELF**

- Washing my hands frequently with soap and water or using hand sanitizer
- Practicing physical distancing by staying six feet away from others
- Staying up-to-date with my vaccinations and getting a flu shot
- Wearing a face covering in my residence hall and on University grounds
- Not hosting visitors, including overnight guests, in my residence
- Staying at home when I feel sick

- Monitoring my health and contacting my healthcare provider when I feel sick
- Not touching my face with unwashed hands
- Getting plenty of rest, exercise, and healthy food

#### **PROTECTING MY FELLOW YOTES**

- Covering my cough or sneeze with a tissue or a sleeve
- Not sharing dishes, silverware, pots and pans, and other cooking or food service items

### PROTECTING MY COMMUNITY

- Following DHRE and University directions and recommendations

   even if I don't feel sick
- Helping to keep personal spaces and shared living areas clean and sanitized
- Avoiding large crowds or gatherings
- Educating myself on COVID-19 health and safety measures: csusb.edu/covid-19

The Department of Housing and Residential Education strives to create safe and healthy communities for all residents. Thank you for doing your part to help slow the spread of the coronavirus – for yourself, for your peers, and for the CSUSB community. We are all in this together; united against COVID-19!

