

CSUSB eAdvising

 **Newsletter**  A division of Undergraduate Studies

This information is provided to CSUSB undergraduate students by Advising and Academic Services, Undergraduate Studies, on a quarterly basis. It includes the latest university policy and procedure updates, academic advising tips, and campus Web links.



Advising and
Academic Services

Hey Coyotes! Welcome to spring! Check out the upcoming dates below ...

Important Dates:

- April 28 – Summer 2014 advising begins
- May 1 – Graduation check deadline for Winter 2015
- May 5-21 – Summer 2014 priority registration
- May 12 – Fall 2014 advising begins
- May 22 – Summer 2014 open enrollment begins
- May 22-June 13 – Fall 2014 priority registration
- May 26 – Memorial Day, university closed
- June 10-14 – Spring 2014 finals week
- June 12 – Palm Desert campus commencement
- June 13-14 – Spring 2014 commencement
- June 14 – Fall 2014 open enrollment begins
- June 18 – Summer sessions Regular and 6W1 begin



“Be driven by your vision or you'll be taken for a ride in someone else's.”
~ *Craig Valentine*

SPANISH PLACEMENT/CHALLENGE EXAM

Need to take the Spanish placement exam or want to challenge Spanish 103? Appointments are scheduled the first week of each quarter, 2 weeks before Priority 1 registration, and during finals week.

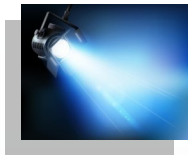
Appointments can be made at the FLAGS office in UH-007 or online at:
<http://flan.csusb.edu/students/placement-exams>

*Exam takes approximately 1 hour. If challenging Spanish 103, please complete a blue challenge exam form when you arrive for your appointment.



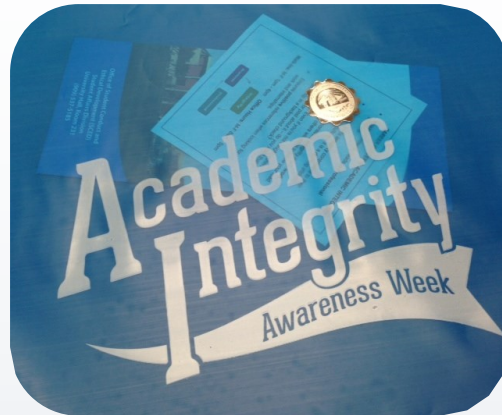
Academic Resources

- [Academic Advising](#)
- [Library](#)
- [SAIL](#)
- [Faculty Student Mentor](#)
- [Campus Tutors](#)
- [EOP](#)
- [Ombuds Services & Gender Equity](#)
- [Writing Center](#)
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Spotlight on:

Student Conduct & Ethical Development



The **Office of Student Conduct and Ethical Development** is committed to fostering student growth, development and the utilization of the educational disciplinary process as a vehicle in re-directing student behaviors towards their ultimate success, retention and implementing appropriate educational sanctions and consequences when necessary. Whenever possible, every effort is made to partner with students to develop a personalized success plan focusing on their strengths and empowering them to be positively connected within the campus community.

Students are a reflection of the life-long Coyote legacy in and out of the classroom, their community, workplace and the world. Being a part of the Coyote community includes responsibilities for students to safeguard the integrity of CSUSB's academic mission in their course-work in the classroom and ethical behaviors out of the classroom. Students are also encouraged to report when a peer may be in need of help (i.e. not going to class, not being themselves, experienced a death in the family). This will allow the office to conduct positive outreach to your peer/friend and provide them with information about resources and support services that may be available.

The office also serves students in the following ways:

- Staff is available as a resource, for consultation, and to provide educational workshops, presentations, and to explore partnerships with student clubs or organizations upon request.
- Student academic dishonesty and behavioral complaints, questions, or concerns shall be directed to the Office of Student Conduct and Ethical Development at 909.537.7172 or student-conduct@csusb.edu.
- The office continues to establish partnerships with campus units and student involvement to promote proactive educational initiatives, programs, and opportunities. Examples include the annual Academic Integrity Awareness Week and Coyote Connections.
- Copies of the Standards for Student Conduct and the Student Conduct Procedures are available in the Office of the Vice President for Student Affairs in University Hall 231 and available on our website.

Office of Student Conduct and Ethical Development

Phone: 909.537.7172

Website: <http://studentaffairs.csusb.edu/studentconduct/>

Email: student-conduct@csusb.edu



ADVISING

**Fall 2014 Advising
begins May 12!**

**See your advisors,
pick your classes,
and clear your
holds before your
priority
registration date!**

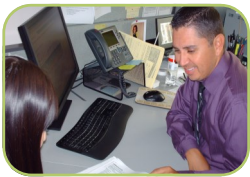


UH-380 www.ugs.csusb.edu/advising 909.537.5034 or 909.537.5035

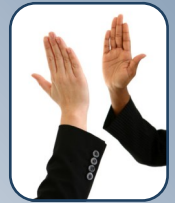
MY ADVISOR

Do you know
who your advisor
is?

Find out by
[clicking here!](#)



**Congratulations to Our Winter 2014
Dianna J. Pelletier Resiliency
Scholarship Winners,
Asia Wilson and Sandra Saldivar!**



Both receive a \$500 scholarship!

**“By setting my goals high it helped me do well in all of my
classes because my goals were set and all quarter I was
working on meeting them.”**

~ Asia Wilson, Sociology major

**“The progress that I have made has shown me that no mat-
ter how great the fall may seem, you always have to get
back up and keep on going forward.”**

~ Sandra Saldivar, Liberal Studies major

Click Here for

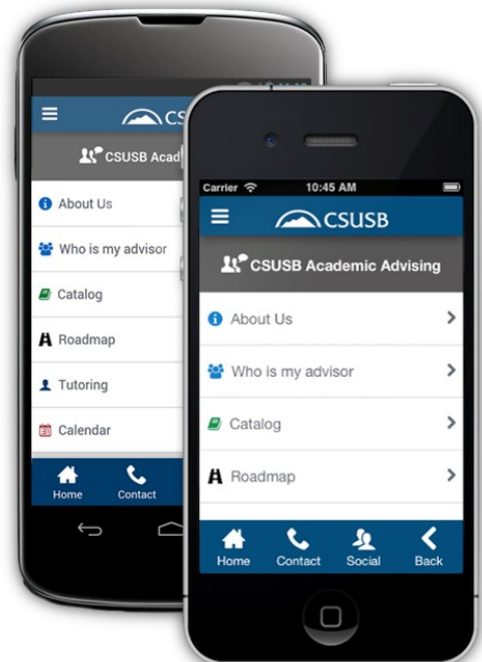
More Info

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**WE'RE MOBILE
FOR YOU**

**The CSUSB
Advising
Mobile App**



Q&A

You have

Questions

We have

Answers

ask michael



PAWS REPORT

Undergraduate students are provided with a report containing the courses that have already been completed and those still outstanding. Need help reviewing your PAWS Report?

[Click here!](#)



Ask Michael: Test Anxiety

Some students experience some level of test anxiety during an exam. We asked admissions recruiter/counselor and CSUSB alumnus, Michael Harrison on managing test anxiety.

Q: Do all students suffer from test anxiety?

A: Not all students suffer from test anxiety, but it is estimated that between 16-20 percent of students have high test anxiety.

Q: Does exercise or walking help?

A: Incorporating exercise into your daily routine will help you focus better. Walking can be a good stress reliever and a way to clear your mind.

Q: Does sleep really impact how I do on a test?

A: Proper sleep allows the body to reboot and restore itself. Proper rest can also allow information to be processed and help with memory recall.

Q: What else can I do? Does tutoring work?

A: The more prepared a student is, the less likely he or she is to suffer from test anxiety. Preparation builds confidence. Tutoring helps you to become more familiar with the material you will be tested on. Another tip is to take a blank piece of paper and write out what you can recall about a topic.

Q: Is there anyone I can talk to?

A: From The Learning Center for tutoring, faculty from your classes, counselors at the Psychological Counseling Center, workshops from the Center of Health Education and Wellness, there are many resources available on campus that can be very valuable for students. Also studying with a friend and quizzing each other can build confidence in the material. A lot of test anxiety comes of lack of preparation so study, study, study!!

Links: [How to Overcome Test Anxiety](#) [Study Skills](#)

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Upcoming Workshops!

Cover Letter/Résumé Writing

Finding Internships

Graduate School

How to Work a Career Fair

Interviewing Tips

Job Searching

"Digital Dirt": How Employers See You Online (social media)

For full details and to register for upcoming workshops, visit

[CareerLaunch!](#)

Career Center UH-329 909.537.5250 career.csusb.edu



CISP Tutorial Videos

Having trouble navigating MyCoyote?

The *Center for International Studies and Programs* has created video tutorials including:

- MyCoyote overview
- How to add a class
- How to drop a class
- How to view grades
- How to make a payment
- And more!



Center for International Studies & Programs
CE-356 909.537.5193 <http://international.csusb.edu/>

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CAMPUS TUTORING

Not sure where to go for tutoring?
View the many tutoring locations on campus by [clicking here!](#)

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Advising and
Academic Services

Contact Us!

Advising & Academic Services

UH-380

909.537.5034 or 909.537.5035

askcsusb@csusb.edu

Spring Hours:

Monday-Friday, 8 a.m.-5 p.m.

