CHAPTER ONE

<CHAPTER ONE TITLE INSERTED HERE>

<First-level Heading>

Start writing your text here. First-level headings are centered and have either two-double spaced lines or a triple-spaced line before the heading.

<Second-level Heading>

Continue writing text here after using a second-level heading. Second-level headings are left justified and underlined with text beginning on the next double-spaced line. Titles longer than 5-inches will be single spaced and indented two spaces from left justification.

<Third-level Heading>. Text after this heading starts here. Third-level headings are indented, underlined followed by a period. The text begins on the same line following the heading.