

# PROJECT REBOUND NEWSLETTER

## WHAT'S NEW?

### MEET DR. RIGAUD JOSEPH

Dr. Joseph is the Research and Internship Coordinator for Project Rebound. He oversees data collection efforts to ensure accuracy for research and IRB applications. Additionally, he presents at Executive Committee meetings and coordinates peer-reviewed publications.



### MEET LOUIE MARTINEZ,

Mr. Martinez is the Outreach Coordinator for Project Rebound assisting the Program Director in building partnerships with students and advisors, as well as maintaining working relationships with community organizations. Mr. Martinez earned an MSW, is a Project Rebound Alumni, and serves as a proctor to support and assist with student interns.

## FIRST ANNUAL TOY DRIVE

Project Rebound collaborated with Platinum Enterprise Community Outreach (PECO) to provide a drive-by event to pass out Christmas toys to PR students with children.



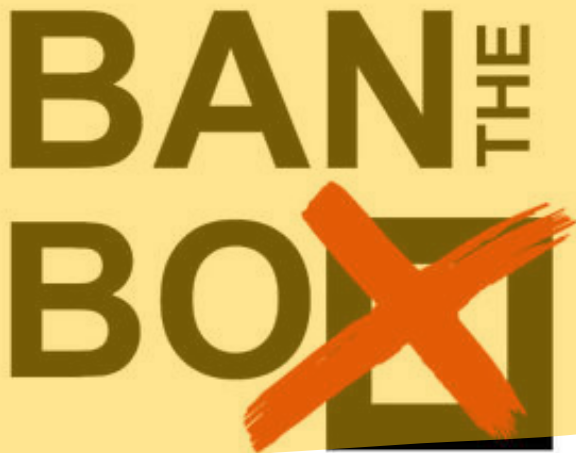
# FALL 2020 VIRTUAL EVENTS

## JUSTICE LUNCHEON

Project Rebound collaborated with the School of Social Work to host the Justice Luncheon series. This consisted of four online workshops attended by CSUSB students regarding the AB 1008 “Ban the Box”, also known as the California Fair Chance Act. Student interns collaborated with the Deputy Director of Department of Fair Employment and Housing (DFEH) Brandon Butler to conduct this series to gain awareness on knowing your rights and the new state laws.



## DID YOU KNOW?



Under the Fair Employment and Housing Act, it is illegal for employers and/or landlords in California to ask about criminal records of job/housing applicants before making a job or housing offer. Ultimately, people who were formerly incarcerated do not have to disclose their conviction history as of January 1st, 2018.

<https://www.iefcc.com/>

***"If you continue to penalize someone for their mistakes in the past, when are you giving them a chance to rehabilitate and move forward" (IEFCC, 2020)***



## MSW INFO SESSION

Partnering with the School of Social Work, interns at Project Rebound created a workshop to assist students who are interested in applying to CSUSB's MSW program.



## WELLBRIETY EVENT

Project Rebound partnered with the Fort Mojave Indian Tribe to assist in a Wellbriety event geared towards "recovery" and "higher education" for Native Americans.

## FUTURE EVENTS

## STRESS MANAGEMENT WORKSHOP

Interns at Project Rebound created an assessment to gather students' insights on how COVID-19 has affected their education and current living situations. In response, student interns developed a stress management workshop to assist in reducing anxiety and stress for the Spring semester.

FRIDAY 2/5/2021 12:00 PM - 1:00 PM

ZOOM ID:

<https://csusb.zoom.us/j/85279563689>

## Feeling Stressed?

Attend Project Rebound's Stress Management Workshop

**LEARN  
SKILLS TO  
HELP  
MANAGE  
STRESS**





# JUSTICE LUNCHEON

## PROJECT REBOUND CONSORTIUM

CSUSB is going to team with SFSU to provide information workshops for Project Rebound's Consortium to bring awareness to AB 1008 across the state. Deputy Director, Brandon Butler of DFEH will be presenting on bringing awareness to assist individuals facing employment and housing discrimination.



<https://www.dfeh.ca.gov/CriminalHistory/?content=fag/>

## STUDENT SUCCESSES

Project Rebound's vision is to assist students in achieving success through higher education. We want to acknowledge and congratulate our two students who graduated in December 2020.

### Shanta Z. Skipper

Bachelor of Arts in Sociology

*My beloved mother and angel attended CSUSB, but due to life circumstances she was not able to finish. Today I celebrate graduating for the both of us!*



### Clarence Moore

Bachelor of Arts in Psychology

"Today is a very special day for me. Today marks the day that a mission of mine that I started in 2007 has finally concluded! I am officially a college graduate! This journey has been very long and I have experienced my share of trials and tribulations, however at the end of the day this mission is now complete!"





# RESOURCES

## **Assistance with food, paying house bills, other essential services**

<https://www.211.org/services/covid19>

## **Food Assistance**

<https://www.getcalfresh.org/?source=cagov>

## **Substance Abuse & Mental Health Services**

National 24/7 SAMHSA Hotline , call 1-800-662-4357

<https://www.samhsa.gov/find-help/national-helpline>

## **Legal Aid at Work**

<https://legallaidatwork.org/clinics/san-bernardino-new-clinic/>

## **Legal Services**

<http://www.sbcba.org/legal-aid>

## **Mental Health and Crisis**

<https://connectriverside.org/helpline/>

Call (951) 686-HELP (4357)

## **Suicide Prevention Line**

<https://suicidepreventionlifeline.org/>

## **Feeling uneasy or in distress related to the COVID and Pandemic?**

<https://wp.sbcounty.gov/dbh/mental-health-services/general/>

Available 24-hrs a day, call 1-800-985-5990 or text 'TalkWithUs' to 66746