



# CSUSB eAdvising

## Newsletter



**Happy 2015  
Coyotes!**



## Winter 2015 Important Dates

- January 15 - Winter 2015 Last Day to Add Open Classes without Permission
- January 17-19 - Campus Closed in Observance of Martin Luther King Holiday
- February 2 - Winter 2015 Census
- February 5 - Spring 2015 Registration Schedule Available
- February 9 - Spring 2015 Advising Begins
- February 16-March 9 - Spring 2015 Priority Registration
- March 9 - Last Day to Submit Petition to Drop After Census
- March 10-20 - Spring 2015 Open Enrollment (prepayment required/no late fee)
- March 13 - Spring 2015 Fees Due
- March 24-28 - Winter 2015 Finals Week
- March 30-April 3 - Spring 2015 Break
- March 31 - Cesar Chavez Holiday—Campus closed

<http://academicprograms.csusb.edu/documents/AY2014-2015.pdf>

This information is provided to CSUSB undergraduate students by Advising and Academic Services, Undergraduate Studies, on a quarterly basis. It includes the latest university policy and procedure updates, academic advising tips, and campus web links.

## Spring 2015

*1st Priority*

Registration Starts Monday, February 16, 2015

Make sure you check your [Mycoyote](#) to see if you have any registration holds. Make an appointment to see your advisor.

Not sure who's your advisor? **Click** the **photo** below and find out!



"I find that the harder I work, the more luck I seem to have."

- Thomas Jefferson

CALIFORNIA STATE UNIVERSITY  
SAN BERNARDINO

Advising and  
Academic Services

# Coyote Advising Week

February 9-13

Make an appointment to see your Academic Advisor!

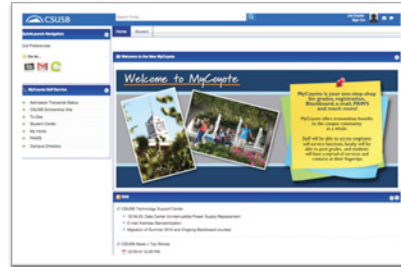
Start planning for Spring 2015 courses.



Don't know where to go for advising? Select the link below for more information:

<http://advising.csusb.edu/myadvisor.html>

## myCoyote Portal New Features



When you signed in to your myCoyote this quarter you probably noticed the new myCoyote portal look. Your myCoyote has some new features that include a QuickLaunch Navigation, where you can sign on to your email, blackboard all in one click. You can also explore academic resources, quick links and drop down links.

### DID YOU KNOW...

Did you know that 3,343 students received bachelor's degrees from CSUSB in 2013-2014? Following graduation, 38% of those students were employed and 11% continued their education. For more information visit: [http://ir.csusb.edu/DidYouKnow...\\_000.htm](http://ir.csusb.edu/DidYouKnow..._000.htm)

#### Academic Resources

- Academic Advising
- Pfau Library
- SAIL Program
- Student Mentoring Program
- Campus Tutors
- EOP
- Ombuds Services
- Title IX & Gender Equity
- Writing Center
- Learning Center
- Undergraduate Studies
- Student Health Center
- Counseling & Psychological Center
- Student Conduct and Ethical Development
- Services to Students with Disabilities (SSD)
- Veterans Success Center

## Summer Session 2015

**It's time to start thinking about Summer Session!**

By attending the CSUSB 2015 summer session, students can take advantage of many key benefits. First, this summer CSUSB will be offering additional financial aid for qualifying students. Also, students will have access to high-demand classes. In addition, when taking 4 or 8 units, tuition will be less than during the academic year, saving students money. Lastly, by attending summer session, students will reach their graduation goals sooner.

**For more information, visit the website [www.summer.csusb.edu](http://www.summer.csusb.edu), email [summer@csusb.edu](mailto:summer@csusb.edu) or call (909) 537-3978.**

Students should plan to take advantage of financial aid, access to more classes, savings and reaching their goals sooner.

# Dianna J. Pelletier Resiliency Scholarship Fund



The Dianna J. Pelletier Resiliency Scholarship was created to provide a financial incentive to CSUSB undergraduate students who have been placed on academic probation or subject to disqualification. Every quarter the Office of Advising and Academic Services awards two students who meet the qualifications and earn a term gpa of a 3.2 or higher. Marina Ibrahim and Nicole Sweeney are the two recipients for Fall 2014.



Watch their video testimonial  
Press Play!



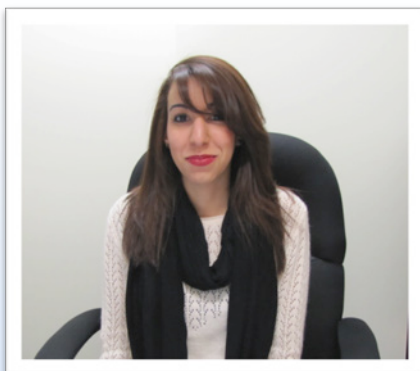
**Nicole Sweeney**  
Major: Psychology  
4.0 GPA

" If you are thinking or contemplating on coming back to school or you have come back to school...I know it's a difficult thing to maintain family and your social life and your academics, but please do so. I really believe that you will feel fulfilled, you will be excited about any academic rewards that you have just recieved or even accomplished yourself. It deinitely gives you a sense of accomplishment"



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**Marina Ibrahim**  
Major: Psychology  
3.66 GPA

"I am proud to say that with the change of my priorities, motivation and dedication I was able to get reinstated into Cal State San Bernardino, I was able to change my academic life so much that I went from having a GPA lower than a 1.0 to now having 3.6 GPA. I went throught my difficult time and there were times where it seemed impossible to succeed, but with the right dedication and persistence anything is possible."



Dianna J. Pelletier  
Resiliency Scholarship Fund





# Ask Matt Markin

*Academic Advisor*

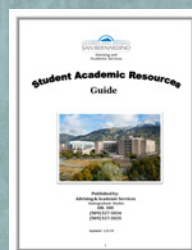
## How do I survive large lecture classes?

Are you enrolled in a class where there are more than 100 students in the class? Maybe even more than 200 students in the class? Large lecture classes can spell trouble for some students who are not used to their grade being mainly based off exams. Here are some simple, yet effective tips for overcoming the odds:

- 1. Note-taking** - Use a note-taking system that works for you. Cornell notes, mapping and outlining are three of various methods you can use to be an effective note taker. But like any good method, you still need to try them out and see what works best for you.
- 2. Attendance** - “Why go to class if nothing is due?” is what some students rationalize to themselves when they skip class. Missing class, especially for a large lecture class, could cost you. You will miss out on significant information, possibly necessary for your next mid-term. “I can get the PowerPoint online or get the notes from my friend.” Good luck. Reading off a PowerPoint slide is not the same as understanding the concepts given by your instructor during class. The same goes for your friends. Simply put, your friends may not take good notes.
- 3. Review notes and study consistently** - You go to class regularly? Check. You take effective notes? Double check. But how often do you review your notes? You should review and/or rewrite your notes the same day you take them. Whether that is during a gap between classes or when you get home, make sure to do this tip the same day you have class. As your class continues throughout the quarter, make sure to also re-review your previous class notes. This will help with the material being fresh in your mind and easier to recall.
- 4. Don't procrastinate** - This tip is easier said than done. Procrastination can occur both during and after class. Get to class early so you can sit within the first few rows. This should help with not being distracted by other students and focusing on your instructor. For after class, if you adhere to the previous tips and stick to a schedule, not procrastinating should eventually become easier to handle.
- 5. Ask for help** - If you have questions, don't be afraid to ask for help. Your instructor cannot help you unless you ask. Raise your hand during class or speak with your instructor during office hours. You can also form a mini study group. Study groups do not replace your instructor; however, this can be a supplement to your study practice.

**Need more information on resources? Check out the [Student Academic Resources Guide](#):**

Select the Student Academic Resources Guide photo to open file:



# Star's Corner

## Topic: Self-Care



Yotes, Are you taking care of yourself?

Whether it is balancing your life, academics, family, work, and personal matters, as a college student, sometimes we tend to forget to take time out for ourselves. Here is a challenge for this quarter:

- ❖ Try to find a quiet place and sit down for 15 minutes. Bigger challenge: Put away your phone, laptop and try to resist checking your likes on social media.
- ❖ Got water? Make sure you rehydrate by drinking more water. Don't like water? Add some cucumber, lime, lemon, and/or strawberry slices to taste. Remember, the human body consist of an average of over 60% water. Replenish and refresh. Coffee does not count. Try to drink at least 8 cups of water a day.
- ❖ Physical activity: Did you know that as a student you have access to an amazing recreation center (gym)? You pre-paid for it! Why not use it?
- ❖ Sleep. Are you getting enough sleep? Try to get at least 7-8 hours of sleep every night.

# ADVISING

First-year **undeclared** student? Visit us in TC-32 or call us at (909) 537-5956 for advising. See you soon!



On Wednesday, Jan. 21, the Office of Community Engagement held a ribbon cutting for the opening of our campus' new food pantry for students....The DEN. DEN is an acronym for "Delivering Emergency Nourishment" and the food pantry will serve the emergency food needs of CSUSB students. The goal is to refer students to more permanent assistance and community resources. To find out more information about the DEN you can call (909) 537-7387, email [leaveyourpawprint@csusb.edu](mailto:leaveyourpawprint@csusb.edu) or visit their website at: <http://engage.csusb.edu/TheDENFoodPantry.htm>

## Grade Forgiveness

Have you repeated a class? Grade forgiveness is the process whereby a new grade replaces a former grade when calculating your GPA. Learn more by clicking the form below. The petition for grade forgiveness is processed at the Office of the Registrar (UH-171).

CALIFORNIA STATE UNIVERSITY, SAN BERNARDINO  
**PETITION FOR GRADE FORGIVENESS**  
 UNDERGRADUATE STUDENTS ONLY  
(Post-Baccalaureate and Graduate Students: See Office of Graduate Studies)

Name: \_\_\_\_\_ Coyote ID: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Street Address: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_

List the course and the grade to be forgiven:  
 Course Number and Title: \_\_\_\_\_ Number (ex: Eng 107) Title (ex: English Composition)  
 Term and Year taken: \_\_\_\_\_ Grade received: \_\_\_\_\_

List the repeated course and grade that will replace the grade to be forgiven:  
 Course Number and Title: \_\_\_\_\_ Number (ex: Eng 107) Title (ex: English Composition)  
 Term and Year repeated: \_\_\_\_\_ Grade received: \_\_\_\_\_

Have you filed a Graduation Check? Yes \_\_\_ No \_\_\_ If yes, indicate term \_\_\_\_\_

I have read and understand the guidelines listed on the reverse side of this form.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*NOTE\*\***  
 Grade forgiveness is the process whereby a new grade replaces a former grade when calculating GPA.  
 The first attempt will remain on the transcript, with a footnote indicating the course has been repeated.  
 The first attempt will not be calculated in the GPA or units earned.

**FOR OFFICE USE ONLY**  
 Course: \_\_\_\_\_  
 Approved: Yes \_\_\_ No \_\_\_  
 Reason: \_\_\_\_\_  
 Processed by: \_\_\_\_\_  
 Date: \_\_\_\_\_

CSFBPage1010B

**GUIDELINES FOR GRADE FORGIVENESS**

1. Undergraduate students may only repeat a course in which they earned a grade lower than a "C". Twenty-four quarter units may be repeated for grade forgiveness and an additional 18 quarter units may be repeated with both grades averaged into the grade point average (GPA). **No repeats will be allowed beyond these limits.**
2. Petitions for Grade Forgiveness should be filed after the completion of the course used to replace the previous course.
3. Undergraduate students may repeat an individual course for grade forgiveness no more than two times. The grade earned in the subsequent attempt will be the grade used in calculating the cumulative units earned as well as for the GPA.
4. A course may **not** be repeated for the purpose of removing an incomplete grade. Only those incompletes that have changed to a letter grade of "C-" or less or an IC (Incomplete Charged) may be repeated for grade forgiveness.
5. Students on dismissal may repeat courses, in which grades lower than a "C" were earned, through the CSUSB Extended Learning Open University Program and petition to have the grade earned treated as though it were taken in residence.
6. For courses repeated at an institution other than CSUSB, the overall GPA will be averaged upon receipt of the transcript from that institution. Repeating a course at another institution will not have an effect on the student's CSUSB GPA, but will affect the cumulative GPA.
7. For transfer units, CSUSB will honor the repeat/grade forgiveness policy in effect at the institution issuing the transcript.
8. Courses taken for undergraduate credit may not be repeated for grade forgiveness as a Post-Baccalaureate student.
9. Credit by Examination (CBE) may **not** be used for grade forgiveness of a course taken previously.
10. Grade forgiveness shall not be applicable to courses for which the original grade was the result of a finding of academic dishonesty.
11. Regulations for repeating are different for Post-Baccalaureate and Graduate students. Check the campus catalog for guidelines.



A division of Undergraduate Studies

# Advising and Academic Services Newsletter

## Contact Us!

Advising and Academic Services UH-380  
(909) 537-5034 or (909) 537-5035  
askcsusb@csusb.edu

Winter Hours:  
Monday-Friday, 8 a.m.-5 p.m.

Stay updated by following and subscribing to our social media:



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<http://www-ugs.csusb.edu/advising/>

[Advising.csusb.edu](http://Advising.csusb.edu)